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‘Finally got letter’ as killer’s parole denied

MICHELLE HOLLENHEAD

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A Farragut woman’s prayers were answered Christmas Eve when one of her parents’ killers was officially ordered to remain jailed for his crimes.

Jeanne Dotts Brykalski, along with her husband, Robert “Bry” Brykalski, had been fighting for the last several months against David Leon Scarbrough’s most recent bid for parole for his role in the Feb. 3, 1995, murders of Les and Carol Dotts, who were shot and killed in their Village Green home after surprising Scarbrough and Thomas Paul Gagne, who were in the process of robbing the Dotts’ home that night.

Gagne, who received consecutive sentences of life with the possibility of parole along with burglary and robbery charges, will eventually be up for parole, but Dec. 9 was the second time Scarbrough had been up for parole.

“We finally got the letter today from the Tennessee

“We finally got the letter ... Scarbrough’s parole was denied,”

- Jeanne Brykalski, daughter of murdered couple

parole board that David Leon Scarbrough’s parole was denied,” Brykalski said Friday, Dec. 24, which, she noted, ironically, was her late mother’s birthday.

Brykalski had authored an online petition opposing Scarbrough’s request for parole, which garnered more than 2,400 signatures.

Then she, her husband and Cat Posey, Jeanne’s friend since high school, attended the hearing at Morgan County Regional Correctional Facility, where Scarbrough is incarcerated, and each spoke against

granting the requested parole.

Scarbrough, his girlfriend, a family member and fellow inmates either spoke or wrote letters on his behalf.

“Scarbrough once again tried to rewrite history and flagrantly ignored the facts and the truth,” Jeanne said. “Proving, of course, he has not changed.

“I ended up not using my victims impact statement that I worked on really, really hard for days in order to give a rebuttal to all the false information Scarbrough was spewing,” she added.

“My husband ... did a great job with his victim impact statement. It was not easy for him to recount the day he found my parents’ bodies.”

Jeanne also praised the support and efforts of Knox County District Attorney Charme Allen, who “also stood with us (Dec. 9) at the parole protest. Charme was phenomenal during her statement. She balanced

See PAROLE DENIED on Page 2A

Students have their say in superintendent search as TSBA seeks input

MICHELLE HOLLENHEAD

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Four Farragut High School students were able to share their thoughts about the ongoing search for Knox County Schools’ new superintendent during one of two recent public meetings involving KCS high school students.

Sophie Lu, Rena Liu, Alice Tang and Raymond Jin, Knox County Board of Education non-voting youth representative, met in the FHS library with Knox Education Foundation community engagement manager Kori Lautner for about an hour in the first of two meetings held specifically to gather student input.

The Tennessee School Boards Association is overseeing the search to replace retiring Superintendent of Schools Bob Thomas, and facilitated several public input meetings during the early stages of the process.

Initially, student input was not a consideration.

“But after some discussion and realizing students’ voices were not being factored in, the school board decided to add those meetings,” Lautner said.

“This will impact them more than anyone else, and we would like to capture that input,” she added.

Participants in all public meetings — and those who responded online — considered three questions: “What are good things going on in Knox County Schools? What are the challenges? And what are the personal characteristics you would like to see in a superintendent?”

Among the challenges, “(Because of COVID) there were a lot of kids who missed, or did not receive the education they could have otherwise,” Liu said. “Everyone — from teachers to students — is extremely burned out. It is also undeniable that mental health issues are rising, and politics are more and more dividing the student body.

“What I hear a lot from the teachers is they are overwhelmed — especially for teachers who are going the extra mile to help students catch up,” he added.

“Especially seniors, right now, are under so much stress, with college applications. The amount of people I have who are reporting mental health issues to me is shocking, and I don’t think any group of 17-year-olds should be put through that kind of stress.”

In considering characteristics for the new superintendent, “grit” was mentioned, as was “transparency, respect for different groups” and “knowledgeable,” while Jin noted a need for

See STUDENT INPUT on Page 2A

Snow after 70s; celebrate



Top photo by Alan Sloan/Above photo by Tammy Cheek

(Top) Just when Light the Park officially came to an end after another popular holiday run with Farragut and area residents — the last 10 days of which was celebrated with extremely mild temperatures — a sudden burst of winter produced about 1 inch of snow in the overnight hours of Monday, Jan. 3, and caused various Town and county power outages. (Above) Keith and Krista Asp with their daughter, Kimber, 2, were among many families enjoying New Year’s at Noon celebration in Farragut Community Center New Year’s Eve Friday, Dec. 31. (See related photos in West Side Faces, page 8B, and on pages 2A, 4A and 5A)

business

“We offer exercise ... on our state-of-the-art non-motorized treadmills in a climate-controlled (gym, which) will be at the clients’ homes. Booking can be done over the phone or on our website,”

- Preston Hennessy, whose passion is starting a business with special clients. (Ready story beginning on page 3A)

community

“She is what I call a ‘true believer’ in the power of parks and recreation ... she has dedicated her career to helping communities in Tennessee to better their parks and recreation system,”

- Sue Stuhl, Town Parks & Recreation director, on a colleague earning a special honor. (Read story beginning on page 2B)

sports

“It was a very successful trip. We grew and we learned a little bit about ourselves, both mentally and physically. That’s what we needed going forward for the second half,”

- Jon Higgins, coach of a high school team on a holiday trip hundreds of miles away. (Read story beginning on page 1B)



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KCSO reports

• At 2:21 a.m., Sunday, Jan. 2, Knox County Sheriff's Office units responded to 11220 Outlet Drive, Cotton Eyed Joe, in reference to an alleged assault involving bouncers. Three men — a complainant/alleged victim, alleged victim and witness — said they entered the establishment after midnight due to complainant/alleged victim being banned until 2022.

All three said they entered the front entrance and paid entry and were inside for awhile and then went outside onto the smoking deck. Complainant/alleged victim said when the three went to return inside, he was assaulted immediately upon re-entry. He said one of the bouncers "grabbed him from behind, placed him into a chokehold and forced him out of the establishment," the re-

See KCSO REPORTS on Page 5A

Family celebrates a new year



Tammy Cheek

The Snyder family gathered to celebrate bringing in the New Year during Town of Farragut's inaugural New Year's at Noon in Farragut Community Center Friday, Dec. 31. Ashley Snyder and Joel Snyder have fun with their children: from left, London Snyder, 9; Claire McDonell, 9; and Lorelei Snyder, 11. (See related photos in West Side Faces, page 8B, and pages 1A, 4A and 5A)

Parole denied

From page 1A

the legal and human aspects so eloquently."

Only one parole board member attended Dec. 9, but Jeanne said he "asked a lot of questions about the murder investigation and plea bargain. He made the decision (at that time) the double murderer is not ready to be paroled and go back into society yet.

"However, he (felt) that a parole hearing in three years might be appropriate," which was three years less than what the Brykaskis had requested.

Ultimately, after the remainder of the parole board examined the video and petitions, they agreed with both denying parole and calling for the next hearing to take place in three years.

"I just want to thank everyone who has supported us, by signing and supporting us (with) the petition," Jeanne said. "Each one of you made this happen."

(See Letters to Editor on page 4A)

Student input

From page 1A

"critical thinking."

When discussing "positives" in KCS, Tang mentioned school clubs, "especially those that are student-led."

Diversity and abundance of classes also were listed as positives being sought.

However, when asked if students are being prepared for "what comes next," Tang said, "Maybe academically? I say (that) with a lot of question marks. But mentally? No. Emotionally? No. ... I don't know if I can envision a future right now. All I can think about is, 'Make it to the next day.'"

"And I don't think that's the best thing," he added.

"So I think that is more of a mental health thing."

"Individual teachers, I very much appreciate and hope we can retain," Lu said. "We should focus on teacher retention as much as possible."

"In all, we had 27 students from six different high schools participate in the student voice sessions, and it was inspiring to hear so many students speak into such an important decision for our district," Lautner said. "Students at every session were able to offer a perspective that only a student at Knox County Schools could share, and it's exciting to know that those insights were taken to the School Board as they work toward hiring the next superintendent of schools."

"This was such a great way to showcase the importance of our students' voices and to highlight just how interested



Michelle Hollenhead

Farragut High School was one of two locations where student input was solicited during the preliminary phases of Knox County's superintendent search. Kori Lautner, Knox Education Foundation community engagement manager, above left, helped facilitate the meeting. Also pictured is Farragut High School senior Raymond Jin, who is the student representative on Knox County Board of Education.

and engaged in the public process our young people are," she added.

"I was honored to listen to the insight our students shared and to in turn pass those perspectives along to our school board."

No 2nd-hand smoke in parks, TopGolf sign support: BOMA may OK at Jan. 13 meeting

MICHELLE HOLLENHEAD

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Farragut's Board of Mayor and Aldermen unanimously approved two ordinances on first reading Dec. 9 that, if approved during the Thursday, Jan. 13 meeting, would support a new multi-million dollar entertainment venue and also make Town parks safer from second-hand smoke.

Ordinance 21-19, which was unanimously recommended for approval by Farragut Municipal Planning Commission Nov. 18, will allow sign-related amendments to Farragut Municipal Code outlined in the Outlet Drive Regional Entertainment and Employment District. Specifically, the changes, requested by ARCO Murray Construction on behalf of TopGolf, would allow for signage placement at the end of a planned canopy sign.

TopGolf currently is under construction along Outlet Drive, with plans to open in July 2022.

See BOMA on Page 5A



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COMING JANUARY 20TH



Paper Bee Gone goes on-site

TAMMY CHEEK
 tcheek@farragutpress.com

Junk Bee Gone, 2145 Wilson Road in Knoxville, has embarked on a new service, Paper Bee Gone, for area individuals, businesses and organizations to securely shred their documents and destroy hard discs to start off 2022 safely.

Mike Such, co-owner of Junk Bee Gone with wife, Tracy Such, said Paper Bee Gone is an on-site service, so the shredding can be done at the customer's facility or office.

Potential customers can go to the website, www.paperbeegone.com, or they can call Junk Bee Gone's office, 865-675-5865 for the service.

"To aid our local community and celebrate our opening, we're hosting a free shred day every Wednesday," Mike Such said.

He explained between 9 a.m. and 3 p.m. every Wednesday, "(customers) can bring two banker or copy paper boxes to our office, and we will take two boxes for free. If they have more than that, it's just \$10 a box."

Mike Such added all the paper gets 100 percent recycled, "so we're as green as we can be."

Powered by Junk Bee Gone, "We make sure to take every precaution," he said. "We make sure our technicians are properly trained, they are background-checked — and at Paper Bee Gone, we make sure our employees are all vaccinated (COVID-19) also."

Shredding service 'abuzz'



Photo submitted

Paper Bee Gone technicians Maurice Hurd, left, and Luke Vandergriff are ready to serve Knox and surrounding counties with paper-shredding needs, using a new shred truck, at Junk Bee Gone, 2145 Wilson Road in Knoxville.

And timing could not be better for businesses that are purging old documents to clear out storage space.

"You've got to keep seven years' documentation ... so everyone goes through and purges," Mike Such

said. "We can come out and shred them all up."

Mike and Tracy established Junk Bee Gone, which is locally owned and operated, in Farragut in 2005.

See PAPER BEE GONE on Page 6A



Tammy Cheek

Preston Hennessy of Farragut is helping his community keep its dogs healthy with his new business, Canine Runners Club.

Passion for pets inspires venture for '21 FHS grad

TAMMY CHEEK
 tcheek@farragutpress.com

Inspired by his own love for dogs, Farragut High School Class of 2021 graduate Preston Hennessy has ventured into his own business, Canine Runners Club, to keep the community's canines healthy.

"We offer exercise for dogs on our state-of-the-art non-motorized treadmills in a climate-controlled mobile dog gym," he said. "We help your dogs live a healthier life."

"It's not an alternative to dog walking; it's so your dog can

walk longer into their lives," Hennessy added. "It really helps with the ability of their hind legs."

The runs also help dogs with mobility, weight management and to burn excess energy, which can be done regardless of the weather, he said.

The gym is located in his van so he can bring it to his clients, so "it will be at the clients' homes," Hennessy said. "Booking can be done over the phone or on our website."

Hennessy expects to launch

See CANINE RUNNERS on Page 6A

Housing market topic of FWKCC Speaker Series

TAMMY CHEEK
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Farragut West Knox Chamber of Commerce is welcoming back its popular Breakfast Speaker Series of programs in person.

The first in the series — "Housing ... Forecast for Farragut, West Knox & Beyond!" — will take place from 7:30 to 9 a.m., Tuesday, Jan. 18, in Rothchild Catering & Conference Center, 8807 Kingston Pike in West Knoxville.

Julie Blaylock, FWKCC president/CEO, said the program, sponsored by The Knox Fox Real Estate Group, will feature a moderated panel giving a focused forecast on the housing landscape

for Farragut and beyond for 2022. "I'm very excited (about the program) from the Chamber's perspective and a homeowner perspective," she said. "It's relevant to all of us."

"After a volatile period of soaring prices, low inventory and a dearth of relocations to the area, many residents and employers want to know what 'ex-

actly' is next for 2022 and 2023," Blaylock added.

The panel first will zoom in on Farragut, but then will venture out to talk about Knoxville, Knox County and the East Tennessee region.

"As the market has gotten so com-

See SPEAKER SERIES on Page 6A



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Road upgrades a must to handle growth

There's a mass influx of new residents to Tennessee, and sometimes it feels like they all moved to the Farragut area. With growth comes increased traffic. The infrastructure improvements we invest in to accommodate growth have long-term consequences for the Town of Farragut and need to be considered strategically.

Often, the first inclination is to widen roads and intersections. Widening roads adds more capacity and allows for an increased volume of traffic, and that is sometimes necessary. However, studies have shown that, in a matter of time, the same congested conditions can return, so widening roads and intersections can't be the only solution.

More importantly, widening roads and intersections can irrevocably alter the feel of a place. Consider the asphalt morass in the Cedar Bluff area, where Kingston Pike expands to eight lanes. Additionally, considering the Town's investment in a connected pedestrian system, the pedestrian experience and pedestrian safety certainly deserve consideration in our transportation plan.

A better course of action is to plan more comprehensively to build a resilient transportation network by strategically widening certain roads and intersections and providing alternative

routes to disperse traffic over a wider network of roads.

The Town has made great strides in building a resilient transportation network. That work continues. Alternative routes have been created by connecting Old Stage Road to Kingston Pike, connecting Smith Road to Everett Road, extending Campbell Station Road to Concord Road and connecting Watt Road to Old Stage Road. Kingston Pike, Grigsby Chapel Road, Campbell Station Road and the Everett Road-Kingston Pike intersection have been widened. Many of our roads have been improved for safety.



Vice Mayor
Louise Povlin
Town of Farragut

We continue to invest in improvements to our transportation system. Safety improvements to Virtue Road are currently under way, the alignment of the Watt Road/Kingston Pike intersection is being addressed and improvements to Campbell Station Road that will relieve northbound congestion at the I-40/75 interchange should be complete by early

See **COLUMN-POVLIN** on Page 5A

presstalk

865-671-TALK (8255)
or editor@farragutpress.com

With all of the Christmas hustle, the 23rd of December farragut(press) paper ... I just read it today. And I want to thank you for publishing the (Jesus birth, Luke 2: 1-21, four-page Christmas wrap) in the paper. Putting Scripture in the paper is fabulous in my opinion.

And the other thing is, I wanted to thank whomever decided to widen Concord Road and put that new bridge in. It's a pleasure to drive on that now.

Thanks for both of those things.

letterstoeditor

Parole denial story, support: thanks

My husband and I would like to say "thank you" to Michelle Hollenhead (reporter) and the farragutpress for the article they printed (page 1A, Dec. 2 issue) on the parole protest petition we started to keep one of my parents' murderers in prison.

I also would like to say "thank you" to everyone who signed that petition. David Leon Scarbrough was denied parole; he will get another hearing in December 2024 (See story starting on page 1A)

But for now he is in prison, where he cannot rip another family apart. Thank you.

Jeanne Dotts Brykalski, Farragut

throughthelens



Tammy Cheek

With roughly a full year under our belts using vaccines to fight the pandemic, Farragut area residents look forward to better health and economic news this year, as these New Year's at Noon children enjoy celebrating the start of 2022 a few hours early in the Town's Community Center Friday, Dec. 31. But for Farragut specifically, what can be done to improve the Town? Is there something your particular neighborhood or subdivision could use with help from Town government? Should there be new priorities on any one aspect of Town spending or planning? Or is the Town on a generally good course heading into 2022, enough so to prompt praise — either collectively or individually? Share what you think by calling 865-671-TALK (8255) or by e-mailing editor@farragutpress.com

See **TENNOVA LETTER** on Page 5A

Top official praises Tennova '21

A Time of Thanks!

A message to the community from Tony Benton, president and chief executive officer of Tennova Healthcare's East Tennessee Market and CEO of Turkey Creek Medical Center; Colin McRae, CEO, North Knoxville Medical Center; Mark Cain, CEO, LaFollette Medical Center; Ben Ridder, CEO, Jefferson Memorial Hospital; and Scott Williams, CEO, Newport Medical Center

As another year comes to an end, I am saying thank you to the people who keep healthcare moving forward. Throughout what most would say has been one of the most difficult years in healthcare, you have proven time and time again you can find ways to deliver compassionate, patient-centered care to our Tennova patients despite the challenges. Thank you for going the extra mile for our patients and for each other. None of this would be possible without our people.

Top of mind for me is a "thank you" to the outstanding members of our employee team at Tennova. They are the foundation of our ability to deliver safe, quality healthcare and they continue going above and beyond in this second year of the pandemic. They attend to the ebb and flow of patient surges and adjust to ever-changing guidelines. They deliver care with compassion and do what needs to be done for their patients. They are heroes. Every day.

Thank you to our medical staff. We are blessed to have a breadth of talented primary care and specialty physicians practicing locally. They work tirelessly to be available for their patients, and they are committed to serve our community. We are fortunate to work alongside you.

Emergency medical personnel, nursing homes and assisted living centers, hospice, home health and other local health care organizations play a critical role in the continuum of medical services. We say thank you for all that you do in caring for our citizens.

Most important — thank you to our patients for the trust you place in us. Our team works hard every day for you and your



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Piper's New Year's Eve



Tammy Cheek

Piper Holcolomb, 5, has fun drawing on a craft during Town of Farragut's inaugural New Year's at Noon event in Farragut Community Center, 239 Jamestowne Blvd., from 11 a.m. to 12:30 p.m., Friday, Dec. 31.

Column-Povlin

From page 4A

summer of 2022.

In 2019, the addition of a second travel lane on southbound Campbell Station Road from Snyder Road to the I-40 interchange relieved congestion on Snyder Road and at the Interstate interchange. The Town of Farragut and Knox County are seeking to secure federal funding assistance to improve the I-40 corridor from Lovell Road to the I-40/75 split.

A traffic and transportation study is under way to determine whether lane im-

provements and signaled intersections at Jamestowne Boulevard and Kingston Pike and Jamestowne Boulevard and Campbell Station Road are viable and justified.

Further, an upgrade to the Town's traffic signal system that will allow for more efficient management of our transportation network has been funded through a federal grant and is awaiting a notice to proceed from TDOT.

The Farragut area includes Choto and the Loop Road/Woody Drive area, which are in unincorporated Knox County. Knox County is beginning a

BOMA

From page 1A

"Current language stipulates the sign must be within 12 inches of the building," a report from Town Community Development director Mark Shipley stated. "The structural canopy extends five feet from the building."

• Additionally requested was the ability to have larger signage on the ends of the TopGolf building itself, "to help balance the signage in relation to the scale of the overall building," Shipley's report states. "Current language associated with these signs provides for a sign area based on a 1:1 ratio of a sign area to the width of the building elevation on which the sign is to be mounted."

KCSO Reports

From page 2A

port stated. The other victim said the bouncer pinned him against a wall and "there was pressure placed on his throat," the report added. Witness, who was at the bar with the other two, showed officers photos taken of the other al-

Tennova letter

From page 4A

loved ones. You are our focus and you continue to motivate us. And we feel the support

Also requested was clarification for qualities of a master sign to front Interstate 40/75.

2. Provides for a 2:1 rather than 1:1 ratio of sign area to building width for the two other building elevations that are not the main building elevation for a regional recreational and entertainment facility.

• Ordinance 21-22 will amend and expand the current prohibition on the use of tobacco products on Town parks, public playgrounds, public greenways or public property accessible to use by youth.

"The existing ordinance that prohibits smoking on the grounds of a playground would be replaced by a prohibition of smoking, the use of tobacco products and the use of vapor products on the grounds of a

public park, public playground, public greenway or any public property accessible to use by youth," noted a report from Trevor Hobbs, assistant to the Town administrator; Town Parks and Athletics Council voted unanimously to recommend ordinance adoption.

The amended ordinance is in response to Gov. Bill Lee signing Public Chapter 574 into law May 27, 2021, (amending a March 10, 2020 statute allowing local governments to prohibit smoking on playgrounds) which now expands the authority of local governments, allowing them to prohibit use of tobacco and vapor products on greenways, parks "and other public property accessible to use by anyone under the age of 21."

leged victim's upper chest/neck area shortly after the alleged assault occurred.

Bouncer said "the three snuck into the bar due to being banned," the report stated, adding he escorted them out when they attempted entry from the smoking area. Complainant/alleged victim and the other alleged victim "were permanently criminally trespassed on scene."

of the community as you've extended your thanks and encouragement through prayers, signs and much appreciated support.

It is a privilege to help you get

well and live healthier. Thank you for choosing us to be part of your healthcare team.

**Tony Benton, president/
CEO Tennova/East TN**

comprehensive planning process that will guide land use and transportation decisions for the next 20 years.

Loop Road/Woody Drive is a key east/west connector in our transportation network; addressing the safety of that road should be a priority, particularly in light of the planned improvements to Canton Hollow Road. A plan for improvements to Northshore Drive is needed as well. Farragut area residents need to provide their input during this important planning process.

Balancing our desire to remain a desirable place to live

by establishing a unique sense of place with our need to address the traffic that comes with growth in our area requires thoughtful consider-

ation and strategic solutions.

We continue to plan for growth with the long-term well-being of the Town of Farragut in mind.



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Balance & Fall Prevention: The "Downward Spiral" of Having a Fall

By - Leading Physical Therapist, Dr. John-Mark Chesney

Did you know that falls are the leading cause of fatal and nonfatal injuries among adults age 65 and older in the United States. And 1 in 4 adults older than 65 fall each year. The topic of balance and fall prevention is, in my opinion, one of the most important topics around, especially with the senior population (although it can affect people of all ages).

This article will be the 1st in our "Balance and Falls" series. If you have fallen, or you have a loved one that has fallen, please let them know about this weekly series.

When I present information about balance and fall prevention at workshops and other speaking events, I like to start off by discussing what I call the "downward spiral" that can happen after having a fall.

If you've had a fall before, you'll probably be able to relate to this concept. With any luck, you weren't significantly hurt by your fall in terms of physical harm (like a broken bone or a concussion). And if you weren't injured, most people expect that you'll be back to life as usual pretty quickly. But what they don't always account for is this: **having a fall is scary**. Even if you didn't get hurt, you'll probably be pretty shaken up by the incident. And fear is only one emotion that accompanies a fall.

When I survey the audience at my presentations, I ask people how they feel after a fall. Do you know what people say? They experience a wide range of emotions, including things like: anger, disappointment, and embarrassment. As you can imagine, if you combine these emotions with a certain level of fear, you can see why people will do whatever they can to try to avoid another fall.

So what does the average person do in order to avoid another fall? Simple logic tells them to avoid any activities that might put them at risk to fall again. This is where the downward spiral comes in... it looks like this:

Fall -> Fear and Uncertainty -> Decreased activity -> Reduced strength & balance -> Increased likelihood of another fall and injury

This exact scenario happened to Eloise. She was enjoying a night out with her bridge group and stepped awkwardly on an uneven part of the sidewalk. Her knee buckled and she went down fast. She reached out instinctively and ended up fracturing her wrist. Luckily for her, it wasn't her hip or she didn't hit her head. Eloise lives by herself- so this fall scared her. She was brought to a grim reality that a more substantial injury could really threaten her independence and mobility. She really needed to improve her ankle and knee strength- but more importantly gain back her confidence to leave the house, do her errands, and enjoy her social life.

There's one last thing I left off the downward spiral: as you start to limit your activities, you'll miss out on a lot of things that you really enjoy. For Eloise- she missed out on a few months of her bridge club after her fall and she admitted that without this social event she had gotten a bit down and even depressed. When you start missing out on the activities you really enjoy, and you no longer have as many social connections, it's very common to develop depression.

Ultimately, **one isolated fall can have a significant impact on your quality of life and your ability to enjoy doing the things you love most**. I know this all sounds very doom and gloom, but I simply want to set the stage for why talking about balance and fall prevention is so important.

I want to let you know that I understand where you're coming from if you're feeling angry, frustrated, and depressed because having a fall has had such a negative impact on your life. I will be sharing all sorts of useful information with you in the coming weeks that will help you figure out how to improve your balance and overall mobility. Even if you haven't had a fall, the information should be very helpful for tuning up your balance in order to minimize your risk of having one in the future. I'll talk to you next week!

The author, John-Mark Chesney, is a Doctor of Physical Therapy and owner of Simply Physio. He's happy to answer any questions about balance and fall prevention by phone or text at (865) 351-0615 or by email at john-mark@simplypt.co

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Speaker Series

From page 5A

peititive, people here are looking for different housing options," she said.

At the same time, there has been an influx of newcomers to the Farragut area.

"It's been such a roller coaster," Blaylock said. "We're going to look at what 2022 is going to look like."

"While none of us have a crystal ball, we do have panelists with a lot of experience," she added.

Panelists for the program include: Nick McBride, Knox County Register of Deeds; Hancen Sale, Governmental Affairs & Policy director at Knoxville Area Association of Realtors; and John Cook, president of Home Builders Association of Greater Knoxville and owner/president of Cook Bros. Homes.



Sale

Moderator will be Alan Williams, who recently retired as news anchor from WVLT-TV.

Cost for the tickets are \$30 for Chamber members, \$40 for non-members, \$15 for students and \$275 for a table of 10.

To purchase tickets, visit the Chamber's website, farragutchamber.com and click on events.

Presenting sponsors also include the Town of Farragut and Knox County government, and the media sponsor is farragutpress. Blaylock said sponsorships still are available at several levels, as are individual tickets and tables of 10, including full breakfast, networking, program and a question-and-answer segment.



Cook

Canine Runners

From page 3A

the business within the next two weeks.

"It's been in the works for a while," he said. "We came up with the idea in late May, when we first ordered the van I saw someone with a similar business model in a larger city, and I wanted to bring it to this area."

"I've always had a passion for dogs and (other) animals and I wanted to find something I could do on my own," Hennessy added.

So, when he saw the business

model, "it intrigued me."

However, with the shipping shortages, "it took us almost seven months for them to get the van to us," Hennessy added.

He can run two average-sized dogs at once on the treadmills. "I have a large and a medium treadmill," he said. "So if it's two Great Danes, I would have to do them back-to-back because only one of my treadmills can accommodate a Great Dane."

Hennessy offers a trial run to introduce the pet to the treadmill and staff. However, "the owner has to be there for that

for positive reinforcement and stuff like that," he added.

Hennessy also has a weekly run, when the CRC staff will retrieve the pet, run it on the treadmills and return them once a week, and a bi-weekly run where more athletic, energetic dogs run twice a week.

To use the CRC's services, dogs must be at least 4 months old and up to date on all vaccinations.

Canine Runners Club, which is available from 8 a.m. to 6 p.m., Monday through Friday, can be contacted at 865-410-6611 or online at www.caninerunnersclub.com

Paper Bee Gone

From page 3A

"We've been the No. 1 junk removal company in Town," he said. "Our goal is to be the No. 1 locally owned shredding company in town. We have the same honesty, integrity and trust we stand behind."

"We actually started doing off-site document shredding in 2010," Mike Such added. "We've just been offering the service along the way, but this year will be our first year that we actually went and bought a Shred Tech truck to do on-site paper shredding and hard disc destruction right at the clients' facility."

"It was just to the point we were getting so many requests for on-site, it just made sense, at this point, to go out and buy the proper truck to do (shredding) on-site at their facilities."

By going to customers' offices, "the chain of custody is much shorter because (the customer) is just walking out with the documents and they're shredded right there," Mike Such said. "There's a lot of security involved in that whole piece of the puzzle."

"We're 100 percent HIPAA compliant, so we already have customers — from doctors, dentists and lawyers to everyday small businesses. It's just a neat service to provide," he added.

As for more aspects of this new service, "We offer recurring shredding, so we can drop off office bins for businesses," Mike Such said. "We also offer one-time purges for people who, once a year, go through a bunch of their boxes and decide what needs to be shredded."

"We can come out for that," he added. "We are the only company that will actually remove the boxes from the facility. We'll go upstairs, downstairs, wherever the boxes are."

Moreover, "We also offer drop-off service," Mike Such said. "People can come to our office here and drop off one box, 10 boxes, whatever they have."

"The other neat thing we had the opportunity to do is shred events," he added. "If we have certain customers, whether it be a bank or a business, that wants to have on-site shredding for their customers, we can come out for three or four hours on a Friday or a Saturday and do a free shred event for their customers."

Junk Bee Gone's office is open from 8 a.m. to 4:30 p.m., Monday through Friday; from 8 a.m. to noon on Saturdays; and closed on Sundays.

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Strong holiday/'22 start for FHS sports



Photo submitted

With trophy in hand, Farragut Lady Admirals celebrate a Tampa Bay Christmas Invitational runner-up finish.

Win in OT fuels Lady Ads, Tampa tourney runner-up

BILL HOWARD
Correspondent

TAMPA — Farragut High School's girls' basketball team went south for New Year's, playing a three-game quarterfinal bracket at the Tampa Bay Christmas Invitational and earning a runner-up trophy. Some of the best teams from all over the nation — including six of ESPN's top 100 — were present.

"We typically go somewhere every other year, somewhere out of town in a place where we can showcase both our boys' and girls' programs," Lady Admirals head coach Jason Mayfield said. "When we first signed up, I didn't realize it was such a high-profile tournament until you hear what teams are in it."

The Lady Admirals' gauntlet started with a 71-66 overtime win over Cardinal Mooney Catholic High School Wednesday, Dec. 29.

See FHS GIRLS 2ND on Page 5B

Fighting to the end, FHS boys 2nd in Tampa tourney

BILL HOWARD
Correspondent

TAMPA — The Farragut High School boys' basketball team rang in 2022 at the Tampa Bay Christmas Invitational in Wesley Chapel, Florida, with a second-place finish.

Some of the best high school teams from all over the nation participated. Each was put in one of many eight-team brackets.

"This was a very good tournament," Admirals head coach Jon Higgins said. "We called down there to see if they had a spot. They did, we registered, and we went."

The Admirals won two of three games, beating Winthrop College Prep Academy (Florida) 67-37 Thursday, Dec. 30. Ryan Neal scored 20 for FHS, while Dylan Atwell had 18 and Elisha Brabson added 10. Farragut gave up a mere 17 points in the second half. Winthrop entered the game with a 12-0 record.

"We played well," Higgins said. "We played very well defen-

See ADS RUNNERS-UP on Page 5B



Photo submitted

Head coach Jon Higgins (middle back) alongside his runner-up Tampa Bay Christmas Invitational Farragut Admirals.



Photo submitted

Farragut High School swim and dive team seniors for 2021-22, standing from left, are Troy Gleckler, Cade Austin, Ethan Thomasson, Jackson Presnell, Sebastian Gonzalez and Paul Greene. Sitting, from left, are Sophie Thompson, Gabby Maine, Jessica King, Livy Eaker, Abigail King, Izzy Van Tol and Emma Kim.

Featuring 3 new state qualifiers, Aqua Ads still perfect after win at Maryville

STAFF REPORTS

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MARYVILLE — Tested for the first time in 2022, Farragut High School swim and dive team remained undefeated in dual meets this season, beating Maryville 194-122 — on the road, no less — at Green Meadow Country Club Sunday, Jan. 2.

"We are thrilled to come out of this meet with 68 best times and three new state qualifiers: Sophie Thompson, Charlie Houston and Elliot Mandl," Admirals head coach Jessica Abrahamson said.

"Our athletes have been working relentlessly toward their goals, and it's a joy to see them move up to a new level of competition," she added.

The combined girls and boys team "now has 18 confirmed state (qualifying) athletes — with several more on the horizon. We are so fortunate to have such a strong team with so much versatility," Abrahamson said.

"Both our women's and men's A relays swept victory in the 200(-meter) medley, 200-freestyle and 400-freestyle relays," she added.

Kendall Hudgens and Karly Wolfram "were our top female scorers for this meet, followed closely by Katelyn Kramer, Karolina Nosarzewski, Iris Chen and Allison Pye," Abrahamson said.

"Camden Gerchar was our top male scorer, followed by Ryder Hicks, Yohan Lepape and Leo Karnitz," she added. "Charlie Houston won the 400-free with an impressive time of 4:38.90 ...; Evan King and Paul Greene swam a (sec-

See STILL PERFECT on Page 6B

Shorthanded HVA boys 3-0 at LC Christmas Classic; Lady Hawks 8-1 to start '22

ALAN SLOAN
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LENIOR CITY — Missing two of his best players during Lenoir City Christmas Classic at LCHS, Hardin Valley Academy still managed to go unbeaten in three games, which ended with a dominant 83-57 victory against Carter Thursday afternoon, Dec. 30.

Saying his team can go "14 or 15 deep," head coach Shane Wells added, "We're not all great, but we're all even."

Without senior starting post Dale Henley and senior starting wing Hudson Stokes due to injuries, the Hawks (8-4 starting the week) led 22-13

after one quarter and 38-27 at halftime before Wells' boys zoomed ahead 63-36 after three quarters.

"I think we're a deep team, and I think that's one of the hard things that we have to overcome — (depth) is a great thing, but it's also a curse," Wells said. "Trying to figure out whose playing and who's not; who's earned it."

Nick Liakonis, HVA senior guard, scored a



Wells

ALAN SLOAN
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LENIOR CITY — Getting roughed up and losing its first game of the season midway through Lenoir City Christmas Classic, Jennifer Galloway's Hardin Valley Academy girls bounced back strong and closed out play at LCHS Thursday afternoon, Dec. 30, with a 70-40 drubbing of Carter.

Using pressure defense to force numerous turnovers resulting in fastbreak points late in the second quarter, Hardin Valley (8-1 starting the week) pulled away from a 16-14 edge after one quarter to build a 37-17 halftime advantage.

"We switched up our defenses a little bit to something we

See HVA 3-0 on Page 7B

See LADY HAWKS on Page 7B

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TRPA Fellow Award earned by Johnson

TAMMY CHEEK

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As a certified park and recreation professional and certified playground safety inspector with Tennessee Department of Environment and Conservation's Recreation Resources Division, April Johnson has made her mark in the state — and in Farragut.

Johnson, the wife of Farragut fire marshal Dan Johnson, recently was honored with the Tennessee Recreation and Parks Association Fellow Award.

"I believe that April Johnson is the perfect candidate for the 2021 TRPA Fellow Award," Sue Stuhl, Farragut Parks & Recreation director stated in a letter to TRPA. "She is what I call a 'true believer' in the power of parks and recreation.

"As part of this profession, she has dedicated her career to helping communities in Tennessee to better their parks and recreation system," Stuhl added. "From starting her career as a senior center coor-

See TRPA FELLOW on Page 3B



Photo submitted

April Johnson (at podium) speaks during a Town of Farragut project upgrade announcement a few years ago. Also pictured, from left, are Town Alderman Ron Pinchok, former Alderman Bob Markli, then Alderman (current Vice Mayor) Louise Povlin and then Alderman (current Mayor) Ron Williams.

Making history at RCF; helping vets told



Photo courtesy of Tom King/RCF

Rotary Club of Farragut members, from left, Teri Jo Fox, Valerie Privet and Megan Belcher are RCF presidential nominees for the next three years. Belcher has been nominated to serve the 2022-23 Rotary year while Privet is nominated to serve 2023-24 and Fox 2024-25.

Females nominated to lead during next 3 years

TAMMY CHEEK

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Three Rotary Club of Farragut members, Megan Belcher, Val Privett and Teri Jo Fox, are making history for their club.

"For the first time in the 41-year history of the Rotary Club of Farragut, we will have three consecutive women leading our club if elected by the membership," Tom King, RCF newsletter editor and public image chairman, stated in the club's December newsletter. "The nominating committee for our 2022-2023 officers and directors is recommending a slate headed by president Megan Belcher (2022-23), president-elect Val Privett (2023-24) and vice president-elect Teri Jo Fox (2024-25).

"I'm really excited," Belcher said. "It's a huge honor. It's a great club."

"I think it's great," the Rev. David Bluford, current president, said. "I think it's a wonderful thing.

"They're all fairly new in Rotary, and it's a good energy builder and a good connector," he added. "It also shows that Rotary is trying to be as inclusive as it possibly can — gender-wise, but also in many other ways, too, with our diversity ... it represents our community and that's where we're at.

"I look forward to the next three years. I think they have a lot of exciting things they can lead us in."

See LEADERSHIP on Page 4B

Forty-seven veterans served by SMSD in its 1st decade+

TAMMY CHEEK

tcheek@farragutpress.com

Almost 12 years of helping veterans in need at Smoky Mountain Service Dogs.

"We have served 47 wounded veterans and their families with service dogs," said Mike Kitchens, a U.S. Army Vietnam Conflict veteran, who along with his wife, Linda Kitchens, started SMSD — a non-profit organization providing these dogs to disabled veterans in Tennessee and portions of Alabama and Georgia and other Southern states — in their Lenoir City home in 2010.

With the impact of IED explosives and veterans returning home with brain injuries and limb loss, the couple realized how they could fill a huge need. Mike Kitchens shared the couple's journey as featured speaker during a recent early afternoon Wednesday meeting of The Rotary Club of Farragut in Fox Den Country Club.

With SMSD now having 190 volunteers, "We didn't have any dogs, but we had experience with service dogs — my wife and I and other folks," Kitchens said. "We sat down and decided we were going to do a service dog organization to serve wounded veterans."

As for training, "It takes two years — 15 to 18 hours — to train a dog," said Kitchens, whose canine training center still is located in Lenoir City. "We start with puppies."

He added each dog is a \$22,000 to \$25,000 investment, using Golden Retrievers or Labrador Retrievers or Retriever mixes because of the character of those breeds.

Laurie Birt, SMSD board member at large who also serves as community events director and canine handler, demonstrated the dogs' abilities with Hooligan, an SMSD ambassador.

"Hooligan was named by the parents who lost a son (John Hargraves) in combat," Kitchens said.

While the parents now are deceased, they named the dog Hooligan "because in Afghanistan, (their son's) platoon were the Hooligans, and they take great, great, great pride in that name."

Birt said Hooligan can perform more than 40 tasks.

"Hooligan knows all of these tasks, as do all of the dogs that we train," she said. "They learn tasks that help them make it safe for our veterans."

"(The veterans) all have some sort of mobility issue — perhaps a brain injury, spinal cord injury. They may have



Birt

See SMSD on Page 4B

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TRPA Fellow
From page 2B

dinator for Knox County, expanding her role while serving Clinton, guiding the City of Kingston as Park and Recreation director to her current role as State of Tennessee Parks and Recreation technical assistance service, she has shown her dedication, enthusiasm and perseverance to our profession.”

Stuhl pointed out that in addition to Johnson’s dedication, she has “served in most, if not all, leadership roles of TRPA, guiding our organization through many changes over the years.

“But, perhaps, my favorite ‘thing’ about April is that she is so inclusive,” Stuhl added, noting for those who are new to recreation community, “April will take you under her wing ... April will make sure that you meet others.

“She does this with a joyful heart and winning personality. And most of all – April is a lot of fun, will make you laugh and will remind you what is wonderful about this profession!”

The Fellow Award is TRPA’s highest award “to honor and recognize individuals who have significantly contributed to and influenced TRPA and the parks and recreation profession throughout her career,” according to Chantelle Koserski, administrative

assistant with the Tennessee Recreation and Parks Association.

“Since 1972, this award has recognized professional members of the TRPA that during their career have made outstanding contributions to the parks, recreation and conservation field over and above their normal and expected duties,” Koserski stated in an e-mail.

Johnson has been an active member of the park and recreation field since 1997, when she graduated from Eastern Kentucky University with a Bachelor of Science degree in recreation and park administration, leisure program delivery services.

Her first job was as summer youth program director at Loudon United Methodist Church before becoming recreation coordinator at Choto Recreation Center for Tellico Village and senior center coordinator for Knox County Parks and Recreation.

Additionally, according to TRPA professional member George Brogdon, who submitted her nomination application, “April has been involved with professional organizations since early in her career and began assuming and being elected to leadership positions at a young age.

“Her leadership began with TRPA after being elected aquatics chair in 2003 and then appointed as the Awards Committee chair in 2004,” he added. “She was elected by the TRPA membership as vice president for 2006-2008, and then elected as president-elect in 2008-2009, president in 2009-2010 and past president in 2010-11.”



Johnson

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• **Shop Farragut/Farragut Business Alliance’s 2nd Annual Farragut Health and Wellness Expo**, in partnership with Turkey Creek Medical Center/Tennova Healthcare, will be from 10 a.m. to 3 p.m., Saturday, Jan. 8, in Farragut Community Center gymnasium, 239 Jamestowne Blvd. just north of Village Green Shopping Center. Parking is available at the community center and the shopping center.

This year’s Expo, which is free and open to the public, will feature more than two dozen local businesses specializing in the care of the human body, mind and spirit. Additionally, attendees have an opportunity to take a Lend A Hand, Save A Life CPR and AED class through ACTIFAST-CPR Inc., which specializes in CPR training and other emergency techniques.

While the Expo itself is free, Stephen Krem-pasky, Shop Farragut/Farragut Business Alliance executive director, pointed out there is a charge for the ACTIFAST-CPR class. Those interested who are on a Sign-Up Genius link can join at <http://www.farragutbusiness.com/healthwellness.html>

Vendors “provide products and services for your comfort and well-being in support of a healthy lifestyle,” Krem-pasky said. “SouthEast Bank supports the Expo as a platinum-level sponsor. MLILY Mattress is a silver-level sponsor, and Knoxville TVA Employee Credit Union is a community sponsor.”

Patrons also can visit booths from a wide va-

riety of health services and personal retail.

“For example, Beltone will conduct hearing tests, and American Home Pro will show new safe-aging items and technologies for your home,” Krem-pasky added.

Other committed vendors include the University of Tennessee Medical Center Advanced Orthopedic Center & Bariatric Program, MediSpa at Choto, Arbonne International/GoHealtyTN, Cool Sports, Root Journey, Clean EatZ, Blue Ridge Yoga, The Smoky Rose Boutique, Select Physical Therapy, Optimal Health, Garde Bien Spa and Salon, Anytime Fitness, Revvl Health & Chiropractic, Simply Physio, West Bikes, Hutchison Rehabilitation Inc., OsteoStrong of Farragut, Raven Originals, Core Change, Bio-Pure and Cory Gerlach with Edward Jones Financials, who will discuss patrons’ financial well-being.

• **Always in need of the general public’s blood donations — many times this need is critical — MEDIC Regional Blood Center**, including 11000 Kingston Pike in Farragut, reminds potential donors that appointments, which are preferred, allow staff to mitigate wait times and control donor flow. Appointments can be made online at www.medicblood.org.

MEDIC is the primary blood product provider for 24 hospitals in 22 counties including Blount Memorial, Covenant Health System, East Tennessee Children’s Hospital, Tennova Healthcare and UT Medical Center.

Farragut, area graduates, Dean’s List honoree told

STAFF REPORTS
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Western Governors University celebrated the resilience and dedication of more than 1,000 new graduates who have earned their bachelor’s and master’s degrees in recent months with an in-person commencement where local residents Jerry Sharon, Barbara Ann Hartley and Caitlin Fogarty received their bachelor’s degree in IT, master’s degree in cybersecurity and information assurance and master’s degree in nursing education, respectively, during the commencement ceremony in Las Vegas.

As a nonprofit accredited online university, WGU offers more than 60 bachelor’s and master’s degree programs.

Ceausu on Cumberland’s Dean’s List
The Office of the Vice President for Academic Affairs at University of the Cumberland has announced Edmond Ceausu of Farragut is among the students named to the Dean’s List for the fall 2021 semester.

To be eligible for the Dean’s List, students must be enrolled in at least 12 credit hours (a full course load), maintain a minimum cumulative grade-point average of 3.50 and be in good academic standing.

Got any Community story ideas, photos; events just ahead?

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Leadership

From page 2B

About the three presidential nominees, Belcher replied, "The deck is stacked, I guess. I will be the president for 2022-23, and Val Privett, who's currently the vice president, will be president in 2023-24; and then Teri Jo Fox will be (president in) 2024-25.

"I think that a lot of it has to do with the friendships that have formed in the club and the desire to support each other," she added. "I think that really came into play a lot, this year. Specifically, Rotary has been focused on women and empowering women.

"So, I just think that is in front of mind and playing out in our club."

While reluctant to speak for herself, Belcher said, "Teri Jo and Val are both extremely focused and detail-oriented and just exceptional leaders in the community."

"Megan joined in April 2016, Val in August 2017 and Teri Jo in December 2016; and all three have worked hard for the club during their four years in the club," King said.

King recalled when he joined the club in 2005 it had six women as members: Linda Bellich, who now lives in Florida; past president, the late Joan McIntee, then an honorary member living in Ohio; Patty Daughtrey, now a Bearden Rotary member; and Stephanie Myers and Jamie Northcutt, the latter no longer in the club. McIntee was the first female

club president, serving the 1994-1995 term.

Now RCF has 25 female members.

"In the past 10 years, five women have been our president: Leah Berry, Peggy Wilson, Lee Mrazek, the late Chris Camp and Staci Wilkerson," King said.

The club only has one new member joining its board, Tory Ricon.

"He will be one of the co-chairs of Youth Service, along with James Gaddis," King stated.

Sonya Ford will return to the board as Family of Rotary Committee chair as Fox moves into the vice president role. Julie Blaylock will rejoin the board as co-chair of Service Projects with Scott Bertini.

Once elected, this slate of officers begin serving July 1.

"According to the club's by-laws, this slate must be published in 'The Flagship (newsletter)' for two consecutive weeks prior to a vote of the membership to approve these new officers and directors," King said.

The other proposed officers are Mary Ann Imgram, secretary; Steve Krempasky, treasurer; Howard Fass, sergeant at arms; Scott Brockamp and Denise Bash, fundraising chairs; Cindy Kraus and Doug Powell, membership chairs; Bill Rice, Foundation chair; Becky Duncan, International Service; James Gaddis and Tory Rincon, Youth Services chairs; King, public image; and Bluford, past president.

New RCF members welcomed



Tammy Cheek

Rotary Club of Farragut inducted three new members into the club during a recent meeting in Fox Den Country Club. Members inducted were Tory Kinson, second from left, with sponsor Bill Nichols, far left; Fred Adomat, third from right, with sponsor, Tom Pattison, third from left; and Larry Sheumaker, second from right, with his sponsor, Tom King.



Tammy Cheek

SMSD

From page 2B

limb loss," Birt said.

"A big part of what our dogs do is picking up dropped items," she added.

Hooligan demonstrated how he picks up items, such as keys, shoes, caps and phones, which he can do, either on a carpet or tile floor.

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The Rev. David Bluford, center, Rotary Club of Farragut president, welcomed Mike Kitchens, Smoky Mountain Service Dogs volunteer chairman; Laurie Birt, SMSD board member at large; and Service Dog ambassador Hooligan to a recent RCF meeting.

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Award-winning Ken Sparks film Jan. 7-13 at Regal in Turkey Creek

“Sparks: The Ken Sparks Story,” which had its world premier last fall at Knoxville Film Festival, will be screened for general audiences Jan. 7-13 in 15 Regal theaters around the south, including two in Knoxville, one of which is Regal Pinnacle Stadium 18 & IMAX in Turkey Creek.

The documentary about the former Farragut High School and Carson-Newman University football head coach was written, produced and directed by Farragut resident and FHS grad Jeff Joslin, who played for Sparks at both schools and was a member of the C-N team winning back-to-back national championships.

“It has won 11 awards and has been selected to screen at 15 film festivals in 2022, with 11 still undecided,” Joslin said.

While the 6:50 p.m. show-



Movie poster for “SPARKS: The Ken Sparks Story.”

ing already is sold out, Joslin suggested attending the 4 p.m. showing or the recently added 7:20 p.m. showing “to be part of the red carpet event.”

“Come say hello, meet the cast, directors, producers and get your picture taken on the red carpet,” he added.

For more information or to secure tickets, visit www.sparksdoc.com.

Farragut fell 65-62 to Saddle River Day School (New Jersey) on New Year’s Day. The Admirals valiantly fought back from an 18-point third-quarter deficit. Atwell scored 22, while Carbaugh had a double-double with 14 points and 10 rebounds. Isaiah Smith chipped in 11.

“They’re well-coached,” Higgins said. “We kind of lost ourselves there in the third quarter. But we were able to battle back.”

Farragut missed an open three at the end of the game that would have tied it. “(Fighting back) really showed how tough we are, how much we can grind,” Higgins said.

“It was a very successful trip. We grew and we learned a little bit about ourselves, both mentally and physically. That’s what we needed going forward for the second half.”

Another BHS strong start, another Irish strong finish

STAFF REPORTS
editor@farragutpress.com

BRISTOL — For the second time this season, Bearden’s boys quickly jumped out of the gate against Division II-AA power Knoxville Catholic in what might have been a battle of East Tennessee’s two top high school boys hoops teams.

Minus its top scorer, senior guard Elijah Bredwood, the Bulldogs (11-5) nonetheless zoomed ahead 33-21 less than three minutes into the second quarter with red-hot shooting during the seventh-place game of 38th Annual Arby’s Classic at Tennessee High Friday, Dec. 31.

Unlike its first meeting earlier this season at KCHS, where the Irish (12-3) overcame a 14-point halftime deficit to win 64-55, Catholic

used a strong push to end the first half — a 16-0 run over a 5:30 span of the second quarter for a 37-33 halftime lead — then overcame Bearden’s 17-6 run during the first 5:30 of the third quarter to pull away in the final eight minutes.

A 23-2 run by the Irish during an eight-minute span found Catholic converting three consecutive steals to go up 68-54 with 2:11 to play, eventually winning 69-58.

KCHS star senior guard B.J. Edwards, a UT Vols signee, led all scorers with 26 points while also grabbing nine rebounds and three steals.

Junior guard Blue Cain added 23 points and three steals. Post Alex Doerger scored 13.

Bearden senior wing Darian Bailey scored 17 (10 rebounds). Junior guard Jake Poole also scored 17. Guard Nelson Karnowski added 10.

FHS girls 2nd

From page 1B

Cardinal Mooney was the No. 1-ranked 3A team in Florida.

Avery “Ace” Strickland led Farragut in scoring with 22. Keeleigh Rogers got 18, while Ashlyn Sheridan added 16. Rogers and Sheridan each drained a three-pointer in OT.

“We jumped on ‘em early,” Mayfield said. “Most of the game after that was pretty even. In overtime we held them without a field goal. They got only five free throws.”

On New Year’s Eve, Friday, Dec. 31, Farragut easily handled Spruce Creek High School (Florida), 50-25. Spruce Creek was the state’s third-ranked 7A team.

Strickland scored 15 while Rogers got 10.

“We try to hold a team to single-digit quarters and we did it in every quarter of that game,” Mayfield said.

On New Year’s Day Saturday, the Lady Admirals fell to Saddle River Day School, 78-58. Saddle River was undefeated and was the second-ranked

team in all of New Jersey. One of its players has signed with North Carolina.

“We missed some shots that we typically make,” Mayfield said. “(The second quarter) was basically the difference in the game.”

“We didn’t play poorly, we just didn’t finish some easy shots in the second quarter.”

Strickland and Rogers were



Rogers

All-Tournament selections.

Mayfield emphasized the value of such an event for his girls.

“It was fantastic,” he said. “It was a really high-profile tournament. I was pleased with how we played in all games. We played in the second toughest bracket. To make it to the championship was a really good experience. This is definitely one I think we will go back to.”

After hosting Cleveland Tuesday, Jan. 4 (after deadline), the Lady Ads (11-5, 0-1 in District 4-4A) will travel to district rival Hardin Valley Academy Friday night, Jan. 7.

Ads runners-up

From page 1B

sively, especially in the second half. We were able to lock in and defend really well and we made some shots in the second half.”

On New Year’s Eve, Friday, Dec. 31, Farragut beat neighbor Cumberland County 51-47. Junior wing/post Dallas Carbaugh grabbed 14 boards to go with his 22 points for the Admirals (10-5). Atwell added 13.

“Tough game,” Higgins said. “We were able to fight through some adversity. We didn’t make any shots in the first half.”

Farragut trailed by nine at one point, only to fight back to lead by eight. “It was good to see Dallas be able to assert himself inside,” Higgins said. “We defended much better in the second half.”



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Green's next-level pick is Maryville College

Photo courtesy of Cathy Dowhos-O'Gorman/Webb School

Webb School celebrated Spartan point guard Jaylon Green and his signing with Maryville College during a ceremony in Lee Athletic Center Monday, Nov. 22. Seated alongside Green are his parents, Lindsay and Sean Green. With other unnamed family members in the photo, they are joined, standing from left, by Matt Macdonald, Webb Upper School head, and Ricky Norris, Webb varsity boys' basketball head coach. Standing on the right side are Rashawn Rembert (gray jacket), Webb boys basketball assistant, and Michael McBrien, far right, Webb School president.



College choice for Lentz is Anderson University

Webb School of Knoxville celebrated Spartan basketball combo guard Luke Lentz's signing with Anderson University during a ceremony in Lee Athletic Center Monday, Nov. 22. Lentz is seated alongside his parents, Christy and Bryan Lentz. With other unnamed family members seated and standing directly behind Lentz, they are joined, standing from left, by Webb School officials Matt Macdonald, Upper School head; Ricky Norris, varsity boys' basketball head coach (green shirt); Rashawn Rembert, basketball assistant coach (gray coat); and Michael McBrien, president.

Photo courtesy of Cathy Dowhos-O'Gorman/Webb School

Still perfect

From page 1B

ond- and third-place) finish in the 100-breaststroke. Sawyer Beckman and Hayden Johnson have done exceptionally well this year, and posted best times in freestyle individual events and relay splits."

Top three in the 100-backstroke were Lady Admirals Hudgens, Chen and Meira Desai. Finishing 1-2-3 on the boys side were FHS swimmers Lepape, Karnitz and Hicks.

"Taylor Webster, Emma Kim and Troy Glecker were our most improved," the FHS head coach added. "They dropped

significant time in their individual races."

For all of Farragut's success Sunday, "We only had about 46 swimmers available to swim

this rescheduled meet during winter break," Abrahamson said. "We have over 70 total swimmers.

"It's impressive to only have

65 percent of our swimmers come to this meet and pull out a win in a meters pool," the FHS head coach added.

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Lady Hawks

From page 1B

were a little more comfortable with," coach Galloway said. "We were able to get out on some passes and get some steals. We were able to put more pressure on the ball.

"I felt like today was a good team win," she added. "I felt like we were balanced."

The Lady Hawks were led by a game-high 13 points from freshman post Kamiyah Love, 12 from senior guard Avery Laugherty and 11 from sophomore wing Gracie Waite.

Faith Johnson added three 3-point field goals and ended with nine points, as did Kamryn Butcher. Lexi Hall scored six, followed by Kyn-dra West with four and three points apiece from Deneya Peays and Lily Adkisson.

Hardin Valley opened Classic play Tuesday, Dec. 28, with a 61-47 victory against the host LCHS Lady Panthers.

"Lenoir City was a good game for us," Galloway said. "They were very guard-oriented, spread the floor and put a lot of pressure on the ball. Had a lot of energy we had to match."

Waite led all scorers with 21 points, followed by Hall with 14 and Love and Avery Laugherty each scoring eight for HVA. West added seven points.

The Lady Hawks' only Classic loss came against Lafayette, Kentucky, 52-30, Wednesday, Dec. 29.

"They are very good and very well coached," Galloway said.

Hall's nine points, followed by eight from West, led the HVA girls' scoring.

HVA 3-0

From page 1B

game-high 19 points, one of 12 Hawks to tally in this game. "Nick is a really good player; he's a great shooter," Wells said.

Freshman Barron Scheetz scored 10, while junior Hunter Frey and senior Jaelyn Pannell each added seven. Junior Hakeem Rashid and Riley Gladwin had six points apiece.

As a team, "We've shot it really well the last two days," Wells said, including an 87-57 win versus Maryville Chris-

tian Wednesday, Dec. 29.

Four Hardin Valley double-digit scorers against MCS were led by Pannell's 14 points, followed by Rashid with 13 and Jack Smith and Ben Brophy scoring 11 apiece.

Opening Classic action Tuesday, Dec. 28, Hardin Valley got a last-second lay-up from Smith to edge host LCHS in a dramatic 50-49 win.

Smith had a team-high 12 points for the winners, followed by Liakonis scoring 11 and Pannell nine.

The Panthers were led by Kobe Franklin's 19 points.

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8B • FARRAGUTPRESS THURSDAY, JANUARY 6, 2022

New Year's at Noon

Just over 100 adults and children gathered to celebrate an early New Year's, compliments of Town of Farragut, which hosted its inaugural New Year's at Noon in Farragut Community Center, 239 Jamestowne Blvd., Friday, Dec. 31.

They enjoyed taking photos, games, Hula Hoops and other activities in the gymnasium; a movie, popcorn and other refreshments in the lobby and assembly room; and craft-making in yet another room.

As the time came closer, children piled under the center of the gym, under a net of about 500 balloons, and watched the balloons above during the countdown to noon. They squealed as the balloons descended on them, blew their noisemakers and ran around the balloons.

"We just moved here," said Judy Boehm, who along with her husband, Rick Boehm, brought their granddaughters, Layla McDill and Addy Boehm.

"We think its is great," she added. "Since we can't stay up until midnight, we're glad to do it all at noon."

"It was really fun to host a New Year's party for families," Lauren Cox, Farragut Parks and Athletics coordinator, said. "The balloon drop was something we'd never done before, and the kids really enjoyed it."

"One thing I noticed is that we've had enough events at the Community Center that kids really know us now," Cox added. "They know our names and recognize that we have fun events. That's a big accomplishment, given all the challenges that came with COVID."

She credited the Parks & Recreation staff, including Allie Koepfer, for the event's success.



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9

1. Nicole Griffith (front), 6, and Savannah Plovich, 8 2. Arden Jones, 2 3. Samantha Anzeljc with kids, from left, Micah, 4, his twin, Noah, 4, and Luka, 9 4. Rick and Judy Boehm with granddaughters, Layla McDill, 6, and Addy Boehm, 2 5. Adam Bruchey 6. Wells Chandler, 6, with sister, Laney Chandler, 3 7. Axton Story, 20 months, with dad, Zachary Story 8. Jessica Plovich 9. Lucy Book 10. Adah Spann, 9

Top Photo of balloon drop submitted / All other photos by Tammy Cheek

Talk of the Town

A Publication of the Town of Farragut



Winter 2022



Farragut Museum to open new exhibit and host Black History Month event

The Farragut Museum will close Jan. 10 and reopen to the public at 11 a.m. on Tuesday, Feb. 1, with a new exhibition: "The Craftsmen of Yesterday – An exhibit of antique tools and farm implements." Visitors will travel back in time to see the fascinating tools used by farmers in this area during the early to mid-1900s.

As late as the early 1970s, the Farragut area was a sprawling, rural community dotted with beautiful farmlands. This exhibit will feature artifacts related to local farming as well as photographs of barns and landmarks. In conjunction with the exhibit, the Museum will unveil a country store scene on the vignette.

A special Friends of the Museum preview is scheduled for Monday, Jan. 31. If you are not already a Friend of the Farragut Museum and would like to attend the event, you may sign up during the preview.

The Museum will host a special Black History Month event at 2 p.m. on Sunday, Feb. 6. Bright Star Touring Theatre will present "Black History Heroes, Soldiers and Spies," a program geared for grades 3 and up. Learn the stories of amazing figures like Colonel Charles Young of the Buffalo Soldiers, the Tuskegee Airmen and Mary Elizabeth Bowser, whose work as a spy helped the Union during the Civil War.

See MUSEUM on Page 2

Now open in Farragut



BlueCross Healthy Place and first phase of Virtue Road

Two recently completed projects will make for a happier 2022 for Farragut residents. The BlueCross Healthy Place playground at Farragut Town Hall and the first phase of the improved Virtue Road both opened in November.

The \$750,000 playground was built by the BlueCross Foundation and is one of 10 play spaces built across the state in celebration of the company's 75th anniversary. BlueCross Healthy Place grant recipients



chose from six packages based on the needs of their communities, and Farragut picked the Thrive and Play design. It includes a ramped playground with freestanding play elements like an accessible merry-go-round and musical instruments, a swing area, a community pavilion with picnic tables and a

fitness station. The space was constructed by Chattanooga-based PlayCore.

Virtue Road improvements from Kingston Pike to the roundabout at Brookmere subdivision are now complete. Upgrades include widening the

See NOW OPEN on Page 2

From the Desk of the Mayor...

As we kick off a new year, let's look back at what was accomplished in Farragut in 2021. I don't have room to mention everything, but here are a few high points:

- We repaired 13 stormwater pipes through cured-in-place piping, an innovative and less expensive process than replacing pipes.

- The first phase of the reconstruction of Virtue Road was completed.

- The first tenant (P3 Sportsplex) moved into the rehabilitated Ingles shopping center, and the former Kroger building was demolished to prepare for a new town center.

- The ribbon was cut on the new BlueCross Healthy Place, located behind Town Hall. The Town applied to receive the new playground, which was a gift from the BlueCross Foundation.

- The Town offered classes on how to start a new business and created a Business Development Guide for those who are considering opening a new business in Farragut.

- Significant progress was made on phase 3 improvements to McFee Park, which will include a Great Lawn, tennis courts, a basketball court, a new large pavilion and other amenities. We look forward to opening this section of the park in the spring.

- The Parks & Rec Department created the Farragut History Walk, which includes interpretive signage at Founders Park at Campbell Station and the Mayor Ralph McGill Plaza, as well as the Farragut Museum and Pleasant Forest Cemetery.

- The Town hosted the largest Introduction to Farragut class ever, with 23 graduates.

There are too many things happening in 2022 to begin trying to name them all. I encourage everyone to take the time to attend a Board of Mayor and Aldermen or Planning Commission meeting this year to see your government in action. The public is always welcome, and there are many opportunities for residents to provide input.

As always, you can learn more about upcoming events and activities in this edition of Talk of the Town. Start the new year right by taking advantage of the numerous opportunities for fun, education and physical activity in Farragut!

Mayor Ron Williams



The Shamrock Ball is back!

The Shamrock Ball, a father-daughter dance, will return to the Farragut Community Center on Saturday, March 5! This year there are two time slots to choose from: 2-4 p.m. or 7-9 p.m. There will be music, light refreshments, a craft, and photos.

Tickets are \$20 for a couple and \$30 for a family; a family is defined as children, stepchildren, parents or legal guardians. Information about how to purchase tickets will be available soon at farragutparksandrec.org. **There will be no ticket sales at the door this year.** Ticket sales start Tuesday, Jan. 18, and close at noon on Friday, Feb. 25. Proceeds benefit the Kiwanis



Teen Driving Rodeo, Kiwanis Fresh Air Camp and Farragut school organizations.

Visit farragutparksandrec.org

and follow us on social media for more information about the Shamrock Ball.

Visit Farragut celebrates the music of Tennessee

In conjunction with Tennessee Songwriters Week (Feb. 20-26), Visit Farragut will host its third annual Songwriters Showcase event at the Farragut Community Center from 6:30-10 p.m. on Saturday, Feb. 26. Songwriters Week is a state-wide celebration that brings awareness to Tennessee's culture and heritage as home to bluegrass, blues, country, rockabilly, rock-and-roll, soul and Southern gospel. This year's event will feature duos who write together.

Artists will be announced on our social media platforms. Tickets are \$10 each or \$85 for a table of 10 and go on sale Friday, Jan. 21. Information about how to purchase tickets will be available soon at visitfarragut.org.



There will be no ticket sales at the door this year. Food and beverages will be available for purchase throughout the evening, and guests are encouraged to sit back and soak in the stories set to music.

The music will continue with

Bluegrass on the Lawn from 5-8 p.m. on Saturday, March 26. Performers from the East Tennessee Bluegrass Association will fill the spring air with music grounded in the roots of

See MUSIC on Page 4

WHO TO CALL

Town of Farragut Contacts

(All Town of Farragut phones have an 865 area code)

Ron Williams, Mayor 966-0214 (rwilliams@townoffarragut.org)
 Drew Burnette, Alderman (Ward II) 203-5048 (dburnette@townoffarragut.org)
 Scott Meyer, Alderman (Ward I) 288-0694 (smeyer@townoffarragut.org)
 Ron Pinchok, Alderman (Ward II) 318-4033 (rpinchok@townoffarragut.org)
 Louise Povlin, Vice Mayor, 805-7996 (lpovlin@townoffarragut.org)
 Alderman (Ward I)
 David Smoak, Town Administrator 966-7057 (dsmoak@townoffarragut.org)

Administration Phone 966-7057; Fax 675-2096

Alcohol License/Permits Allison Myers (amyers@townoffarragut.org)
 Finances
 Accounts Receivable Pam Hall (phall@townoffarragut.org)
 Athletics and Parks Lauren Cox
 (AthleticFieldReservations@townoffarragut.org) 218-3376
 Athletic Field Rental Bryson Keith
 (AthleticFieldReservations@townoffarragut.org) 218-3376
 Community Center Gym & Classroom Rental Hunter Gray
 (CommunityCenterRentals@townoffarragut.org)
 Citizen Requests Jennifer Hatmaker (jhatmaker@townoffarragut.org)
 Rentals: Pavilions & Community Ctr. Events Arleen Higginbotham
 (PicnicReservations@townoffarragut.org) 218-3375
 Engineering Darryl Smith (dsmith@townoffarragut.org)
 Event Permits Bart Hose (bhose@townoffarragut.org)
 Holley Marlowe (hmarlowe@townoffarragut.org)
 Landscaping Mark Shipley (mshipley@townoffarragut.org)
 Sign Permits Bart Hose (bhose@townoffarragut.org)
 Museum Julia Barham (museum@townoffarragut.org) 218-3377
 Parks & Recreation Sue Stuhl (sstuhl@townoffarragut.org) 218-3376
 Personnel Michelle Pence (mpence@townoffarragut.org)
 Planning Requirements Mark Shipley (mshipley@townoffarragut.org)
 Zoning & Subdivisions Bart Hose (bhose@townoffarragut.org)
 Public Relations Wendy Smith (media@townoffarragut.org) 218-3376
 Traffic Enforcement Program... Jennifer Duggan Davis (jdavis@townoffarragut.org)
 Stormwater Quality Lori Saal (lsaal@townoffarragut.org)
 Special Events, Programs and Volunteers Bryson Keith
 (ParksandRecInfo@townoffarragut.org) 218-3376
 Tourism Karen Tindal (media@townoffarragut.org) 218-3376

Codes Phone 675-2384; Fax 671-7652

Building Inspections and Permits... Karen Richards (krichards@townoffarragut.org)
 Maria Rayas (mrayas@townoffarragut.org)
 Building Codes (Residential) Chris Brown (cbrown@townoffarragut.org)
 Tom Schneller (tshneller@townoffarragut.org)
 Building Codes (Commercial) Elliott Sievers (esievers@townoffarragut.org)
 Karl Swierzko (cswierzko@townoffarragut.org)
 Farragut Court Jennifer Hatmaker (jhatmaker@townoffarragut.org)
 Fire Safety/Inspections Dan Johnson (djohnson@townoffarragut.org)
 Codes Enforcement Holley Marlowe (hmarlowe@townoffarragut.org)
 (Property Maintenance)

Parks & Recreation

General Parks & Rec information on programming and events:
 ParksandRecInfo@townoffarragut.org
 Athletic field reservations: AthleticFieldReservations@townoffarragut.org
 Pavilion rentals: PicnicReservations@townoffarragut.org
 Farragut Museum information: museum@townoffarragut.org
 Media and tourism inquiries: media@townoffarragut.org
 Community center rentals: CommunityCenterRentals@townoffarragut.org

Public Works Phone 218-7750

Social Media

Facebook: Town of Farragut, Visit Farragut, Farragut Parks & Rec,
 Farragut Stormwater Matters
 Instagram: town_of_farragut, visitfarragut, farragutparksandrec
 Twitter: townoffarragut, ToFFieldUpdate (athletics/field information),
 ToFVolleyball (volleyball league), FarragutParks
 YouTube: Town of Farragut, Visit Farragut

Farragut Town Hall

Open 8 a.m.-5 p.m. Monday-Friday
 11408 Municipal Center Drive, Farragut, TN 37934
 General email: towninfo@townoffarragut.org
 Website: townoffarragut.org
 Town of Farragut TV: Charter channel 193 and TDS channel 3

Farragut Community Center

Open 8 a.m.-9 p.m. Monday-Thursday, 8 a.m.-5 p.m. Friday, 8 a.m.-4 p.m.
 on select Saturdays
 239 Jamestowne Blvd., Farragut, TN 37934
 Website: farragutparksandrec.org

Anchor Park: 11730 Turkey Creek Road

Founders Park: 405 N. Campbell Station Road

Mayor Bob Leonard Park

Main Entrance: 301 Watt Road, Farragut;

West Entrance: 700 Harrison Lane, Loudon

McFee Park: 917 McFee Road

Mayor Ralph McGill Plaza: 11409 Kingston Pike

BlueCross Healthy Place at Farragut Town Hall: 11408 Municipal Center Drive

It is the policy of the Town of Farragut not to discriminate on the basis of race, color, natural origin, gender, gender identity, sexual orientation, age, religion, disability or veteran status pursuant to Title VI of the Civil Rights Act of 1964, Public Law 93-112 and 101-336 in its hiring, employment practices and programs.



Staying in touch with the Town

Knowing where to go to stay informed about Town of Farragut events, programs, meetings and services is increasingly valuable as Farragut continues to grow. The Town of Farragut website, townoffarragut.org, has departmental info, meeting agendas and more. Visitfarragut.org was completely overhauled this year and features a shopping and dining directory, activity suggestions and a calendar of community events. The Farragut Parks & Recreation website, farragutparksandrec.org, has information on classes, events and rental space at the Farragut Community Center.

For Town of Farragut budget information and general info about the community, visit farragutannualreport.org.

To receive "At Your Leisure" newsletter, News Flash items, meeting agendas, calendar items and bid postings via email, click on "I want to..." on the left side of the townoffarragut.org homepage.

You can get up-to-the-minute news and event information as well as live content by following the Town of Farragut, Visit Farragut and Farragut Parks & Rec on their respective social platforms, including Facebook, Instagram and Twitter.



Registration for Independence Day parade begins soon

Time flies, and July 4th will be here before you know it! The 2022 Town of Farragut Independence Day Parade kicks off at 9:30 a.m. on Monday, July 4. Due to the overwhelming popularity of this parade, entries will be limited to the first 95 registrations received. If you would like to participate, parade registration forms will be available on the

Town's website (townoffarragut.org) beginning April 1.

Email reminders will be sent to groups that participated in 2021. If you would like to add your name (or group name) to the email list, please call Arleen Higginbotham at 865-218-3375 or send contact information to ahigginbotham@townoffarragut.org.



FBA to host Health and Wellness Expo

Shop Farragut, in partnership with the Town of Farragut, will host the second Farragut Health and Wellness Expo, presented by Turkey Creek Medical Center/Ten-nova, from 10 a.m.-3 p.m. on Saturday, Jan. 8, in the Farragut Community Center. There will be more than two dozen local businesses in attendance that specialize in the care of the human body, mind and spirit! For vendor booth information, contact shopfarragut@gmail.com.

Now Open
 From page 1

road from two 9-foot lanes to two 11-foot lanes with curb and gutter and the addition of an 8-foot multi-use greenway separated from the road by a 6-foot grass strip. Part one of first phase of the project, from Kingston Pike to 2,200 feet south of Broadwood Drive, began in early 2021. Part two of this phase, from the

roundabout south to Vistabrook subdivision, is currently under construction and is expected to be completed in spring of 2022.

The final phase of improvements to Virtue Road, which will be partially funded by TDOT, has not yet been designed. Completion of work on the 1.5-mile segment is expected in late 2023 or early 2024.

Museum
 From page 1

ing the Civil War. This free event is an exciting and interactive production that will intrigue young and old alike.

For more information about the new museum exhibit or the Black History Month event, contact Historic Resources Coordinator Julia Barham at museum@townoffarragut.org or 865-966-7057.

WINTER EVENTS

- Unless otherwise noted, register for classes and special events at townoffarragut.org/ register, in person at the Farragut Community Center (239 Jamestowne Blvd.) or by phone (865-218-3376). **All classes held at the community center require a free membership. Farragut residency is NOT required for membership. Please stop by the community center during regular hours or arrive early for class to register!**
- Payment is due at the time of registration. Credit card payments (Visa, Mastercard and Discover) – whether online, in person, or by phone – will incur a 2% transaction fee. Cash and check payments are also accepted.
- The Town of Farragut is not responsible for costs associated with the purchase of sup-

plies when a class is canceled.

- All events are held at the Farragut Community Center unless otherwise noted, and all league sports are held at Mayor Bob Leonard Park unless otherwise noted.
- Some events may be canceled or postponed in the event of inclement weather. Please see Farragut Parks & Rec social media (Facebook, Twitter, and Instagram) for updated information.
- Punch cards for community center gym programs may be purchased at the recreation office. Twenty visits are just \$30, and punch cards may be shared by family or friends.
- **No refunds are given for programs and classes.**

FITNESS

Pickleball Open Gym

12-2 p.m. on Mondays and Wednesdays starting Jan. 3, with the addition of Fridays starting Jan. 14. Cost: \$2 per person per hour. No need to pre-register – just bring yourself and your paddle and get ready to play. During this time, the gym is on the challenge court system. Games are played to 11 points, winning by 2. Limited equipment is available for check-out and nets are provided. Please arrive a few minutes early to check in and get your free community center membership. No Open Gym activities on Friday, March 4.

Basketball Open Gym

2-9 p.m. Mondays, 4-5 p.m. Tuesdays and 2-5 p.m. Wednesdays starting Jan. 3, with the addition of 2-5 p.m. Fridays starting Jan. 14. Cost: \$2 per person per hour. No need to pre-register – just bring a ball and get ready to play. During open gym hours, the gym is on the challenge court system. Games are played to 15 points, winning by two points; games can't be won on a 3-point shot. Please arrive a few minutes early to check in and get your free community center membership. No Open Gym activities on Friday, March 4.

Volleyball Open Gym

Select Saturdays from 8:30 a.m.-12 p.m.: Jan. 15 and 29; Feb. 5 and 19; March 12 and 26. Participants must be aged 15+. Cost: \$4 per person for the session. Grab your friends and come bump, set and spike. During open gym hours, the gym is on the challenge court system. Games are played to 15 points using rally scoring. Bring your own ball; nets provided.

Cornhole Open Gym

Thursdays from March 3 to March 31 from 6-9 p.m. Cost: \$4 per person. Drop-in play. All skill levels welcome. Please arrive a few minutes early to check in and get your free community center membership.

Toddler Takeover

Tuesdays and Thursdays from 10-11 a.m. Cost: \$2 per child; adults are free. Participating children must be walking to 5 years old. Join us for this parent-supervised indoor playtime and let your child explore our bright, colorful, age-appropriate equipment! Pre-registration is not required.

Total Fitness Classes

Tuesdays and Thursdays from 8:30-9:30 a.m. Cost: \$4, or two punches on a punch card, per session. Pre-registration required;

spaces are limited. Join Rachel Piotrowski, certified group exercise instructor and personal trainer, for a total body fitness class! This class is tailored to individuals of all fitness levels and focuses on functional exercises to improve overall strength and balance. A variety of body weight and hand weight exercises will be utilized to build upper and lower body strength, improve balance and strengthen the core. Low impact aerobic conditioning and stretching are also incorporated. Please bring hand weights or other weighted objects for your workout. If you do not have any, just bring yourself! Don't forget water and a mat.

Sunrise Stretch

Wednesdays from 8:15-9:15 a.m. Cost: Free. Registration deadline: 5 p.m. on the Tuesday before class. Start your day off right with a sunrise yoga session! This 60-minute class is the perfect way to start the day for beginning to advanced yogis with registered yoga teacher Jenny Trussell. The class includes gentle and slow flow yoga sequencing, breathwork, and a brief meditation set to relaxing music. Bring a mat (blanket and props are optional) and a smile for each participant. The instructor is glad to provide an introductory class for anyone brand new to yoga.

Rise and Shine Yoga

Fridays from 8:15-9:15 a.m. starting Jan. 14. Cost: \$4, or two punches on a punch card, per session. Registration deadline: 5 p.m. on the Thursday before class. Rise and Shine! Start your Friday off right and end the week with this morning yoga class led by registered yoga teacher Mindy Wise! Bring a yoga mat, water, and a positive attitude!

Pilates/Yoga Fusion

Six-week session: Thursdays, Jan. 6 through Feb. 10, from 7-8 p.m. Registration deadline: Wednesday, Jan. 5. Cost: \$60. Join 500-hour registered yoga teacher Simon Bradbury for Pilates/Yoga Fusion! This class combines yoga poses with Pilates mat exercises that build core strength, enhance flexibility and balance in a low-impact approach to mind-body fitness. Think of it as taking a scheduled one-hour vacation, just for you, while enhancing your body and mind. You will finish class feeling relaxed, refreshed and energized. Please bring your own mat.

Introduction to Chair Yoga

Friday, Jan. 14, from 10-11 a.m. Cost: Free. Registration deadline:

Thursday, Jan. 13. This seated yoga session is especially good for those with mobility or balance issues. Join Jenny Trussell for an introduction to yoga in a welcoming and stress-free environment. It will provide an overview of basic yoga poses, breathwork, and stress-management techniques commonly taught in yoga classes. Jenny will also discuss the different types of yoga and the spectrum of yoga classes available in the Knoxville area so you can find the perfect fit.

Yoga Friends

Saturday, Jan. 22, from 11 a.m.-12 p.m. Cost: Free. Registration deadline: Friday, Jan. 21. Introduce your child to yoga with a delightful yoga class for friends! This 60-minute class, perfect for ages 6-12, will get your little yogi moving with love and laughter. Young yogis learn basic yoga poses, breathwork, and stress-management techniques in a kid-friendly atmosphere. An origami meditation craft and partner poses will be part of the fun. Bring a friend, mat, smile, and a bit of silliness!

Introduction to Flow Yoga

Friday, Jan. 28, from 10-11 a.m. Cost: Free. Registration deadline: Thursday, Jan. 27. This gentle, flowing yoga session lets participants experience yoga without the challenge of holding poses. Join Jenny Trussell for an introduction to yoga in a welcoming and stress-free environment. It will provide an overview of basic yoga poses, breathwork, and stress-management techniques commonly taught in yoga classes. Jenny will also discuss the different types of yoga and the spectrum of yoga classes available in the Knoxville area so you can find the perfect fit for you.

EDUCATION

“Snow Much Joy” Painting Class

Saturday, Jan. 15, from 1:30-3:30 p.m. Cost: \$35. Learn to paint in this step-by-step class with instructor Abhikhya! All materials provided by the instructor. No previous painting experience is required to produce this 16x20” painting on canvas. Participants will get the chance to paint two joyful snowmen!

“Snowman on Sled” Painting Class

Saturday, Jan. 29, from 1:30-3:30 p.m. Cost: \$45. Learn to paint in this step-by-step class with instructor Abhikhya! All materials provided by the instructor. No previous painting experience is required to produce this beautiful piece of winter-themed artwork on

a wooden sled!

“Whimsical Winter” Painting Class

Saturday, Feb. 5, from 1:30-3:30 p.m. Cost: \$35. Learn to paint in this step-by-step class with instructor Abhikhya! All materials provided by the instructor. No previous painting experience is required to produce this 16x20” painting on canvas. Participants will get to paint a “whimsical” take on a winter forest!

Making Medicare Easier

Monday, Feb. 7, 6-7 p.m. Cost: Free. Registration deadline: Friday, Feb. 4. Instructor: Bruce Landis of Providence Advisors Group. Learn about enrollment periods, overview of parts A, B, C and D and supplements.

Making Social Security Easier

Monday, March 7, 6-7 p.m. Cost: free. Registration deadline: Friday, March 4. Instructor: Garrett Crawford of Providence Advisors Group. Learn the basics of social security so you can make informed decisions about when to file.

“Winter Angel” Painting Class

Saturday, Feb. 19, from 1:30-3:30 p.m. Cost: \$35. Learn to paint in this step-by-step class with instructor Abhikhya! All materials provided by the instructor. No previous painting experience is required to produce this 16x20” painting on canvas. Participants will get the opportunity to paint a winter angel!

Beginning to Bird: Wetland Birds

Saturday, March 12, 9-10:30 a.m. at Mayor Bob Leonard Park, 301 Watt Road. Cost: \$8 per person, age 11 and up. Registration deadline: Friday, March 11. Join Naturalist Jeremy Clothier from Ijams Nature Center as you take your first steps into the world of bird watching. Spend time exploring the birds of the wetland and journaling. Participants should bring good walking shoes, water, binoculars (Ijams can provide some if needed), a journal, something to write with, and a bird field guide, if you have one. Meet at the covered picnic table next to the playground. Register at www.ijams.org/event-details/beginning-to-bird-wetland-birds-adult-program or call 865-577-4717.

American Red Cross Blood Drive

Tuesday, March 15, from 12-5 p.m. To schedule an appointment,

log on to redcrossblood.org and search by zip code 37934.

Make & Take: Easter Basket

Saturday, March 26, from 9 a.m.- 2 p.m. Cost: \$30. Registration deadline: Wednesday, March 23. Instructor: Sheri Burns with the Appalachian Arts and Crafts Center and Pellissippi State Community College. This class features a basket perfect for Easter with multiple reed options and colorful bandanas to line the inside. This class is appropriate for all skill levels. All tools and supplies provided by the instructor.

TWRA Boating Safety Education

Saturday, March 26 from 9 a.m.-12:30 p.m. Preregistration required at tn.gov/twra. Each session limited to 50 people. Any Tennessee resident born after Jan. 1, 1989, must show the TWRA-issued wallet Boating Safety Education Certificate as proof of successful completion of the TWRA Boating Safety exam. No other certificate will be accepted as meeting the requirements of the law. Please bring Type 600 boating safety exam permit and a writing utensil to class. The permit is available from any business (license agent) that sells hunting and fishing licenses (Walmart, sporting goods stores, bait stores, marinas, etc.). For more information, visit <https://www.tn.gov/twra/boating/boating-education.html>.

SPECIAL EVENTS

Black History Month Program

Sunday, Feb. 6, from 2-3 p.m. at Farragut Town Hall. (See article on page 1.)

Songwriters Showcase

Saturday, Feb. 26, from 6:30-10 p.m. at the Farragut Community Center. (See article on page 1.)

Shamrock Ball – A Father-Daughter Dance

NEW THIS YEAR – TWO SESSIONS: Choose between 2-4 p.m. or 7-9 p.m. on Saturday, March 5, at the Farragut Community Center. (See article on page 1.)

Bluegrass on the Plaza

Saturday, March 26, from 5-8 p.m. at Mayor Ralph McGill Plaza at the Campbell Station Inn. (See article on page 1.)

In case of snow...

As the winter cold sets in, the Town of Farragut is prepared to handle the inclement weather associated with this season. Streets classified as arterials and collectors, or serve as primary access within a subdivision, are divided into first and second stages for snow removal. These streets will be continually plowed to make them passable. Designation of the stages is approved by the Board of Mayor and Aldermen. Once these streets have been made passable, the Town will make every effort to clear other Farragut streets. Kingston Pike and Concord Road are state roads and are maintained by the Tennessee Department of Transportation.

Town trucks with snowplows are assigned specific routes, and crews will work 24 hours a day, if needed, to serve the Farragut community. This includes the use of salt, sand and snowplows. Occasionally, extreme cold will cause the salt and plows to become less effective. Town staff will constantly evaluate the best way to handle this situation.

The Town is committed to providing a high level of service to Farragut residents in the event of weather that affects roadways. A map that shows the stages of snow removal is available at Town Hall or on the Town's website at townoffarragut.org/snow. For more information, call 865-966-7057.



Help keep your community clean

The Town of Farragut takes pride in its beauty and cleanliness. Our roads and natural resources like greenways and streams are kept to a higher standard in part thanks to our caring citizens. Farragut offers a multitude of ways for your business, civic club, church, neighborhood association, family or other organization to join the effort and help keep Farragut an exceptional place to live and play by enrolling in the programs listed below.

Adopt A Mile - Volunteers adopt approximately one mile of Farragut road and agree to clean the road at least once a quarter for a two-year period. Participants must be at least 11 years old, sign a liability release form and be trained in the safety rules by the group coordinator before the first scheduled pickup. The Town will place two signs identifying the group that has adopted that mile and provide all safety equipment and supplies for the cleanup.

Adopt A Greenway - Sections of the Town's four main greenways are available to adopt. Groups, individuals or families agree to clean a section of the greenway at least once a quarter for a two-year period. The Town will provide all the necessary supplies and identify the adopting group with one sign located on that section of the greenway.

Adopt-A-Stream - Annual responsibilities for adopting groups include conducting a stream walk, three stream watches, a pipe and drainage ditch inventory (if applicable) and two stream cleanups. The group coordinator will attend a simple and brief training to learn Adopt-A-Stream protocols and then coordinate their implementation. The Town will provide supplies, signage, technical guidance and maintenance of documentation of the group's efforts. This program operates under the auspices of the Water Quality Forum, a consortium of agencies, organizations, schools, businesses and citizens working to protect and restore our regional waterways.

For more information or to sign up for Adopt A Mile and Adopt A Greenway contact Bryson Keith at 865-218-3376 or bkeith@townoffarragut.org. To inquire about Adopt-A-Stream, contact Lori Saal at lsaal@townoffarragut.org. Both can be reached at 865-966-7057.

Music

From page 1

Tennessee. Families are invited to bring lawn chairs or blankets and enjoy this new free event.

Be sure to follow Visit Farragut on Facebook and Instagram for more information on these musical events. See VisitFarragut.org for info about shopping, dining and other opportunities for fun.



Athletic field availability at Farragut parks

All natural turf athletic fields at Anchor, Mayor Bob Leonard and McFee Parks will open Tuesday, March 1. For those athletic clubs that were not able to meet the field allocation deadline, a limited amount of field space may be available on a pre-pay basis.

Athletic club representatives may contact the Parks & Recreation Department regarding pre-pay field use beginning at 8 a.m. Tuesday, Feb. 15.

Use of all Town of Farragut athletic fields requires proof of liability insurance and

other paperwork provided by the Town. For more information, call the Parks & Recreation office at 865-218-3376 or AthleticFieldReservations@townoffarragut.org.

Enjoy Farragut parks with your pup, but be responsible

The Farragut parks and greenways provide the perfect venue for healthy lifestyles for both you and your furry friend. It is important for dog owners to follow Farragut regulations and practice good etiquette so all can feel safe and enjoy the Town's outdoor amenities.

We ask all owners to pick up after their pets. By keeping our parks and greenways clean, you help everyone enjoy them without any unpleasant surprises. All Farragut parks and greenways have pet stations with pet waste bags and most stations have trash cans. Please pick up pet waste and dispose of it in a sanitary manner.

Remember, no dogs are allowed on athletic fields or on the McFee Park splash pad. Pets must be on a leash whenever they are off the property of the owner.

Currently, the closest dog



park is at Concord Park, a Knox County property located at

10909 Northshore Drive. It offers water fountains for pets, a

dock with access to the lake and walking trails.

Farragut elections scheduled for August 2022

Three seats on the non-partisan Farragut Board of Mayor and Aldermen will be up for election in August of 2022. The seats currently held by Ward 1 Alderman Scott Meyer and Ward 2 Alderman Ron Pinchok, as well as the office of mayor, currently held by Ron Williams, will be on

the ballot. Pinchok is term-limited.

Ward 1 is comprised of residents on the north side of Kingston Pike and Ward 2 is comprised of residents on the south side of Kingston Pike.

To be eligible for the office of alderman, a person must be a registered voter and have re-

sided in the ward for at least one year before the election. Mayoral candidates can reside in either ward. The petition deadline is noon on Thursday, Feb. 17, at the offices of the Knox County Election Commission. Withdrawals must be made by Thursday, Feb. 24.

Voters in the Town of Far-

ragut municipal election must be registered with the Knox County Election Commission by Monday, April 4, and reside in Farragut. For more information about voter registration, visit knoxcounty.org/election or contact the Knox County Election Commission at 865-215-2480.

Town facility reservations available year-round

As temperatures get colder, it can be difficult to think about making next year's outdoor plans. But if you would like to have a birthday party or gathering at a park pavilion, now is the time to make those reservations as these spots fill up quickly. Pavilions may be reserved by calling Arleen Higginbotham at 865-218-3375 or by registering online at townoffarragut.org/register. Pavilions may also be used on a first come, first served basis if they have not been reserved.

The Mayor Ralph McGill Plaza at Campbell Station Inn is available for event rentals. Rentals include the use of the two grass areas, parking lot, and the sidewalk areas internal to the plaza. Rentals must be made at least 30 days in advance and may be made up to 12 months in advance. If you are interested in hosting your event at the Mayor Ralph McGill Plaza at the Campbell Station Inn, contact Bryson Keith at 865-218-3376 or bkeith@townoffarragut.org.



Farragut spring adult volleyball leagues

Registration for spring sand volleyball leagues has begun and has an absolute deadline of Thursday, March 31. The volleyball leagues are coed and for participants 18 and older. The cost is \$175 per team; payment must be received at the time of registration. This session will consist of seven regular-season matches plus a post-season double elimination tournament for all levels of play. All leagues are played in the evenings at Mayor Bob Leonard Park on

Watt Road.

- Spring recreational league (six players) – Each team must play with at least two women on the court at all times.
 - o Games will be played on Monday evenings beginning April 4.

- Spring intermediate league (six players) – This league is for players who are developing their competitive sand volleyball game. Players may have indoor experience and general knowl-

edge of sand volleyball rules and plays. Each team must play with at least two women on the court at all times.

- o Games will be played on Thursday evenings beginning April 7.

For more information or to register, call the Farragut Parks & Recreation office at 865-218-3376, register online at townoffarragut.org/register or visit the Parks & Recreation office at the Farragut Community Center.