





## McFee spending

From page 1A

amount on a basketball court.” However, Mayor Ron Williams noted he had helped install a multi-purpose asphalt court in his Sugarwood subdivision and perhaps that would be a better plan in McFee. In two related matters, BOMA also approved change orders to be paid to Merit Construction’s work in McFee park in the amount of \$15,749 for fees, storm drain work and power line work and \$40,000 for utility relocation. In other business: BOMA voted to approve on first read-

ing the following ordinances: 20-17, amending Farragut Municipal Code, Special Event Permit, which allows food trucks for special events sponsored by a homeowner’s association; and 20-18, which rezoned 24.85 acres at 1013 McFee Road from Agricultural (A) to Open Space Residential Overlay (R-1OSR).



Williams

## Early voting

From page 1A

with 6,595 casting ballots. Voters have been waiting in line up to four hours in the first days of early voting, which continues through Thursday, Oct. 29.

“Our workers have been doing a great job, helping keep people safe,” Davis said.

As early voting continues at 10 locations in Knox County, including Farragut Town Hall, Downtown West, 1645 Downtown West Blvd., Unit 40, and the City County Building, Davis said participants should continue to expect long lines.

“But I would much rather see voters in line two to two-and-a-half hours rather than wait ‘til Election Day,” he said.

Times are 10 a.m. to 6 p.m. through Friday, Oct. 23, then from 11 a.m. to 5 p.m., Saturday, Oct. 24, at most locations.

Starting Monday, Oct. 26, through the final early voting day, Oct. 29, most locations will be open from 8 a.m. to 8 p.m. Karns Senior Center, the City County Building and Meridian Baptist Church have different schedules. Visit [www.knoxcounty.org/election](http://www.knoxcounty.org/election) for more information. Registered Knox County voters may vote in any early voting location.

Additionally, if voters are in line at the time the polls close, they will be allowed to vote, Davis said.

“But not if they are even one minute late,” he added.

### Two ballot amendments

While the wait times may be long, the voting process itself should be fairly quick, except for the fact that two Knox County Charter amendments are being considered.

The first is a vote on whether or not to make the Knox County Law Director an appointed position by the Knox County Mayor, or keep it as an elected position.

The second, if approved, concerns the duties of the County Mayor as it relates to contracts.

“One of things that may slow voters down is the two county charter amendment issues,” Davis said. “I would recommend voters go look at a sample ballot (which can be found at [knox-county.org/election](http://knox-county.org/election)) before going to vote.

“We don’t want someone to turn a three-minute voting trip into 10-minute voting trip,” he added.

### Masks not required to vote

Knoxville Mayor India Kincannon misspoke on social media at the offset of early voting, when she stated masks were required to vote. “She is wrong, she admitted to me she was wrong — you do not have to wear one to vote,” Davis said. “Town of Farragut requires you to have a mask to enter Town Hall, but inside the voting area, if someone wants to take their masks off we can’t stop them.”

### Poll watchers

Both the Republican and Democratic parties have appointed poll watchers to work during the early voting process, Davis said.

“Voters might see a poll watcher,” Davis said. “They are required to stand in certain areas, and they can observe the conduct of what is going on and see how things are going. They can’t see ballots or personal information, and can’t interact with a voter. If something is amiss, or they see something they think is wrong, they may only speak with the election officials at the polling locations.”

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# KCSO policereports

• On Oct. 12 a KCSO unit responded to an Outlet Drive address in reference to a hit-and-run on Pellissippi Parkway. Upon arrival, contact was made with the victim, who said while driving to work in his 2000 Jaguar STY a white Ford F-150 pick-up was tailgating him on Pellissippi Parkway. Victim also said the driver of the truck was flashing his lights and yelling at him. Victim said he then felt an impact to his vehicle, adding the driver either threw something at him or struck the Jaguar with his truck. While officer did observe damage to the rear passenger side bumper of victim’s vehicle, he did not observe any white paint from the suspect vehicle. Value of damage was listed at \$1,600.

• On Oct. 12 KCSO units responded to a Countryside Circle Apartment in reference to a domestic dispute. Upon arrival, contact was made with the victim, who stated she and

the suspect were engaged in an argument when he began to strangle her by forcing his hands around her throat, constricting her breathing. Victim did not lose consciousness. Officers were able to observe marks on the victim’s neck. Victim refused medical treatment and transportation to a safe location when offered by officers. She was verbally advised of her Domestic Violence rights and was given a Domestic Violence blue card. A warrant for the suspect was filed.

• At 7:26 p.m., Sunday, Oct. 11, a complainant called KCSO Teleserve unit to report a theft of merchandise from Kroger, 189 Brooklawn St. Complainant advised the suspect entered Kroger around 7:15 p.m. and walked out with a hand-basket at 7:26 p.m. Complainant could not advise a list of merchandise that was taken at this time but was advised to call back when she had a list. Value of the basket was listed at \$10.

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## You’re Invited! “Back Pain & Sciatica Workshop”

By Leading Physical Therapist, Dr. John-Mark Chesney

Over the last several weeks, we’ve had a steady stream of people contacting us at the clinic and wanting to know if we can help them with various types of lower back and sciatica pain. And while their symptoms and complaints may vary a bit, here are a few things most of them have in common:

First, many of them have tried several treatment options, with limited amounts of success. This includes previously trying physical therapy, as well as things like chiropractic, massage therapy, acupuncture and injections.

Second, most of them are frustrated. They’ve been told that their pain is just part of getting older and that they “just have to live with it.” Many are also fed up with being offered pain medications, as they don’t want to mask their pain. They want to fix it!

Third, many of these people are afraid. They’re afraid that if they don’t figure out something soon, that they’re going to miss out on the activities they enjoy. The majority of these people are already having to slow down and avoid things like long walks, outings with friends, playing golf, tennis, working out at the gym, keeping up with their kids or grandkids, and missing out on other community and family events. And they’re afraid that it’s only going to get worse.

Now, if this sounds like you, or it sounds like your spouse or a loved one, I have two things I want to tell you today. **The first is this: you’re not alone!** Your feelings of frustration, disappointment and worry are valid, and they’re quite common for the thousands of people in Knoxville who are in a similar position.

**The second is this: there is hope!** Even if you feel like you’ve “tried it all”, there’s always a chance that improvements can be made, especially when someone takes the time to dig deeper to get to the root of the issue.

If the above description sounds like you or a loved one, I have one more resource I’d like to offer you today, which is my upcoming “Back Pain & Sciatica Workshop”. This workshop is perfect for you if you’ve been following my articles but are still a little skeptical that we can actually help you, and

you’d like to learn more before making any decisions about your back pain and/ or sciatica. During the free workshop, we’ll cover a variety of information in depth, including:

- How To Get To The Root Cause Of Your Pain And Ensure It Never Comes Back
- Why Medicinal Care, Physical Therapy, Or Chiropractic Adjustments Haven’t SOLVED Your Problem Yet
- The 5 Levels Of Treatment You Must Go Through To Ensure You Can Stay Active (Most traditional medicine stops at level 3)

This workshop is also a perfect opportunity for you to ask me some specific questions about your situation (and learn from the questions that other attendees will ask). We will have 2 options for the workshop, a live workshop and a virtual option.

**Here are the details:**  
**Live Workshop**  
**When: Tuesday, October 27th from 6:15-7:15 PM**  
**Where: Simply Physio, 111 Loudoun Rd STE 102, Knoxville, TN 37934**  
**Virtual Workshop**  
**When: Tuesday November 3rd from 1-2 PM**  
**Where: From the comfort of your own home**

If you’d like to join me, **simply call the clinic at (865) 351-0615 or register online at [www.simplypt.com/backpain-workshop](http://www.simplypt.com/backpain-workshop)**

Based on the response we’ve had so far, I expect this event to be completely booked, so make sure to register soon!

I’ll be limiting LIVE WORKSHOP attendance to the first 12 people who register (and 4 people have already signed up), so we can maintain 6 ft social distancing throughout the workshop. These workshops always fill up quickly. The event is completely free of charge for anyone who registers in advance. I hope to see you there! And if you can’t make it to the live workshop- then be sure to register for the virtual option taking place the following week. If you still have some specific questions, please don’t hesitate to send me an email or call me at the clinic.

Hope to see you soon!

*John-Mark Chesney is a Doctor of Physical Therapy and owner of Simply Physio. To get in touch, or to get a free copy of his “Guide To Getting Rid Of Back Pain”, call Simply Physio at (865) 351-0615 or email him at [john-mark@simplypt.com](mailto:john-mark@simplypt.com)*



### Henderson

*From page 1A*

“Before becoming a mom, I worked in Washington, D.C. I moved there seven days after Sept. 11, because I wanted to help make a difference and worked for U.S. Rep. John Duncan and Congressman Connie Mack.”

**What is it you hope to accomplish as a member of the Board of Education?**

“First, I want to ensure that our children are the focus of our district.

“I’m passionate about early literacy. Too many children cannot read at grade level, and this knows no demographic boundaries.

“In fact, we experienced it in our own family.

“The budget is always a major issue because one of the main duties of a school board member is to develop and pass the budget. This year’s budget was over \$500 million dollars — which makes up over 60 per-

cent of the county’s budget.

“These are hard-earned tax dollars and we need to make sure that every dollar is spent efficiently, with the greatest impact being felt in the classroom.

“We also must make sure that the state’s formula for funding schools is fair.”

**What is your current profession?**

“I currently stay at home to raise our children.”

**Additional background**

“I grew up in Louisville (Tennessee), attended public schools and graduated from University of Tennessee, Knoxville.

“I was raised in Saint George Greek Orthodox Church and my family and I currently attend Farragut Presbyterian.”

**What area of the district do you live in?**

“I live in Hardin Valley with my husband, Scott, and two children, Logan and Molly, who attend Hardin Valley Middle and Elementary schools.”

### Gray

*From page 1A*

lege instructor over the last 25 years. I also have been a high school and college football, basketball, softball and baseball official since 1996.

“So I get to interact with the teachers, administration and kids on different levels, which gives me a great overview of our education system.”

**What is it you hope to accomplish as a member of the Knox County Board of Education?**

“I hope to make the education system so good that there is no demand for vouchers and school choice in KCS. The goal is to get the school board to be the bridge between all those vested in education.

“Communication and understanding is vital to our education system.

“If we want top-notch education then we must all invest

into our kids’ education.”

**What is your current profession?**

“Budget analyst/consultant and risk assessment.”

**Additional comments:**

“I have no interest in improving my social standing... I am here to fix the problems just the same as I am paid to do in various government agencies across the southeast!! That is what I do—identify and fix issues!!

“There are three key things to start the restoration of our schools:

“1) Do not wait for data points for intervention but educate children day 1 in kindergarten; 2) We must be proactive; 3) Elect a leader who has had to make and will make hard decisions”

**What area of the district do you live in?**

Karns, where I live with my wife, Beth, our daughter, Peyton, and a son, Cooper.

### Kirby

*From page 1A*

County Schools themselves.”

**Additional background**

“I majored in political science and environmental studies at Maryville College and earned my certified nonprofit professional (CNP) credential. I served as the operations manager for a small business, Mountain Challenge, for two years in college, handling the monthly payroll, invoicing, accounts payable, hiring and financial reporting.

**What is it you hope to accomplish as a member of the Knox Board of Education?**

“My BOE goals can be categorized by three guiding principles that I carry with me in every aspect of my life and work:

“Efficiency — Improve communication through regular meetings with students, teachers, families and the community and plan for development proactively so that schools can keep up with growth demands in our district.

“Equity — Advocate for adequate public education funding; align teacher pay with other large districts and provide ample classroom resources.

“Empathy — Champion Knox County’s community schools and expand family access to community resources; support ending the cycle of expensive, time-consuming and

anxiety-inducing high-stakes testing and restore authentic learning time that is lost to test prep.”

**What is your current profession?**

“I work as a program manager for the Global Supply Chain Institute at UT, where I manage the budget and opera.”

“After college, I served in fundraising and programmatic roles with two non-profits before landing in my current position at UT.”

**What area of the district do you live in?**

“In Karns in the same house where I grew up!”

Family includes her mom, Julie, whom she lists as a strong supporter and her best friend.

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## letterstotheeditor

### Farragut Mayor addresses ‘some of the confusion’ with CLUP changes

I wanted to take the opportunity to address some of the confusion over a recent change to the Town’s Comprehensive Land Use Plan (CLUP). This document was created in 2012 with a great deal of public input and adopted the same year. It is a visionary document intended to guide leaders as we consider future growth in the Town. Decisions about zoning and development should be consistent with the CLUP, as the Municipal Planning Commission (FMPC) and Board of Mayor and Aldermen (BOMA) consult this document on a regular basis.

As the desires and needs of the community change, the CLUP must be updated. In 2017, a CLUP steering committee was formed with the mission of looking at certain areas on the future land-use map to make necessary updates. The steering committee is made up of BOMA and FMPC members and citizens. The committee’s first project was to look at the north Watt Road area, where land owners

had expressed interest in developing their property commercially. The neighbors participated in public meetings and expressed support for such development if appropriate transitions were in place.

When the committee solicited input from neighbors on possible commercial development on McFee Road near the park, neighbors participated to say they preferred that the area stay residential.

The proposed TopGolf development spurred the committee to consider new development on the Outlet Drive/Snyder Road corridor. After receiving little public feedback, the outcome was a new entertainment district.

A proposed Town Center development at the former Kroger site likewise prompted the committee to review the Mixed Use Town Center overlay. Public discussions of the proposed development began in March and the committee hosted public meetings in July and August to discuss possible changes to the

Land Use Plan, but there was little public interest. A similar lack of interest continued as the project was discussed publicly at two Staff Developer meetings. Residents showed little interest in Mixed Use Town Center planning until September, when the topic blew up on social media. Much of what has been shared online has been incorrect, and I have spent a great deal of time addressing resulting citizen concerns via e-mail.

The most important thing for residents to understand is that the changes that were made to the Mixed Use Town Center description in the CLUP are intended to protect adjacent neighborhoods from high-density residential development. The current text was amended to say that high-density residential development should only happen within a Town Center project or adjacent to a Town Center project

See LETTER on Page 6A

### ‘Time is right’ for Town Center ‘to thrive’ in Farragut; ‘capable’ developers ready

Several years ago, I was contacted by (then) Mayor Ralph McGill to discuss his wishes to solicit a Town Center developer for a Farragut development. My experience working with Colonial Properties Trust to develop the Colonial Promenade and Colonial Pinnacle and my involvement in the development of Turkey Creek from 1995 until today was part of the reason for our initial discussions. Ralph and Marriane (McGill, his wife and former Farragut Alderman) and many others had long desired to obtain a Town Center for Farragut.

From that initial meeting, a joint effort to proactively recruit a Town Center developer for Farragut was started. The International Council of Shopping Centers annually holds a three-day convention in Las Vegas. Most developers of retail space in the U.S., along with retail real estate brokers, agents, tenants, builders and financiers of retail space are in attendance at this convention, usually numbering 30,000-plus attendees.

A Town of Farragut Task Force was organized to attend this convention with the emphasis on locating a Town Center developer for Farragut. Various Town officials, aldermen and myself attended this convention for many years, meeting with retail developers, brokers and directly with many tenant prospects. We generally promoted the Town of Farragut as a place for a profitable Town Center development.

Farragut now has located a proposed Mixed-Use Town Center developer who has acquired options on property that is presently within the Town Center zone. They are proposing a Mixed-Use Town Center development. I believe the time is right for such a development to thrive in Farragut.

CHM is the proposed master developer of the Town of Farragut Town Center development. I know Budd Cullom, Jim Harrison and Mike McGuffin who own and operate CHM. They are experienced, honest, capable people who are well-capitalized and will

put an excellent development on the ground.

I know Neyland Associates run/owned by Joe Fielden and Joe Fielden Jr. They are premier developers of high-end apartments. These apartments will have many of the latest and most-requested apartment amenities.

I have heard concerns from Farragut citizens about possible school crowding, traffic or site issues. The apartment complex will have mostly professional tenants with minimum expected school-age children. The development has walking trials to two grocery stores, therefore cutting traffic volumes. The development will not have a direct entrance to Concord Road. The site issues will be addressed by engineering means.

Town of Farragut is the place and now is the time for everyone to support the new proposed Farragut Town Center.

Jim Nixon, Farragut

### Alderman details CLUP in relation to apartment land usage for proposed Town Center

The Comprehensive Land Use Plan is like a budget for Farragut’s 16 square miles of land. Although not required by Tennessee law, the CLUP is used by the Farragut Municipal Planning Commission and Board of Mayor and Aldermen as guidance in approving development projects and land-zoning changes.

In 2016, I used the CLUP to educate myself and my Fox Run and Saddle Ridge neighbors on negative impacts of a proposed commercial project to be located across the street from Fox Run. Because my neighbors and I voiced our project opposition based on facts and CLUP concepts at FMPC and BOMA meetings, the project was modified to compliment surrounding neighborhoods and land zoning was changed to meet CLUP concepts.

The CLUP was last updated in 2012 and currently allows apartment land usage (i.e. high residential population density) on 100 percent of the land designated as Mixed Use Town Center (“Town Center”). I understand this usage could be a surprise to residents who are not familiar with the CLUP. However, resident unfamiliarity does not negate the fact that for at least eight years apartments have been transparently and publicly documented in the CLUP as a possible

element of a “walkable” Town Center.

During the Oct. 8 BOMA meeting, my colleagues and I unanimously agreed to restrict the current CLUP apartment land usage within the Town Center to: 1) 25 percent of Town Center land (instead of 100 percent of Town Center land as it is currently); and 2) Town Center development only.

Contrary to the snappy, misleading headline on the front page of last week’s farragutpress, “1st read 5-0; Ordinance allowing apartments in Town Center gets nod (from BOMA),” the “nod” for Town Center apartments was given in 2007 by the approval of the Town Center District zoning ordinance, (which also allows for Town Center apartments). On Oct. 8, the current BOMA restricted the apartment “nod” given by a previous BOMA in order to protect established neighborhoods (that about the Town Center) from directly bordering an apartment complex while at the same time meeting development need for residents to reside a walkable distance from Town Center attractions and businesses.

In addition to the snappy headline, last week’s edition included a letter from Mr. Michael Wilson in which he equated the CLUP apartment restriction

with Town zoning ordinances (please stop comingling these very different documents — it’s confusing enough the way it is).

Mr. Wilson also requested BOMA to address the public mistrust caused by our lack of seeking (i.e. initiating) public input on the CLUP apartment restriction. Here’s my own address: restricting apartments from 100 percent of Town Center land to 25 percent of Town Center land is not a “major change” to the CLUP because the apartment restriction does not change land use, goals or intent of the CLUP. Therefore, because the apartment restriction is not a major CLUP change, BOMA is not obligated to seek/initiate public input on the restriction (believe me, Concord Hills residents have provided ample input on their own initiative).

Further, I seriously doubt residents from neighborhoods that directly touch the Town Center will take issue with BOMA protecting their neighborhoods from directly adjoining an apartment complex. If my conclusion is incorrect, I can live with residents’ disappointment.

Scott J. Meyer, Farragut Alderman, North Ward



# BE WELL

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## Be Well goal: provide compassionate care

**TAMMY CHEEK**

tcheek@farragutpress.com

West Knoxville board-certified nurse practitioner Heather Whittemore sees her duty as helping her patients be the healthiest version of themselves – inside and out.

She has opened her own practice as owner/certified nurse practitioner of Be Well Anti-Aging and Weight Loss

at 10918 Kingston Pike next to Short Sheets Fabrics. Whittemore welcomes the community to Be Well's grand opening and ribbon cutting, hosted by Farragut West Knox Chamber of Commerce, at 4 p.m., Friday, Oct. 23.

"We will have many drawings and giveaways provided by local businesses, an open house to learn more about our services, product representa-

tives on site, entertainment, food and drinks," she said of the event.

Whittemore said she has held many positions within the healthcare setting — clinical director, practice marketing and advertising director and registered nurse — before becoming a nurse practitioner.

"Now I am blessed to have the opportunity to also be the owner," she said. "It has been

because of the kindness and support of my family, friends, patients and others that I have persevered and tapped into a tenacity and confidence I did not know I had. Here I am today, opening my own practice and it feels amazing."

Be Well, a comprehensive health and wellness clinic, offers medical weight management services, nutritional and physical activity counseling,

prescription medications, aesthetics and anti-aging treatments such as Botox and dermal fillers, employment and sports physicals and will also have hormone replacement therapy.

Additionally, "We offer a line of prescription lipotropic and immune-boosting vitamin and mineral injections

**See BE WELL on Page 6A**



**Tammy Cheek**

Dos Agaves Mexican Grill's Maria Cobian and her uncle and manager, Carlos Cobian, display some tasty items on its menu.

## 'We're open'

### Dos Agaves moves to Parkside Drive

**TAMMY CHEEK**

tcheek@farragutpress.com

Following the move to 11639 Parkside Drive, Dos Agaves Mexican Grill manager Carlos Cobian and his family said, "We're open."

The restaurant, formerly located along Kingston Pike next to Kroger Market Place for the past 10 years as Azul Tequila Mexican Grill, opened Tuesday, Sept. 29, with a new name and location.

Dos Agaves is a family-run restaurant, headed by Cobian; his niece, Maria Cobian; her father, Alfredo Ramos; and cousin, Jovenal Ayala, all of Farragut.

While Carlos has 13 years experience, the head cook has more than 20 years experience

in the restaurant business.

Since one of the previous owners chose not to join them in the move, Carlos said they decided to rebrand the business.

"And we wanted a newer building," Maria said. "The other building was old."

"The menu's almost the same, but we have added new things and have taken off things that weren't really selling," she added. "We also changed to Pepsi products."

Street tacos and charro beans are among the new items on the menu. The family also added menudo, an aromatic soup; huarache, a large corn tortilla; and horchata, a cold white rice beverage flavored with cinnamon and sugar.

Meanwhile, Dos Agaves' faji-

tas are still a favorite, as well as its cheese dips.

"Customers say we have the best burritos," Maria said.

Customers also will find a full array of chimichangas, enchiladas, quesadillas, tacos, tamars, chile rellenos, grilled beef and chicken specialties and a lot more.

"Everything is made fresh," Maria said, noting with COVID restrictions, "We are taking precautions and cleaning every day."

Dos Agaves Mexican Grill is open from 11 a.m. to 10 p.m., Mondays through Thursdays; from 11 a.m. to 11 p.m., Fridays and Saturdays; and from 11 a.m. to 10 p.m. on Sundays.

For more information or to place an order, call 865-392-1118.

## businessbriefs

• **Realtor Louis Moore of Knoxville recently joined Weichert, Realtors – Advantage Plus**

in West Knoxville. Moore's sales experience goes back nearly eight years, to his sophomore year in high school.

• **Tennova Healthcare announces availability of a toll-free helpline** designed to help Medicare beneficiaries select a health plan that fits their needs and budget. Through this program it will be easier for Medicare beneficiaries to find a plan that is best for them during Medicare annual enrollment now through Dec 7.

• **Papa Murphy's Pizza locations in the Knoxville area**, which partnered with East Tennessee Children's Hospital, for a month-long fundraiser in August, raised \$2,700 for the hospital. All nine Papa Murphy's locations in the Knoxville area

donated 15 percent of all sales every Monday in August to ETCH, the largest freestanding pediatric medical center in the state.

• **Tennova Medical Group encourages 6 months and older**

to get a flu shot this fall. The COVID-19 pandemic makes getting a flu shot—and taking every precaution possible to avoid the flu and other illnesses—even more important this year. "It's likely that the influenza virus and the virus that causes COVID-19 will both spread this fall and winter," said Dr. Kaneez Leonard-Bowden, a family medicine physician with Tennova Medical Group in Karns. "Even though flu shots won't prevent all cases of the flu, getting vaccinated can decrease the intensity and duration of the illness."



**Moore**



**Leonard-Bowden**

**TAMMY CHEEK**

tcheek@farragutpress.com

The Choto community in Concord will have a new restaurant by mid-January 2021.

Justin Cress, who owns Craven Wings at 10721 Chapman Highway at Macon Crossing shopping center, is opening his second location next to Signature Self Storage along South Northshore Drive in the Choto community.

With the new shopping center built, Cress said he is building out the unit and should be

**See CRAVEN WINGS on Page 6A**



**Photo submitted**

Melissa and Justin Cress are opening their Craven Wings location, next to Signature Self Storage and Markets at Choto along South Northshore Drive in Concord, in mid-January 2021.

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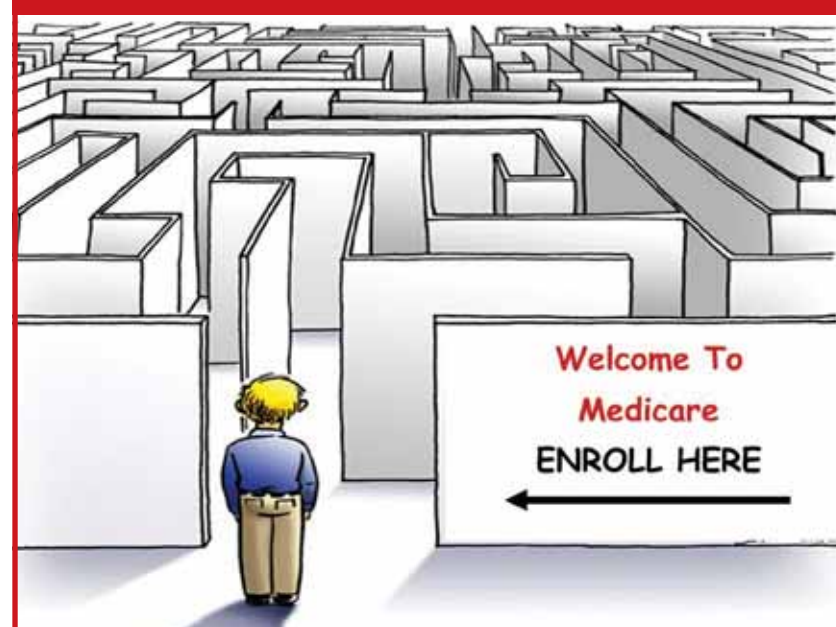
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## Be Well

From page 5A

for weight loss and wellness,” Whittemore said. “We have a supplement line that has been thoughtfully selected by our healthcare providers to address many aspects of weight loss and wellness.

Whittemore said the center has a team consisting of a board-certified physician, board-certified nurse practitioners, registered nurses and patient care coordinators to care for patients.

“Our nurse practitioners are certified medical examiners by the FMCSA for performing Department of Transportation physicals,” Whittemore said. “Our medical staff has many years of previous experience in bariatrics, weight management, medical aesthetics, primary care, mental health and nutrition.

Additionally, Whittemore said mental and physical health counseling is provided, and “we are affordable.

“Our goal is to help you be



Photo submitted

Heather Whittemore, center, board-certified family nurse practitioner and owner of Be Well Anti-Aging and Weight Loss, joins her staff at her new practice at 10918 Kingston Pike, next to Short Sheets Fabrics. Joining Whittemore are, from left, Becky Smith, RN; Mary Ball, RN.; Ericka Marshall, FNP-BC; Michelle Currier, FNP-BC; Gail Hooker, patient care coordinator; and Jill Price, RN.

successful, no matter what that looks like for you,” she added.

Be Well currently is open from 9:30 a.m. to 5:30 p.m. on Wednesday, Thursday and Friday.

“We are also available dur-

ing other hours by appointment only,” she said.

Appointments can be booked on Be Well’s website at [www.BeWellKnoxville.com](http://www.BeWellKnoxville.com). For more information, e-mail [info@bewellknoxville.com](mailto:info@bewellknoxville.com) or call 865-288-7100.

## Craven Wings

From page 5A

open by the second week in January.

“I think it’s going to be a super location,” said Cress, a partner with wife, Melissa. “I know the area pretty well.”

He noted he was surprised by how the area has exploded with growth. After watching traffic counts and business conducted at Markets at Choto for a couple of nights, he said, “I was immediately convinced it was the place for us.

“What we do caters to that area very well,” Cress added. “And God willing — and we prayed on this every night and every day for a while now — I think we will really ‘hit a home run here.’ People will really like us, and I think we will really enjoy being there.”

Craven Wings, owned under Cress Family Restaurants, LLC., offers “hot and crispy chicken wings, fresh to order,” Cress said. “I think people are really going to like us.

“I invite anybody come try

us out,” he added. “Our chicken is different. It’s crisp, it’s fresh, it’s plump, and our sauces — all made in-house from scratch — include barbecue, lemon pepper, teriyaki, garlic, mild, medium, sweet chili, habanero mango and spicy barbecue, hot and “holy Moses.”

But Craven Wings is “so much more than chicken wings,” Cress pointed out.

He added the menu also includes quesadillas, hamburgers, salads, sandwiches and chicken tenders. “Our hamburgers are also from fresh ground beef, hand-pattied,” he said, noting salads also are fresh and hand cut.

He said the hours of the Choto store will be from 11 a.m. to 10 p.m., Monday through Thursday; from 11 a.m. to 11 p.m., Friday and Saturday; and 11 to 8 p.m. on Sundays.

For more information, visit its website at [cravenwings.com](http://cravenwings.com) or call its Chapman Highway restaurant at 865-577-5211. Cress said an app for iPhones or Androids can be downloaded to make ordering easier.

## Letter

From page 4A

that does not abut existing residential communities.

The proposed project doesn’t abut any residential areas, but there are other large parcels within the Mixed Use Town Center area that could ac-

commodate such development, and they are adjacent to existing neighborhoods. This change protects those neighborhoods.

There are still many steps to be taken before a Town Center project could even proceed at the former Kroger site. A land study and a traffic study will have to be completed, along

with a more detailed concept plan and a request to rezone the site to accommodate the project would follow. As always, the public will be invited to give feedback, and I invite you all to take part in this public process.

Planning is vitally important to a community with high development standards, and it is an ongoing pro-

cess. Your Town leaders want what the majority of residents want—a thriving, vibrant community that provides amenities that are attractive to residents and visitors alike.

If we are to make this happen, we will have to work together.

Mayor Ron Williams

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# Pull away for Trey: Ads 45 Dawgs 17

Extra-motivated by Nesbitt injury, Farragut goes on 28-0 run to beat Bearden for 20th time in last 23

**ALAN SLOAN**

editor@farragutpress.com

**KNOXVILLE** — As if Farragut needed any extra motivation to beat rival Bearden, a serious, high school-career-ending ankle injury to senior Trey Nesbitt, standout defensive end, late in the first half fueled several key Admirals with even more intensity.

The result was erasing a 17-17 tie midway into the third quarter, using kickoff field position, three second-half interceptions and a balanced offense to go on a 28-0 run for a 45-17 Region 1-6A win at BHS's Bill Young Field Friday night, Oct. 16.

"It really kind of pulled us together. ... When Trey went down, we knew how hard he works, we know what he stands for. It all kind of hit home for us: 'we've really got to show up for him,'" said Eli Purcell, senior defensive leader at inside linebacker who had 10 total tackles, including four solo stops.

"We just tried to play the game for Trey," said Dawson Moore, Farragut junior quarterback who went 11 of 16 passing for 185 and four touchdown tosses.

"Our offensive line did a great job," said junior running back Schumann Xie, who rushed for 102 yards on 16 carries. "... And it was a great job by the coaches on play-calling."

Yet another junior, receiver/defensive back Mason Collins, caught an 11-yard TD pass and caught two Bearden passes for interceptions — while recording six solo tackles, eight total.

After a 20-yard field goal by FHS junior Simeon Sharpe, the



Photo courtesy of Carlos Reveiz/crfoto.com

Logan Foody (19), Farragut senior cornerback, knocks away this potential Bearden touchdown pass from a Bulldogs receiver as Admirals teammate Grant Rice (1), senior safety, and Griffen Oros (13), Bearden junior receiver, also react. A 28-0 run during the final 18 minutes gave FHS a 45-17 win at BHS's Bill Young Field in this Region 1-6A rivalry showdown Friday night, Oct. 17.

**See ADS PULL AWAY on Page 3B**

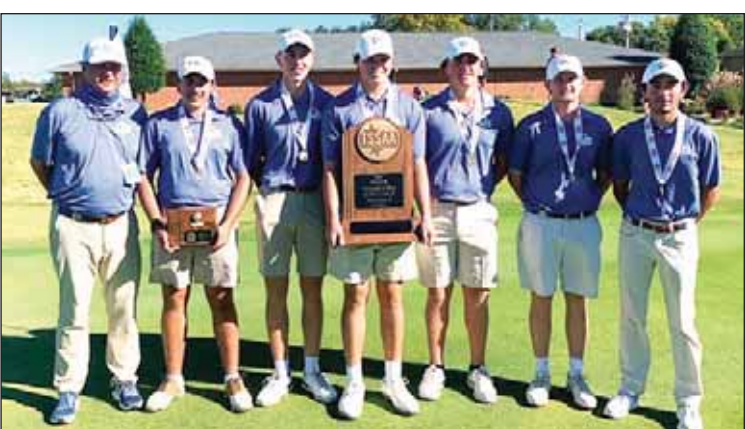


Photo submitted

Happily displaying their TSSAA Division II Class A boys golf state championship plaque, which is a repeat performance for Christian Academy of Knoxville after also winning the crown in 2019, are, from left, head coach Donnie Cooper and golfers Kaleb Wilson (medalist at 2-under par), Jackson Hughey, John Meadows, Cade Nichols, Ben Johnston and Wes Rodriguez.

## State back-to-back: Wilson, CAK No. 1

Frosh, N-Merit Semifinalist pace Lady Warriors to 4th

**ALAN SLOAN**

editor@farragutpress.com

**MANCHESTER** — Led by what head coach Donnie Cooper said "is one of the top three juniors in the state," his No. 1 golfer Kaleb Wilson, Christian Academy of Knoxville's boys golf team once again reigned supreme at Division II Class A State Tournament at Willow-Brook Golf Club last week.

Winning state for the second consecutive season, this year behind Wilson's medalist effort of 2-under par for 36 holes Monday and Tuesday, Oct. 12-13, the Warriors' two-day, four-player total of 604 (+28) was 23 strokes better than runner-up Evangelical Christian School of metro Memphis (627, +51).

About keys to Wilson's suc-

**See STATE REPEAT on Page 2B**

**KEN LAY**

Correspondent

**HARDIN VALLEY** — The 2020 football season has been a long one for Hardin Valley Academy, and when the Hawks hosted Jefferson County late last week, one team was going to come away with its first victory of the season.

And by the slimmest of margins, the Hawks found their way into the win column as they edged this Region 1-6A foe 14-13 Friday night at HVA.

The Hawks (1-7 overall, 1-3 in region) had to withstand a late rally from Jefferson County (0-9, 0-5), but that made the celebration even sweeter.

The game wasn't decided until senior linebacker Sam Simpson forced a fumble from JCHS quarterback Connor Cawood, and the Hawks' Isaac Wilhite recovered late in the fourth quarter. From there, Hardin Valley ran out the clock.

"I saw that quarterback coming in and there was no way I was going to let him get that first down," Simpson said. "I was able to knock the ball loose."

"It feels great to finally get that first win," he added.

Both the Patriots and the Hawks moved the ball efficiently at times over the first 24 minutes, but both had their share of mistakes including untimely penalties and turnovers. The result was a scoreless first half.

However, things didn't stay in a 0-0 deadlock for long after halftime.

The Hawks got on the board when Zach Passafume took the opening kickoff in the third quarter and returned it 93 yards for a touchdown. John Aragon's extra point gave HVA a 7-0 lead with 11 minutes 44 seconds remaining in the frame.

"I dropped it first, and I just took the ball and I saw the hole and I hit it and I was gone," Passafume said. "It feels great to get this win."

"We've all been working hard and we were all just tired of losing. It's just nice to get a win."

HVA extended its advantage

to 14-0 when Ryan Nichol recovered a Hawks' fumble in the end zone with 2:39 left in the third stanza.

Jefferson County scored twice in the final frame. The Patriots pulled to within 14-7 with 7:57 left in the game, then blocked a punt that Jace Dobbins returned 41 yards to the end zone.

JCHS, however, missed the ensuring extra point and the score remained 14-13 with 3:51 left.

After the Hawks had to punt, the Patriots took the ball for the potential game-winning drive that stopped when Cawood fumbled.

Hardin Valley head coach Mike Potter said he was pleased to finally see his squad capture a victory, and noted that special teams had an impact on the contest.

"It feels good to get this win. It's great for these kids," he said. "They've kept coming in here and going to work and it's great to see them get this win."

"That kickoff return was huge for us. Special teams can really be a game changer as you saw with Jefferson County when they made their play too."



Nichol



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Photo courtesy of Carlos Reveiz/crfoto.com

## Lady Ads looked for substate berth

As District 4-AAA Girls Soccer Tournament runner-up, Farragut looked to advance to substate by winning its Region 2-AAA semifinal Tuesday night, Oct. 20, versus 3-AAA champ Oak Ridge at ORHS (after deadline). **(Above)** With a battle on the ground during Farragut's 4-AAA semifinal win at Hardin Valley Academy, 3-0, Tuesday, Oct. 13, FHS's Brady Livingston advances the ball.

### State repeat

From page 1B

cess, "He doesn't let outside factors affect him," Cooper said. "He doesn't let his emotions dictate his next shot."

While the greens at Willow-Brook went from firm to much softer between CAK's practice round there Friday, Oct. 9, and first round play Oct. 12 — thanks to abundant rain — Wilson "never uses anything as an excuse," the Warriors coach added. "He's mentally tough."

But that toughness — at least in terms of adjusting to a wet and much slower course — extended to the whole team. "We handled it really well," Cooper said.

Overall, "I've had a really good group of seniors that were really good leaders," the coach said of John Meadows (who tied for 11th-place individually) Cade Nichols and Wes Rodriquez.

"And I've got a really good group of juniors," who also included Jackson Hughey (fourth-place individually at +4) and Ben Johnston (who tied for 18th place).

About Hughey's high-risk/high-reward style of play, Cooper said, "Jackson hits it a long way and he plays a little different game."

Following his Oct. 12 opening 18 holes, "I think he only made six pars, but shot 1-under," the coach said.

Regardless of his score, "He always comes back," Cooper added about Hughey. "He's always confident he can make birdies to gain shots."

While Meadows "played

pretty good in the state tournament" according to his CAK coach, "His leadership was the key to our success."

Johnston "played pretty good the first day," Cooper said.

With Nichols and Rodriquez contributing, "Cade's (score) counted the last day," the coach said about the senior.

Webb School of Knoxville, led by Reese Britt's third-place individual finish (+2), placed third as a team (630, +54).

#### CAK girls fourth

Meanwhile on the girls' side, CAK's tandem of freshman Malerie Taylor, district and region medalist who finished 12th (+24) individually, and senior Allie Cooper claiming 14th-place (+29), finished fourth as a team (343, +53).



Allie Cooper

"She really came on strong at the end of the year," coach Cooper said of Taylor.

His senior girl golfer, who also is the coach's daughter, "Shot 40 on her last nine holes as a high school golfer," the proud father said. "She was happy with that."

Allie Cooper also is one of just 16,000 students nationwide, among more than 1.5 million to take the Preliminary SAT/National Merit Scholarship Qualifying Test, to be named a National Merit Semifinalist.

Webb's sixth-place team finish was led by Palmer Sykes (18th) and Lauren Turner (20th).

## Red-hot Bearden District 2-AAA champs after blanking Knox West 2-0 in title game

KEN LAY

Correspondent

KNOXVILLE — Zneyah McLaughlin plays every soccer game like it may be her last.

"We didn't know what this season was going to hold for us with (COVID-19) and everything going on in the world," said McLaughlin, a senior forward for Bearden High School's girls soccer team who scored a goal to help lift the Lady Bulldogs to a 2-0 victory over Knoxville West (11-5-2) in the District 2-AAA Tournament championship match Thursday, Oct. 15, at BHS's Turner-Allender Field.

The goal by McLaughlin, who also plays basketball for the Lady Bulldogs, helped propel BHS (17-1-0) to its fourth consecutive District 2-AAA Tournament championship. Bearden

has not lost a district regular-season or tournament match since joining the league in 2017.

However, "We don't play to win district championships. The district championship is great and it's nice. It's part of the process. You want to win it because you want to have home field throughout the region playoffs," Ryan Radcliffe, Lady Bulldogs head coach, said.

"I like the way that we fought through adversity tonight and I like the way that we've fought through adversity all year," he added.

Bearden, which outshot the Lady Rebels 18-1, took a 1-0 lead when sophomore forward Brinley Murphy headed home a corner kick from Becca Roth in the 22nd minute.

McLaughlin's goal was an insurance marker. She took a pass from Jordan Hellman and scored in the 71st minute.

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Susan Royster



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## Ads pull away

From page 1B

Next Admirals score came on Dion Williams' 4-yard touchdown run to make it 9-3 (conversion missed).

Though the Bulldogs answered with a touchdown and a 10-9 lead, Moore hit a wide-open Matt White just beyond midfield, and the senior receiver took it 66 yards to put the Admirals (5-3, 3-1) back ahead with 5:14 left in the first half.

Purcell's 2-point conversion run made it 17-10.

Another FHS scoring chance died on downs at the Bearden 23 — a touchdown pass being dropped in the end zone — in the closing seconds of the half just before Nesbitt's injury.

The Bulldogs (2-5, 2-2) were quite effective in tying the game about four minutes into the third quarter. Combining the power running of junior Nicco Young with the outside speed of senior running back Makai Williams and the option

keeps from elusive sophomore quarterback John Carlevato — plus a pair of clutch slant pass completions — the Bulldogs went on a nice 13-play, 80-yard drive to tie things 17-17.

Carlevato's 2-yard scoring run and junior Luke Wilkins' third successful kick (two conversions and a 20-yard first-quarter field goal) pulled the game even with 8:21 left in the quarter.

It was the sophomore's second TD run, having broke loose on a 55-yard scoring jaunt to put Bearden up 10-9 with 6:18 left in the first half.

But a short kickoff and a personal foul penalty gave Farragut the ball at the BHS 46.

Moore's quick toss right to senior tight end Jake Wallace turned into a 19-yard TD toss.

Sophomore Reese Keeney converted the first of his four extra points, as the Ads led for good, 24-17, with 6:18 left in the third quarter.

Farragut's 58-yard TD drive ended with Xie scoring from 17

yards out making it 31-17.

After the Bulldogs fumbled the ensuing kickoff out of bounds at the BHS 6, Grant Rice, FHS senior safety, intercepted Carlevato.

Collins' 11-yard TD catch from Moore made it 38-17.

Following the first of two Collins interceptions, Moore hit senior wideout Alex Taylor on a 22-yard scoring pass with just 3:33 remaining.

"The key was to stay focused and keep our heads in the game," FHS junior nose guard Corey Walker said.

"We had mistakes snowball on us, and we couldn't put the brakes on to straighten that out," Bearden head coach Morgan Shinlever said.

Individually, Shinlever praised senior captain Christian Spining, a standout linebacker. "He's playing when he's banged up — he's always giving his all," the coach said.

"Every Friday we can always count on No. 1 (his jersey number) to perform."

## FHS All-tourney volleyballers



Photo submitted

Following the recent District 3-AAA Volleyball Tournament at Heritage, seven All-Tourney honorees were selected. Honorees from runner-up Farragut were Ellie Ackermann, center, junior middle hitter, and Kennedy Holley, freshman right-side hitter, right. Also pictured is Kaitlyn Wilkerson of host HHS. Other honorees not pictured included Kami Livingston of Hardin Valley Academy. Following a four-game win versus Oak Ridge in Region 2-AAA semifinal play Monday, Oct. 12, at Maryville, the Lady Ads (15-11) finished as region runner-up before having its season ended in substate one win short of the state tourney. Farragut lost at Johnson City Science Hill in four games Thursday, Oct. 15.



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3. Winners will be selected in five categories: **Ages 4-5, Ages 6-8, Ages 9-11, Adults 12-112** and **Special Needs**



## Entry Form

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(Please print and sign) \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Category (Please Circle One): Ages 4-5 • Ages 6-8 • Ages 9-11 • Adults 12-112 • Special Needs

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HVA	(1-7)	95-333	-238

## Many praised as CAK stays perfect; Webb rolls

While more will be said about Christian's Academy's second consecutive PureMagic How the West Was Won Scoreboard championship for best regular season record in the coming weeks, the focus this week is how the Warriors got over the top.

Going "over the top" meant improving their perfect record to 8-0 after dumping Boyd-Buchanan 34-10 in a Division II-AA East Region game in Chattanooga Friday night, Oct. 16.

"Our defensive coordinator, Bart Kareken, and his staff had our boys prepared well — as they do every week," CAK head coach Travis Mozingo said.

"We were led on the defensive line by senior Noah Olsen; our linebackers Knox Woidke and Luke Myers were solid, as were all of our secondary: JD Presley, Denzel Jackson, Kanye Harris and Grant Sterchi," he added. "The two defensive plays that standout were the two strip fumbles — inside the 2-yard line.

"We recovered two fumbles

last night, bringing our turnover margin to plus-14 on the season."

Recovering those fumbles were linebackers Chi McNeil-Harrison and Sterchi.

Leading tacklers were Myers (15 total), Woidtke (nine total), lineman Malach Harrison and Olsen (eight total each) and safety Jackson (seven, four solo).

"Our offensive coordinator, Ryen Minton, and his staff once again made some timely halftime adjustments and really took off in the second half," Mozingo said.

As for top individual efforts, "It was good to see Ryan Degges have a solid game at quarterback," the coach said about the senior, who completed 14 of 27 passes for 178 yards and three touchdowns. "He's been out the last three weeks with an injury."

"Per usual, JD Dunn was a workhorse for us running the football (210 yards and one TD on 29 carries), he's now over 1,000 rushing yards on the season," Mozingo added. "Grant

Sterchi (a two-way player) was uncoverable at wide receiver, scoring three touchdowns (seven catches for 116 yards)."

There's no rest for the Warriors, who face East Region title contender Grace Christian Academy (7-1, 3-1) at CAK Friday evening, Oct. 23. Opening kickoff is set for 7 p.m.

### Spartans also roll

Meanwhile, Webb School of Knoxville (4-3, 2-2) posted a 42-24 East Region victory at Silverdale Baptist Academy (4-4, 2-3) in Chattanooga last Friday.

"First of all I want to praise our defense in the second half. We made some adjustments and really played exceptional," Webb head coach Dave Meske said.

The Bonifacio linebacking brothers both came up big, as sophomore Joey Bonifacio led with 18 total stops (11 solo), while junior Leo Bonifacio had nine total tackles.

Ari Klasky, freshman defensive end, had seven stops and four quarterback hurries.

Heavy on the run, the Spar-

tans' ground game had many standouts. Dominic Vance, junior running back, rushed 16 times for 102 yards and two touchdowns. Brandon Winton, freshman running back, had 13 carries for 119 yards and one rushing touchdown.

Charlie Robinson, sophomore quarterback, carried nine times for 64 yards and two touchdowns. He also had a 32-yard punt return.

Elijah Bane, senior running back, carried eight time for 48 yards and one touchdown.

The Spartans host East Region foe Chattanooga Christian (3-2, 3-1) this Friday in Dave Meske Stadium. Opening kickoff is 7 p.m.

### Irish rally just short

A goal-line stand where Knoxville Catholic held Chattanooga Baylor out of the end zone from inside the KCHS 5 in the fourth quarter was critical to an Irish rally last Friday.

Instead of trailing 21-3, Catholic held the Red Raiders to a field goal and a 17-3 deficit in this Division II-AAA East Region game.

A touchdown run from Kaden Martin, KCHS junior quarterback, cut the lead to 17-10 before Nicholas Iversen's 52-yard "pick-six," an interception he turned into a touchdown, tied the game 17-17 with less than three minutes to play.

But the Red Raiders (4-2, 2-2) used a critical third-down conversion plus a 31-yard pass to eventually land at the Irish 1 before an 18-yard field goal, with just seven seconds to play, gave Baylor a 20-17 victory.

Dropping to 2-4 overall while remaining winless in the region (0-3), Catholic will use yet another open date this week to prepare for its final road game of the season versus a much-improved Father Ryan team (5-2, 3-1) in another region showdown — this one in Nashville Friday, Oct. 30.

The Irish must beat Father Ryan, then whip East Region foe Ensworth in KCHS's Blaine Stadium Friday night, Nov. 6, to reach the Division II-AAA playoffs.

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## ‘Answer to prayer’

Faith Promise Church finds new home, welcomes citizens to West End Center

TAMMY CHEEK  
[tcheek@farragutpress.com](mailto:tcheek@farragutpress.com)

After meeting for three years in Farragut High School, Faith Promise Church members are ready to move into their more permanent location at 144 West End Ave. in Farragut’s West End Center, adjacent to the Goodwill store.

It will kick off that opening, scheduled for Sunday, Nov. 1, with a ribbon cutting hosted by Farragut West Knox Chamber of Commerce beginning at 11 a.m., Friday, Oct. 30.

Finding the West End Center location was “just a miracle of God,” campus pastor Daniel Warren said. “We’ve been praying and searching and seeking a facility and (One Life Church) that we partner with said, ‘Hey, we are looking to give this lease up’ and it was an answer to prayer.

“We took over their lease; we’re remodeling and getting ready to open Nov. 1,” he added. On that day, “We’re going to have our Tricks and Treats event.

“We will have inflatables, candy for the kids and some fun elements in our worship center, as well. Just an amazing time for all ages and every part of the families,” Warren said.

“We’re very excited for our new facility because we want it to be an opportunity to be seen as a pillar in the community, and we want people to know we’re here for the long term,” he added. “We are here to love the people of Farragut and help them with whatever they need.”

Faith Promise Church, established in 1995, has five sites, which also includes its main campus at Pellissippi State Community College, as well as a Blount County, North Knoxville and

See NEW HOME on Page 2C



Photo submitted



Tammy Cheek

(Above) Faith Promise Church Farragut members Dave and Daniella Rice informed community members about its location at Farragut High School during a recent Sunday. (Left) Church leaders stand in front of their new West End Center location, which they expect to open Sunday, Nov. 1. From left are Student pastor Josh Webb, Children’s pastor Carrie Wrinn, Campus pastor Daniel Warren, Groups and Missions pastor Jeff Cochran and campus producer Beau Sison.

## Virtual way to fight autism



Photo submitted

Autism Breakthrough of Knoxville is hosting a 21-Day Virtual Challenge Nov. 5-25, featuring individual runs, walks and talks that replace its annual spring 5k Run for Autism. Breakthrough is inviting the community to learn more about adults on the autism spectrum through the 21-day journey with stories from families of adults with autism and discussions with leading professionals knowledgeable in the field of autism. Breakthrough will offer three virtual 5k events: a certified course in downtown Knoxville at Tyson Park, a certified course in West Knox County at Turkey Creek and a “run anywhere” course. The RaceJoy app will enable participants to track time and distance for each option. To register, go to <https://runsignup.com/Race/TN/Knoxville/BreakthroughVirtualRunforAutism>, [www.breakthroughknoxville.org](http://www.breakthroughknoxville.org), or with RaceJoy app. Registration is \$30 for adults and \$15 for students. For more information, visit [www.breakthroughknoxville.org](http://www.breakthroughknoxville.org) or call Kendrise Colebrooke at 865-247-0065 ext. 28.

## Lynch’s letters of love way to boost seniors in isolation

TAMMY CHEEK  
[tcheek@farragutpress.com](mailto:tcheek@farragutpress.com)

With her own grandparents in mind, Pinnacle at Turkey Creek’s director of security Ashley Lynch started a program that invites the community to participate in Send Senior Citizens Love.

People can send in letters that go to seniors in nursing homes, offering encouragement and affection to those struggling from the isolation created by the pandemic.

That project, which started April 10 at the onset of COVID-19, has now gone nationwide.

“It’s a great thing and I love it,” Lynch said.

See LETTERS OF LOVE, Page 4C



Tammy Cheek

Ashley Lynch, Pinnacle at Turkey Creek director of security, started a project, Send Senior Citizens Love, to encourage the community to write letters to seniors in nursing homes. Started in April, Send Senior Citizens Love has gone nationwide.

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- **MEDIC Regional Blood Center**, with its Farragut location at 11000 Kingston Pike and downtown Knoxville location at 1601 Ailor Ave., MEDIC is now at the critical level for O Positive and B Negative blood types. For location hours, appointments, directions and Mobile Blood drive list, visit [medicblood.org/](http://medicblood.org/). Use donate link for appointments. Appointments also can be made by calling 865-524-3074. MEDIC is requiring all donors to wear a mask or face covering. If a donor does not have a mask or face covering, MEDIC will provide one. Walk-in donors also are allowed..
- **Knox County Health Department COVID-19 Information Line** is 865-215-5555, or call toll-free, 888-288-6022, from **8 a.m. to 4:30 p.m., Monday through Friday.**
- **Concord United Methodist Church**, 11020 Roane Drive, is hosting a drive-through Trunk or Treat from **4 to 5 p.m., Sunday, Oct. 25**, in the church's east parking lot. Families will be able to drive through a socially-distant line of decorated trunks with an optional photo booth set up for families who wish to enter a digital costume contest. Instead of candy being distributed at each trunk, every child will receive a huge bag of treats when exiting the parking lot, limiting person-to-person exposure.
- **Christ Covenant Church**, 12915 Kingston Pike, will host drive-through Trunk or Treat for special needs families, hosted by the Autism So-

ciety of East Tennessee, from **3 to 5 p.m., Sunday, Oct. 25**. Reservations are required and may be completed at [www.christcov.org](http://www.christcov.org)

• **Tennessee Bar Association Young Lawyers Division** and the Knoxville Bar Association, in partnership with the Tennessee Alliance for Legal Services, the University of Tennessee College of Law and the Lincoln Memorial University Duncan School of Law will host a virtual Debt Relief Legal Advice Clinic for those pre-screened starting at **9 a.m., Saturday, Nov. 7**.

Those seeking advice must register and qualify in advance by e-mailing their name and phone number to [yldclinics@tnbar.org](mailto:yldclinics@tnbar.org) no later than **Friday, Oct. 23**. Students from UT Law and LMU Law will follow up to determine eligibility for the clinic, which is available to individuals whose income and expenses place them at less than 250 percent of the federal poverty level based on household size.

Once pre-qualified and pre-registered, a Zoom link will be provided. Clients accepted for the clinic must have access to a phone or computer with Internet access and must complete and return an electronic form with financial information in order to participate and receive personalized legal advice.

United States Bankruptcy Judge Suzanne H. Bauknight will begin with an overview about debt issues and bankruptcy protection, including reasons for and against seeking bankruptcy protection.

## Perfect '36' ACT Webb duo: Chapman, Charles

Webb School of Knoxville seniors Josh Chapman and Rhea Charles earned the highest possible ACT composite score of 36 on their ACT tests this past year.

The ACT® test is a national college admissions and placement examination assessing high school students' general educational development and their ability to complete college-level work.

According to an ACT news release, fewer than half of one percent of all students taking the ACT earn a top score.



Chapman



Charles

## New home

From page 1C

Anderson County campuses. Its Farragut campus has been portable at FHS for the past three years when that campus launched, Warren said, adding Carrie Wrinn, children's pastor, was one 100 core volunteers who helped launch that campus.

"We would set up and tear down every Sunday and set up and tear down every Wednesday evening for our student ministry as well," he said. "We've had a great relationship with the principals, especially Dr. (John) Bartlett. He's been incredible, and we love being able to partner with the schools."

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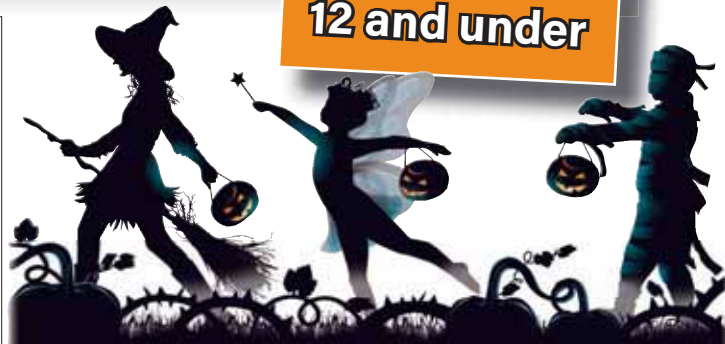
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## Letters of Love

From page 1C

National media also has taken notice. Two weeks ago, she not only was recently invited on Returning the Favor podcast series of Mike Rowe, a TV host and narrator, she also received \$10,000 from Rowe to continue the project.

"It was a crazy experience, but I'd do it over again. It was great," Lynch said. "I loved it. I learned so much."

"This whole thing has taught me so much," she added. "A lot of people have reached out and they relate — they've lost their grandmother, grandfather and they want to take care of the elderly also."

"It means the world to me, actually, to see people smile, to remind people that they're not forgotten, to be creative and create these things these people are getting."

Although her grandparents died in 2019, Lynch remembered when she visited them in the nursing home, "A lot of people that didn't have family. They didn't get the interaction, and when COVID hit nobody was getting the interaction."

"I wanted to think of a safe way for them to be able to know they are not forgotten," she added.

Lynch not only distributes the letters, she writes letters herself, "probably 30 a week. If not that, it's creating cute little Halloween cards or seasonal cards."

"And Kris (Brinkmeier, marketing director) for Home Instead does letters also and does cute little designs on the envelope," she added.

Lynch said Send Senior Citizens Love actually is "going really well. A lot of our community has helped out, sending in letters, dropping them off. There're people who are regulars when it comes to sending letters."

While many are local residents, Lynch noted since April, "I've probably had (people from) 20 different states send in letters. And, I've sent letters to nursing homes in Washington, (D.C.); Greenville, Tennessee; Texas; and I'm working on expanding even more."

She estimates at least 1,000 letters have gone to seniors since last April.

While Lynch does most of the work, she said Home Instead Inc. has helped her, getting her started with local nursing homes, and Karen Tindal, Town of Farragut Tourism coordinator, has been part of the project as well.

She said local residents can stop by the little mailbox next to Flemings Steak House and drop off letters or bring them to Lynch's office next to The Bed Store. Letters also can be mailed to 11251 Parkside Drive, Knoxville, TN 37934.

## Big NJROTC Honor Guard role at FHS



Alan Sloan

Farragut High School Navy Junior ROTC Honor Guard was a key part of the FHS Homecoming Queen candidates procession during Homecoming ceremonies Friday, Sept. 18, at Bill Clabo Field. From left are junior Adilynn Walker, 1st Class Petty Officer; senior John Hurley, Commanding Officer; sophomore Emily Haddad, Petty Officer 2nd Class; sophomore Ava Weatherby, Petty Officer 3rd Class; junior Kiley Lum, Petty Officer 2nd Class and junior Kaleb Bedard, Unit Executive Officer.

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 Payments may be made by cash, check or credit card. Prepayment is required on all classified advertising.  
**These Cards Gladly Accepted:**

To place your ad in farragutpress call (865) 675-6397.

## 101 CLASSES & LESSONS

**EXPERIENCED TUTOR AVAILABLE**  
 via Skype. All levels of math, physics, English, and languages. Call 865-966-6858.

## 516 REMODELING

**LICENSED CONTRACTOR**- Remodeling, custom home building, additions, sunrooms, garages, decks, restoration, kitchens, bathrooms. Residential & Commercial. Free estimates. 865-922-8804. Herman Love.

like us on facebook at  
[facebook.com/farragutpress](https://www.facebook.com/farragutpress)

## employment zone

### Benefit Your Life is hiring!

We are looking for friendly, part-time customer service workers to join our gluten-free bakery!

*Come to the bakery to apply!*  
**10420 Kingston Pike, Suite G 37922**

**Fast Paced Grooming Salon** seeking **Pet Bather/ Grooming Assistant** to join our team.  
**Tues – Sat 9am-until?**  
 Animal Experience Preferred. On the job training provided.  
**Call 865-777-2275**  
 for interview appointment or email [bark.place.grooming@tds.net](mailto:bark.place.grooming@tds.net)

# service directory

The **farragutpress** is not responsible for errors in an advertisement if not corrected by the first week after the ad appears. This newspaper is not responsible or liable whatsoever for any claim made by an ad or for any of the services, products or opportunities offered by our advertisers. We do not endorse or promote the purchase or sale of any product, service, company or individual that chooses to advertise in this newspaper, and we reserve the right to refuse any/all advertising we deem inappropriate or unacceptable by our company standards.

## misc. services

Advertise in the **farragutpress** service directory!  
 Call Linda at 218-8881

**Classified Advertising Rates**  
 1 Block.....\$55/mo.  
 2 Block.....\$110/mo.  
 3 Block.....\$165/mo.  
 4 Block.....\$220/mo.  
 6 Block.....\$330/mo.  
 Spot color \$5/mo. • Process color \$15/mo.

**Service Directory Advertising Deadlines**  
**Display Ads**  
 Space & Copy: Fridays, noon

### Service Directory Payments

Payments may be made by cash, check or credit card. Prepayment is required on all classified advertising.

**These Cards Gladly Accepted:**

**Retired Union Electrician**  
 AVAILABLE FOR  
 Service Calls & Small Jobs  
 Courteous Personal Service  
 37 Years Experience  
 • Industrial • Commercial  
 • Residential  
**Ceiling Fans a Specialty**  
 Licensed • References Available  
**Call Wayne**  
**865-455-6217**

**ELDERLY CARE**  
**in Private Home**  
**Dementia, Stroke & other**  
**24 Hour Care**  
 • Excellent References  
 • 30 Years Experience  
**865-335-6337**  
 West Knoxville

## home repair & improvement

**RANDY THE PAINTER**  
 CELEBRATING 40 Years in 2020  
 Commercial & Residential  
**Interior Painting • Sheetrock**  
 Low Rates for Painting for the Holidays  
 Check for discounts  
 We prep & move all furniture on Interior Painting  
**LICENSED & INSURED**  
**FREE ESTIMATES**  
**865-522-3222**  
 Cell - 865-455-5022  
[rharvey9160@gmail.com](mailto:rharvey9160@gmail.com)  
[www.randy-the-painter.com](http://www.randy-the-painter.com)

Let us remodel your bathroom!  
 Enjoy a bathroom for your lifestyle  
**HomeTek**  
 West Knoxville/Farragut's Premier Contractor  
**BUILD - IMPROVE - REMODEL**  
**368-2869**  
 Licensed & Insured  
 Nominated in City View Magazine "Best of the Best 2013-2019"

**Residential and Commercial Heating and AC Services**  
  
 State Licensed & Insured Contractor  
**865-281-5594**  
[DNDHVAC24@gmail.com](mailto:DNDHVAC24@gmail.com)  
 License #71904  
**DND**  
**HEATING & AIR CONDITIONING LLC**  
 FREE ESTIMATES | ★★★★★ 5 STAR RATING

**Pilgrim Painting**  
**Repaint Specialist**  
 Commercial & Residential  
**Serving Knoxville & the Farragut area for 26 years**  
 • Interior/Exterior Painting  
 • Pressure Washing  
 • Staining  
 • Drywall & Carpentry  
 Now Accepting Major Credit Cards and Online Payments  
**FREE ESTIMATES**  
**865-291-8434**  
 Licensed • Bonded & Insured  
 Background Checks and Drug Testing Required for all employees  
 Google 5★ Rating  
[www.pilgrimpaintingknoxville.com](http://www.pilgrimpaintingknoxville.com)  
[pilgrimpainting@yahoo.com](mailto:pilgrimpainting@yahoo.com)  
 Follow & Like us on Facebook  
 Home Improvement License #291843

**HouseWorks**  
 The Home Improvement Company of East Tennessee  
 • Licensed General Contractor  
 • Kitchen and Bath Remodels  
 • Complete Renovations  
 • Siding, roofing, gutters  
 • Decks  
 • Flooring  
 • Additions  
 • Basement finish  
**FREE ESTIMATES**  
 John Scoggins, OWNER/ESTIMATOR  
 (865) 387-0058: cell  
[houseworkscs@yahoo.com](mailto:houseworkscs@yahoo.com): email  
[www.houseworkscs.com](http://www.houseworkscs.com)  
 Follow and Like us on Facebook: Houseworks of Knoxville LLC

## lawn & landscaping

**A & A Lawn Care**  
**Complete Lawn Care Service**  
  
 Mowing • Trimming • Mulch  
 Clean-up • Pressure Washing  
**Jimmy Amburn, Owner**  
**865-389-5095**

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This Job Calls for a Pro  
**Kings Tree Works**  
**865.599.5220**  
 • Tree Removal  
 • Trimming and Topping  
 • Complete Debris Removal  
 • Over 30 Years Experience  
 Licensed & Insured  
 Free Estimates  
 References Available  
  
[www.arboristknoxvilletn.com](http://www.arboristknoxvilletn.com)  
 Servicing Knox & surrounding counties

**Mills Lawn Care**  
 Residential & Commercial  
  
**LEAF REMOVAL LANDSCAPING**  
 • Mulching • Aeration  
 • Lawn Treatment  
 • Over Seeding  
**CALL TODAY**  
 Free Consultation & Quote  
**865-242-2695**  
 Gary & Tammy Mills, Owners

**IRRIGATION BLOW-OUT SPECIAL**  
 Fall Has Arrived!  
 Sign up Now for our best price!  
**\$50 per system**  
**Jack's lawn & landscaping**  
**865-809-9263**  
 See us on Facebook  
 Advertise your lawn care business in **farragutpress!**  
  
 Call Linda at 218-8881

**LAWN CARE**  
 SMALL RESIDENTIAL or COMMERCIAL  
**LEAF REMOVAL**  
 • Mowing • Trimming  
 • Weeding • Edging  
 REASONABLE RATES  
 CALL JOE OR TEXT  
**865-556-2622**

**Tom Farr's Landscaping of Any Kind**  
  
 • Flower Gardens  
 • Mowing  
 • Mulching  
 • Shrub Trimming  
 • Clearing & Brush Hauling  
 • Tree Removal  
 • Junk Removal  
**FIREWOOD Delivered \$90 / Rick**  
**West Side Services • Call Tom at 368-2013**  
**Free Estimates • Insured | License #0373446**

**FATHER & SON LAWN CARE**  
 A Complete Lawn Service  
 Specializing in Lawn Maintenance  
**Make Appointments NOW For Fall**  
**AERATION**  
 We provide our aeration services with our own commercial ride-on aeration equipment  
 • Slit Seeding • Over Seeding • Fertilizing  
 Licensed & Insured  
**Call Robin 865-705-3856**

**- NEW - GRAPPLE SERVICE**  
  
**Landscaping Clean-Up**  
 We can remove Bulk  
 • Brush • Trees  
 • Shrubs  
**Storm Damage Clean-Up**  
**Kings Tree Works**  
 • Trimming, Topping • Tree Removal • Debris Removal  
**865.599.5220 | www.arboristknoxvilletn.com**  
 Licensed & Insured | Free Estimates | References Available

**farragut**

11408 MUNICIPAL CENTER DRIVE | FARRAGUT, TN 37934 | 865.966.7057 | WWW.TOWNOFFARRAGUT.ORG

### FARRAGUT BOARD OF MAYOR AND ALDERMEN AGENDA

October 22, 2020 • BMA MEETING • 7:00 PM

- I. Roll Call
- II. Approval of Agenda
- III. Approval of Minutes  
A. October 8, 2020.
- IV. Mayor's Report
- V. Ordinances  
A. Public Hearing & Second Reading  
1. Ordinance 20-17, an Ordinance to amend the Farragut Municipal Code, Appendix A., Zoning, Chapter 4., Section XXIV.-Special Event Permit, to update the requirements and allow for food trucks for special events sponsored by a homeowner's association  
2. Ordinance 20-18, Ordinance to Rezone the Property at 1013 McFee Road from Agricultural (A) to Open Space Residential Overlay (R-1/OSR). 24.85 Acres (Rackley Engineering, Applicant)  
3. Ordinance 20-20, an ordinance to amend the text of the Comprehensive Land Use Plan Update as it relates to the Mixed-Use Town Center land use descriptions
- VI. Business Items  
A. Approval of Supplement Request for Additional Design Services from Ross-Fowler, PC at McFee Park Project.  
B. Approval of Lease Agreement with Knox County for Office Space in the Farragut Town Hall  
C. Approval of Amendments to the Education Relations Committee Charter  
D. Approval of Dates for the November and December BMA Meetings
- VII. Town Administrator's Report
- VIII. Town Attorney's Report
- IX. Citizens Forum

This meeting can be viewed live on the Farragut YouTube Channel, [www.townoffarragut.org/livestream](http://www.townoffarragut.org/livestream), Charter channel 193 and TDS channel 3. The meeting will be held virtually, authorized by Governor Lee's executive orders regarding the COVID-19 pandemic. Meeting comments, including your name and address, may be emailed to [comments@townoffarragut.org](mailto:comments@townoffarragut.org) and must be received by 12:00pm on October 22 to be included in the record of the meeting.

It is the policy of the Town of Farragut not to discriminate on the basis of race, color, national origin, age, sex, or disability pursuant to Title VI of the civil Rights Act of 1964, Public Law 93-112 and 101-336 in its hiring, employment practices and programs. To request accommodations due to disabilities, please contact the ADA Coordinator at [jourry@townoffarragut.org](mailto:jourry@townoffarragut.org) or 865-966-7057 in advance of the meeting.

## PRECISION PAINTING

**John Carver, Owner**

*Serving Knox County for 30 years*



### Residential Paint Specialists

Fast and Professional Service

*Over 2,500 Satisfied Customers*

- Interior & Exterior
- Written Contracts
- Licensed and Insured
- References
- Wallpaper Removed
- Drywall Repairs

**865.680.1237**



# FWKCC New Member Orientation

New members of Farragut West Knox Chamber of Commerce were welcomed by existing members, including FWKCC’s board and staff, to the Chamber’s Fall New Member Orientation, which took place in Farragut Community Center Tuesday, Oct. 13. FWKCC, which was formed in 1987, currently has 640 members, said Julie Blaylock, its president/CEO. After enjoying lunch from Jet’s Pizza, new members learned about the benefits of joining FWKCC, such as advertising, warm introductions to media contacts, ribbon cuttings and networking opportunities among others. “We had 30 attend our orientation, which worked out perfectly for the distanced spacing and seating we planned on,” Blaylock said. “Everyone was able to make what we know were new connections for themselves, but also have enough space to feel comfortable during the program.” “The majority of those attendees had joined only within the last six months, so it truly was a ‘new’ member orientation; although we also had a couple of long-term members, like our ambassadors or board (members) and even one of our lifetime members (Alexander Dumas),” she added.



Kevin Kragenbrink, 3to99, LLC., employment benefits service



Dane McFarland, Heritage Investors, LLC., left, and Chris Cunningham, Liberty Mutual



Artist and lifetime FWKCC member Alexander Dumas



Board member Cory Beilharz, Christian Brothers Automotive



Jennifer Wilson, biopure



Aaron Spencer, attorney with Woolf, McClane, Bright, Allen & Carpenter, PLLC



Monica Viator, left, TNBANK and TNBANK Mortgage, and Shelby Allmon, Now CFO



Angela Bridges, left, Cumulus Media, and Tammy Hawkins, seated right, Sevierville Convention Center



Jared Butler, Payteva, left, and Kevin Kragenbrink, 3to99, LLC.



Dane McFarland, left, Heritage Investors, LLC., and Heather and Louis Whittemore, Be Well Anti-Aging and Weight Loss



# New Year *will welcome* NEW Directory

Possibly the chamber's most sought after print publication, the annual print membership directory is undergoing evolutionary changes to further increase the look and value of the directory. Normally published in mid-summer to coincide with the chamber's fiscal year, the new book with a new look will release on December 31, 2020 as the "2021 Chamber Guidebook & Member Directory." Charter member and publication partner, the farragutpress, is again leading the charge in design, development, and ad sales, 10% of which are then donated back to the chamber as a fundraiser to support its many programs and services to member businesses.

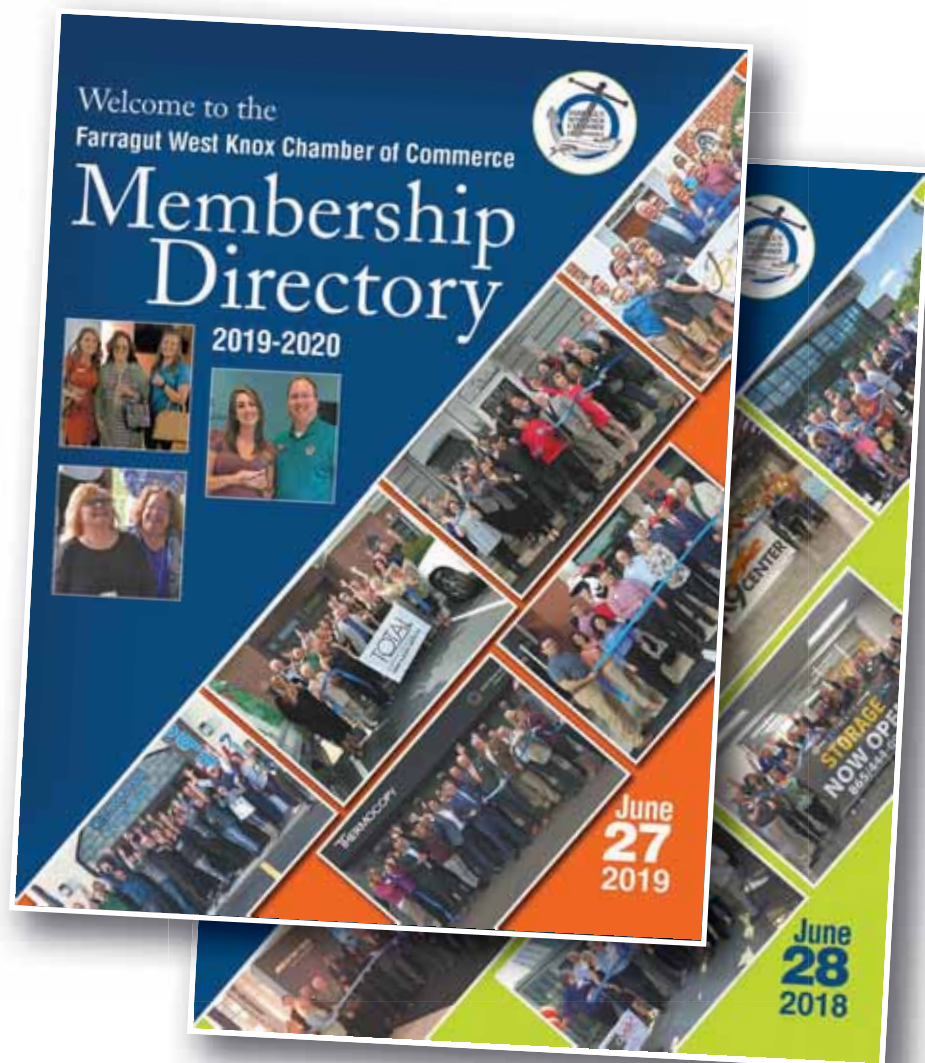
The reason for the changes? One was that staff at the newspaper and chamber office realized the benefits of moving the directory to a more familiar calendar year timeline. Another was a desire to increase the weight—physically and figuratively—of the overall book. "We returned to doing a print directory for the Chamber's 20th anniversary in 2017, after a 7 year hiatus. We were pleasantly surprised at how in demand it was; people find it a really handy and useable guide

for credible local business vendors and services," commented Chamber president/CEO, Julie Blaylock. "We eventually had to add the most recent version to our site in PDF because we had no more copies to give out, but people still wanted it."

The new annual publication will still include the full membership directory in two separate formats: alphabetical and by category, and will have information on the chamber and its leadership. But it will also have a demographics section, information about partner municipalities, Newcomer's Resource Guide for the area, and information about area industry, education, health services, tourism and more.

The directory is made possible through advertising opportunities available ONLY to current chamber members. This year the farragutpress is offering multiple discounts, including 10% off for reserving space and turning in copy by Nov. 10, and another 5% by prepaying.

The December 31st issue of the farragutpress will include copies of the directory inserted in the weekly paper which is home delivered to its



entire 37,500 readership. Additional copies will go to the chamber for distribution at local municipal offices, in packets to new business members, relocation packets across the country and area, and at all of the chamber's events. Community members who would like additional copies will be able to request them from the Chamber of Commerce.

Member businesses who would like to advertise should contact Charlene Waggoner (865-218-8877 / cwaggoner@farragutpress.com) or Laura Sayers (865-218-8879 / lsayers@farragutpress.com). The chamber is also happy to

“...people find it a really handy and useable guide for credible local business vendors and services,”

~ Julie Blaylock  
Chamber  
president/CEO

answer whatever questions members may have at 865-675-7057 or at julie@farragutchamber.com.

## YPs will lead Jacobs in Leadership Forum

With a 2019 recorded population of just over 470,000 citizens, the mayor of the still-growing Knox County has a lot of constituents to lead. On Thursday, Oct. 29 from 10:00-11:00am, the chamber's young professionals group, West Under 40, will turn the tables and lead Knox County Mayor Glenn Jacobs, alongside his community engagement director, Jane Jolley, in a forum called "Taking Charge... When You're Not in Charge: A Leadership Conversation." The forum will be held virtually.

However, it is not just another leadership and education opportunity for young professionals, but also a chance to give back. Sponsorships are being offered at

\$200, with 50% of sponsor dollars going to purchase 30-day bus passes for Project GRAD students. In addition to marketing, all sponsors will have an opportunity to join West Under 40 in presenting the donation to Project GRAD. West Under 40 and the Chamber are extremely grateful to **BarberMcMurry Architects, Heritage Investors, and The Knox Fox Real Estate**. More sponsorships are still available. Visit [www.farragutchamber.com](http://www.farragutchamber.com) > Events and look for the event on Oct. 29, call 865-675-7057 or email [julie@farragutchamber.com](mailto:julie@farragutchamber.com) to sponsor.

Attendance is at NO cost; young professionals and students alike are

See LEADERSHIP on Page 4

## Orientation Answers Questions, Connects New Business

The chamber held its Fall New Member Orientation in live format on Tuesday, Oct. 13 at the still new Farragut Community Center's assembly hall. Just under 30 guests came to hear about the myriad of benefits businesses receive with chamber membership, as well as meet Town of Farragut elected officials and staff, chamber board members, chamber ambassadors, and representatives from partner organizations.

President/CEO, Julie Blaylock, led the hour long overview, peppered with appearances by Mayor Ron Williams, Chamber Board member Christine Dean-His Security & Technology, Shop

See ORIENTATION on Page 2



# ENTERPRISE CLUB

These Chamber members generously contribute to the Chamber and the Continuing Education Grant Program above and beyond their annual dues.



ADMIRAL ELITE



CAPTAIN



ANCHOR



PROPELLER





# Member Briefs

Looking for more details on a specific event, special or job? Go to [www.farragutchamber.com](http://www.farragutchamber.com) to see these and other member items!

Congratulations to Brent Ball on his recent promotion to Knoxville Market President! Brent held several roles at Clayton Bank prior to the merger with **FirstBank** in 2018, and most recently led the East Tennessee Commercial Real Estate team before transitioning to the Market President role. Congratulations Brent!

**Pellissippi State Community College** is making it easier for area businesses to start apprenticeship programs for new and current employees. Pellissippi State's role and involvement as the apprenticeship sponsor can vary program to program, but includes working with the employer to provide administrative support and documentation with the U.S. Department of Labor, organizing the educational component and curriculum of the apprenticeship, and providing training for mentors. For more information about starting an apprenticeship program, contact **Todd Evans**, director of workforce solutions, at (865) 539-7167.

If you are thinking about starting to earn a promotion at your current position, now is a great time to gain the skills you need to advance your career and increase your paycheck. **New Horizons Computer Learning Centers** is proud to partner with Microsoft to offer Azure training for any career level. From cloud fundamentals to advanced integrations, our in-person or Online LIVE courses cover basics, best practices, practical application, certification prep, and more. Enroll in a Microsoft Azure course with New Horizons and start learning what earns today. Call (865) 691-1515 for more information.

**Kruggel Lawton CPAs** earned Forbes America's Top Tax Firms 2020- congratulations Kruggell Lawton!

**Cannon & Cannon** engineering company has completed a formal and internal transition of ownership, with Houston Daugherty as chief executive officer. Congratulations Houston!

Colby McLemore of **Colby's Photos & Videos** has earned the Certified Professional Photographer designation from Professional Photographers of America. PPA recognizes fewer than 2,500 CPPs worldwide. Congratulations Colby!

**Element by Westin Knoxville West:** Coming soon! Element believes that travelers deserve more than a place to stay; they need a place to thrive! They want Their guests to start every day fresh, whether they're staying for a few nights or settling in for a few weeks. With natural light, healthy options, open spaces and eco-friendly practices, Element Hotels has built a smarter, better place to stay. Let Element be the first to welcome you to stay in your element while traveling. For more information, call Sonya Roy at (865) 973-9468 or visit [marriott.com/tysel](http://marriott.com/tysel)

Thank you for your partnership with **Bank of America**, especially your continued focus on the well-being of people in our community. We wanted to share updates with you about Bank of America's efforts in Knoxville to help alleviate hardships, support basic needs, and advance racial equality and economic opportunity. BOA has partnered with a few local non-profit organizations to assess their needs. Since the beginning of the year, they have provided more than \$320,000 in philanthropic support to non-profits in our local market. The grants include \$60,000 to **Second Harvest Food Bank of East Tennessee**, \$45,000 to Senior Citizens Home Assistance Service, and \$25,000 to Knoxville Area Urban League. Thank you Bank of America!

See **MEMBER BRIEFS** on Page 3

# Ribbon Cuttings

## Postal Annex September 21, 2020



Al and Marcelle Hazari, with scissors, are joined by Senator Becky Duncan Massey (pink jacket) and Knox County Mayor's Office representative Jane Jolley, far right. Cara Knapp - oysk3 architects (far left), Angela Bridges - Cumulus Media, Laura Sayers - farragutpress, and Marianne Morse - Mary Kay help celebrate!

## The Julianna September 22, 2020



Knox County Mayor Glenn Jacobs, far left, joins Muna Vecchiuzzo, Jessica Saah, Sandy Saah, Suzanne Saah (holding scissors), daughter and namesake Julianna Saah, Haley Saah, and FWKCC Board Chairman Terry Rutherford - RegionsBank, along with a host of family, friends, and Chamber members as the Saah Family celebrates their grand opening!



### Orientation From page 1

Farragut director Steve Krempasky, Visit Farragut director Karen Tindal, and farragutpress publisher Tony Cox. The emphasis was on showing guests how to maximize their membership to get the greatest ROI from the chamber, important during a time when many businesses are having to be more creative in reaching customers amid ongoing COVID19 concerns.

Multiple business members donated door prizes including certificates from Marianne Morse-Mary Kay Cosmetics and Campbell Station Wine & Spirits, a limited edition historic print of Gay Street from Alexander Dumas Art Gallery, and a \$1,000 digital media package from Cumulus Media (home of 98.3 WOKI, 99.1 Sports Animal and 107.7 WIVK radio stations). Lunch refreshments were graciously donated by Jet's Pizza of Farragut.

A virtual version of orientation is scheduled for November and the chamber is happy to also schedule in person or virtual one-on-one sessions to answer members' questions. Call 865-675-7057 to schedule.





# Networkings

## Calhoun's Turkey Creek September 10, 2020



John Volpe - *Abuelo's*, John Haney - *NAI Koella RM Moore*, April and Ken Finster - *Cyan Insurance* pause for food and conversation.

Calhoun's hosts Brenda Herron, Krista Lucas, and Courtney Steben pose in front of the buffet table during the evening networking.

# TSBDC

by Laura Overstreet,

Small Business Specialist and  
GrowthWheel® Certified Advisor

## Need assistance in Accounting, HR or Marketing?

Let our consultants help navigate the complexities of business ownership during a Pandemic.

Have you experienced supply chain disruptions, staffing challenges, a decrease in business or a business closure as a result specifically due to COVID-19?

Through the CARES Act the TSBDC has received funding to hire industry professionals to provide consulting at no cost for our clients. If you need assistance in the areas of accounting, marketing and human resources contact our center!

Visit our website to register for consulting services!

**[www.tsbdc.org](http://www.tsbdc.org)**

### October 2020 Classes

- Government Contracting 201  
Wednesday, October 21,  
10:00- 12:30 pm

Contracting with the Federal Government can open the door to many opportunities for your small business and can aid your business' growth. This seminar covers the basics of government contracting, what it takes to be a government contractor, and an overview of the steps to get started. Discover if government contracting is right for you and your business.

The University of Tennessee Center for Industrial Services has provided these services since 1986. PTAC (Procurement Technical Assistance Center) is funded, in part, by the U.S. Department of Defense.

Register: <https://clients.tsbdc.org/workshop.aspx?ekey=21400044>

- Paycheck Protection Program:  
Loan Forgiveness Basics

Thursday, October 22, 2:00- 3:00 pm  
Did you receive a Paycheck Protection Program (PPP) loan? Do you need to learn how to use it?

Gregg Bostick, will discuss when and how you can apply for forgiveness, the documentation needed, and the tax implications for the 2020 tax filing period and more.

The class will focus on:

- (a) The Paycheck Protection Program (PPP) loan and changes enacted in June
- (b) PPP loan forgiveness basics
- (c) Loan forgiveness application process
- (d) Examples of 8 and 24 week calculations

Speaker: Gregg Bostick: Knoxville SBDC Consultant

Register: <https://clients.tsbdc.org/workshop.aspx?ekey=21400049>

## The Village at Westland Cove September 17, 2020



Raquel Lietart, Rabecca Lenhart, and Leilani Cowart line up for a team photo at the morning's networking.



Kaylor Martin - *Landry & Azevedo*, Christina Hampton - *Prime West Knoxville*, and Amber Martinez - *Computer Systems Plus* engage in coffee and catch up at the networking

### Member Briefs

From page 2

The **Sevierville Convention Center**, situated in the foothills of the Great Smoky Mountains, provides great value in a relaxed setting that is the perfect mix of business and leisure-time activities. With more than 128,000 square feet of exhibit ballroom and meeting space plus extensive outdoor exhibit space with a 10-bay loading dock with seamless load-in/load-out process, offering expansive on-site parking for attendees and event vehicles- trucks/trailers, etc. But most importantly, a convention center team that transforms their beautiful facility into an "environment for success" believing this is a relationship business and that the 'human factor' defines their success. For more information call Tammy Haskins at (865) 868-1564 or visit [deviervilleconvention-center.com](http://deviervilleconvention-center.com)

Boat free until April 2021 plus \$500 off joining fee! **Nautical Boat Club** is offering October 2020-March 2021 savings: October - \$3200 in savings; Novem-

ber \$2750 in savings; December \$2300 in savings; January \$1850 in savings; February \$1400 in savings; and March \$950 in savings! Their fleet is valued at over \$950,000 and has new 2020 model boats to include: Mastercraft, Malibu, Axis, Bennington, Crest, Barletta, Manitou, Cobalt, Regal, and Crownline. Offer valid until March 1, 2021. Memberships for this offer are limited to 10 - joining fees still apply. Savings will vary depending on joining date and may not be combined with any other offer. For more information, call (865) 234-0000.

**Pinnacle Financial Partners** has named Eddie Alford its first diversity and inclusion officer and a member of the bank's leadership team. Pinnacle once again earned a spot on People magazine's "50 Companies That Care" list, chosen for the generosity of their company benefits and charitable work. Congratulations Eddie!

With cooler temps coming, **Tennessee Valley Pool & Spas** wants you to be prepared. Stock up now on winter essentials including winterization kits,

spa chemicals and pool covers for both inground and above ground pools. Just a few more weeks to take advantage of their winterization specials. Call (865) 622-7760 for more information.

**Young-Williams Animal Center** thanks you for participating/donating in the Cause of Paws Pet Resource Center- they raised \$95,730 towards their goal of \$125,000! The Pet Resource Center focuses on helping people in our community who needed assistance keeping and caring for their furry family member(s)- especially during COVID-19, by providing more than 12,00 pounds of free pet food and 2.5x more supplies than in all of 2019 in order to help keep pet owners keep beloved at home instead of surrendering them to their shelter. To donate, call (865) 215-6599.

**Tennova Healthcare** advises breast cancer screenings should not be delayed due to COVID-19. Tennova Healthcare is encouraging women who may have delayed their mammograms to schedule the screening now, because when breast cancer is detected early,

life-saving treatment can begin immediately. Tennova Healthcare offers breast imaging services including digital mammography at North Knoxville Medical Center, Turkey Creek Medical Center, Jefferson Memorial Hospital, LaFollette Medical Center, Newport Medical Center, and Tennova South. To schedule a screening mammogram, call 865-545-7771 or toll-free at 866-645-7771

**Knox County** picks five locations for new dog parks! The Knox County Parks and Recreation Department plans to build five new dog parks within the next couple of years thanks to a contest and grant program initiated and funded by the Boyd Family Foundation. Earlier this year, the non-profit organization, which supports animal welfare and youth education in Tennessee, gave residents the opportunity to submit nominations for 10 new dog parks: Corryton Gibbs; New Harvest; Karns; Powell; and Halls. Under the terms of the grant, the parks must be complete within two years, although officials expect to open a number of those parks within a year.



# October/November 2020 Calendar of Events

Members can quickly RSVP for events in their Member Portal at <http://members.farragutchamber.com/login>. Call 675-7057 or email [info@farragutchamber.com](mailto:info@farragutchamber.com) for a link to create your account! Visitors/Guests can register by clicking the links on the Chamber Calendar ([www.farragutchamber.com](http://www.farragutchamber.com) > "Events") and registering under "Not a Member?".

**October 21, 2020 • 8:30-10:00am**  
**ONLINE: Tech Topics: E-Commerce...**  
**Things Your Parents NEVER Told You**  
FEATURING Epic Nine Marketing

**October 23, 2020 • 4:00-5:00pm**  
**IN PERSON: Ribbon Cutting – Be Well**  
10918 Kingston Pike, 37934

**October 28, 2020 • 9:30-11:00am**  
**ONLINE: Tech Topics:**  
**Don't Cringe-COLLABORATE!**  
FEATURING Computer Systems Plus

**October 28, 2020 • 2:00-4:00pm**  
**IN PERSON:**  
**Chamber Adopt-a-Stream Clean Up!**  
Meet by 1:45pm in the parking lot in front of  
Anytime Fitness – Farragut  
12752 Kingston Pike, 37934

**October 29, 2020 10:00-11:00am**  
**ONLINE: West Under 40**  
**"Taking Charge When**  
**You're Not in Charge"**  
A Leadership Conversation with  
Mayor Glenn Jacobs and Bryan Hair

**October 30, 2020 • 11:00am-12:00pm**  
**IN PERSON: Ribbon Cutting –**  
**Faith Promise Farragut Campus**  
144 West End Avenue, 37934

**October 30, 2020 • 5:00-7:00pm**  
**IN PERSON: Town of Farragut's**  
**Freaky Friday Drive Thru BOO!**  
239 Jamestowne Blvd, 37934

**November 6, 2020 • 11:00am-12:00pm**  
**IN PERSON: Ribbon Cutting –**  
**Brain Balance (new location)**  
10341 Kingston Pike, 37922

**November 12, 2020 • 8:00-9:00am**  
**IN PERSON: Networking –**  
**Postal Annex**  
9234 Kingston Pike, 37922



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# TAKING CHARGE (When You Aren't In Charge)

**A Conversation with Knox County Mayor Glenn Jacobs  
and Community Engagement Director Jane Jolley**



## Leadership

From page 1

encouraged to register on the chamber's website

to attend. Questions for Mayor Jacobs or Jolley on leading from where you are as a young professional are still being accepted. Email these to [julie@farragutchamber.com](mailto:julie@farragutchamber.com) by Monday, Oct. 26.

# Welcome New Members!

The Chamber welcomes these businesses who joined us recently in the month of September!

*Did you know businesses/organizations can submit an application & payment online?  
Visit [www.farragutchamber.com](http://www.farragutchamber.com) and click "Join the Chamber!"*

**Be Well**  
**Heather Whittemore**  
10918 Kingston Pike  
Knoxville, TN 37934  
(865) 288-7100  
Website: <http://www.bewellknoxville.com>

**Brothers Bedding**  
**Yacir Jaouhari**  
220 N. Peters Rd.  
Knoxville, TN 37923  
(865) 691-9920  
Website: <http://www.brothersbedding.com>

**Citizens Bank**  
**Sonya Ford**  
256 Medical Park Drive  
Lenoir City, TN 37771  
(865) 824-5735  
Website: <http://www.citizensbank24.com>

**Main Event Knoxville**  
**Lindsey Newman**  
9081 Kingston Pike  
Knoxville, TN 37923  
(865) 351-5000  
Website: <http://www.mainevent.com>

**Senior Financial Group**  
**Sarah Wilkins**  
10201 Parkside Dr., Suite 100  
Knoxville, TN 37922  
(865) 777-0153  
Website: <https://sfgmedicare.com/>

**Signature Storage at Choto, LLC**  
**Stacey McDonald**  
12366 S. Northshore Dr.  
Knoxville, TN 37922  
(865) 500-3111  
Website: <https://signatureselfstorage.com/>

# Welcome Back Renewing Members!

The Farragut/West Knox Chamber welcomes back these businesses who have renewed their investment in the Chamber as of this past September. We are privileged to count them as Farragut/West Knox Chamber of Commerce members! We urge members to patronize one another when the goods or services a member can provide are needed. It is also our hope that area residents recognize the commitment a business makes to its community when it becomes part of its local chamber of commerce and reward that commitment with their patronage.

*A special thank you goes to  
these renewing members who  
are continuing their support  
of our chamber and the  
businesses it serves through  
their above and beyond  
Enterprise Membership:*



Thank you for your Captain  
Enterprise Membership!



Thank you for your Anchor  
Enterprise Membership!

7 Title  
Aventine Northshore  
Bentley & Associates Home Inspection Services  
Clean Mean Green Lifestyle Management  
Connors Steak and Seafood  
Cruise Planners - Melodie Williams  
Farragut Business Alliance  
Farragut Primary School  
First Baptist Church of Concord  
First Horizon - Bearden Financial Center  
First Horizon - Cedar Bluff Financial Center  
First Horizon - Farragut Financial Center  
First Horizon - Hardin Valley Financial Center  
First Horizon - Kingston Pike West  
First Horizon - Middlebrook Pike Financial Center  
First Horizon - Northshore Financial Center  
Hilton Garden Inn Cedar Bluff  
Hilton Knoxville  
Home2Suites by Hilton  
Knoxville Fine Homes Realty  
Land Development Solutions

Lipsey Morrison Attorneys  
M & M Development Co., Inc.  
Midwest Communications, Inc.  
NAI Koella RM Moore  
Nautical Boat Club  
ONTRACK Marketing & Design  
Pentalux LLC  
Pinnacle Financial Partners - Seven Oaks  
The Pinnacle at Turkey Creek  
Prime West Knoxville  
Prosperity Partners Wealth Management  
Pugh CPAs  
Saddlebrook Properties  
State Farm Insurance - Cindy Doyle  
Staybridge Suites - Knoxville West  
Threds, Inc.  
UT Federal Credit Union  
Women's Basketball Hall of Fame  
WoodmenLife Chapter 3 - Farragut  
Woolf, McClane, Bright, Allen & Carpenter, PLLC  
Zaxby's of Farragut

**Farragut West Knox Chamber of Commerce**  
11826 Kingston Pike, Suite 110 | Farragut, TN 37934

865-675-7057 | 865-671-2409 Fax  
e-mail: [info@farragutchamber.com](mailto:info@farragutchamber.com) | [www.farragutchamber.com](http://www.farragutchamber.com)  
This newsletter is published monthly by the Farragut West Knox Chamber of Commerce.





# Family-Owned BUSINESSES



A supplement to farragutpress • October 22, 2020

Pictured: Rick Terry, owner of Rick Terry Jewelry Designs, with sons Matthew and Blake | See pages 12 & 13





## Discover Your Home's Showcase Kitchen & Bath at Knox Cabinet Co

Most homeowners would agree that their home's kitchen is the most important room in their home. The kitchen is the center of our family's day-to-day living. Our day begins in our kitchen with our first cup of coffee and continues on throughout the day as we cook, dine, and socialize in the kitchen with family and friends.

At Knox Cabinet Company, our highest priority is to offer a top quality, affordable solid wood cabinet that offers the options that we knew our customers would want in order to create that quality, custom kitchen and bath look.

These are truly high-end cabinets at a very affordable price.



# Knox Cabinet Co.

10238 Hardin Valley Road | Knoxville, TN 37932  
865.674.5669 | [www.knoxcabinetcompany.com](http://www.knoxcabinetcompany.com)



# The Simple premise of Knox Cabinet Co.

**W**hen I launched Knox Cabinet Co. in 2018, it was based on the simple premise that quality cabinetry doesn't need to be ridiculously expensive and that your new cabinets shouldn't take forever to be delivered and installed.

At Knox Cabinet Co. our designers use state of the art software at both our Hardin Valley and Maryville designer showroom locations to create 3 Dimensional designs that provides you with the opportunity to preview your new kitchen, bath, office, family room or laundry area cabinetry before you buy. This invaluable tool assists you in creating that showroom quality look that you've been dreaming of, and that will quickly become the envy of friends and family.

So just what you can expect from Knox Cabinet Co.? First, expert design service. Second, affordable, top-quality, solid wood cabinetry. Third, a wide variety of options including multiple stain and paint colors, soft close doors and drawers and a variety of cabinet hardware choices. And don't forget the spice rack pull-out, microwave cabinet, file drawers and pull-out waste receptacle. All these, and other options as well, are all designed to help you to create that high-end, yet affordable look you after.

Oh, and did I mention countertops? Why not finish your project off right by adding a quality countertop from our extensive selection of granite and quartz surfaces?

What you won't find at Knox Cabinet Co. however, are huge markups and long delivery and installation times.

If you're in the market for new quality cabinetry at affordable prices, without the wait, expertly installed, I personally invite you to discover for yourself the Knox Cabinet Co. difference.

Contact us today to schedule your appointment with one of our designers. Please note that our Hardin Valley showroom is open by appointment only out of both an abundance of safety and to assure you that you will receive our undivided attention during your visit. However, our Maryville location is open Monday-Friday from 9-5:00 and on Saturday by appointment only.

## **Knox Cabinet Co.**

*10238 Hardin Valley Rd. Knoxville, TN 37932*

*1414 East Broadway Ave. Maryville, TN 37804*

865.674.5669 | [www.knoxcabinetcompany.com](http://www.knoxcabinetcompany.com)







# Family-Owned BUSINESSES

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## farragutpress

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11863 Kingston Pike Farragut, TN 37934



# Huntington preparing students for 25 years

The Huntington Learning Center in Knoxville has been helping students in school and preparing for college entrance exams for 25 years. They are conveniently located at 117 North Peters road. Owners, Matthew and Krista McGrath operate the Learning Center with a team of dedicated teachers and staff. They all share a passion for helping students achieve results and gain confidence.

The McGrath's have six children of their own, so they know managing family logistics can be a challenge. They pride themselves on customer service. The whole team of teachers work hard to motivate and educate students. They provide scheduling flexibility, and regular detailed student center progress meeting with parents.

*"Huntington helped me by teaching and re-reaching me things I need to know for school. My grades in school have drastically changed and now I am an A/B student! I'm so glad I came to Huntington."*

*- Madison, middle school student*

*"It was hard to do many things before. Comprehension, writing paragraphs and organizing my notes were hard before. Now I'm working faster and better in those things."*

*- Makayla, elementary school student*

*"I have some exciting news! I now have a 34 on my ACT! (Up from a 25) Thank you all for all of your help. I really appreciate it!"*

*- ES, High school student*

*"First, our son was moved to a higher reading group in school, after working with the teachers at Huntington. Then, the school decided to move him up to the next grade! We are very pleased!"*

*- Mom of 2nd, (and now 3rd grade) student.*



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# 100 percent COMMITTED

Locally owned, committed to family,  
here to provide local service.

**T**ate Insurance Group was founded with the sole purpose of providing Knoxville residents with an insurance agency that's completely locally owned and operated.

"Unlike the national brands, we are a family-owned company that is 100 percent local," explained President Scott Tate, who started the agency in 2008.

Since its founding, Tate Insurance Group has brought on two local partners -- Stuart Bilbrey and Amy Moore. The agency's branch offices are also run by Knoxville residents.

"We hire local," Tate said.

In fact, Tate's son, Jacob, a college baseball player studying finance and insurance at Ohio University, spent time in the agency this past summer and plans to eventually work for the family business.

"We have various family members of employees that help with our data processing and projects," added Tate, noting that the agency does what it can to give back to the community, as well.

For example, Tate said that for every referral received, the insurance company will donate to the Emerald Youth Foundation. The company also aims to support local sports teams and schools through donations and sponsorships.

"Why do we give back? Because the families in this community have been so good to me and my family," he said.

Given the current economic climate, Tate emphasized the necessity of supporting local businesses and organizations.

"I think now, more than ever, it is important to do business locally and with family-owned businesses," he said. "It has been a hard year for everyone and doing business locally only helps protect the economy in the area you live."

Tate Insurance Group is an endorsed local provider of insurance by Dave Ramsey. Tate said this holds the agency to higher standards of financial criteria and sales practices.

"Unlike your standard agency, we pride ourselves in providing a higher level of service and product choices," he said.

Specializing in service and protection, the company has over 4,000 clients that represent various areas of insurance coverage.

"We write local businesses ranging from auto dealers to distributors to hotels to contractors and everything in between," Tate said. "In personal lines we write home, auto, umbrella, and all areas that a person has for insurance needs. We also write a large amount of health and life insurance to protect our customers and provide them peace of mind."

“ Why do we give back?  
Because the families  
in this community  
have been so good to me  
and my family,”

~ Scott Tate



**Photos starting second from top:** Owner/President Scott Tate, Owner, Amy Moore and Owner/Vice President Stuart Bilbrey.

Tate Insurance Staff.

Scott Tate with son, Jacob, a CAK baseball player and wife, Enid proudly displaying the 2019 State Baseball Championship trophy.



# Your Referrals make a Difference in the Community!



## Tate Insurance Group is making a difference in the community

Your referrals are how we grow, and we work hard to earn each referral with great service and appreciation for your business every day. As our way of saying thank you and doing our part to give back to the local community we are continuing our "Taking Care of Our Community"

referral program. We want to support the charitable efforts in our community and The Emerald Youth Foundation, so we've tied referrals and

charitable giving together to make a difference in the Knoxville community.

Each time we receive a referral from you we will make a charitable donation in your name to our designated charity. What qualifies as a referral? A referral happens anytime we are contacted for a quote from someone saying you referred them to us. We are a local company, owned by residents of Knoxville and we are dedicated to giving back to the community that we do business with.



### *Here are the details:*

For every referral we receive we will donate \$10 on your behalf to The Emerald Youth Foundation.

It's that easy! The person you refer does not have to purchase a policy for your referral to count. Our referral program is open to anyone, whether they are currently a client or not.

————— TATE INSURANCE GROUP PROUDLY REPRESENTS THE FOLLOWING COMPANIES: —————



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# Local innovators

PureMagic Carwash, an idea sprung from a Farragut couple's home in West Knoxville, brought state-of-the-art conveyor belts for interior and exterior cleaning, the first Polish Tunnel to the U.S., and some unique camera sensing technology to our east Tennessee communities.

"We love the idea of building new kinds of car washes," said PureMagic co-founders Jim and Teri Rooney - winners of Knoxville's Chamber of Commerce prestigious Pinnacle Award for Innovation.

After founding a national auto show & motors sports management company from their Farragut home in '97, the couple marched forward into professional car washing. "Our thought back then was simple: if we can detail cars nationally at a high level, why can't we wash cars locally at the same level," Rooney said. "We accomplished that goal and are honored to win Knoxville's Favorite Car Wash in 2020 – eight consecutive years."

With the opening of the company's seventh location at 1708 W. Broadway Ave. in Maryville, the locally owned and operated company continues to push boundaries in customer experience and car wash technology. "Our Core Focus today is simple: provide the cleanest, friendliest, and most trusted carwash experience in town," said Jim Rooney, the company's CEO.

Innovation is the cornerstone of the company. "The flat-belt conveyor technology deployed in our newest buildings allow us to more safely

and efficiently wash cars than ever imagined," Rooney said. "We designed and engineered the 12' wide conveyor belt technology used in the Interior Cleaning tunnel in our Farragut facility. It's a customer friendly, fast, fun and affordable option to the free self-service vacuums we provide."

The Rooney's recently introduced split-belt conveyors and new camera sensing technology to improve wash speed, safety, and quality at their Walker Springs and Maryville facilities. "What's great is we have camera technology that boxes vehicles as they move through our wash tunnels – should any vehicle move out of place for some reason, our cameras recognize the movement and automatically shut down the tunnel to protect the customer and our equipment," Rooney said.

As a result, "We have regular visitors from all over the U.S. and other countries touring our facilities hoping to take home new industry ideas," said Rooney. "It feels great to share and learn with others in our industry."

With the help of over 100 employees making the magic, the company now washes over one million cars per year in the greater Knoxville community. More than 40,000 customers have joined their Unlimited Wash Clubs where they enjoy unlimited carwashes at fixed rates as low as \$19.99/month.

Stay tuned for more locations coming soon.

“ Our Core Focus today is simple: provide the cleanest, friendliest, and most trusted carwash experience in town,”

~ Jim Rooney



# Pure Gratitude. Pure Magic.

PureMagic Carwash thanks the Farragut community for making us the winner of the Farragut Press Reader's Choice Award. We are committed to leading the way in advanced car washing technologies and in the way we uniquely serve our

customers. You inspire us and drive us to succeed every day. Thank you for making us your number one choice in car washing. We look forward to serving you at all of our PureMagic locations across the Greater Knoxville Community.

*For upcoming news, discounts, and special offers, check us out at:*  
**PureMagicCarwash.com.**





Left to right: Sam, Ginny, Lily, and Thomas Herrick



# Tuning a Dream

Thomas Herrick's dream of owning a full-service automotive shop came to fruition with the opening of Thomas Tuning and Service in February.

"TTS is his vision," said Thomas's wife, Ginny, who helps run the business on Checkerboard Lane.

With two decades of experience and a wealth of automotive knowledge, Thomas first trained to be an Audi mechanic in Atlanta. In 2001, he joined the technical staff at Harper Audi and eventually grew into a position that allowed for more customer interaction.

"He realized that was his favorite part of the car business," Ginny said. "He truly found fulfillment in working with customers, helping them understand and take care of their vehicles."

This love for helping people eventually led Thomas to start his own business in 2013. He began helping others with aftermarket upgrades the dealership did not provide.

"It was definitely a hobby at the start, but he had dreams of making it more," explained Ginny. "He wanted to serve the community on his own terms and teach our children by building a family business based on integrity, accountability and value."

"With our own shop, we can provide dealership-level expertise and service at a more affordable price point, and we can take the time to make sure customers understand our recommendations," Thomas added.

Thomas serves as the shop's technician, service manager, customer relations specialist and general problem solver. Ginny takes on administrative tasks, bookkeeping, and scheduling while keeping up with their children, Sam and Lily.

Her most important task, however, is supporting her husband as both a wife and business partner.

"Thomas and I enjoy being together," she noted. "We complement each other's strengths and weaknesses. My respect for my husband's knowledge, courage and perseverance has grown exponentially as we have worked to make this dream into a reality. I am blessed to be a part of it and support him."

And Thomas feels blessed to have Ginny's support.

"All of her hard work allows me to do the things I do best," he said.

Although Thomas's specialty is European car brands, opening the shop right before the COVID shutdown broadened its services. "At TTS, our motto is European Car Services, Personalized Customer Care, but we currently service cars of all makes," he explained. "Working on many different vehicles has been rewarding. It has allowed us to serve even more customers in our community."

Thomas Tuning and Service offers everything from basic maintenance, such as oil changes and tires, to complex diagnostics and aftermarket upgrades, but the Herricks' focus remains on establishing lasting relationships with customers.

"Relationships are key to me. I want to have a relationship with each customer," said Thomas. "I want the customers to know each chance Ginny and I get to help them with their vehicles is so important to us and that we don't take that for granted."



**"Unbelievably amazing service. Could not ask for more. Thomas & Ginny genuinely care about their customers and cars." - TTS customer**

**Integrity is everything at TTS.**



## Thomas Tuning and Service is ...

- Your family-owned destination for car maintenance, repair, and performance
- A European specialist servicing all brands
- Highly qualified with over 20 years of factory-trained experience



## Personalized Customer Care

"Thomas possesses great technical skills and experience which he patiently conveys in common language even to the non-mechanic like me. He went above and beyond."

"I not only got excellent service, but I learned today. I've not experienced anything this level of detailed service and professionalism at the dealership, ever."

"You will not find a more knowledgeable person on automotive care. He's a pure pro."

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Knoxville, TN 37934**

*Take Lovell Rd north from I-40, then right on Murdock, right on Simmons, right on Checkerboard Ln.*

**[www.ttsknoxville.com](http://www.ttsknoxville.com)**





# Rick Terry navigates 2020

Owning a small family business in 2020 certainly has been interesting. Navigating through the changes in local and state regulations, while balancing the need to stay open with the safety of the community, was a difficult dance.

Thankfully the Farragut community and our customer base were more than cooperative and understanding. We were able to find ways to continue doing what we love even though it required some changes in the operations of the services. We were still able to continue repairing items, casting new pieces, and creating jewelry in the store.

We saw small Jewelers across this country close their businesses never to re-open. Our own industrial suppliers were shut down, and we were not sure how many of them would ever re-open. Thankfully we have been operating in our own independent

manufacturing facilities here in Farragut for over 30 years and we did not know it, we were prepared for this.

No longer were chain stores contracting jewelers to do repairs on-site, they required customers to ship it back to their headquarters. Stores that just re-sell merchandise were not able to import items from overseas. From our perspective, these new drastic changes to our competition that were detrimental were beneficial to us. We saw a large number of new customers seeking out a local Family owned business to provide them the same level of industry knowledge and skillsets. It was a



validation of our passions and business model. We have always operated independently from the mass-produced resale portion of our industry knowing that it was fragile. We wanted to build a reputation for quality work in-store, un-matched design, and manufacturing so that we can continue doing the work that we love.

We do not know what 2021 is going to look like, but we are comfortable knowing that we are equipped to continue serving Farragut and West Knoxville. We are dedicated to making our community feel safe and comfortable. We acquired a few new pieces of manufacturing equipment to allow us to make even

higher quality designs. We have stepped up our cleaning and disinfecting in the showroom. We are taking precautions with the customer's safety in mind. So if there is anything we can do for you please let us know and we will be happy to help. We want to encourage the community to shop locally and support the family-owned businesses in Farragut this coming holiday season. Give a gift card from a local shop instead of ordering online. Give back to the businesses that support your community schools and charities.

*Thank You,  
Rick Terry Jewelry Designs*



# Rick Terry Jewelry Designs

11320 Kingston Pike | Farragut, TN  
(865) 777-3793

618 S. Gay Street | Next door to the Tennessee Theatre  
(865) 525-3793

[www.rickterryjewelry.com](http://www.rickterryjewelry.com)







Dillon Rudd - Store Manager  
with Samantha Rudd - Sales  
Associate and dog, Lucy

# Evolution of outdoor living

What began as a filling station nearly 70 years ago has successfully evolved into an outdoor living company with locations across the region.

The Great Backyard Place's history dates back to the early 1950s, when Frank G. May opened a filling station in East Ridge, Tenn. Over the years, Frank G. May ventured into a variety of business endeavors, including home goods, exotic pets and toys.

When Frank G. May passed away in 1973, his son, Tom May, took over the toy business, A&M Toys and Hobbies, expanding the company to include nine locations from Maryville to Chattanooga.

Operating as A&M Family Fun Center, Tom May began selling pools in the 1970s and, in 1982, the business simply became The Pool Place. In 2004, the business further broadened its offerings with the addition of patio furniture, shifting its focus from pool and spas to backyard living as a whole.

“The Great Backyard Place is the one-stop shop to expand your living quarters into the great outdoors,”

~ Frank C. May

“The Great Backyard Place is not divorce with our past; rather, it is the natural evolution of our business,” says Frank C. May, the company's CEO, who joined the family business in 2003. “Many of life's best memories are made outside. Increasingly, we look at the outdoor living space of our homes as an extension and enhancement of our desire to connect, relate, and unwind.”

Frank C. May emphasized that the company remains dedicated to its customers, just as it has for the past 70 years.

“We are still committed to offering the same best value guarantee, the same level of service and expertise, and the same passion for filling the unique needs of each family,” he said.

The Great Backyard Place sells products ranging from outdoor kitchens and grills to patios, gazebos, pools and spas.

“The Great Backyard Place is the one-stop shop to expand your living quarters into the great outdoors,” Frank C. May said.

As it is a seasonal business, the Mays have also found a way to keep employees on payroll throughout the year. The Great Christmas Shop, which will hold its open house Oct. 24-25 and Oct. 31-Nov. 1, offers a selection of high-quality, prelit permanent Christmas trees in over 100 styles and sizes, as well as various holiday decor and design consultation.

For more information, call 865-694-4126 or visit [greatbackyard.com](http://greatbackyard.com).





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**[thegreatchristmasshop.com](http://thegreatchristmasshop.com)**

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Mon-Sat: 10am-6pm & Sun: 1pm-5pm





# Enhance your space

Diversified Enclosures will enhance your outdoor living space. The end-goal of the Pfeffer family who own and operate Diversified Enclosure & Screen is to provide excellent customer service with quality products, craftsmanship, and fair pricing.

Most products offered are American made and include glass sliders and Weather Master windows, powder coated aluminum screen enclosures, handrails and screen doors, motorized screens, and flat roof systems.

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- Screen Doors • Custom Handrails • Motorized Screens



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# Good Neighbors



**Josh Hemphill,**  
Agent

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Knoxville, TN 37934

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**Powell 865-512-7542**

josh@sfagentjosh.com  
www.sfagentjosh.com

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**JOSH HEMPHILL TEAM**



# Dream come true

Josh Hemphill State Farm Team

"My team brings over 18 years of insurance and financial services experience, offering over 100 products to this great community! It is truly a dream come true to run my business in a town that I have called home my whole life. My wife, Amanda is my marketing director and has been a great asset to our team!"

"Our Farragut team consists of myself, Amanda Hemphill, Bradley James, Teresa Hurst, Amy Kooima, Kaleb McAlpin, Lacey Hepler, and Zenia Hartsfield. Our Powell team consists of Hilary Anderson, Liliana Lopez, and Justin Dutcher.

"Thank You Farragut and Powell for all you do to support our business!"



The Hemphill family, Josh and Amanda with children Jordan and Isabella



# Villages family owned company celebrates 20 Year anniversary

The Villages of Farragut, an independent living community designed for seniors 55+ to live their life to the fullest, is open and thriving! A unique campus built on 25 acres, the property features a variety of amenities including spacious apartments with lots of natural lighting, walking and bike trails, a dog park, spa and much more. Owners Gary and Ricki Keckley, who are based out of Franklin, Tennessee, empower the executive directors to make decisions that reflect the needs of the community.

The Keckley's company, Good-Works Unlimited, is celebrating their 20th Anniversary this year! With the Keckley's dedication and experience during these two decades, the company has grown to 27 senior communities in Kentucky and Tennessee, ranging from independent living to communities that offer a continuum of care.

The Keckley's are committed to



Gary and Ricki Keckley, owners of the Villages of Farragut, with Melody Matney, Executive Director

offering an active, joyous lifestyle by providing programs and services to help residents stay active and healthy as they age. The Villages is blessed to be a part of the Farragut community.

**THE VILLAGES OF FARRAGUT**

Life doesn't stop after retirement, why should your lifestyle?

Your next chapter is just beginning at The Villages of Farragut.

The home you need for the lifestyle you deserve.

**YOUR LIFE. YOUR WAY.**

230 Village Commons Blvd | Knoxville, TN 37934 | 865.671.2500  
TheVillagesFarragut.com

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**\$5 Off OIL CHANGE\***  
Expires: 11/16/2020

**\$10 Off 4-WHEEL ALIGNMENT\***  
Expires: 11/16/2020

\* SEE STORE FOR COMPLETE DETAILS

# Spanning three generations

Matlock Tire Service & Auto Repair began as a small service station in Lenoir City, TN, way back in 1953. It was founded by Joe Matlock, who built his business on treating customers fairly and providing exceptional service. Sixty-seven years later his son, Jimmy Matlock, has expanded the business to five locations: Farragut, Athens, Maryville, Lenoir City and Hardin Valley. Jimmy, like his father, is devoted to customer service and community involvement, and his son Joe Matlock has joined the business as Marketing Director.



Owner/President Jimmy Matlock and Marketing Director Joe Matlock



# Shreve always learning for his patients

Much like his profession, chiropractor Dr. David Shreve has evolved steadily down through the years, all to benefit his patients at Integrated Medical Solutions of Knoxville.

A native of Kingston, Dr. Shreve has been a doctor in his chosen field for 42 years, having completed his pre-med studies at Middle Tennessee State University before graduating from Palmer College of Chiropractic in Davenport, Iowa.

“When I started, I trained as a classic chiropractor, treating people with back and neck injuries through spinal adjustments and therapy,” he said. “But, I came to see that as really a one-sided approach.”

Twenty years ago, he decided to further assist his patients by going back to school, where he became certified in acupuncture, functional blood checks and functional neurology, setting the stage for a change nearly three years ago, when he decided to offer integrated care, adding a medical doctor who specializes in orthopedic problems, a nurse practitioner and a rehabilitation therapist to his staff, helping to treat an array of issues.

“Now, we offer a comprehensive team approach from the first visit,” Dr. Shreve said. “Clients are evaluated from the very beginning, to determine how best to treat their problems.”

In addition to acupuncture and traditional chiropractic treatments, other options include regenerative medicines, trigger point injections, joint injections, rehabilitation exercises and bracing, which can be covered by insurance.

“We love to help as many people as we can,” he said, noting one key area of service concerns pain management.

“The leading cause of death for those under the age of 50 is opioid addiction,” he added. “We offer many alternatives to prescription medications, and have many methods of treating pain.”



Dr. Shreve said his practice does take insurance, but noted, “That is not always the right, best first question to ask. The first question should be, ‘Can this doctor help me?’ Then, ‘Is this doctor an honest and trustworthy person?’”

“If those two questions can be answered with ‘yes,’ there is not a doctor in America who wouldn’t try to work with their patients on their payment options.”

Dr. Shreve’s wife, Tracey, has worked with him nearly 30 years in his business, which for the last 23 years has been located at 6725 Papermill Drive.

For more information, call 865-233-9197 or visit [www.integratedmedicalsolutionsknox.com](http://www.integratedmedicalsolutionsknox.com).



# Could This Non-Invasive, Natural Treatment Be The Answer To Your *Knee Pain?*

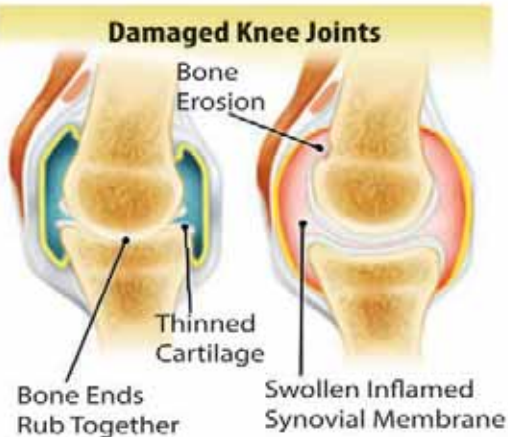


For the **First 25 Callers Only**, We are running a very special offer where you can find out if you are a candidate for **K-Laser therapy** for **only \$60**. The normal price for this type of evaluation is \$250, so you're saving a considerable amount by taking us up on this offer.

What does this offer include? Everything we normally do in our "Knee Pain Evaluation." Just call and here's what you'll get...

- An in-depth consultation about your problem where we will listen ... really listen ... to the details of your case.
- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if arthritis is contributing to your pain.
- Two FREE laser treatments
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain-free.
- You'll see everything first hand and find out if this amazing treatment will be your pain solution, like it has for so many other patients.

Remember what it was like before you had knee problems; when you were pain-free and could enjoy life? It can be that way again. It is important that you do not neglect your problem any longer - don't wait until it's too late.



The FDA cleared the first Cold Laser in 2002. This was after their study found 76% improvement in patients with pain. Their only warning - don't shine it in your eyes. Of course at our office, the laser is never anywhere near your eyes and we'll give you a comfortable pair of goggles for safety.

Don't wait and let your knee problems get worse, disabling you for life. Take us up on this offer and call today, **865-584-7246**.

## Here's what to do now:

Due to the expected demand for this special offer, we urge you to call our office at once.

The phone number is **865-584-7246**.

Call today and we can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule.

Tell the receptionist you would like to come in for a Knee Evaluation.

**Yours in Good Health,**

**Katelyn Buckner, APRN**

**David Shreve, D.C., F.I.A.M.A.**

**Leigh Ricketts, D.C.**

**Now you might be wondering...**

**IS THIS PROCEDURE SAFE?**

**ARE THERE ANY SIDE EFFECTS?**

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**\$60** CONSULT, EXAM, NECESSARY X-RAYS  
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(**\$250 VALUE**)

**Call TODAY for Special Offer**

**865-584-7246**

**Available to the first 25 Callers**



**FEDERAL AND MEDICARE RESTRICTIONS APPLY.**



# Our family:

The key to the success of any business is its people.

**F**arragutpress has been fortunate to have assembled a family of hardworking, dedicated “family” members who are willing to work around the clock in order to service our advertisers and to ferret out feature and hard news stories.

Our account executives are some of the best in the industry and won’t settle for second-best on the quality of display advertising for our clients. The same can be said for our folks in the production department. Their meticulous attention to detail makes them a tremendous asset for our clients and account executives.

Enough can’t be said about our editorial folks. These men and women are out on the street finding interesting stories about local residents, covering the high school sports teams and letting the community know about what’s new in the area and what’s happening at our places of worship.

Then once the newspaper is put together and returned from the printer it’s delivered to just about every household in the town of Farragut, usually the sameday it’s printed.

For more than 31 years, the family at farragutpress has dedicated themselves to providing the highest quality newspaper in Town.

**Tony Cox, Publisher**

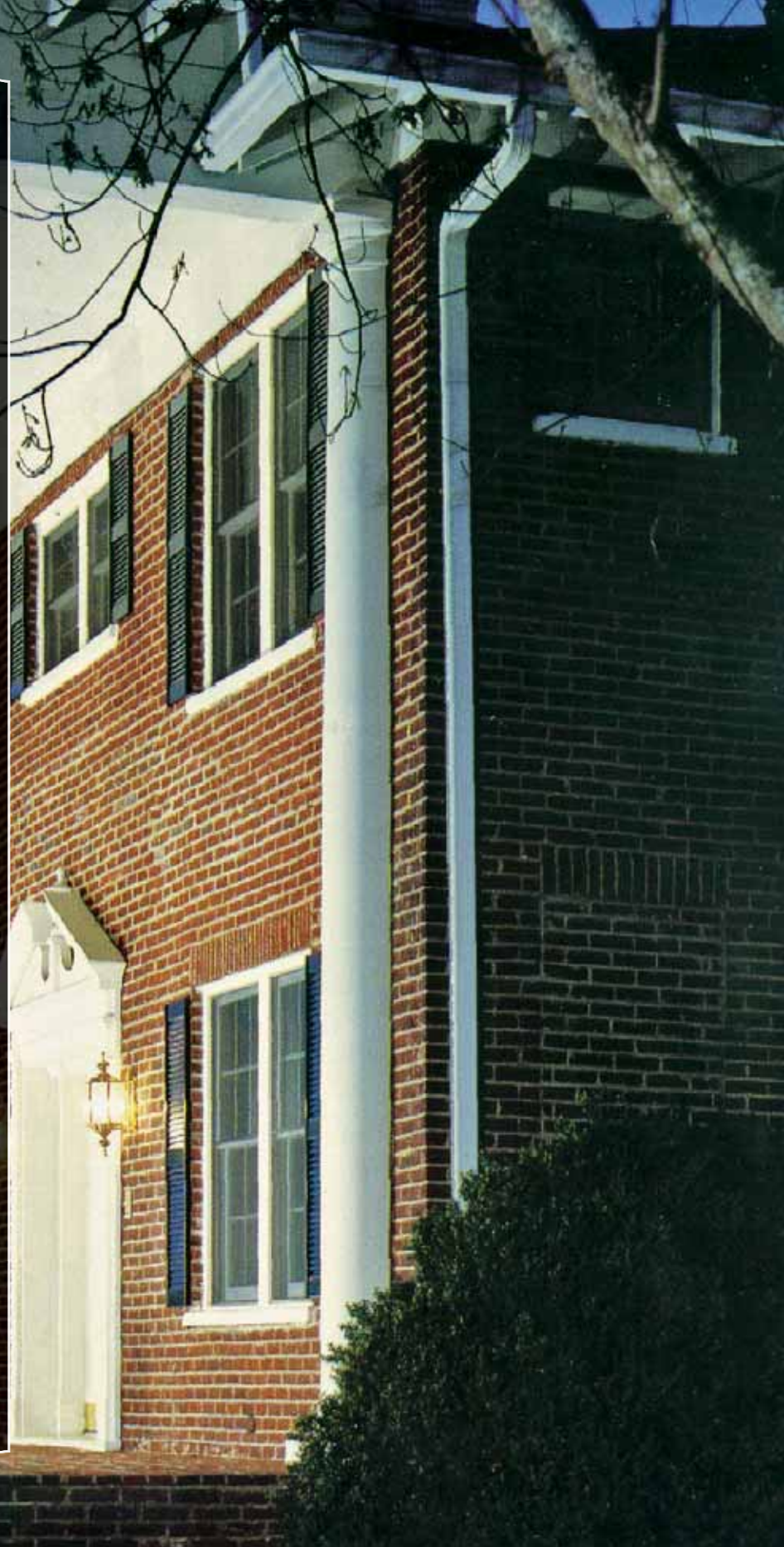
**Alan Sloan, Editor**

**Tammy Cheek, Writer • Michelle Hollenhead, Writer**

**Laura Sayers, Account Executive • Charlene Waggoner, Account Executive**  
**Linda Tirban, Classified Display, Service Directory**

**Tony Christen, Production Manager • Cindy Wilfert, Designer**

**Katrina Horne, Receptionist**





Your Community. Your Voice. Your Newspaper. Your Local

# Award Winning Advertisements & Publications

## Tennessee Press Association 2020 IDEAS CONTEST

### Best Special Section:

- 1<sup>st</sup> Place: Women in Business
- 2<sup>nd</sup> Place: Whatever Floats Your Boat
- 3<sup>rd</sup> Place: Back to School

### Best Self-Promotion of a Newspaper:

- 1<sup>st</sup> Place: farragutpress TPA Winners

### Best Sales Promotion for a Retailer:

- 1<sup>st</sup> Place: Tennessee Riverboat Company
- 2<sup>nd</sup> Place: Christian Academy of Knoxville
- 3<sup>rd</sup> Place: Huntington

### Best Use of Multi-Color Ad:

- 2<sup>nd</sup> Place: Water into Wine

### Best Use of Single Color Ad:

- 1<sup>st</sup> Place: Juice Bar
- 2<sup>nd</sup> Place: Hemp House
- 3<sup>rd</sup> Place: Judy Teasley

### Best Black & White Ad:

- 2<sup>nd</sup> Place: Jeremiah Harris Photography
- 3<sup>rd</sup> Place: Pleasant Forest

### Best Feature Page:

- 1<sup>st</sup> Place: Lenoir City Merchants
- 2<sup>nd</sup> Place: Franklin Square Shops

### Best Quarter Page or Smaller Ad:

- 1<sup>st</sup> Place: Academy of Dance Arts

### Best Food Store Ad:

- 1<sup>st</sup> Place: Dixie Lee Farmers Market
- 2<sup>nd</sup> Place: East TN Farm
- 3<sup>rd</sup> Place: Moonshine Mountain Cookie

### Best Automotive Ad:

- 1<sup>st</sup> Place: Pro Toy
- 2<sup>nd</sup> Place: Genesis of West Knoxville
- 3<sup>rd</sup> Place: Grayson Subaru

### Best Professional Service Ad:

- 1<sup>st</sup> Place: Karlyn Reedy
- 2<sup>nd</sup> Place: Coldwell Banker

### Best Furniture and/or Appliance Ad:

- 1<sup>st</sup> Place: Knox Cabinet Co.
- 2<sup>nd</sup> Place: Modern Supply

### Best Carrier Recruitment:

- 1<sup>st</sup> Place: Business Route Carrier

### Best Reader Contest:

- 1<sup>st</sup> Place: Easter Coloring Contest
- 2<sup>nd</sup> Place: Halloween Coloring Contest

### Best Classified Section:

- 1<sup>st</sup> Place: farragutpress Classifieds

### Best Marketing Materials:

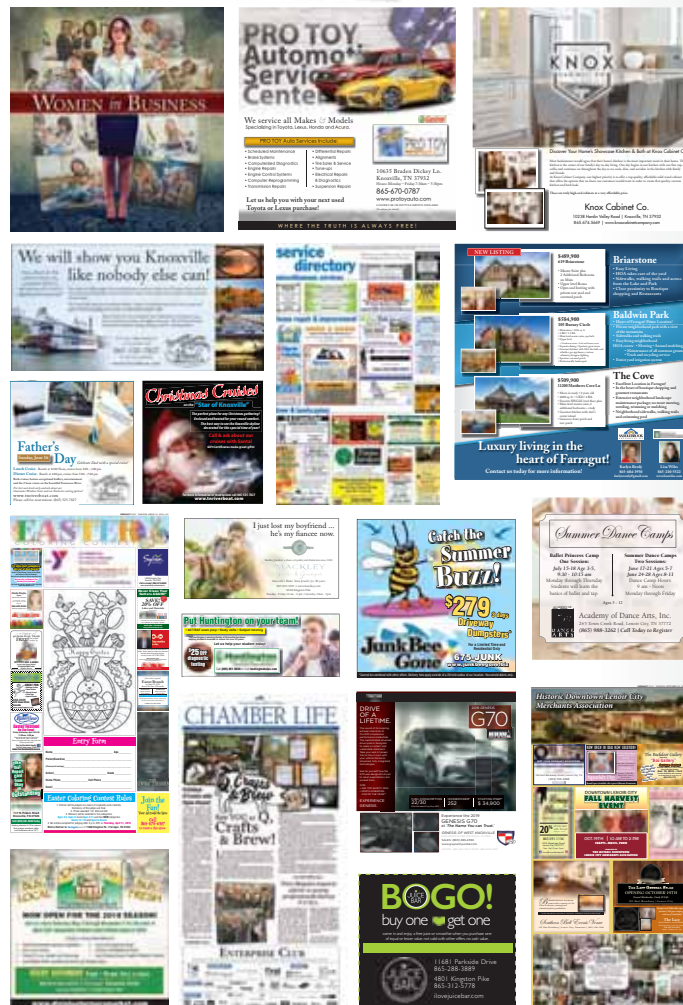
- 1<sup>st</sup> Place: farragutpress flyers

### Best Niche Publication:

- 1<sup>st</sup> Place: Chamber Life
- 2<sup>nd</sup> Place: Talk of the Town

### Best Use of Humor in an Ad:

- 1<sup>st</sup> Place: Junk Bee Gone
- 2<sup>nd</sup> Place: Mackley Jewelers
- 3<sup>rd</sup> Place: Monterey Mushrooms



Let the award winning **farragutpress** help your family business.

**farragutpress**  
Your Community Your Voice Your Newspaper Since 1988

ADVERTISE WITH US! 865.675.6397



# Back in Business

The Pizza Kitchen is back in business at its new location at 10420 Kingston Pike after taking a six-year hiatus.

Previously located on Northshore Drive from 1998-2013, owner Travis Redmon reopened the pizza shop in October of 2019.

"When we closed the original location in 2013, I wasn't sure if I'd do it again," said Redmon. "However, everywhere I went for the next six years, people kept asking when we were going to reopen."

The requests got "louder and louder" until last summer, when Redmon was given the opportunity to take the space in Lovell Heights Shopping Center that had housed the former Empire Pizza.

The new location offers appetizers, salads, pasta and unique pizza options, including seasonal favorites like the Great Pumpkin Pizza. Redmon said that Pizza Kitchen caters to the health-conscious and that their cauliflower crust and vegan cheeses and meats are very popular.



"We make everything from scratch daily in order to ensure our guest receives the freshest product," he said.

Redmon says his sons, Ethan and Emory, are integral to the family business, as is Tammy Miles, The Pizza Kitchen's general manager who also worked at the original location.

"Our team is like family and we all enjoy creating a welcoming atmosphere for our loyal guests," he said.

The Pizza Kitchen is open 4-8 p.m. Sunday through Thursday and 4-9 p.m. Fridays and Saturdays. For more information, visit [thepizzakitchen-knoxville.com](http://thepizzakitchen-knoxville.com).



**10420 Kingston Pike  
Knoxville, TN 37922**

Hours:

4-8 p.m. Sunday - Thursday

4-9 p.m. Friday & Saturday

**865-577-9191**

[thepizzakitchenknoxville.com](http://thepizzakitchenknoxville.com)

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**We service all Makes & Models**

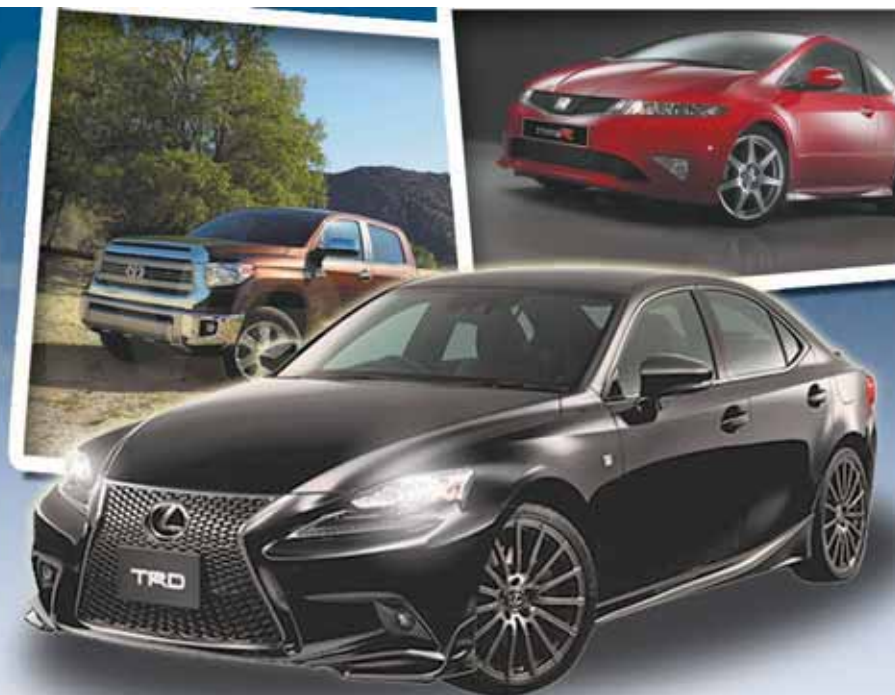
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# Personalized Service for over 55 years!

———— PATTERSONS HOME APPLIANCE CENTER ————

Pattersons Home Appliance Center has been providing top quality appliances and customer service to Knoxville residents for over 55 years.

Pattersons opened its doors in Knoxville at the Lovell Road and Kingston Pike intersection in 1993. A family owned and operated business, Pattersons Home Appliance Center started in Roane County in 1965 and has built its reputation on customer satisfaction and service after the sale. Pattersons offers personalized one-on-one service that customers won't get in the big box stores. Pattersons' knowledgeable, non-commissioned staff will take the time to understand their customers lifestyle and budget to make recommendations that will meet their appliance needs.

Pattersons showroom is filled with a large selection of appliances for your home. You can compare quality products such as Jenn-Air, KitchenAid, Maytag, Whirlpool and Amana to complete all of your kitchen and laundry needs. They are a member of BrandSource (a national buying group) which gives them the ability to lower costs and provide customers with the best value every day.

Pattersons' personalized service doesn't stop when you leave the store. Pattersons' experienced professionals can handle your delivery and installation needs once your appliance purchase has been made. In addition, they have a staff of factory-trained technicians readily available to handle any service needs. Pattersons provides service for the brands of appliances that they sell and service their customers first. And for the do-it-yourself customer, Pattersons has a large selection of parts in stock for all brands of major appliances. If they don't have the appliance part in stock, it can usually be shipped within a couple of days.

Pattersons Home Appliance Center stores are in Knoxville, Kingston, Oak Ridge, an outlet in Rockwood and a new location in Crossville. Hours are 9 a.m. to 6 p.m., Monday through Friday, and 9 a.m. to 4 p.m. on Saturday.

You'll find the right appliances for your lifestyle with Patterson's Home Appliances, "Because We Care".







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## ROCKWOOD OUTLET

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*Thank You for  
Voting Us  
Best in Farragut!*

