

Issue 3 | Volume 4  
August-September 2024

PRSR STD  
US POSTAGE  
**PAID**  
EDDM  
Permit #109  
Knoxville, TN

ECRWSS  
RESIDENT

# Readers Choice Awards

Winners of 3rd annual contest announced

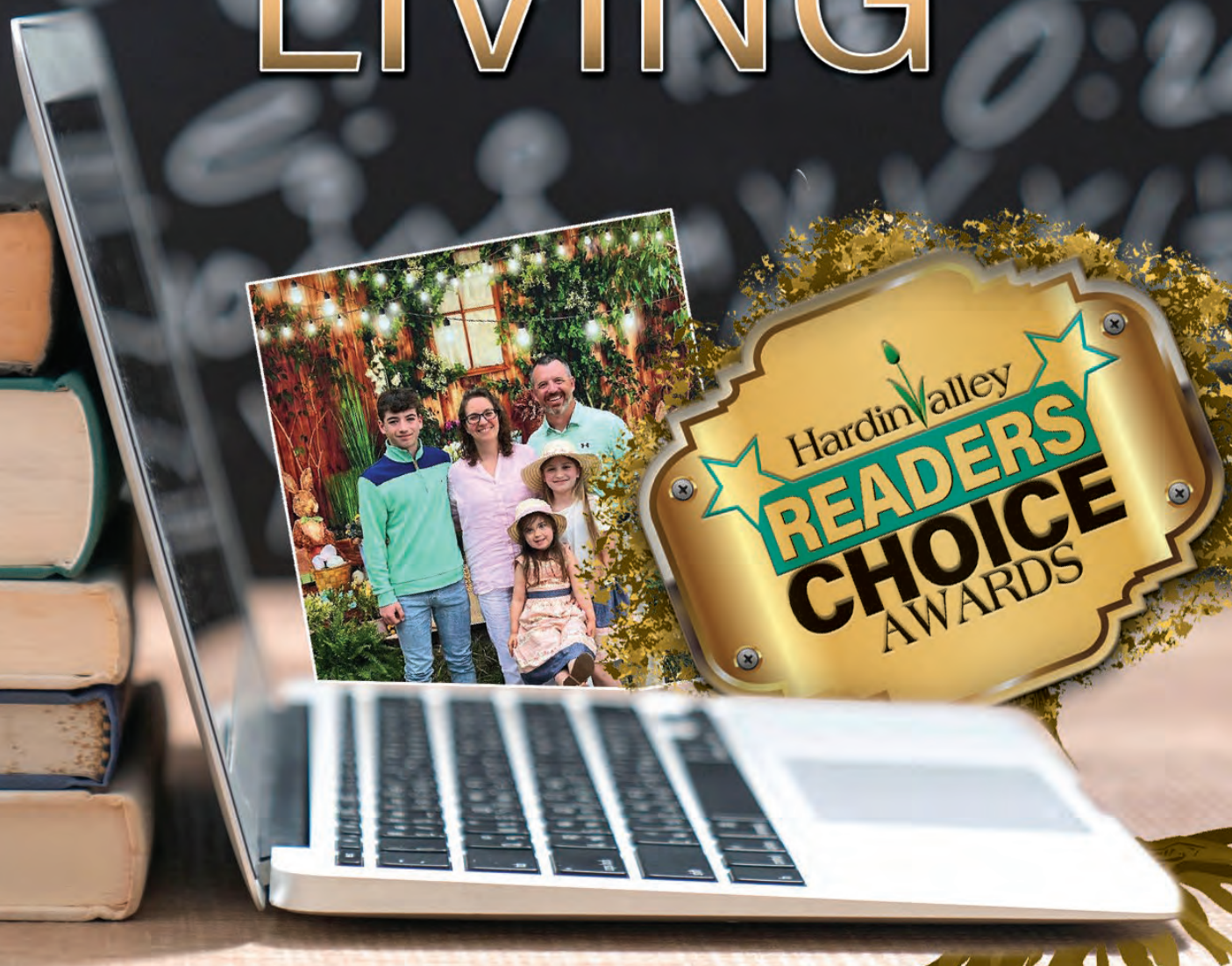
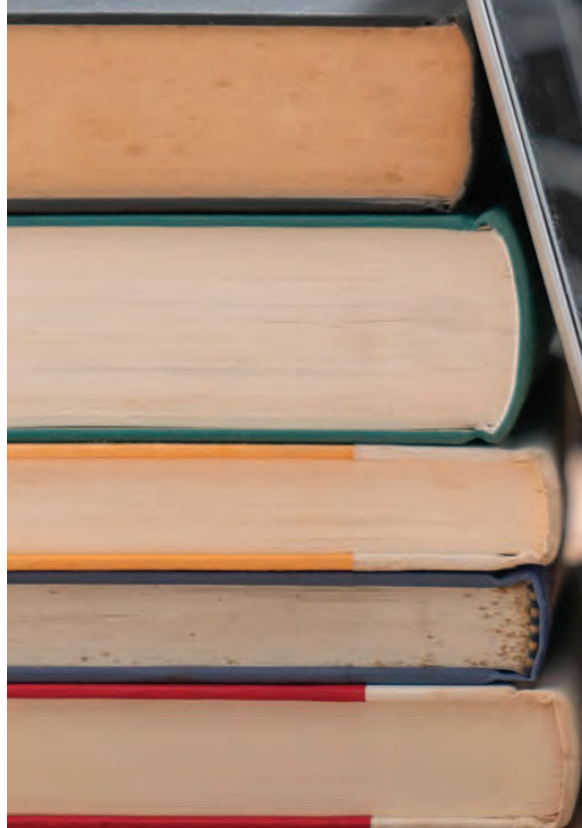
## Farmland to the lab

Hardin Valley fixture Hendrix recalls his life

## Back to School

New HVA principal;  
growth anticipated

# Hardin Valley LIVING



# Hello Beautiful

**Be Well Anti-Aging & Weight Loss Center is your NEW Healthy Weight, Wellness, Skin & Life Center!**



**PERSONALIZED SERVICE:**

- Full Body Composition Scanner
- Meal Plans & Nutritional Counseling
- Physical Fitness Education
- Semaglutide, Tirzepatide, Phentermine & Natural Weight Loss Alternatives
- Super Immune Boost Injections
- Pharmaceutical Grade Supplements
- Fat Burning and Metabolism Boosting Injections
- B-12 Injections
- Anti-Aging Services
- Botox / Xeomin
- Dermal Fillers such as Juvederm, Restylane, Radiesse, Versa and others
- Kybella / Deoxycholic Acid
- Chemical peels & Microneedling
- Latisse & Upneeq
- TSSAA Sport Physicals

**10% OFF**

**All Services & Products**

Not valid with any other offers, coupons or discounts. Must present coupon at time of service. New customers only. Call for appointment.



*Heather Whittemore*  
Board Certified Family Nurse Practitioner FNP-BC



**BE  
WELL**



**Anti-Aging & Weight Loss**

10918 Kingston Pike Knoxville, TN 37934  
[www.BeWellKnoxville.com](http://www.BeWellKnoxville.com) | 865-288-7100

Visit us online  
or call to  
schedule your  
appointment  
today & let us  
help you Be Well!



THE  
**VILLAGES**  
OF FARRAGUT

Life doesn't stop after retirement, why should your lifestyle?

Your next chapter is just beginning at  
The Villages of Farragut.

The home you need for the lifestyle you deserve.

**YOUR LIFE. YOUR WAY.**

230 Village Commons Blvd. • Farragut, TN 37934 • (865) 671-2500 • [TheVillagesFarragut.com](http://TheVillagesFarragut.com)



# Hardin Valley LIVING

*A Special Publication of farragutpress*



Farmland to the lab ..... p. 6  
*Billy Jack Hendrix, a fixture for most of his life in Hardin Valley*

Meditation to mindfulness ..... p. 8  
*Resetting your mind, body, soul with your breath: Vogel*

Readers Choice Awards ..... p. 10  
*Winners of the 3rd annual contest announced*

Friends join forces ..... p. 16  
*Smiley and Elmore partner to start Hardin Valley Suites*

Chews & Brews ..... p. 18  
*Orange Hat Brewery; The Valley's future Chick-fil-A*

Five lanes coming ..... p. 22  
*Improvements to Hardin Valley Road*

Renegar 'at bat' as new HVA principal ..... p. 24

Growth anticipated at HVA ..... p. 26

Kids Corner ..... p. 28  
*Find the Hawk contest, Valley's first ADA playground*



**farragutpress**

YOUR TENNESSEE PRESS ASSOCIATION AWARD WINNING NEWSPAPER

**Editor email:** editor@farragutpress.com **Website:** www.farragutpress.com

**Phone:** 865-675-6397 **News Fax:** 675-1675 **Advertising Fax:** 675-6776

farragutpress is published weekly at  
 11863 Kingston Pike Farragut, TN 37934

# A HISTORY Of SUCCESS In Hardin Valley



12619 Midland Pass St  
#1141353



11529 Boston Ivy  
#1211155



1338 Hillman Rd  
#1137939



11317 Snyder Rd  
#1221233



2639 Windjammer  
#1148197



2546 Brooke Willow  
#1223842



2008 Highlands Ridge  
#1155488



10410 Wellington Chase  
#1141150



1818 English Ivy  
#1141869



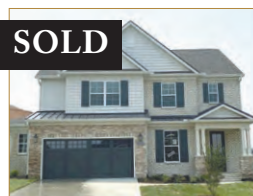
11043 Big Sky  
#1166662



1847 English Ivy  
#1133290



1854 English Ivy  
#1231983



11759 Boston Ivy  
#1146413



2542 Windjammer  
#1151914



1435 Armiger  
#1227787



1014 Wigmore  
#1163222



11300 Lancaster Ridge Dr.  
#1264829

Helping you from start to finish!

Contact me for all your buying and selling needs.

**Susan Calabrese**

Realty Executives Associates

10255 Kingston Pike

Knoxville, TN 37922

P: 865-591-9204

E: SusanCalabreseRealtor@gmail.com

www.susancalabreserealtor.com



# Farmland to the lab

By Brandon L. Jones

I first made Billy Jack Hendrix's acquaintance reporting on the Hardin Valley Breakfast Club in the last issue of Hardin Valley Living and wanted for this edition—since, according to the rest of the club's members, he's considered “the walking history book” — to pay him a visit on his home turf instead of Food City's to see what else of his life he'd care to share.

There at home, and willing, amidst the more rolling, green pastoral acreage off Hardin Valley's tree-lined winding back roads, Hendrix installed himself in his recliner in the corner of his living room, a large set of windows to his right overlooking the front yard of the remaining 25 acres of the once 400 to his family's name, away from the subdivisions and the newer money affiliated with the two lanes that most people associate with today's Hardin Valley.

On July 1, just about a half-mile from here 89 years ago — and about where the old grist mill his family bought around 1925 and operated — was where Hendrix was born, grew, played and worked until having his house here built back around 1965.

“Back then,” he said, “everything was farmland.” About his grandfather — though it applied to nearly any family back then — he ran cattle, raised his own crops and managed the mill until he passed away in the 1940s.

“Then that left the mill up to dad,” Hendrix said, which continued to allow folks from Anderson

County and points beyond to ferry and wagon over, bringing their own corn and wheat to grind for meal and store.

His dad, recognizing the innovations on the rise to assist the water-powered operation before he, too, passed, bought a John Deere power unit, Hendrix said, back in '46. “When the creek would get down low in the fall of the year,” he remembered, “why, he'd use his extra power to run the wheat mill, the rollers and everything, to make the flour,” stock-piling it for folks in 25- and 50-pound paper sacks.

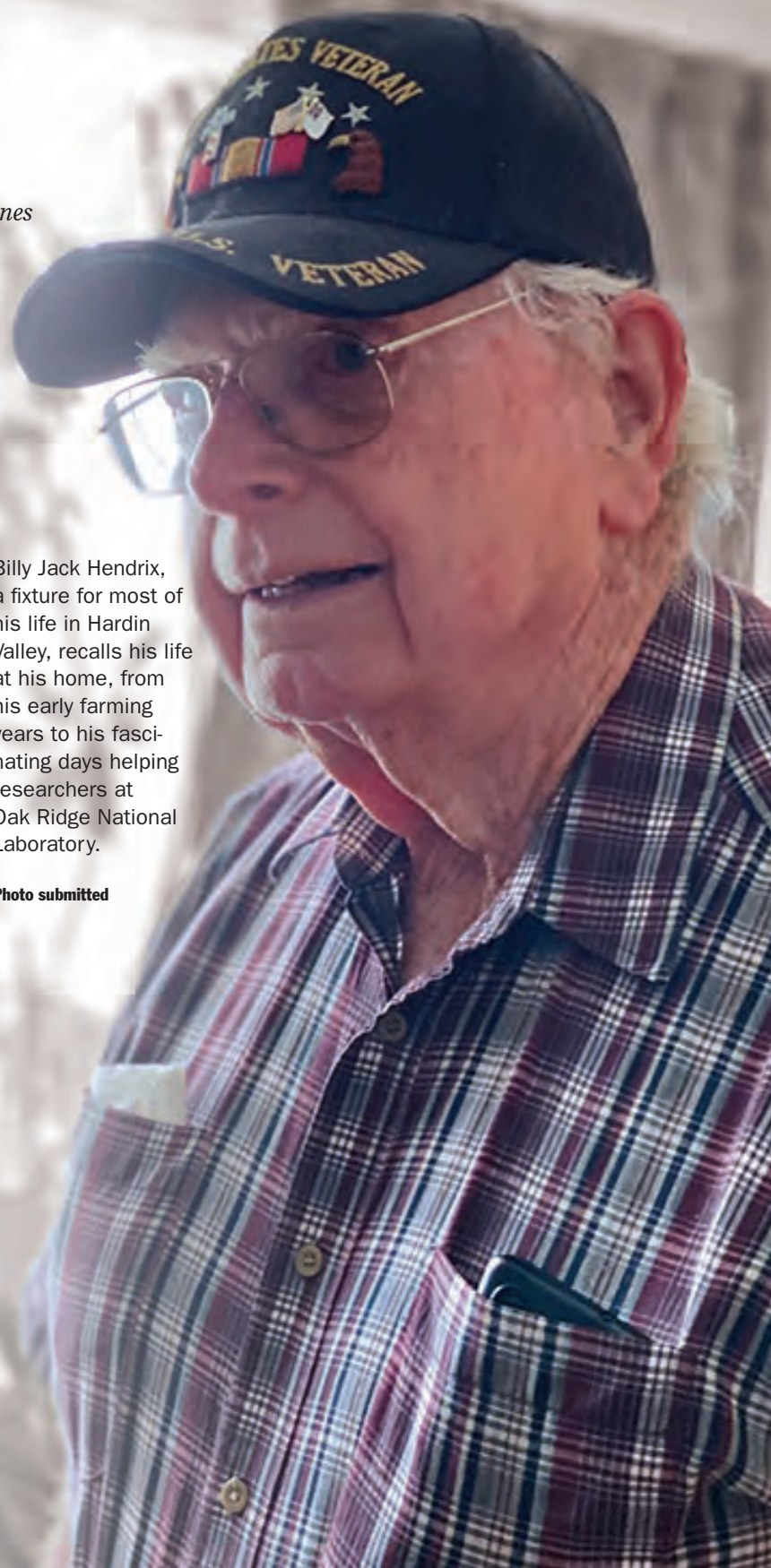
As the years ticked on, though, so did the distance between Hendrix and that life on the farm. But it wouldn't ever be too far away.

Drafted at age 22 on April 11, 1958, just under two weeks after getting married on March 29, he entered the Army and headed off to South Carolina, leaving both the state he'd never before left — and his bride — behind.

“There wasn't nothing I could do,” Hendrix said. But his bride, Barbara, “a worker if there ever was,” he reminisced, split her time between hers and Hendrix's family homes and whiled away her time helping on the farm until her groom could return. She died on Oct. 14, 2010.

Jumping about from his schooling at Aberdeen Proving Ground in Maryland as a fuel and electric repairman — working, he said, “on tanks and all big, heavy equipment that the Army had” — back to Hardin Valley when his grandmother died, Hendrix would be sent over to bounce around Germany.

He returned to get called, after actually getting out of the Army,



Billy Jack Hendrix, a fixture for most of his life in Hardin Valley, recalls his life at his home, from his early farming years to his fascinating days helping researchers at Oak Ridge National Laboratory.

Photo submitted

See HENDRIX on Page 27



# PEDIATRIC CLINIC

## Hardin Valley

2587 Willow Point Way • Knoxville

**(865) 824-1522**

## West@Huxley

125 Huxley Road • Knoxville

**(865) 518-0084**



Kristy Carter,  
MD, FAAP



Meghan Peters,  
MD, PharmD



Melissa Meyer,  
MD



Stephanie Russ-  
Barber, MD



Matthew Blair,  
MD



Jessica Cooper,  
FNP

[www.PediatricClinicKnoxville.com](http://www.PediatricClinicKnoxville.com)



## We service all Makes & Models

Specializing in Toyota, Lexus, Honda and Acura.

10635 Braden Dickey Ln.

Knoxville, TN 37932

Hours: Monday – Friday 7:30am – 5:30pm

**865-670-0787 • [www.protoyauto.com](http://www.protoyauto.com)**

## Hardin Valley's Original Auto Repair Facility



### PRO TOY is now an authorized used car dealer!

Let us help you find your next used Toyota or Lexus.

SHUTTLE SERVICE AVAILABLE. (See advisor for details)

**WHERE THE TRUTH IS ALWAYS FREE!**

# Let's perform an exercise before getting amongst things.

Take a few deep breaths and place either of your hands in front of your face, as though you've just counted to five, palm side facing you, fingers spread.

Now, take the index finger of your opposing hand and place its middle knuckle, on the pinkie side, at the wrist below your palm. Slowly inhale as you draw your finger up the side of your pinkie finger and gradually exhale as you trace down its other side; then continue up your ring finger, inhaling, and around and down on your exhale.

Following the same breathing pattern, continue tracing your middle and index fingers and thumb on down to the wrist with a final exhaled breath.

Now, snap back to life, refocus your eyes on your surroundings, and you'll hopefully find yourself more present in the moment, as it were.

All of the roughly 30 in attendance during a Hardin Valley Business & Community Alliance meeting performed this exercise at the behest of mental health therapist and life coach Caroline Vogel, guest speaker of the meeting June 19 at Hardin Valley Church of Christ.

Vogel, MS MDiv, according to her website, is a "spiritual director, nationally board certified life coach, Mindfulness Based Stress Reduction teacher and Breath, Body, Mind teacher" with a "great passion for accompanying clients to engage their wholeness so they can move forward in their lives in meaningful and life-giving ways,"... utilizing "meditation, mindfulness and breath with her clients."

An Episcopal priest to boot, born in Knoxville, Vogel loves the area as much as what she does. "I kept leaving and coming back," she said. "It's a great place to raise kids."

While traveling, writing and hiking in the Great Smoky Mountains National Park are among her passions, mindfulness, meditation and spiritual guidance, as well as overall well-being, are her core life concerns outside her family.

Coaching patients through the eight-week Mindfulness-Based Stress Reduction approach, it was created, she said, by Jon Kabat-Zinn, who earned his doctorate degree from Massachusetts Institute of Technology and was frustrated by patients seemingly falling through healthcare's cracks because doctors didn't quite know back then what to make of chronic pain complaints, nor how to relegate such complaints.

The results of his work took hold, and people in the field such as Vogel later began utilizing the technique to really start making headway in terms of helping people begin to relax, realize, focus, shift and maybe just start to heal.

“... go through most of our daily lives on automatic, without really staying awake to the present moment.”



## Meditation to Mindfulness

Resetting your mind, body, soul with your breath: Vogel

See **VOGEL** on Page 20



GriefShare®

## Grief Support Group

*Help and encouragement after the death of a loved one*

At a GriefShare group, you'll find understanding, guidance, relief, and a safe place to navigate the challenges of grief. Come join us!

Wednesdays 6 - 7:30pm, Aug 7 - Oct 30, 2024  
Start any time during the 13-week session.  
Hardin Valley Church of Christ, 865-824-3078  
11515 Hardin Valley Road  
hvcoc.org

[griefshare.org](http://griefshare.org)

# mint

MOMS IN NETWORK TOGETHER

Fall 2024  
**September 12**  
**October 3**  
**November 7**  
**December 5**



11515 Hardin Valley Road  
Knoxville, TN 37932  
865.824.3078



For more information on these and other events, including our online service each Sunday, scan the QR code above.

## SIGN LANGUAGE

### INTERPRETATION

8:45 Service & Livestream



Our **Kingdom Kids** program is headed by **Mandy Dunbar**, our **Children's Minister!**



We have a lot of things going on and we'd love to have you join us!

- Sunday School
- Children's Church Classes
- Wednesday Night Program for kids of all ages
- Dramas
- Seasonal Festivals
- Bible Bowl Competition
- Fun activities for the whole family!
- Special Needs Buddy Ministry

## FALL FESTIVAL

<b>20</b> October	Food - Fun - Friends -And More!	Start 3pm until 5pm	<b>All Free</b>
----------------------	------------------------------------	------------------------	-----------------



*Congratulations*  
to the **WINNERS**

of the 3<sup>rd</sup> Annual  
Hardin Valley Readers Choice Awards!



Hardin Valley  
**READERS  
CHOICE  
AWARDS**  
**WINNERS**

Best Kids Party Venue: Defy Knoxville

Best Day Spa: Pure Luxe Salon, Spa & MedSpa

Best Handyman: Smith Handyman Service

Best Auto Dealer: CarMax

Best Car & Truck Repair: Matlock Tire Service & Auto Repair

Best Paint & Body Shop: Hardin Valley Body Shop

Best Tire Dealer: Matlock Tire Service & Auto Repair

Best Oil Change: Matlock Tire Service & Auto Repair

Best Boat Dealer: Tommy's Knoxville

Best Storage Facility: Tri Star Storage

Best Gifts & Collectibles: GameStop

Best Drug Store: Volunteer Pharmacy

Best Cell Phone Sales/Service: AT&T

Best Convenience Store: Weigel's



Thank you  
FOR VOTING US  
BEST VETERINARIAN!



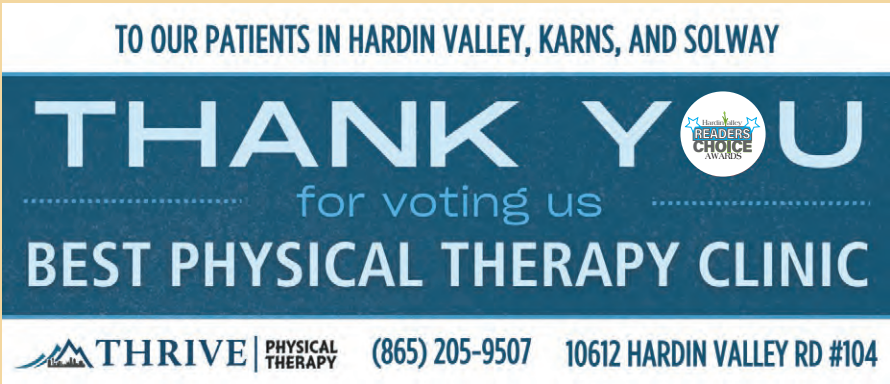

lovellvet.com | 865-777-1221 | 1305 Lovell Rd, Knoxville, TN



Thank You  
Hardin Valley for voting us  
Best Tire Dealer Best Oil Change





HARDIN VALLEY  
10838 Hardin Valley Rd.  
865-248-2340  
matlocktireservice.com



TO OUR PATIENTS IN HARDIN VALLEY, KARNS, AND SOLWAY

**THANK YOU**  
for voting us  
**BEST PHYSICAL THERAPY CLINIC**



THRIVE | PHYSICAL THERAPY (865) 205-9507 10612 HARDIN VALLEY RD #104



**BEST REAL ESTATE**




**ENGEL & VÖLKERS®**

11347 Parkside Drive | Knoxville, TN 37934  
865.221.8601 | 865.776.0577 | knoxville.evrealstate.com

## Thank You for Voting us Best Pediatrician



Melissa Meyer, MD



Meghan Peters, MD



Kristy Carter, MD



Stephanie Russ-Barber, MD



Matthew Blair, MD



Jessica Cooper, FNP



**PEDIATRIC CLINIC**

**KARNS/HARDIN VALLEY**  
2587 Willow Point Way  
865-824-1522  
www.pediatricclinicknoxville.com

**WEST AT HUXLEY**  
125 Huxley Rd.  
865-518-0084

**Thank You Hardin Valley**  
*for making us your Neighborhood "Cheers"*

**WATER into WINE**  
bistro & lounge

865-392-1586  
607 N. Campbell Station Road  
Farragut, TN 37934

www.WaterintoWineKnoxville.com • w2wKnoxville@gmail.com

**W** Thank you Hardin Valley! **W**



Thank you for voting Weigel's BEST Convenience Store & Best Coffee in Hardin Valley! Since 1931, we have been serving communities like yours. We could not do it without neighbors like you!



Retail & Compounding Services  
Drive Thru, Delivery, & Shipping available



**VOLUNTEER PHARMACY**

Conveniently Located in Hardin Valley  
2559 Willow Point Way, Knoxville, TN 37931  
(865) 560-0135 • volunteerpharmacy.com  
Hours: Weekdays: 8AM-6PM Saturday: 9AM-1PM Sunday: Closed



Best Coffee: Weigel's

Best Breakfast: Cracker Barrel

Best Pizza: Gondolier

Best Hamburger: Aubrey's

Best Bakery: Food City

Best Steakhouse: Connors Steak & Seafood

Best Seafood: Connors Steak & Seafood

Best Mexican Food: Don Gallo

Best Wings: Double Dogs

Best Asian Food: Chef's Asian Cuisine

Best Bistro/Wine Bar: Water Into Wine

Best Family Restaurant: Aubrey's

Best Fast Food Restaurant: Arby's

Best Bar-B-Que: Dickey's Barbecue Pit



Hardin Valley  
**READERS  
CHOICE  
AWARDS**

# WINNERS

Best Real Estate Agency: Cindy Kraus

Best Real Estate Agent: Engel & Völkers

Best Pet Grooming: PetSmart

Best Veterinarian: Lovell Animal Hospital

Best Full Service Bank: Regions

Best Credit Union: Knoxville TVA Employees Credit Union

Best Financial Advisor: George Lucke, Edward Jones

Best Car/RV/Boat Loans: Knoxville TVA Employees Credit Union

Best Medical Facility: Tennova Turkey Creek

Best Dentist: Dr. Tristen Smith

Best Orthodontist: Tennessee Orthodontic Studios

Best Vision Center: Hardin Valley Eyecare & Optical

Best Child Care: Starting Points Child Care

It is a pleasure to serve  
the Hardin Valley area  
and I am so flattered  
to be voted  
**Best Real Estate Agent!**



*Cindy Kraus*

**ENGEL & VÖLKERS**

11347 Parkside Drive  
Knoxville, TN 37934  
865.221.8601 | 865.776.0577  
knoxville.evrealstate.com



I love  
this town.

Thanks, Hardin Valley.

I love being here to help in a community where  
people are making a difference every day.

Thank you for your trust in me!



Sage Kohler ChFC CLU CASL, Agent  
11519 Hardin Valley Road  
Knoxville, TN 37932  
Bus: 865-240-3221  
www.sagekohler.com

2007005

State Farm, Bloomington, IL

THANK YOU

FOR SUPPORTING MY SMALL BUSINESS  
Denise, Colin, Austin, Lauren and Annie



Thank you for voting us  
**Best Hardware Store!**



Elders **ACE** Hardware  
@ Hardin Valley

10009 Hardin Valley Rd.

(865) 240-0961 | www.eldershardware.com  
https://www.facebook.com/EldersAceHardware/



**Best Paint  
and Auto  
Body Shop**



1831 Marietta Church Rd.  
Knoxville, TN 37932  
865.693.9166  
hardinvalleybodyshop.com

Please call for an appointment for an estimate.

**Thank you for voting us Best Orthodontist!**



TENNESSEE  
ORTHODONTIC STUDIOS

www.tennesseeorthostudios.com

Jeffrey J.  
Eberling,  
DMD, MS

Knoxville

10792 Hardin Valley Road  
Knoxville, TN 37932  
865-983-3570

Follow Us on Facebook!



**Thank you  
for voting us  
Best  
Wings!**

10639 HARDIN VALLEY RD | KNOXVILLE, TN 37932 | (865) 470-4447 | doubledogs.biz/hardin-valley

**THANK YOU FOR VOTING US  
BEST ASSISTED LIVING/ SENIOR LIVING FACILITY!**



10520 WATERVILLE LANE • KNOXVILLE, TN 37932 • (865) 444-1451

We are inviting you to join our family  
here at Pinnacle Assisted Living!

*Call us to schedule your personal  
community visit today!*



**WINNERS**

Best Barber Shop: Tune Up The Manly Salon

Best Beauty Salon: Belleza Salon

Best Tanning Salon: Sun Tan City

Best Nail Salon: Soho Nails

Best Furniture Store: American Freight

Best Heating & A/C: R&M Climate Control

Best Appliance Store: American Freight

Best Grocery Store: Food City

Best Paint/Wall Covering Store: Sherwin-Williams

Best Liquor & Wine Store: Total Wine & More

Best Insurance Agency: Sage Kohler/State Farm Insurance

Best Tax Service: Jackson Hewitt

Best Mail/Package Center: The UPS Store

Best Home Mortgage Company: Mortgage Investors Group



# WINNERS

Best Pediatrician: [Pediatric Clinic: Summit Medical Group](#)

Best Memory Care Facility: [Morning Pointe](#)

Best Assisted Living Facility: [Pinnacle Assisted Living](#)

Best Senior Lifestyle Community: [Pinnacle Assisted Living](#)

Best Fitness Center: [Fitness Together](#)

Best Martial Arts School: [Premier Martial Arts](#)

Best Jewelry Store: [Lamon Jewelers](#)

Best Customer Service: [Tune Up The Manly Salon](#)

Best Caterer: [Dickey's Barbecue Pit](#)

Best Produce: [Food City](#)

Best Hardware Store: [Elder's Ace Hardware](#)

Best Physical Therapy Clinic : [Thrive Physical Therapy](#)

Best Car Wash: [SafeShine Car Wash](#)



We are honored to be chosen  
HARDIN VALLEY'S BEST Full Service Bank



THANK YOU FOR  
VOTING US BEST DENTIST!



10825 Hardin Valley Rd. | Knoxville, TN 37932  
Next to Maple Street Biscuit Company in Hardin Valley!  
(865) 338-3098 | [bluedogfamilydentistry.com](http://bluedogfamilydentistry.com)



*Congratulations*  
to the **WINNERS**  
of the 3<sup>rd</sup> Annual  
Hardin Valley Readers Choice Awards!



# Friends join forces

Partner to start Hardin Valley Suites

Two friends, Terry Smiley and Leslie Elmore, partnered up to open Hardin Valley Suites, of which Blink Lash & Beauty Bar is their parent company, at 10612 Hardin Valley Road.

The suites are welcoming aestheticians, as well as facial, waxing and massage businesses.

Smiley explained they are not catering to hair and nail businesses because they already are flanked by hair and nail businesses.

“That wasn’t our target anyway,” she said. “We wanted to do aesthetician services.”

“They can come right in this little strip mall and get beautified any way they want,” Elmore said.

“We’re ready now (to lease) now that we have our sign up,” Smiley added. “Our goal is to ... interview people and get them in.”

For Smiley, she recalled getting her lashes done in a salon suite similar to hers and thought, “I could do this.”

“I called Leslie, and she said, ‘Yeah, I’d like to do that with you,’” Smiley related. “We looked around at two or three different places, and they weren’t right.”

But the catalyst came when she was called into the corporate office of her employer, FirstBank.

“I thought I was in trouble,” she recalled. “But they said, ‘We’re very sorry but we’re closing seven branches, and your branch is one of them.’”

“I went home and my husband said, ‘This is your opportunity to do a lash lounge,’” recalled Smiley, who lives off Cedar Bluff Road. “Well, there’s my sign. It’s time to go.”

Knowing one another for about 16 years, Elmore said she and Smiley met because their children played soccer together in middle and high school.

“I just like anything to do with getting rid of wrinkles or skin care, hair care,” said Elmore, who lives in Louisville (Blount County). “I have always loved that since I was a teenager, so I thought (salon suites) could be a successful business.”

Her husband, Scott Elmore, a contract attorney at Elmore Stone and Caffey, for whom she works, helped set up the business.

“So, when people come in here and need help setting up their business, he can help,” Elmore said.

“We were looking in Maryville, but it was so expensive, and my husband and I drove by here and saw the sign,” Smiley said. “It was perfect.”

When they found the location in Hardin Valley, they thought, “Hardin Valley’s growing like crazy, so we thought this would be a great location,” she said.

For more information about the suites, call 865-207-2250.



Long-time friends Leslie Elmore, left, and Terry Smiley have become partners in a venture to open Hardin Valley Suites, of which Blink Lash & Beauty Bar is their parent company.



May You Have Many Reasons to

*Smiles*  
this Season!



Straighten Teeth **Faster**  
and More **Discretely**

Braces • Clear Aligners • Esthetic Braces



Jeffrey J. Eberting, DMD, MS • 865-983-3570 • [www.tennesseeorthostudios.com](http://www.tennesseeorthostudios.com)

Follow Us on Facebook!



TENNESSEE  
ORTHODONTIC STUDIOS

**Knoxville**

10792 Hardin Valley Road • Knoxville, TN 37932

**Maryville**

619 Smithview Drive • Maryville, TN 37803

**Morristown**

920 West Main Street • Morristown, TN 37814

## Put Experience & Knowledge to Work for You!

### CREDIBILITY

Pam Owen is an accomplished sales and marketing professional with over 30 years experience.

Before becoming a Real Estate agent, Pam was a business entrepreneur, corporate leader and national sales manager. Pam received her Real Estate License in 2009 and joined Realty Executives Associates. She quickly became one of the top real estate producers in the area.

“Every career has led me to this one,” Pam states. “The best attributes of each career are rolled into Real Estate. It is the hardest and most detailed of all, but the one that I love the most.”

Pam quickly became a Multi-Million Dollar producer and continues to reach that goal each year. She has earned the Accredited Buyer’s Representative and Seniors Real Estate Specialist designations. When choosing your Realtor®, choose someone who loves Real Estate...choose Pam.

*Pam Owen*

*2023 Top Producer Award Winner*

10255 Kingston Pike | Knoxville, TN 37922

Phone: (865) 693-3232 | Cell: (865) 607-0318 | [pam@pamowen.com](mailto:pam@pamowen.com) | [pamowen.com](http://pamowen.com)





## Hardin Valley Hops

I was scouting the area in search of a pulse, scrounging for anything else I could jot up for this volume of Hardin Valley Living, when, drawing a blank, I busted a U-turn and sought out a watering hole to think.

I wound up at Orange Hat Brewery to have a pint drawn instead, which subsequently proved to be just what the doctor ordered, and found the pulse I was after.

Loosely explaining to the lone server my aim that quiet Wednesday afternoon, I wondered if I could snap some pictures while milling about in thought, curious about the big, shiny fermenters peeking out partially visible from the bar.

A few minutes later, I was able to mosey on back and meander through where the magic happens.

Orange Hat Brewery, the area's only microbrewery, started up four years ago, about 26 days before COVID-19 really started flipping the world upside down, co-owner Rodney Ramin said, who'd shown up at some point while I was talking with the rest of the crew.

"We made it through," he said. "It was just crazy how the community came out and supported us."

Before restrictions lifted, he recalled a particular customer who would drop in to carry out weekly. They initially would ask what kind of beer she likes, and so forth, to help. Ramin recalled her response: "I don't drink beer. I just think you guys are good for Hardin Valley, so I'll buy whatever you guys are selling."

Ramin said that's when it really struck home, thinking, "Man, these people really want us here." He said what he loves about Hardin Valley is it's "a melting pot of the United States," noting how in his previous neighborhood virtually all his neighbors came from states across the country got along. "And that's what I really love about it. For me, living here, I realized that."

As for OHB starting up in the first place, he and co-owner Brian Hatmaker simply liked beer, but "all the craft beer was downtown," Ramin, a father of two, said.

With the kids younger at the time, he said, "Between a babysitter and an Uber, I was \$150 out of my pocket before I even touched a beer. And I was, like, I'm not the only person like this, and I could see all these single-family homes moving into the area. ..."

And the idea blossomed. Speaking of blossoming, for those curious about the brewery's name, according to OHB's website, it came from a mash-up of Ramin's name for his first batches, Orange Blossom Homebrew, and "Hat" from Hatmaker, and the pair landed on Orange Hat.

"... Because beer is art, it's culinary, it's biology, it's engineering," Ramin explained regarding the creative process of crafting a palatable brew, and, with all these intricacies in mind, he jokingly admits he knows "just enough to be dangerous," so he and Hatmaker have the connoisseurs behind the scenes crafting it all.

- Ship
- Pack
- Print
- Mail
- and so much more



## THE UPS STORE

10629 Hardin Valley Rd | 865-249-6943



And that's where head brewer Brandon Smith and brewer Nick Moran come in. When I first walked back, I found Moran hard at it but polite enough to allow me to interrupt his work. "I love making a variety of beers that everyone can enjoy," he told me. "I brew beer to share with people."

And with some 20 years of experience between them, "We've brewed a few beers," he said, constantly thinking about what's missing from the menu or keeping an ear peeled for customer recommendations.

"We're thinking two, three, four months ahead," commenting on how they need to craft and perfect, say, a summertime release the winter prior "so we can have beer ready for everybody at that time," he added, "just trying to have that good variety, and the right beer for the right season."

Smith moved to Knoxville to help start OHB. "They hired me," he said, "to kind of build the brewery and help them set it up."

In contrast to a lot of other taprooms he's experienced, Smith enjoys the more "regular" feel at OHB, clientele wise. "We have good locals that we see every week," he said, barely stopping his work, "so that's always cool, people that continue to show up because they appreciate what you're doing."

Orange Hat Brewery was designed to be family-friendly and fun, with a handful of activities and games indoors and outdoors, and welcome to all, be they 5 or 85.

"It was very taboo for us to be putting a brewery in West Knoxville that was family-friendly," Ramin said. "I mean, we joke all the time that we cater to kids and dogs more than we do beer-drinking adults. We really just wanted this place to be an extension of your living room."

Ramin and Smith also opened an OHB along Cherry Street in East Knoxville late last year and recently obtained their wine license, with a red and a white blend now on offer to accompany its plentiful brews on tap.

So, if you're at a loss on any given day and need, as I did, a place to think or just hang out, don't draw a blank, come have a pint drawn instead and experience the pulse of Orange Hat Brewery. Cheers!

~ Brandon L. Jones



**Amaryllis Taqueria**  
Orange Hat's food truck has been TAKEN OVER by AMARYLLIS TAQUERIA. Amaryllis is a new concept by Clean Smoke BBQ with a Mexican Fusion and BBQ twist. Amaryllis will now be offering Supper Tuesday-Thursday as well as Lunch/Supper Friday-Sunday!

**Amaryllis Hours:**

Tuesday - 4p/8p

Wednesday - 4p/8p

Thursday - 4p/8p

Friday - 12p/8p

Saturday - 12p/8p

Sunday - 11p/7p

## The Valley's future Chick-fil-A



To apply the ingrained Chick-fil-A phrase "my pleasure" to Hardin Valley is something Paul Rosser, who is bringing the chicken behemoth to the Valley as a franchise owner, looks forward to doing upon its opening at 10909 Spring Bluff Way. Rosser, a Knoxville native who's been an operator with the brand for about 15 years, said he is hopeful it will open sometime this fall. Most recently in Lynnwood, Washington, helping to "pioneer the brand in the Pacific Northwest," Rosser said he is "leaving that to come back home" and bring "pleasure" to the Valley.



**A REAL ESTATE  
CONCIERGE COMPANY.**

Our clients are not just another transaction.  
We establish relationships!

10258 Hardin Valley Road S D | Knoxville, TN 37932

**Denise Douglas,**  
Owner/Broker

**DouglasDillon Realty**  
865-809-9281  
donna@douglasdillon.realty



## Vogel

From page 8

"I don't have one single person in my life, children included, who would not benefit from those kinds of results," she said about reducing anxiety, depression, chronic pain and improving sleep quality.

"Can we move through our everyday lives being more mindful?" she asked, her piercing blue eyes really engaging the audience. "So many of us will go through life, and we're kind of asleep," noting how someone may come or go from the office or grocery store and back home, for example, and hardly remember anything they saw along the way.

"Most of us," she added, "go through most of our daily lives on automatic, without really staying awake to the present moment."

The goal is to determine one's triggers and then learn how to react differently, or more mindfully, in order to come to an inner peacefulness.

"Our own thoughts can break up our own sense of peacefulness," Vogel said. "So when we start to harness our awareness to be present to what makes us reactive, how we feel when we're reactive, (it) can create a game-changing experience.

"Because if we're aware of it, there becomes a moment where we then have a choice before we say something or do something or shut down, and that little moment can make all the difference in the world," she added.

To those experiencing a mental health concern but don't know where to turn, or don't think they need to turn anywhere at all, "I think what's hard about that situation is until people want it, I think it's hard to convince people of it," Vogel said.

Trust in somebody is foremost, she added, noting loved ones are a good source of help.

However, it's often co-workers and friends who can better help pull somebody from the mental dumps, perhaps by welcoming them to participate in a yoga or meditation class, "Because oftentimes, when people start to experience some of the benefits, they often go, 'Oh, I didn't realize I could feel a little bit better, or a lot better,'" Vogel said. "... They don't actually remember there's a better way to live or that they could feel better."

In other words, as she put it, "Who can they hear to help turn on the lights?"

For the sake of another free lesson, here's one more exercise.

"Just close your eyes, or cast them down," Vogel said to attendees with big, about-to-pop pregnant pauses between instruction. "And just notice how your body's meeting the chair; noticing the support of the back of the chair; noticing how your legs are supported by the cushion underneath them.

"And noticing your feet," she continued, "one or both of them planted firmly on the ground; and drawing attention to your hands; and just for a moment drawing attention to your breath, this life-giving breath that's always moving in and out of our bodies; whether we're paying attention or not, we're breathing. "You may notice that gentle rise and fall of your chest as you breathe; then dropping your attention down into your belly—see if you can notice a slight expansion of the belly as you breathe in, and a deflation of the belly as you breathe out. And when you're ready, you're just going to open your eyes again, let your vision integrate with the rest of your senses and take three slow, deep breathes. ..."

For additional information regarding Vogel and her work, practice and more, visit [carolinevogel.com](http://carolinevogel.com).

~ Brandon L. Jones



*Thank you for voting us*  
**BEST ASSISTED LIVING/ BEST  
SENIOR LIVING FACILITY!**



**PINNACLE**  
ASSISTED LIVING

**ALL-INCLUSIVE COMMUNITY**

All the care you need at ONE great price point!  
No levels or point systems necessary.



Pinnacle Assisted Living  
10520 Waterville Lane  
Knoxville, TN 37932  
(865) 444-1451

*Call Tiana Schultz,  
Community Relations Director,  
at 865-444-1451 ext. 6 to schedule  
your personal community visit today!*

We are inviting you to join our family here at  
**Pinnacle Assisted Living!**



*We took my 92 year old grandfather to an emergency appointment. They were so patient with him, so respectful of his pride and his pain. I have always been afraid of the dentist, but this place is absolutely wonderful. They truly do follow the message of the sign in their lobby: Do small things with great love. Thank you!*  
~ Alorien

*Melinda is the best hygienist I know! I always feel welcomed and I love chatting with her! My teeth have never felt so cleaned! The office is always so friendly and professional. Dr smith is amazing at discussing treatment!  
Can't recommend this office enough!*  
~ Alecia

*The staff is wonderful! They are very personable and will help work out any issue that may arise. They are great for people who are anxious about dental work.*  
~ Julie

*Dr. Smith is a gem and extremely knowledgeable. The practice is gorgeous, and the staff is very friendly and top-notch. A+*  
~ Erika



# GENTLE. FRIENDLY. GENUINE. SKILLED.

Dr. Tristen Smith and her staff have created an enjoyable and caring environment. Regardless of how long it's been since you've been to the dentist, we'd love to erase your past dental memories and give you a fresh, more pleasant perspective.

**Free Opalescence GO  
Whitening for  
All New Patients**

**Don't have dental insurance?  
Pay a one-time fee and get X-rays,  
cleanings, exams included, and  
25% off of your dental care!**



**Blue Dog  
FAMILY DENTISTRY**

10825 Hardin Valley Rd.  
Knoxville, TN 37932  
Next to Maple Street Biscuit Company in Hardin Valley!  
**(865) 338-3098**  
bluedogfamilydentistry.com

## Serving HARDIN VALLEY



10838 Hardin Valley Rd. | 865-248-2340

**KNOXVILLE**  
10730 Kingston Pike,  
37934  
865-966-0425

**LENOIR CITY**  
1301 Hwy. 321 N,  
37771  
865-986-6533

**MARYVILLE**  
723 S Foothills Plaza,  
37801  
865-983-0741

**ATHENS**  
201 S Congress Pkwy,  
37303  
423-744-9828



# 5 lanes coming to Hardin Valley Road

From Solway Road westward about one mile to Award Winning Way, the “hard” in Hardin Valley Road’s daily traffic is on its way to alleviation, with that stretch planned to be turned from three lanes into five.

During a Knox County Commission meeting in May, funding was approved for the 2025 fiscal year to include that section’s transformation, along with other proposed roadway improvements.

Work on the project, costing “probably in the neighborhood of ... less than \$2 million,” is expected to start next summer, according to Jim Snowden, senior director of Knox County Engineering and Public Works Department. “Usually, when we think of road projects, you think tens of millions of dollars, 8-10 years. This one is less than two-year’s time. So it’s a very short fuse.

“And that’s because much of the roadway, over the course of roughly 12 to 18 months, can still be utilized versus reconstructed,” he added.

Further reducing construction disruptions, “The great thing is we’re really only touching one side of the road ... very minimal work to get a lot of benefits,” Snowden said.

Among those five-lane benefits, “We’re going to hopefully take a lot of that merging issue away,” Snowden said,

“and allow people to merge in a much longer section of roadway.”

Currently the lanes in that stretch are 12 feet wide, similar to Interstate 40/75. A department illustration indicated regular traffic lanes would be reduced to 10 feet, and turn lanes 11 feet.

“Roads such as Kingston Pike, for instance, with slower traffic have narrower lanes,” Snowden said. “This project will reduce the width of those lanes to gain the footage to be able to more efficiently, in terms of cost and traffic disruption, add ... lanes to help ease traffic flow and better facilitate merging.”

However, “We are still developing (plans),” he added. Sixth District Knox County Commissioner Terry Hill said, “We are finally getting the attention and the improvements that have been so desperately needed.”

“We’re excited about the project,” Snowden concluded, “and think it’ll bring a lot of value to that community.”

With an estimated 15,000 cars passing through daily, the expectation is this will be the start to what Knox County is planning for the rest of Hardin Valley Road in coming years.



## OUR MISSION

*At Hardin Valley we believe that our customers deserve the best repairs and “like new” quality and service that we can provide.*

## SERVICES:

- Auto Collision Repair from fender benders to maintenance
- Brake Pads • Suspension • Alignments
- Air Conditioning repair and maintenance
- Frame repairs

Mark & Sonya Ogle, owners

## Family-Owned Business

Serving our community for over 30 years

Open Monday-Friday 8am-5pm, Closed for lunch 12-1pm

*Please call for an appointment for an estimate*

1831 Marietta Church Rd. • Knoxville, TN 37932 • 865.693.9166 • [hardinvalleybodyshop.com](http://hardinvalleybodyshop.com)

**BallHomes**® NEW CONSTRUCTION

*Let's work together!*

## **BUILD WITH CONFIDENCE**

- Find/Build the perfect home in any Ball Homes Community
- Personalized service throughout the build and purchase.
- Take me with you; no matter the house or subdivision.
- 10 Years experience with Ball Homes.

*Welcome home!*

**THE RESERVE AT HICKORY CREEK**

**THE GRANGE**

**THE TREND COLLECTION @  
CLOVER MEADOW (MARYVILLE)**


**THE TREND COLLECTION @  
EMORY GREEN (KARNS)**



10255 Kingston Pike, Knoxville, TN 37922

C: **865.388.8768** | O: **865.693.3232**

[kristonwilson@me.com](mailto:kristonwilson@me.com) | [kristonwilson.com](http://kristonwilson.com)

 LIC. #327828 | OFC. LIC. #213347

*Prices and availability vary by location.*

**REALTY  
EXECUTIVES**

# Renegar

## 'at bat' as New HVA Principal

As the first baseball head coach at Hardin Valley Academy back during 2008-2009 school year, when HVA was born, Dr. Kirk Renegar recently “sent one over the fence” to become HVA’s new principal effective Monday, July 1, likening his administrative start to his first day on the field.

“I’m very, very excited,” Renegar said about his promotion. “It’s really cool to be able to come back here.”

Crediting HVA with his career transformation, “Certainly when I got into teaching and education, administration was not necessarily my focus, but having the opportunity to be here and work ... was probably a career-changing move for me,” Renegar said.

Like an academic-minded player on the field, Renegar looks up to the educational world, which bolstered and has enveloped him all these years.

“I’ve been very fortunate during my career,” he recalled, “to be surrounded by great instructors, great teachers, but also great leaders who certainly have had such a profound influence on me and my career.”

Academically hopping about the south, Renegar picked up his bachelor’s degree in Modern American History from Brevard College in North Carolina and his master’s in education from Virginia’s Shenandoah University. From Lincoln Memorial University, he acquired his education specialist degree in educational administration and supervision, then snatched up his doctorate in education leadership from Liberty University in Virginia.

With a goal of excellence hitched to his HVA leadership at a high school of about 2,000 students, “You certainly bring your own viewpoints to leadership — but, more than anything else, this first year for me is about learning, immersing myself in the culture, understanding the points of strength at Hardin Valley Academy,” Renegar said.

“It’s more, ‘look, listen and learn.’”

Renegar and his wife, Rebecca Renegar, have three children: son, Whit, and daughters, Kara and Eilidh.



Dr. Kirk Renegar was promoted to principal of Hardin Valley Academy beginning Monday, July 1, where he started during the 2008-2009 school year as the school’s first baseball head coach. He is pictured with wife, Rebecca Renegar, their son, Whit, and daughters Kara and Eilidh.

Photo submitted

**HIS SECURITY & TECHNOLOGY**  
WWW.HISSECURITY.COM ♦ (865) 474-9495  
In GOD we trust, all others we monitor



Create a safer, more secure environment for your children and peace of mind for yourself.





## Effective Counsel When It Matters Most

### Focusing in Family Law and Social Security Disability

Our attorneys offer a range of legal services from family law (including divorce, child custody and adoption) to serious injury, criminal defense and Social Security Disability benefits representation.

*Our experienced attorneys are committed to serving families across East TN.*

REQUEST A CONSULTATION TODAY



McKinnish Law Group, PLLC  
11826 Kingston Pike, Suite 220  
(Same building as Josh Ellis State Farm and  
West Knox Chamber)  
Farragut, TN 37934 | 865-233-1105  
www.mckinnishlaw.com  
*Free initial consultations*



## GOING THE EXTRA MILE FOR YOU

Pay your way! To best serve you we have several bill payment options available:

**In Person:** Cash, check or money order payments. Locate service centers and payment only locations at [LCUB.com](http://LCUB.com)

**By Mail:** Mail check or money order payments to LCUB, P.O. Box 449, Lenoir City, TN 37771

**By Phone:** Call (800) 731-7564 and follow the prompts

**Recurring Electronic Payments:**

Establish automatic, recurring payments from your checking or savings account

**Online:** A one-time electronic funds transfer or credit card payment can be made online



Please visit us at [LCUB.com](http://LCUB.com) for details and start paying your way today!



## HARDIN VALLEY CHURCH *a home for your family*

10415 Hardin Valley Rd Knoxville, TN 37932  
(865) 670-4188 | [www.hardinvalleychurch.com](http://www.hardinvalleychurch.com)

# Growth — academically with 865, structurally — anticipated at HVA

Knox County Schools, with its carpet having been rolled out Thursday, Aug. 8, for the 2024-2025 season, has promised parents nothing short of continued excellence.

“I want to say how excited we are to kick off another great year of learning,” Knox County Schools superintendent Dr. Jon Rysewyk said in a letter to parents, championing KSC’s highest graduation rate in history and gains made across the board academically in 2023-24.

Moreover, “This year will be the first year that every KCS high school is a part of the 865 Academies,” added Rysewyk, beginning his third year as superintendent, about a relatively fresh initiative where the district’s freshmen “will spend their first year of high school exploring careers, visiting post-secondary institutions and beginning to imagine what they want their life after graduation to look like.”

Hardin Valley Academy, for instance, was previously involved, having toured a number of companies as part of this program, hearing and learning from professionals working in various fields.

As a result, what HVA students study in class is displayed in a real-

world environment for them to experience — at times engaging with those doing what they’re hoping one day to do themselves. “As you know, our kids are doing great things all the time,” said Dr. Kirk Renegar, the Academy’s newly installed principal. “We have stuff going all the time.

“The kids are involved in just an incredible amount of things — so many great things,” he added, confident this will be yet another amazing year for the students and faculty alike, along with Hardin Valley Elementary and Hardin Valley Middle schools.

Helping to build upon its growing foundation is a new schedule at HVA. “Every Friday,” Renegar said, “we are adjusting our schedule to give our teachers an opportunity to collaborate regarding students, and adding some additional focused instructional time.”

And academic growth isn’t all. There’s a construction project under way at HVA, with the goal to give all Hawks some much-needed wing room in their growing nest in the Valley, ensuring no wings will be clipped as students continue to fly high in the skies of educational success in 2024-25 and many years ahead.

~ Brandon L. Jones

## IS YOUR CHILD READY FOR THE NEW SCHOOL YEAR?

HUNTINGTON CAN HELP START THIS YEAR OFF RIGHT!

TUTORING & TEST PREP AVAILABLE IN-CENTER OR ONLINE

### AVERAGE INCREASES

**2+ GRADE LEVELS**  
in math and reading\*\*

**229 POINT INCREASE**  
on SAT score\*\*\*

**5.4 POINT INCREASE**  
on ACT score\*\*\*

**\$71,149.00 PER STUDENT**  
in scholarship offers\*\*\*



**Huntington**  
LEARNING CENTER®

117 North Peters Road, Knoxville

**865-691-6688**

[www.HuntingtonHelps.com](http://www.HuntingtonHelps.com)

**SAVE \$100\***

ON AN ACADEMIC EVALUATION  
(VALUED AT \$195)

- K-12 TUTORING
- TEST PREP
- HOMEWORK HELP
- STUDY HALL
- ACADEMIC PERFORMANCE COACH

©2021 Huntington Mark, LLC. Independently Owned and Operated. SAT and Advanced Placement (AP) are registered trademarks of the College Board. PSAT/NMSQT is a registered trademark of the College Board and the National Merit Scholarship Corporation. ACT is a registered trademark of ACT, Inc. None of these entities were involved in the production of, and do not endorse, this program. \*Not valid with any other offers. \*\*Grade level results are based on cumulative average grade level increases in reading and math for 17,445 students from 2010-2014 using the full set of available student data. \*\*\*Results are based on surveys of 3,289 Huntington students graduating in 2019, using their initial Huntington Academic Evaluation and final SAT/ACT test score.

## Hendrix

From page 6

to go back to Maryland to a “top secret school” as part of an explosive ordinance demolition unit around the time of the Cuban Missile Crisis, 1962, which turned into nothing much other than a nuclear wake-up call. He was then sent to Yuma, Arizona, to sort ammunition for the government to scrap and sell.

Hendrix had now seen a few places since departing East Tennessee.

But he hadn't (no pun intended) seen anything yet.

After his stints in the Army, Hendrix came back home to help on the farm and got into construction, hauling quarry rock and running bulldozers to help build out roads, working the night shift.

On a night too long, one can guess, he decided to take his dad's brother-in-law up on a prospect in Oak Ridge, where he wound up becoming a technician in the biology division before about a 500-head lay-off decapitated his new endeavor.

“But leaving out,” he said, “the personnel manager (saw) on my application that I'd worked in a slaughterhouse.”

And they called him back to the office after another guy got sick and couldn't stomach what was about to be inquired of Hendrix. They asked, “So (does) seeing blood and stuff bother you?” he recalled, replying “no.”

“It don't bother me; I've seen it knee deep,” he added.

Hendrix was sent to a doctor at Y-12 who was doing experimental cell culture work with the lenses of cattle eyes, he said, in way of cancer research.

Afterward, Hendrix was sent to the East Tennessee Packing Company, where he was instructed to collect 200 eyes a day for the doctor.

“I'd have me a cooler, packed with ice, have big plastic bags, and I'd put 20 to the bag in there. I just rolled them out,” he recalled, careful not to bust them with the boning knife he sort of visually measured out with his hands.

The doctor, though, apparently needed more eyes and sent him to Bristol to collect those of veal, and later unborn pigs. “But them little

eyes on them wouldn't be as big as your itty-bitty finger,” he said, “and I just had a problem getting them eyes out of an unborn pig.”

Difficult or not, Hendrix continued his work for about 18 years before moving on to a variety of sampling work in and around Oak Ridge, around every plant within a 100-mile radius operated by the Tennessee Valley Authority.

Hendrix, the father of two, one of which is a nurse who lives with and helps care for him today, retired from Oak Ridge National Laboratory in 1996.

“My director of the biology division, he come to me one day— I never will forget it,” he recalled through a tear-streaked walk down Memory Lane. “He said, ‘Bill, why didn't you go to school, to (a) university, to get a degree in something?’ I said, ‘I didn't have the money, and my parents didn't have the money, to send me nowhere

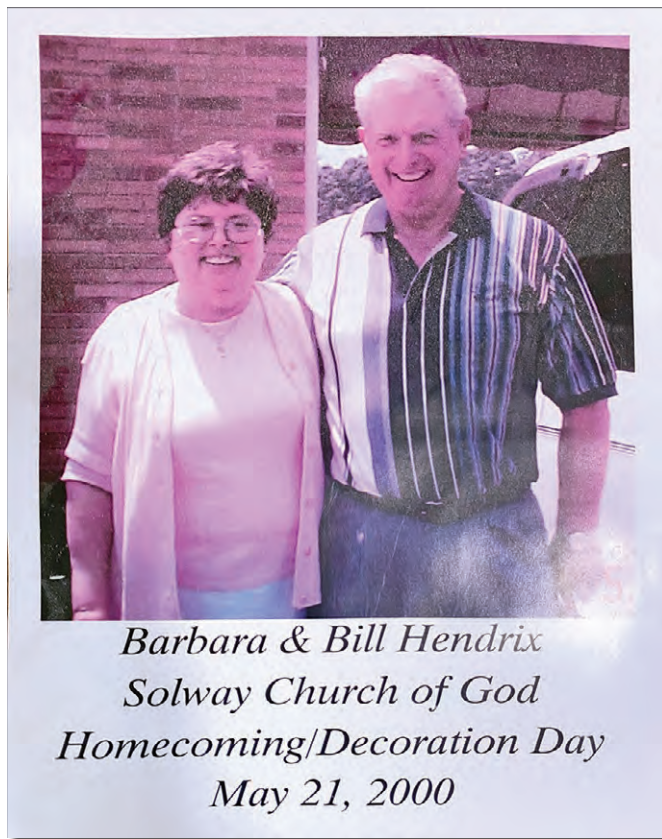
other than high school.”

The director retorted, “You have more knowledge of stuff than half of these doctors that's got a degree. You've been helpful to them and to their work.”

“It ain't nothing but just common sense from what I've been doing, been doing all my life,” he added. “I try to do the best I can, and do it right to start with, and continue to do it.”

Before affording Hendrix the opportunity to enjoy the rest of his afternoon, he said over the chirping birds outside nearby windows, “I enjoyed every bit of it. It's been a pretty good life. It's one that probably ...,” he paused, seemingly flicking through the snapshots of it all in his mental scrapbook, “well, I don't guess there's any other person in the world that would be acceptable to do what I've done.”

And with that, Mr. Hendrix, we thank you.



*Barbara & Bill Hendrix  
Solway Church of God  
Homecoming/Decoration Day  
May 21, 2000*

Photo submitted

Celebrating their church's homecoming, Billy Jack Hendrix with his wife, Barbara Hendrix, pose outside Solway Church of God back in the spring of 2000. Barbara passed away on Oct. 14, 2010.

**Get 1 FREE MONTH of storage**  
with a 12 month term. Limited time special!

Now offering over 100,000 SF of indoor secure climate controlled storage!

525 Lovell Road - Knoxville, TN 37932

New Location in Bearden: 6600 Deane Hill Drive, Knoxville TN 37919

**865-999-8050**

[www.tristarstorage.net](http://www.tristarstorage.net)

**Tri-Star** Indoor Storage  
Boat • RV • Auto



# Kids' Corner



## Find the Hawk

### WINNER

The winner of the Find the Hawk contest for the April 2024 edition of Hardin Valley Living is

**Cameron Sterling**

The winner received a gift card from Hard Knox Pizza!

Thank you to Hard Knox Pizza for their sponsorship of the Hawk contest, and congratulations to our winner!



## Valley's first ADA playground

The children of Hardin Valley soon can expect a new place to play when all the finishing touches are complete at 12734 Hickory Creek Road, where a new playground is under way and nearly ready to be put to its playful test.

"This will be the first all-inclusive, or ADA (Americans with Disabilities-compliant), playground that Hardin Valley has," said Terry Hill, 6th District Knox County Commissioner (represents Hardin Valley). "Growth clearly out-paced infrastructure in the parks and rec, and (the park) very early became a major priority."

Ground was broken last November after Knox County Mayor Glenn Jacobs was reminded of and shown the already county-owned property by Hill, a tour serving as the "catalyst," she said, for getting the park in motion.

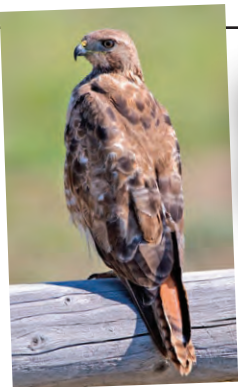
Joe Mack, Knox County Parks and Recreation director, said he hopes the park will be ready and open by the end of this or early next fiscal year, noting there's still much to do regarding adjacent surfacing, a new pavilion, community building, etc.

"The playground will be accessible here in the next weeks," he added, but will have to be closed for further construction to officially complete the playground.

"As the fastest growing area in Knox County year-over-year, the recreational offerings in the Hardin Valley community were minimal," said Kim Frazier, At-Large Seat 11 Knox County Commissioner. "This playground and other recreational enhancements still in the works will provide a place for Hardin Valley families to gather in play and fellowship.

"I'm excited to see the kids enjoy this area and make lasting memories," she added.

~ Brandon L. Jones



## Find the Hawk

This hawk has been hidden in this issue of "Hardin Valley Living!" Search through the pages to find the hawk. When you do, fill out this form and mail or bring it to: **farragutpress, 11863 Kingston Pike, Farragut, TN 37934**

**Location of Hawk** (page number, description of hiding place): \_\_\_\_\_

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

If correct, you will be entered in a drawing for prizes to be held **September 30, 2024**. Winner to be announced in the next edition of Hardin Valley Living. (Ages 12 and under are eligible.)



# THE EPISCOPAL SCHOOL OF KNOXVILLE WELCOMES YOU BACK TO SCHOOL!



Our interactive teaching style allows our students to grasp complex subjects. Small classes combined with the talents of some of the finest teachers in this region nurture our students' natural curiosity and enthusiasm.



Episcopal schools affirm belief in the innate spiritual capacities of all children. Through daily Chapel, we hope to build a community where each child can belong and find companionship and strength for the journey of life.



Our school prepares students for higher education and a lifetime of learning within the context of a loving, inclusive and family-centered community. We enrich our students' intellectual, physical, cultural and spiritual growth.



ESK's Athletics Programs aim to promote good sportsmanship in a competitive environment. Our sports programs strive to teach discipline, commitment, and teamwork while promoting physical activity as a way of life.



Through our service-based learning curriculum, we help students identify their talents for service and encourage them to be involved in a variety of community service projects, both local and worldwide in scope.

950 Episcopal School Way Knoxville, TN 37932  
865-777-9032

For admissions information, please contact  
Corinne Mattern, Director of Advancement  
at [cmattern@esknoxville.org](mailto:cmattern@esknoxville.org)

For more information follow and visit us:



@esksaints  
[esknoxville.org](http://esknoxville.org)

# Service Directory

Advertise in the next Hardin Valley Living service directory! Call Linda at 865-218-8881

## LAWN & LANDSCAPING



*Dream  
Gardens*

*Beautiful & Affordable Landscape Designs • Professional Installation  
Exciting Outdoor Lighting • Bed Remodeling • Sod Installation  
Top-notch Weeding, Pruning & Mulching*

Reed Strozier • 865-258-1844 • [www.dreamgardens865.com](http://www.dreamgardens865.com)

### Service Directory Advertising Rates

1 Block .....	\$60/mo.
2 Block.....	\$115/mo.
3 Block.....	\$170/mo.
4 Block.....	\$225/mo.
6 Block.....	\$335/mo.

Spot color \$5/mo.  
Process color \$15/mo.

### Service Directory Payments

Payments may be made by cash, check or credit card. Prepayment is required on all classified advertising.

*These Cards Gladly Accepted:*



The farragutpress is not responsible for errors in an advertisement if not corrected by the first week after the ad appears. This newspaper is not responsible or liable whatsoever for any claim made by an ad or for any of the services, products or opportunities offered by our advertisers. We do not endorse or promote the purchase or sale of any product, service, company or individual that chooses to advertise in this newspaper, and we reserve the right to refuse any/all advertising we deem inappropriate or unacceptable by our company standards.

## HELP WANTED

**SCHOOL BUS Drivers Needed**

- TRAINING PROVIDED
- FARRAGUT & HARDIN VALLEY ROUTES ARE AVAILABLE  
perfect for the retiree or supplementary income

**BILL MEAD**  
865.966.8246  
[bljbusline@tds.net](mailto:bljbusline@tds.net)

## HOME REPAIR

**WILLIAMS  
DOOR COMPANY**

RESIDENTIAL • COMMERCIAL • WHOLESALE DISTRIBUTION

**865-539-0222**

220 Sherway Road  
Knoxville, TN 37922

- Garage Door Repair Specialist Since 1971
- Same Day Service by Trained Technicians
- Our Service Trucks are in Farragut Every Day
- Next Day Garage Door Replacements on in Stock Doors
- Garage Door Opener Replacements

**CLIP THIS AD  
& SAVE  
\$25 OFF**

**Your next service  
or installation!**

HVL offer expires 10-31-24.

Not good with any other promotional offers.

Our Showroom is Open  
Monday - Friday 8:00am to 4:30pm



[www.williamsdoorco.com](http://www.williamsdoorco.com)

Advertise in the  
next issue of  
Hardin Valley Living!

Contact

Kathy Hartman at

865.218.8878 or

[khartman@farragutpress.com](mailto:khartman@farragutpress.com)





At **Tate Insurance Group**, we believe that we can accomplish great things for our customers; therefore, we consistently strive to find new solutions for your insurance, risk management and financial service needs. Whether you're protecting business or personal assets, Tate Insurance Group can help you identify new ways to strengthen your future and improve your bottom line.

If you are looking to increase the value you are getting from your insurance provider, give us a call today.

**Peace of Mind**

At Tate Insurance Group, we make sure you have the right coverages in place to protect your investments and loved ones. If a catastrophic loss occurred at your home or you had an auto accident, would you be adequately covered? In the event of death, would your family be taken care of? It is our commitment to assure you that you will be financially secure in the event of a loss. At Tate Insurance Group, we take the time to sit down with you to make sure you understand what you are buying as well as making sure we have you and your family properly covered.

6423 Deane Hill Drive

865.862.8233

www.tateinsurancegroup.com  
scott@tateinsurancegroup.com

(\*Erie Insurance does not offer health insurance)



**WHAT DOES IT TAKE TO**  
*Earn The Shield?*

**Tate Insurance Group Follows the Ramsey Mission:**

Ramsey Trusted providers are advocates for Ramsey's financial and business principles. They know their job is to serve—not sell.

**Tate Insurance Group is Fully Vetted by the Ramsey Team:**

Trust is an unbreachable contract. Each provider must earn Ramsey's trust and the Ramsey Team makes sure they keep it through an ongoing relationship.

**Tate Insurance Group Provides Service You Can Count On:**

The Ramsey Trusted shield stands for excellence. When you see someone with it, you know they're determined to help you win.



**Call us for a comprehensive insurance review • Home • Auto • Life • Business • Health**



### **COMPOUNDING SERVICES:**

- Medications free of problem-causing excipients such as dyes, sugar, gluten, corn, yeast, casein, lactose, or alcohol
- Combinations of various compatible medications into a single dosage form for easier administration & improved compliance
- Unique dosage forms such as capsules, lollipops, troches, suppositories, transdermal creams and suspensions
- Compounding lab is on-site and meets the highest level of accreditation by national organizations



**VOLUNTEER**  
PHARMACY

## **Retail & Compounding Services**

Drive Thru, Delivery, & Shipping available

Conveniently Located in Hardin Valley

2559 Willow Point Way, Knoxville, TN 37931

(865) 560-0135 • [volunteerpharmacy.com](http://volunteerpharmacy.com)

Hours: Weekdays: 8AM-6PM Saturday: 9AM-1PM Sunday: Closed