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pulse.

MAY 2024 | VOL. 3 | Issue 2

MAGAZINE





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MAY 2024 ISSUE



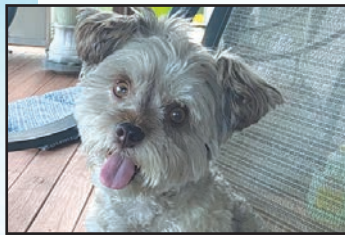
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Tellico Village Pickleball Club teaches local Special Olympians



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Many homebuyers are eyeing lakefront properties



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Phone: 865-675-6397 **News Fax:** 865-675-1675 **Advertising Fax:** 865-675-6776

Advertising email: cwaggoner@farragutpress.com **Website:** www.farragutpress.com

farragutpress is published weekly at 11863 Kingston Pike Farragut, TN 37934



It's the most wonderful time of the year . . . in the Village

The dog days of summer are knocking on the door and it's the season where Tellico Village offers something for all its residents.

In this edition we hope you find some informations to make the best of your summer as well as a few interesting things to read. We have also highlighted some of the most adorable pets this quarter!

From the course to the pontoon, a delicious restaurant to a marina, or just a scenic Mountain view walk or drive, the staff here at Tellico Village Pulse and farragutpress hope that you have the most enjoyable summer.

Keep the Pulse Going,

Charlene Waggoner

Charlene Waggoner, Advertising Manager



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Tellico Village Contacts

Tellico Village Main Numbers

| | |
|---|---------------------------------|
| TV Property Owners Association (POA)..... | (865) 458-5408 |
| TV Homeowners Association (HOA) | (865) 657-1405 |
| TV Townhouse Association..... | (865) 657-3044 |
| TV Network..... | (865) 657-6278 |
| TV Public Library | (865) 458-5199 |
| TV Welcome Center | (865) 458-7061 |
| TV Phone Directory | amanda.kimbrell@news-herald.net |
| | (send email for updates) |
| Public Works Department..... | (865) 458-4522 |
| STAYinTV Requests..... | (865) 458-7084 |
| The Neighborhood Assisted Living | (865) 408-0211 |
| Premier Residences | (865) 408-4583 |
| Our Place Adult Day Center | (865) 657-7222 |
| Yacht Club | (865) 458-4363 |

Tellico Village Recreation Centers

| | |
|--------------------------------|---------------------------------|
| Chelsea Golf Reservations..... | tellico.chelseareservations.com |
| Chota Recreation Center..... | (865) 458-6779 |
| Kahite Activity Center | (423) 884-6353 |
| Kahite Pro Shop..... | (423) 884-6108 |
| Tanasi Pro Shop..... | (865) 458-4707 |
| Toqua Pro Shop..... | (865) 458-6546 |
| Wellness Center..... | (865) 458-7070 |

Tellico Village Area Restaurants

| | |
|-----------------------------------|----------------|
| Blue Heron at the Yacht Club..... | (865) 458-4363 |
| Kahite Pub and Grill | (423) 884-2159 |
| Little Italy | (865) 657-6224 |
| Lorenzo's Mexican Grill..... | (865) 458-4655 |
| Tanasi Bar and Grill..... | (865) 458-9392 |
| Thai Bistro | (865) 657-6440 |
| Toqua Cafe..... | (865) 458-1330 |
| Subway at Marathon..... | (865) 458-8011 |

EMERGENCY INFORMATION

Law Enforcement - Dial 911 for an Emergency

| | |
|--|----------------|
| Loudon County Sheriff's Office..... | (865) 986-4823 |
| Monroe County Sheriff's Office..... | (423) 442-3911 |
| Loudon Local security, non-emergency (solicitors, hunting on common property, etc.) | (865) 458-9081 |
| Citizens Observer Patrol (COPs)..... | (865) 458-5193 |
| Monroe County Sheriff's Office..... | (423) 442-4357 |
| Monroe Local security, non-emergency (solicitors, hunting on common property, etc.) | (423) 442-3911 |

Boater Rescue

| | |
|---|----------------|
| Tellico Boaters Assistance Response (T-Bart) | |
| Dial 911 and the dispatch will contact Tbart..... | 911 |
| Towboatus Fortloundon Tellico Wattsbar | (865) 414-1626 |
| Boat Police Region 4..... | (865) 322-0900 |

Fire Departments

| | |
|--|----------------|
| Tellico Village Volunteer Fire Department..... | (865) 458-5733 |
| Hopewell Volunteer Fire Department..... | (423) 442-2074 |

Hospitals

| | |
|---|----------------|
| Fort Loudoun Medical Center | (865) 271-6000 |
| 550 Fort Loudoun Medical Center Drive, Lenoir City, TN 37772 | |
| Parkwest Medical Center..... | (865) 373-1000 |
| 9352 Park West Blvd., Knoxville, TN 37923 | |
| Turkey Creek Medical Center | (865) 218-7011 |
| 10820 Parkside Drive, Knoxville, TN 37934 | |
| Fort Sanders Regional Medical Center | (865) 541-1111 |
| 1901 Clinch Avenue, Knoxville, TN 37919 | |
| Physicans Regional Medical Center | (865) 545-8000 |
| 900 E. Oak Hill Avenue, Knoxville, TN 37917 | |
| Tennova Riverside | (865) 632-5011 |
| 137 Blount Avenue, Knoxville, TN 37920 | |
| The University of Tennessee Medical Center | (865) 305-9000 |
| 1924 Alcoa Highway, Knoxville, TN | |
| Sweetwater Hospital..... | (865) 213-8200 |
| 304 Wright Street, Sweetwater, TN | |
| Blount Memorial Hospital..... | (865) 983-7211 |
| 907 East Lamar Alexander Parkway, Maryville, TN | |
| NHC Farragut, 120 Cavett Hill Lane, Knoxville, TN | (865) 777-4000 |
| Blount Memorial Occupational Health Center at Tellico West 110 Deer Crossing, Vonore, TN | (423) 884-1921 |

Churches

| | |
|--|----------------|
| Community Church at Tellico Village..... | (865) 458-1516 |
| 130 Chota Center, Loudon, TN 37774 | |
| www.tellicochurch.com | |
| First Baptist Church of Tellico Village..... | (865) 408-0110 |
| 205 Chota Road, Loudon, TN 37774 | |
| www.fbctellicovillage.org | |
| Shepherd of the Lake Lutheran Church..... | (865) 816-4756 |
| 143 Chota Center, Loudon, TN 37774 | |
| shepherdofthelaketn.org | |



A special opportunity for our local Special Olympians

In support of one of the newest Special Olympics sports, the Tellico Village Pickleball Club recently partnered with the organization’s Fort Loudoun chapter to teach local athletes the art of pickleball.

The training event was held April 25 at the Tellico Village Wellness Center, providing 15 Special Olympians from Loudoun and Monroe counties with a basic introduction to the sport in a fun and uplifting way.

“It was a blast to watch the glee they had playing pickleball ...”

~ **Gordon Young,**
*Outreach Director
 Tellico Village
 Pickleball Club*

Tellico Village Pickleball Club Outreach Director Gordon Young said the session kicked off with a warm-up dance, led by event coordinator Laurie Dowe, to help get all athletes and trainers energized and prepared for the day. A “paddle tunnel” was also formed, further adding to the atmosphere of excitement.

“When you’re a sports team, you come running out of the tunnel and smoke, so all our instructors lined up and made a tunnel for the Special Olympians to run through and we held our paddles up to form the roofline,” said Young, who spearheaded the event with club president Gary Sawicki and vice president Bruce LaCour.

Once everyone was pumped up and ready to play pickleball, Young said that, to get a better idea of each individual’s skill sets, quick assessments were then conducted before breaking the athletes into smaller groups.

“Because every individual faces a different challenge, we tried to segregate the participants based on skill level so that nobody felt out of place,” he said.

Participants were then introduced to the pickleball and the paddle.

“We got our participants basically learning what a paddle



is and getting a sense of the pickleball and that it bounces very differently than a tennis ball or a baseball,” explained Young. “Then we did some demonstrations on how to do some soft hits back and forth to get used to hand-eye coordination.”

After the demonstrations, the Special Olympians had the opportunity to apply their new learnings on the court. Young said participants initially worked on tossing and catching the pickleball, then moved on to using the paddle. Much progress was made in only the first hour.

“They were beginning to hit the ball further and more accurately, and they were learning to move their feet to get in position to hit a ball that is coming at them,” he said.

And by the end of the day, everyone was all smiles.

“It was a blast to watch the glee they had playing pickleball and see their positive attitude... I think we learned as much from them as we taught them – maybe more,” said Young, adding that all participants received a gold medal and a paddle with their name on it. “It was just a joyful and wonderful time.”

With the training session being such a great success, Young said the club plans to host similar events in the future.

“We are already in discussion about expanding this to the greater Knoxville area,” he said.

Giving back to the community

For the Tellico Village Pickleball Club, giving back to the community is just as important as actually playing the sport.

“We get a tremendous joy out of doing it, which is more than enough payback for the time and effort that we put out to do it,” Young said.

In fact, for the last two years, the club has worked with elementary schools throughout Loudon County to teach pickleball as part of their physical education programs. They’ve also supported numerous local charities, including Our Place Adult Day Center and the Timeless Tellico Foundation, through the club’s annual open tournament fundraiser.

This year, Young said, the club chose to partner with the Special Olympics Fort Loudoun Region, ultimately leading to the inception of the recent training session.

“When we met with them, we just kind of fell in love with them truthfully,” he said. “And now that the Special Olympics have added pickleball as a Special Olympic event, it just made sense.”

Although donations are still coming in, the tournament, which took place April 26-28, is expected to have raised about \$35,000, Young said. Half of the proceeds will benefit the Special Olympics Fort Loudoun Region, while the leftover funds will be used to help cover the pickleball club’s outreach expenses.

“For the schools, we bought nets, paddles and balls, and we bought paddles for all the Special Olympians and we will also provide them with facilities down the road,” he said. “So we use the money that’s leftover so that we can do our outreach programs.”

Since 2022, the Tellico Village Pickleball Club has provided more than \$100,000 to local charities through tournaments and related events. For more information about the club, visit tvpbc-gameon.org.



Breakthrough Laser Neuropathy Treatment

If You're Suffering With Peripheral Neuropathy There Are Exciting New Solutions

Maryville Tn-The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta, and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.

The main problem is that your doctor has told you to just live with the problem or try the drugs which you don't like taking because they make you feel uncomfortable. There is now a facility right here in Maryville that offers you hope without taking those endless drugs with serious side effects. (see the special neuropathy severity examination at the end of this article)

combine this when medically necessary with Class 4 laser therapy to decrease pain and accelerate nerve healing.

The amount of treatment needed to allow the nerves to fully recover varies from person to person and can only be determined after a detailed neurological and Sensory Evaluation. As long as you have not sustained at least 85% nerve damage there is hope!

Dr. Douglas Sanford DC at Maryville Spine and Laser will do a neuropathy severity examination to determine the extent of the nerve damage for only \$57. This neuropathy severity examination will consist of a detailed sensory evaluation, Treatment if you are a candidate for this type of therapy ,and a detailed analysis of

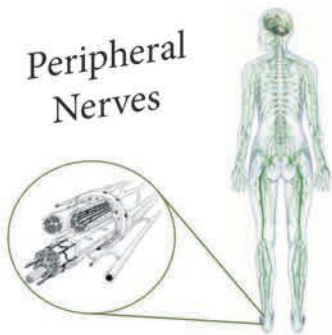


Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling, and the most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

As you can see in Figure 2, as the blood vessels that surround the nerves become diseased they shrivel up which causes the nerves to not get the nutrients to continue to survive. When these nerves begin to "die" they cause you to have balance problems, pain, numbness, tingling, burning, and many additional symptoms.

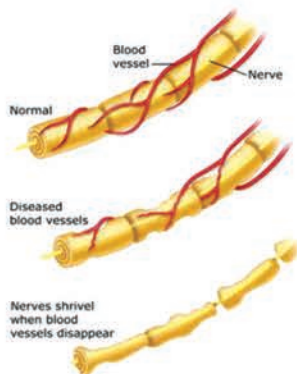


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined.

- 1) What is the underlying cause?
- 2) How Much Nerve Damage Has Been Sustained.



Figure 3: Class 4 laser therapy that helps fight neuropathy pain

NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.

- 3) How much treatment will your condition require?

The treatment that is provided at Maryville Spine and Laser has three main goals:

- 1) Increase blood flow
- 2) Stimulate small fiber nerves
- 3) Decrease brain-based pain.

The treatment to increase blood flow utilizes a specialized infrared light therapy using light emitting diode technology. This technology was originally developed by NASA to assist in increasing blood flow.

The low level light therapy is like watering a plant. The light therapy will allow the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair. It's like adding water to a plant and seeing the roots grow deeper and deeper. We

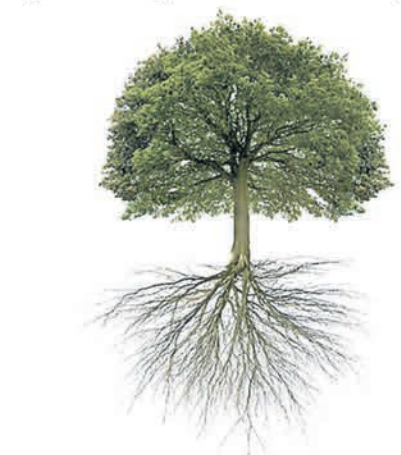


Figure 4: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.

the findings of your neuropathy.

Dr. Sanford will be offering this neuropathy severity examination from now until Friday June 14th.

Call 865-466-6500, option 1 to make an appointment with Dr. Sanford to determine if your peripheral neuropathy can be treated.

We are located Behind Maryville Pediatrics, Please park in the Waterfront restaurant parking lot, It has handicap access. Come up the steps or ramp and we are the 4th suite on the Left.

Blount Medical Complex
1131 East Lamar Alexander Parkway
865-466-6500 Option 1



The Allure, the Investment

Lakefront Property

Thanks to its natural beauty and lack of income tax, the Volunteer State has proven to be a popular destination for out-of-state transplants. In fact, Julie Carter, a realtor at Crye-Leike Real Estate Services in Tellico Village, said Tennessee has a 60% inbound moving rate – one of the highest in the country.

“What used to be a well-kept secret, is no more,” she said.

Carter attributes this influx of new residents to the quarantined days of 2020, which caused many people to get out of their homes and start enjoying the outdoors more.

“During COVID, families and couples were looking for an escape and began an outdoor journey that has continued well after the pandemic,” she explained. “I think everyone started looking at life differently, ventured outdoors and is loving every moment.”

And with Great Smoky Mountains National Park in our own backyard, Tennessee certainly has much to offer for those seeking outdoor adventures. In addition to the mountains, the state also has an abundance of lakes, rivers, streams and waterfalls. So much so that Tennessee’s name is said to have derived from the Cherokee word “Tanas-i,” an adaptation of a Yuchi term that translates to “where the water meets.”

“When you think of Tennessee most think of mountains; however, Tennessee has an incredible number of waterways,” noted Carter. “Combined, the state has about half a million acres of lakes and 50,000 miles of streams and rivers.”

East Tennessee, specifically, is home to several picturesque waterways, including Norris Lake and Tellico Lake, which has been ranked as America’s third best boating area by Boating Life Magazine. As a result, Carter says many homebuyers are eyeing lakefront properties, a trend that will likely continue throughout the state in the coming years.

“The desire and wanderlust for this way of life has not subsided,” she said. “Tennessee offers less restrictions topped with beautiful scenery, modestly priced homes and a sense of community where you can sit back, relax and have fun.”

Purchasing a home on the water is also a strong investment, as these properties typically hold their value due to high demand.

“Lakefront property is different than any other real estate and a home with a view is always a great investment,” she said. “There are only so many available and you can expect great returns the longer you hold on to them.”

“Lakefront property is different than any other real estate and a home with a view is always a great investment,”

~ Julie Carter, realtor
Crye-Leike Real Estate Services

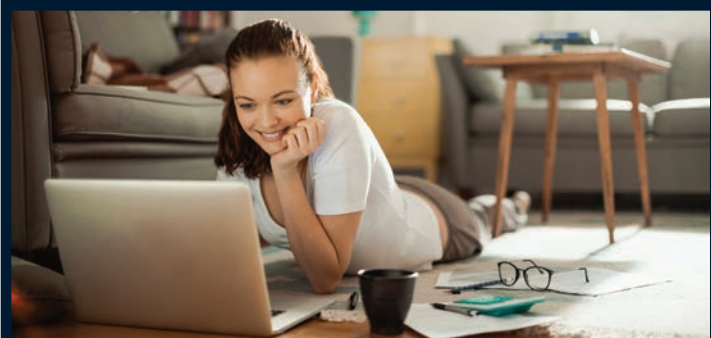


Additionally, owning a waterfront home provides the opportunity to further enhance this investment potential by turning the property into a vacation rental. However, prior to purchasing a lake house, Carter says practicing due diligence is essential.

“Don’t get swept away from the allure of lakefront living... Have surveys, elevation certifications, water quality tests, check for wetland delineations, which can complicate building, and do inspections,” she said. “The last thing you want to find out is whether you have a sinkhole on your property or build site.”

For those looking to sell their lakefront property, Carter recommends thoroughly interviewing different realtors to ensure you find an honest and reputable agent with experience selling waterfront homes.

“You are trusting a realtor with your most prized and valuable investment and it’s personal,” she said. “Myself and our agents at Crye-Leike in Tellico Village are knowledgeable of the ins and outs of lakefront living. We can help navigate and ensure a seamless process of staging, showings, and contract to close.”



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Sloan's

The family owned store with a long legacy

The Sloan's legacy dates back to the end of the Civil War, when William Henderson Sloan, a Union soldier, returned home and built a general store in the Ball Play area of Monroe County. In 1901, his son, Key Anderson Sloan, then purchased the family's homeplace and opened his own store in Gudger.



While the store underwent various relocations over the years, the Sloan's name has remained a staple throughout the local community for generations. The family-owned business has also successfully expanded into surrounding counties, with stores now in Madisonville, Vonore, Loudon and Etowah.

Although Sloan's generally specializes in hardware supplies, each of these locations offer their own unique array of items. For example, Sloan's of Vonore, 107 Highway 360, features a deli, grocery store, a Shell service station and a sporting goods store, while Sloan's Center Hardware in Madisonville, 4500 Highway 411, provides plumbing and electrical items, farm supplies and Benjamin Moore paints.

Sloan's of Etowah, 1217 Highway 411 North, offers lawn and garden care products, hunting and fishing supplies, home

heaters and pool equipment. And in Tellico Village, the store, located at 200 Mialaquo Center, features a large lawn and garden center, lumber department, home improvement items and Benjamin Moore paints. A post office and contractor center are also on-site.

However, at every Sloan's location, customers can expect the same stellar experience.

"Our specialty is customer service," noted Whitney Sloan Grubb, who helps run the family business. "We love our customers, and we love helping them with their hardware, lawn and garden, paint, building, remodeling, and mailing needs."

For more information about Sloan's Hometown Hardware, visit sloanshardware.com.

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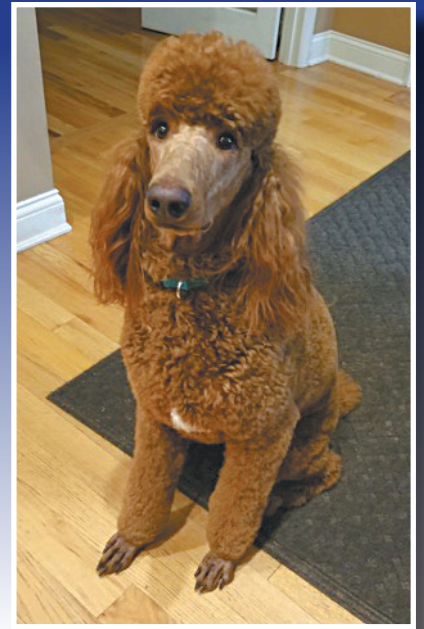
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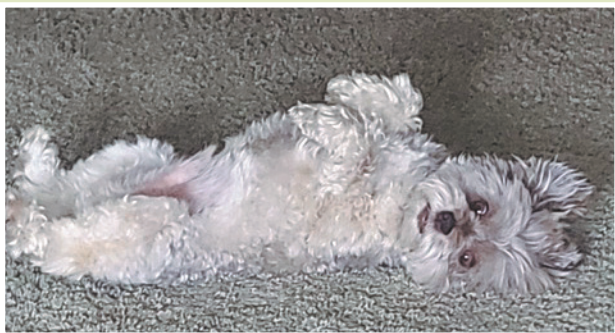
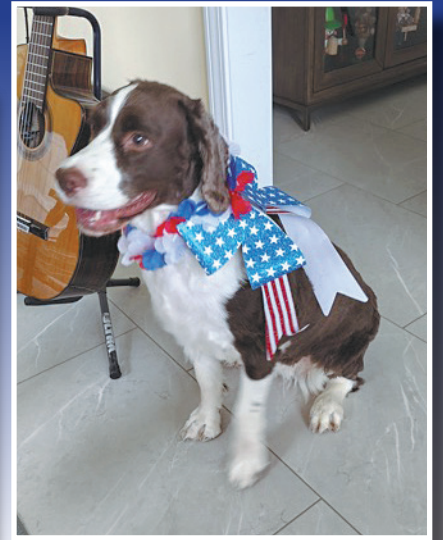


TELLICO VILLAGE

pets

Thank you to all the local pet parents who contributed photos of their precious pets!





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“Run for the Roses”

The Loudon County Chamber of Commerce held its annual gala May 4 at the Tennessee National Golf Club. This year’s theme – dubbed “Run for the Roses” – enabled members of the community to don their finest Kentucky Derby-inspired attire in celebration of one of the most prestigious horse races in the world.

“The annual Loudon County Chamber of Commerce Gala is the premier event for our membership and this year’s Kentucky Derby theme was an overwhelming success,” said Brett Hurst, the Chamber’s current chairman.

In light of the theme, Stephanie McDaniel was recognized with the Best Hat Award, while Julie Carter, of Crye-Leike Real Estate Services, and Mike King, of Save A Heart, were named Best Dressed.

The Chamber also presented its Nonprofit of the Year Award to Our Place Adult Day Center, an organization that’s dedicated to improving the quality of life for senior adults living with dementia-related diseases in Loudon and Monroe counties.

“We were excited to be able to name Our Place Adult Day Center as the Loudon County Nonprofit of the Year,” said Hurst, noting that a \$2,500 check was given to the organization to assist with their mission. “Giving back to the membership is a priority for the Chamber leadership and we will strive to continue to increase ways to do so.”

The awarded funds will be used to expand the organization’s outreach efforts throughout Loudon County, according to Our Place Chairman Rob McCoy.

“We opened our doors just two years ago, and this is the first community award we have received and we are very excited about it,” McCoy said.



Above:
Best Dressed:
Julie Carter – Crye-Leike Realtors and Mike King – Save A Heart



Left:
Loudon County Chamber of Commerce Board Chairman – Brett Hurst, SouthEast Bank and Best Hat Winner – Stephanie McDaniel

OUR PLACE

Our Place Adult Day Center opened its doors in 2022, filling the need for a facility that focuses on serving adults with Alzheimer's and other forms of dementia in Loudon and Monroe counties.

Rob McCoy, the organization's chairman, said the idea for Our Place first came about in 2019, when a group of community volunteers recognized the area's lack of programs and resources for those living with the disease.

"There was no facility of its kind in the area – the closest ones were in Oak Ridge and Knoxville," he said, noting that local organizations and churches soon joined together to take action. "Just before COVID, a purpose-built building was built and we opened our doors to our first two participants in March 2022."

Now, two years later, the facility serves about 10 to 12 participants each day, providing an array of interactive and stimulatory activities, such as music, art, crafts and pet therapy. McCoy said the center also recently completed an expansion that will enable staff to comfortably assist up to 16 participants per day.

"It's clear we are indeed addressing a great need in Loudon and Monroe counties," he said.

For their faithful efforts in filling this need, Our Place was named Loudon County's Nonprofit of the Year during the Loudon County Chamber of Commerce's annual gala on May 4.

As a largely volunteer-based organization, McCoy said the facility's board of directors and staff were "incredibly excited" to receive their first community award.

"Our board consists of all volunteers who dedicate an amazing amount of time and energy to ensure our staff has all the resources to provide the best possible care to our participants and their loved ones, and to have our work recognized by the Loudon County Chamber is very special," he said. "There are so many worthy and well run nonprofits in our community and to be selected is truly an honor and gives us a tremendous sense of pride."

McCoy added that the \$2,500 cash award will be used to provide scholarship funds and expand education and caregiver support groups throughout Loudon County.

"We greatly appreciate the support and enthusiasm we have received from the community and awards like this one further encourages us to do more," he said. "Dementia disease presents innumerable challenges to families and it's our goal to be there to help as best we can."

Our Place Adult Day Center is currently accepting new participants. For more information, contact Executive Director Sarah Martin at 865-657-7222 or visit ourplacetn.org.



2024 Loudon County Chamber of Commerce Non-Profit of the Year
Brett Hurst, SouthEast Bank
Sarah Martin, Our Place Adult Day Center

Selecting a Medical Provider

While selecting a medical provider can be daunting, careful consideration is crucial, as the decision directly impacts your health care treatments and overall quality of life. Fortunately, the internet has eased this process, offering online reviews and first-hand accounts that provide valuable insights into what potential patients can expect from a particular provider.

In fact, according to Reputation, a business-to-business online reputation management and customer experience management company, 70% of consumers rely on patient reviews when selecting a health care location or provider.

The company's 2022 Healthcare Trends Report, which was conducted in partnership with the international market research firm YouGov, also revealed that 72 percent of consumers will only choose a doctor with 4- or 5-star ratings.

On top of this, the number of reviews plays a large role in many consumers' health care decisions, with 80% of respondents saying that at least five positive reviews are needed to prove a health care provider is trustworthy. 64% of responders noted that they believed health care providers should actively and public respond to patient reviews, as well.

"For decades, patients had incredibly close relationships with their doctors and for many, this bond spanned years and even generations. The days of brand loyalty are gone, especially as the pandemic continues, and we continue to see rapid change in care delivery models as well as consumer expectations," Annie Hafner Haarmann, Head of Strategy and Consulting, Healthcare and Life Sciences at Reputation, said in the press release. "This is the same shift we have seen in other industries, where it's become common to read reviews before buying a new product or review a restaurant's menu before making a reservation. Healthcare consumers are using this information to make decisions about the services and providers that are the right fit for them."

Tips for choosing a doctor

Like the survey respondents, the Office of Disease Prevention and Health Promotion (ODPHP) says that finding a health care provider you can trust is essential. This is because your doctor will be who you turn to for preventative services, physical and mental health treatments, and referrals to other health specialists.

As a result, to ensure you and your provider can truly work together to better your health, ODPHP empha-

sizes looking for a doctor that treats you with respect, values your opinions and concerns, and fosters a collaborative partnership in which you are encouraged to ask any questions you may have. It's also important that your doctor strives to explain complicated health terms in a way that you can easily understand.

In addition to reading online reviews, ODPHP suggests asking family and friends about their current providers or if they know other doctors that might be a better fit for your specific circumstances.

It's also a good idea to check with your health insurance company, as you may need to choose from a list of certain doctor's in your plan's network. However, some plans may allow you to see a doctor outside your network for a higher cost. After finding which doctors take your insurance, you will then need to call the providers' offices to confirm that they take your plan.





From there, you should narrow down your top choices, considering its location and how easy it will be to get there for in-person appointments. Then, call their offices to learn more about their services. ODPHP recommends asking these questions:

Are you taking new patients?

Is this a group practice? If so, who are the other doctors that might help care for me?

Who will see me if my doctor isn't available?

Does the doctor have experience treating my medical conditions?

Does the doctor have special training or certifications?
 Are weekend or virtual appointments available?
 What is the cancellation policy?
 How long will it take to get an appointment?
 How long do appointments usually last?
 Can I get lab work and x-rays done in the office?

After your first visit, you should then reflect on the experience, especially in terms of your comfort level during the appointment and if you felt heard and respected by the office staff. If you felt that you weren't valued as a patient, then you should likely keep looking.

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Farmers Markets

Spring is finally here, which means farmers markets throughout the area are ramping up for the 2024 season. And with numerous markets to choose from, there's no better way to welcome the warmer weather than by getting outside and supporting the local community.

Circle Farmers Market

8529 Rutledge Pike, Knoxville
Second Saturday 10 a.m. to 2 p.m.

Clinton Farmer's Market

245 N. Main St., Clinton
Thursdays: 9 a.m. to 1 p.m.

Dixie Lee Farmers' Market

12740 Kingston Pike, Knoxville
Saturdays 9 a.m. to 12 p.m.

Eastside Sunday Market

2020 Martin Luther King Jr. Ave., Knoxville
Sundays 1-4 p.m.

Ebenezer Road Farmers' Market

1001 Ebenezer Road, Knoxville
Tuesdays 3-6 p.m.

Greenback Farmers and Craft Market

6736 Morganton Road, Greenback
Tuesdays 10 a.m. to 1 p.m.
Second Saturday 8 a.m. to 1 p.m.
Last Friday 4-8 p.m.

Harriman Farmers Market

401 North Roane St., Harriman
Saturdays 8 a.m. to noon

Kingston Lakeside Farmers Market

203 Kentucky St., Kingston
Saturdays 8-11 a.m.

Madisonville Farmers & Makers Market

305 College St. N., Madisonville
Thursdays 4-7 p.m.

Market Square Farmers' Market

Historic Market Square, Knoxville
Wednesdays 10 a.m. to 1 p.m.
Saturdays 9 a.m. to 1 p.m.

Maryville Farmers' Market

2003 E. Broadway Ave., Maryville
Saturdays 8:30-11:30 a.m.

New Harvest Farmers' Market

4775 New Harvest Lane, Knoxville
Thursdays 3-6 p.m.

Oak Ridge Farmers' Market

281 Broadway Ave., Oak Ridge
Saturdays 8 a.m. to noon

Tellico Village Farmers' Market

202 Chota Road, Loudon
Wednesdays 9 a.m. to 12 p.m.

Wharf Street Farmer's Market

410 Wharf St., Loudon
Thursdays 4-7 p.m.



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Daniel, Natalya

— a Love Story —

Originally from Russia, Natalya Smith came to East Tennessee in 2007 through a summer cultural exchange program for college students. The program – Work and Travel USA – provided Russian university students with a 4-month visa and a job assignment, fully immersing participants in American culture.

Upon her arrival, however, Natalya quickly found herself without a job due to management changes at the Burger King she was assigned to.

“I was assigned to come to Pigeon Forge, but when I came, the Burger King manager who hired me wasn’t there anymore so there was no job for me,” noted Natalya. “That was really when I had to learn about life and figure out what I was going to do.”

Every day Natalya went down to the Burger King to persuade the new manager to hire her. After about two weeks, she was offered a position as a cashier. She also picked up a second job to help pay for the exchange program, working as a clothing consultant at Emma’s Place in Pigeon Forge.

Eventually, she left her Burger King job to work at a Mexican restaurant called No Way Jose’s. Little did she know that her role as a busgirl would ultimately change her life.

“During that time, I met a lady from my home country, and she had a boyfriend from the United States,” she said, adding that the couple introduced her to a man named Daniel. “That’s how I met my husband.”

‘Supernaturally connected’

Unfortunately, the four-month program soon came to an end and Natalya had to pack up for Russia, though she desperately wanted to stay.

“I wanted freedom and liberty, but I wanted to do it right,” she explained. “Plus, my parents were waiting for me and I didn’t want to make any moves that would hurt my family.”

So, Natalya went home to finish her physics degree. This time was filled with uncertainty, as well as an incessant longing for her “other half.”

“I wasn’t whole anymore,” Natalya said. “I knew that Daniel and I were going to be together, but there were times that we were questioning if it was supposed to be this way.”

After spending a year in Russia, Natalya returned to the United States and married Daniel on Nov. 1, 2008.

“He said he had been waiting for me and that when he met me, he knew that I was the one he was going to be with,” said Natalya. “So it happened quickly because we both just knew we were soulmates and meant to be together... We were just supernaturally connected to each other.”

Natalya says the fact that she and Daniel shared similar values and priorities helped them make it through the year apart.

“I think we were meant to be together and we both wanted to make it work no matter what,” she said.

Even still, Natalya said, she often felt homesick for Russia. She also wanted Daniel to meet her family and learn more about her background.

“Daniel said he would leave everything and go back with me, which showed me how committed and faithful he is to me,” she said, noting that the couple did move to Russia for a short period. “I’m from Siberia, which is so cold, and he’s from the South, so it also allowed him to see why I am the way I am.”

Once Daniel’s visa expired, Natalya remained in Russia for about a year. During this difficult time, she said, she asked God to lead her to where the couple should live.

“Things started to go downhill, so I called Daniel and he told me to come home,” said Natalya.

Back in the United States, Natalya then enrolled in the University of Tennessee, receiving a bachelor’s degree in finance and international business. In 2021, she launched her own business – StatusGlo Cleaning.

“It was our new beginning,” Natalya said.



TELLICO VILLAGE HOA
events.

June • July • August 2024

**Fun in The Sun
Membership Picnic**

Monday, June 10 • 3 - 7 p.m.

Yacht Club at Tellico Village

Grilled food and all the fixins, live music by
California Dreamin, covered seating, cash bar

**Dining Out
at Iron Works Grille**

Thursday, June 20 • 5:30 p.m.

1641 Cherohala Skyway - Tellico Plains

\$10 placeholder fee to be returned at event

Jack Daniels Tour

Wednesday, July 10 • 8 a.m. - 6 p.m.

Tour the Jack Daniel's Distillery in Lynchburg, TN

Cost: \$70 (over 65) / \$77 (under 65-over 21)

ID required / must be 21.

Cost Includes: Roundtrip transportation,
Distillery Tour, \$1 Admin Fee

Gatlinburg Craftsmen's Fair

Monday, July 15 • 8 a.m. - 5 p.m.

Cost: \$37 per person

includes Bus Transportation
and Craft Fair Entry

Raft Offs

June 14, July 18, August 15

We need boat captains!

Captain and mate are free.

Cost per passenger: \$10

Hand and Foot Carry In

Every 3rd Tuesday • 5 - 8 p.m.

June 18, July 16, August 20

Chota Rec Center - Room A

Bring a small appetizer, snack or dessert to share,
as well as your own non-alcoholic beverage of
choice. Should have some experience playing
Hand & Foot.

Singo

Every 3rd Wednesday • 7 - 9 p.m.

June 19, July 17, August 21

Yacht Club at Tellico Village, Lower Level

No singing required. Just listen to the songs,
find the titles on your 'Singo' sheet and win prizes!

Bunco

Every 4th Wednesday • 2 - 4 p.m.

June 26, July 24, August 28

Yacht Club at Tellico Village, Lower Level

\$5 per person.

Supplies & snacks provided. Door prizes!

SAVE THE DATE:

Trivia Night

August 15

Wendel Werner's "Motown"

August 19

All HOA activity events require registration* through
www.TellicoLife.org.

**In order to register, you must be a member of the HOA. Not currently a Member?
You can sign up to become a member on www.TellicoLife.org as well.
Email bjfortune@hotmail.com if you have any questions*



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