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11,000 ft of new Town lines: FUD's 18-month P-1

ALAN SLOAN
editor@farragutpress.com

Promising to make a strong effort to limit traffic disruption in Town, especially along Concord Road and Campbell Station Road during the next roughly 18 months of construction — the first time period of two phases — First Utility District soon will begin the process toward replacing about 11,000 feet of Town sewer lines that are roughly 50 years old.

"FUD is about to begin construction of a sewer line project ... through the Campbell Station corridor," an FUD press release stated.

"We expect to begin work around (Friday), Nov 1, and the project will run for about 1.5 years," the release further stated.

"We are working to educate the public about what we are doing, why we are doing it and what they can expect during construction."

Being done at no cost to the Town or any taxpayers, FUD said the project — estimated to cost \$8.7 million in phase I alone — will not cause a rate increase of any dimension more than what current FUD customers annually pay, which is 3 percent.

"We've recently been before the Town Board of Mayor and Aldermen, and we plan to be communi-

cating with our customers through direct notice, website content, social media, etc.," the FUD release also stated.

"We have master-planned growth in the community, both current and ongoing, and we're working to make sure our sewer infrastructure is in place and ready to support that in a sustainable way," said Edwin Deyton, FUD engineering supervisor.

"The intent of the project is to replace existing 1970s lines. They have served us well to this point, but the community has changed a lot since the 1970s,

See FUD LINES on Page 4A

'Incredible school; one of the best in state:' Boyd at FHS

BRANDON L. JONES
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Farragut High School was paid a visit Tuesday, Oct. 15, from University of Tennessee system president Randy Boyd on his "Find Your UT" tour, an initiative designed to educate students about the opportunities within the UT system and encourage them to consider staying within the state to attend one of Tennessee's five college campuses.

Before departing the library at FHS, Boyd said of the school, "Farragut High School has a 93-percent college going rate. Of the students that go, over 60 percent graduate within six years. Farragut is an incredible school — one of the best in our state for preparing students for college, and I just appreciate the leadership here at the high school."

In a release issued prior to his visit, Boyd said, "We understand that every student's journey is different. Our goal is to meet students where they are and help them get to where they want to go.

"No matter what you're looking for in a college experience," he continued, "the UT System provides an environment for every kind of student, a location for every Tennessee resident and an education for every mind."

Boyd, joined by Matt Matthews, associate vice president for academic affairs in the UT System, spoke to the attending junior and senior Admirals about the ease of applying, particularly noting UT Promise is a scholarship "which

See BOYD AT FHS on Page 3A



Harvest Jam jewels: fireman, football duo



Photos by Tammy Cheek
Pinnacle Harvest Jam Friday evening, Oct 18, featured lots of young children. (Top) Fireman Hendrix Long, 2. (Above) Makena Porter with sons, Jacob "J.C." Miles, left, and Weston Miles enjoyed Farragut Fall Festival at 35 North Sunday, Oct. 20.

Differences arise concerning hotel's future Outlet Drive plans

TAMMY CHEEK
tcheek@farragutpress.com

Farragut Municipal Planning Commissioners asked developers for Eco Suites Hotel by Marriott to meet them halfway with their site plan during their meeting Thursday, Oct. 17.

After about an hour's discussion, the Commission voted unanimously for Cox Universal Group to move the hotel's entrance west and improve the stormwater detention by 50 percent, not just the 25 percent shown in the site plan.

For now, though, Philip Cox, CEO/founder of Cox Universal Group, said his group is looking into how that will affect his development.

"We are running the math to see," he said in a separate interview. "The detention issue is a Pandora's box that the city may want to revisit. It applies to all redeveloped real estate including their own, and is a big burden for all property owners now."

The site plan is for a new hotel on the property at 11244 Outlet Drive, where West Park Inn formerly was located, just to the west of Cotton Eyed Joes, according to Community Development director Mark Shipley.

"Currently, the concrete foundation and asphalt parking lot for the former West Park Inn are situated across much of the property (3 acres)," Shipley said. "This foundation and asphalt will be removed in the portion of the property where the hotel and parking lot are proposed.

"The applicant is requesting to use the existing access along Outlet Drive," he added. "The applicant will be submitting a re-subdivision plat to separate the eastern portion of the property from the lot that will be created for the hotel.

The existing access "would serve both lots, and an access easement will be platted on the re-subdivision plat," Shipley said. "As proposed, the hotel is four stories and will have 124 rooms.

"It includes some compact car spaces that will be properly designated as required in the zoning ordinance," he added. "A large area of permeable pavers is proposed in a portion of the parking lot on the north side of the building."

The remaining 1-acre lot will be developed at a future time. However, the Town staff had two main concerns in other comments: access and stormwater detention.

After meeting with Town staff during a Staff/Developer meeting Tuesday, Oct. 1, Cox recalled discussions on their entrance differently. The property's current entrance is east of the center from the lot, according to Shipley.

"It has an offset to the existing access on the north side of Outlet Drive, which actually is a county (Corporate Point) Lane," he said. "That offset does not meet the Town's distance (requirement) for an arterial street between access points."

Currently, Shipley said the distance between the hotel's existing entrance and Corporate Point Lane is 110 feet, while the ordinance requires 400 feet.

"They're proposing to keep it in this location because they are subdividing the (3-acre) lot," he said. By keeping the access, both lots can use it.

Moving it 400 feet west would not be as centralized for both

See DIFFERENCES on Page 2A



Shipley

Town's Annual Friday Fright Nite Oct. 25

Town of Farragut presents its 28th Annual Freaky Friday Fright Nite from 5 to 7 p.m., Friday, Oct. 25, in Mayor Bob Leonard Park, 301 Watt Road.

In this a free event, open to the public, children ages 12 and younger are invited to collect treats on the walking trail from local businesses, community groups and Town of Farragut volunteers.

"Thirty-five businesses have booths this year,"

said Rachel Malone, Recreation and Event Program manager, who added she expects "thousands." Games with prizes are also part of this evening of family fun.

"Participants are asked to bring items to benefit the local Ronald McDonald House," Malone said.

To help families staying at RMH, they could use: brownie mixes; small containers of non-flavored coffee creamer; bottled water; to-go boxes; individually

wrapped snacks; small bags of various chips, such as Fritos or Lays potato chips; granola bars; Pop-Tarts; Little Debbie-type snacks; kitchen-size trash bags; bathroom-size trash bags; 8.5-by-11-inch copy paper; postage stamps; small jars of mayonnaise; and gift cards to Amazon, Home Depot, ACE and Target.

For more information: e-mail rmalone@townoffarragut.org or call 865-218-3375.



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Town crosswalks soon for Turkey Creek Road, McFee, Grigsby Chapel

TAMMY CHEEK
tcheek@farragutpress.com

Three of Farragut's more dangerous roadways are getting mid-block pedestrian crossings to make it safer for pedestrians to cross streets.

"These are all the new style crosswalks," Mayor Ron Williams said. "They've got the bollards. They've got the solar panels to actually power them.

"They don't necessarily have to have electricity; so if the power's out, they'll work all the time," he added.

Two of the mid-block crossing projects in Farragut are nearing completion, according to a Town press release.

"One will improve three crossings on Turkey Creek Road near Anchor Park and the other will provide new crossings at McFee Road near the north entrance of McFee Park, and one at Grigsby Chapel Road, near Weatherly Hills Boulevard/Woodchase Drive," the release stated. "The crossings include signage, markings and flashing warning beacons."

"We want to be pro-active instead of reactive," Town capital improvements coordinator Ben White said in a video.

He also said the flashing beacons can be activated by pedestrians crossing a road with the push of a button.

"This will give a flashing beacon through oncoming traffic to attract (motorists') attention when someone is crossing this location," White said. "Plus, we're going to enhance the pavement markings and the signage at all three of the locations."

Williams pointed out on one of the streets the sidewalk ends. The mid-block crosswalk will allow pedestrians to cross the street to where there is a sidewalk.

"This is one of many projects the Town of Farragut is performing to enhance public safety," White said, adding the projects should wrap up in December.

"I really think that once you have driven (those streets) enough and see (the crosswalks), then everybody will be on their toes about watching (for) them," Williams said.

Differences

From page 1A

lots, Shipley added. Additionally, the western frontage of the property is steep and drops off.

Staff wise, "we understand where they're coming from, as far as topography and trying to use the existing access," Shipley said. "The concern is you have a center lane turn conflict because (the two accesses) are so close."

Still, "We want to utilize the existing location," said Grant Berry, engineering manager with SITE, Inc. "Where the existing driveway is is where the proposed property division will be between the hotel parcel and the excess 1 acre, so it lines up there and makes it an even split, so whichever parcel your coming to, you're not driving across one or the other."

Also, "every bit you move west, you are starting to hit more and more slope," he added.

"Part of the logic is, when we subdivide the property, there's going to be another user (on the 1-acre parcel)," Cox said. "So if you're coming through the hotel, you've got to cut across the whole hotel traffic" if the entrance is moved west.

"Are you OK to have two entrances on the site (for each parcel)?" he asked.

Commissioner Noah Myers agreed two entrances would be allowable.

Still, the request for a 290-foot variance for the distance requirement was denied, but FMPC agreed to only require the developers to move the entrance 200 feet to the west instead of 400 feet.

"I don't want anything less than 200 feet," vice chair Ed St. Clair said.

KCSO reports

• At 12:27 p.m., Monday, Oct. 21, a complainant called Knox County Sheriff's Office North Precinct to report a vandalism that occurred in the parking lot of Kroger, 189 Brooklawn St.

Complainant advised an unknown suspect damaged his vehicle by making scratches and a dent on the hood. Complainant advised he waited to file a report due to not knowing he needed one until his insurance agent advised him it was needed.

Total value of loss was listed at \$3,200.

• At 8:44 a.m., Saturday, Oct. 19, a complainant called KCSO Teleserve Unit to report a theft of merchandise from Casey's, 13061 Kingston Pike.

Complainant said "she was made aware of the suspect stealing by a fellow employee," the report stated. "Complainant observed suspect putting store property in his pockets. When suspect noticed she was watching, he then went to the bathroom on the premises."

Complainant had a male employee confront suspect about the stolen property, to which suspect denied stealing. "Shortly after, suspect left store, passing all points of sale, got into suspect's vehicle and drove away," the report stated. "Complainant said she believes there was a driver in the vehicle waiting. There is store video surveillance of the incident."

• At 3:16 p.m., Friday, Oct. 18, a KCSO unit was dispatched to 12001 Kingston Pike in reference to a hit-and-run.

Officer made contact with complainant, who said "while working he heard a thud and items were knocked off the wall of the store," the report stated. "A customer in the parking lot entered the store and (said) they saw a silver Buick strike the building and drive away.

"The customer took two photos of the suspect vehicle ...," the report further stated. "A Knox County records check revealed the vehicle to be registered to (the suspect). The wall that was struck by the suspect's vehicle appears to be undamaged."

• At 8:02 a.m., Wednesday, Oct. 16, a complainant called KCHS Teleserve Unit to report a theft from the Farragut Market, 11104 Kingston Pike. Complainant reported between 5:45 and 6 p.m., Oct. 16, "an unknown suspect stole her wallet and (various) items."

Complainant advised she received a notification from her bank warning her of an attempted withdrawal of \$400 at 7:26 p.m. from the Weigel's at 9148 Fox Lonas Road.

Complainant said she canceled her card and was advised to file the attempted fraudulent card-use report with Knoxville Police Department due to Weigel's being in their jurisdiction.



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farragutpress is published weekly at
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**EARLY VOTE FROM OCTOBER 16TH-31ST!
ELECTION DAY IS NOVEMBER 5TH!**

New FUD lines

From page 1A

sowe're in the process of upgrading those to support our future needs.

"The old diameters working from upstream to downstream are 12 to 24-inch pipes, and we're increasing those to be as large as 30-inch on the southern end of our work site and increasing to 18-inch on the northern end," he added. "It will generally all be a replacement of existing lines."

The future second phase "will be about 5,000 feet of line upgrade, and that will probably be a year to a year-and-a half contract to work our way up to Interstate 40(75)," Deyton said. "This work is being conducted in phasing due to cash flow and constructability."

The FUD official estimated about phase II, "I would expect that to be in 2027 and 2028." "We've tried to time that work to be connecting to the

future Campbell Station Interchange Project that TDOT is doing, but that's been rescheduled somewhat indefinitely. So we're just making sure we're in position to line up with that future interchange project," he added.

To clarify the project's need, "A lot of what we're doing is being proactive; we don't currently have problems, and we're doing this work to make sure that we can continue to serve both the current and future public in a good way," Deyton said.

As for limiting any disruption to traffic, "The work is generally going to be on a 7:30 a.m. to 5:30 p.m. workday, Monday through Friday," he said.

"We will have some limited road closures," Deyton added. "The first one will be at the beginning of the job at Turkey Creek Road, just west of Concord Road (intersection)."

"We will have a short term where we have some posted

detours while we cross those lanes of traffic."

Some of the public impacts "that we will have (include) some short-term closures of sidewalks and greenways, and those will be posted with temporary traffic control signage," Deyton said. "We'll make proactive communication with the public through direct customer notices, Facebook post, visible signage to motorists and pedestrians."

"Much of the work is going to be done on existing first utility district easements," he added. "There are places where we cross public roads, but those are generally existing crossings, and we're just improving those. We're not creating any new road crossings in connection with this work. It's upgrading the existing ones."

"There will be a limited closure" of one intersection in Village Green, "but that's likely to be at least a year away and will probably be a one- to

two-week road closure with a posted detour."

Sometime in early spring of 2025, Deyton estimated, the southern parking area of Founders Park at Campbell Station (to the left entering the main entrance), "will be closed for several months while we're doing sewer line replacement through Founders Park."

About the \$8.7 million estimated project cost for phase I, "First Utility does not receive money or any fund appropriation from Knox County or the town of Farragut," the FUD official said.

"Our project is funded through cash received through our rate revenues. It's out of our existing budget that we're funding through cash. There's no incidental rate increase associated with the project. It's already budgeted, appropriated work."

Deyton said Town officials have been quite cooperative in communicating with FUD.

letter to editor

My husband and I would like to thank Tammy Cheek and farragutpress for writing and publishing an article ("Town asked to support 'no parole' for '95 double murderer") on our efforts to keep one of my parents' murderers, David Leon Scarbrough, in prison.

We spoke and asked our community for help during the Citizen's comment session at the end of the Oct. 10, 2024 BOMA meeting.

Please sign and share the parole protest petition "Justice For the Dotts (Carol & Les) Parole Protest 12/2024 Deny David Scarbrough parole. The link is <https://www.change.org/Justice-for-theDotts-122024>.

As my husband, Bry, stated "Some of you may remember Les and Carol Dotts murders in their home in Village Green. Jeanne and I can NEVER forget it."

It only takes a few moments to sign the petition, leave a comment if you would like and share it with others. If you have any questions or would like some more information, please go to Facebook and go to the page "Les-Carol Dotts" I created for my parents. You can also message me through that page. Thank you for your time, support and compassion.

Jeanne Dotts Brykalski
Robert "Bry" Brykalski
Farragut

Boyd at FHS

From page 1A

ensures free tuition and mandatory fees for qualifying Tennessee residents," according to a release issued after the visit.

"We're here," Matthews said, "to help you find the right UT for your future. With the Common App, applying to any UT campus is easier than ever, and UT Promise is our promise to make college affordable for Tennessee students

"Plus," he added, "many of

you may qualify for guaranteed admission, allowing you to skip the line and go straight to the next class of UT students."

Boyd will continue his cross-state tour to speak with students about all that's offered at the different campuses and about how they differ in focus. The campuses are as follows: UT Knoxville; UT Chattanooga; UT Southern in Pulaski; UT Martin; and UT Health Science Center in Memphis.

Dr. John Bartlett, FHS principal, said afterward, "I think

it's awesome that president Boyd was here today to talk about the various UT campuses because every one of our kids thinks UT, and they think Knoxville, which, of course, is the flagship campus, but there are other options for all our kids.

"I want our kids recruited like college athletes are, right?" he added. "We've got some of the best and brightest kids in the state and in the nation right here in Farragut, and it's important we keep

them home as much as possible because kids will stay here. If they graduate from college here, then they'll stay here, and start businesses here.

"It's about making sure our most talented students and brightest students stay in state, so the state reaps the benefit long term."

Visit FindYourUT.com to discover more about each of the campuses in the UT system or obtain more academic program, scholarships and financial aid information.



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Parkside 15th celebrated: TSB

TAMMY CHEEK
 tcheek@farragutpress.com

Since Tennessee State Bank broke ground in 2008 and opened Jan. 30, 2009 in Turkey Creek, the branch at 11470 Parkside Drive has been serving the Farragut and Knox County community.

Tuesday, Oct. 15, the branch celebrated that anniversary milestone with a ribbon cutting, sponsored by Farragut West Knox Chamber of Commerce, also celebrating with a money machine, which started out with \$1,300, and hamburgers and hotdogs.

"It is certainly my pleasure to be here to celebrate their 15th anniversary," FWKCC president/CEO Julie Blaylock said. "You may not know this but we have a guest ... (Terri Jo Fox, The Knox Fox Real Estate Group), who remembers coming here 15 years ago to her first networking."

"We thank everyone for coming out to day to our cele-

bration," said Rex A. Rauhoff, TSB executive vice president and Knoxville executive commercial lender. "Terri Jo was telling me the same thing. It's amazing that you were here 15 years ago."

"We're locally owned and operated," he added. "(The company) has been around 52 years. We're proud to be part of this community."

In other counties, "we've been voted the best bank," he said. "We strive to do everything we can for the communities for which we serve."

"We want to be a big part of the community," branch manager Kristi Lemons said. "We value local relationships, but I couldn't do anything without a wonderful staff."

"We're here to serve you all," she added.

Robin Kurtz, marketing director, has been with Tennessee State Bank for 20 years.

"We were actually going to open three branches (in 2009): the Newport branch that we



Tammy Cheek

Tennessee State Bank branch manager Kristi Lemons and executive vice president and Knoxville executive commercial lender Rex A. Rauhoff (both with scissors) prepared to cut the ribbon to celebrate the branch's 15th anniversary during a Farragut West-Knox Chamber of Commerce-sponsored ribbon cutting at the branch, 11470 Parkside Drive, Tuesday, Oct. 15. They are surrounded by bank staff, such as Robin Kurtz (front row, second from left), marketing director. Others in front, from left, are Hailee Householder; Ray Sterling, Matthew Curtis and Sam McCamey; and Chamber members.

built; we bought a bank in Jefferson City and opened that one; and here at Turkey Creek," she recalled.

"We have one in north Knoxville and we have one in

south Knoxville, and because of Turkey Creek, 15 years ago it was booming then," Kurtz said. "Our leaders knew that this was a growing area, so we wanted to be here."

TSB is open from 9 a.m. to 5 p.m., Monday through Thursday, and 9 to 6 p.m. Friday. It is closed Saturday and Sunday.

For more info, call 865-288-5040 or visit tnstatebank.com

Concord to host FWKCC breakfast series

TAMMY CHEEK
 tcheek@farragutpress.com

Farragut West Knox Chamber of Commerce is serving up a visit to historic Concord when it presents its next Breakfast Speaker Series, A Walk Through Time: Impacts of Historic Concord.

The event taking place Thursday, Nov. 7, in historic Concord Presbyterian Church, established in 1798, at 11000 Second Drive, starting at 7:30 a.m.

The speaker program begins at 8 a.m. with a tour of the community to follow at 9 a.m., weather permitting (umbrellas and ponchos are advised).

"I'm so excited," FWKCC president/CEO Julie Blaylock said. "I don't know if it's well-known, but I'm a history nerd, and I love looking back at places and buildings and people and getting into the intricacies of how things were back then."

"I think you better understand the community you live in when you understand everything that came before," she added. "I hope everyone is

as excited as I am."

Sponsored by Wallace Real Estate, Slamdot, Knox County and Town of Farragut, tickets are \$25 for individuals, whether member or not, who are buying one ticket and are on sale online at farragutchamber.com. However, Chamber members get a discount opportunity—two tickets for \$40, — and there are a few sponsor-

ships still available.

"This is absolutely open to the community and to the public," Blaylock said. "This is for the whole community."

Emceed by Sam Venable, retired humor columnist for Knoxville News-Sentinel and author of a dozen books, the event features Jack Neely, founding director of Knoxville History Project (2014), journal-

ist and historian, and Jennifer Montgomery, a realtor with a passion for the history of the homes.

Part of the proceeds from the breakfast will go to Knoxville History Project and Hoof and Harness.

In coming up with a topic, "We've already done several Speaker Series topics that addressed critical issues that

have to do with workforce in our community, like the child-care crisis and things like that," Blaylock said.

But "we like to do at least one event or program during the year that is both educational and entertaining, interesting and fun," she added. "Historic Concord, which is just on the border of Farragut, is such an interesting place."

"It was a booming community back in the day (early 1900s). I think we just thought that this would be a good opportunity to reflect back on a lot of the changes we see happening in West Knoxville, because recently we're seeing a lot of growth and a lot of activity."

Moreover, "we thought it would be interesting to take a look at what things were like a century ago and look at some of the differences and some of the parallels between what our community is experiencing now, as we go through a phase of change and growth, and what adjacent communities were experiencing a hundred years ago," Blaylock said.

businessbriefs

• Karen Packett recently received The Alpha Award, one of the highest awards given at the National Agent Summit, at Lake Homes Realty's National Agent Summit for achievements in real estate.

It is given to agents with a total transaction volume of

\$25 million or greater with 60 or more transition sides with a total transaction volume of \$18 million or greater between Sept. 1, 2023, and Aug. 31, 2024.

• Knox County Schools recently appointed Rebecca "Becky" Wuethrich as interim chief of security, effective Nov. 1.



Vicki Courtney with friend Kay Ailor (above) and Marshall Charloff (right)

Concerts For Our Own

Fans of all ages enjoyed an energetic concert at the Tennessee Amphitheater featuring the Marshall Charloff Purple Xperience on Friday, October 18th. All proceeds from the show benefited 3 local charities that Concerts For Our Own selected to partner with during their 2024 season. Those charities include The Joy of Music School, Love Kitchen and PUNT (Pediatric Cancer Collaborative).

Vicki Courtney was the winner of the farragutpress ticket giveaway promotion and had this to say about the event... "We had a great time, thank you so much!"

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Thursday, October 24



'Geoff County' blues for Pats; Ads make it three straight W's

ALAN SLOAN
editor@farragutpress.com

DANDRIDGE — How do you allow 360 yards rushing, from one running back no less, while giving your home-steaded opponent a defensive touchdown — and still win the game?

Farragut's two long touchdown passes, far superior special teams play and a defense that, despite Skylar Thomas' dream night running the football, held Jefferson County

without a third-down conversion in the second half is how the Ads won their third straight game — all on the road — after slipping past the Patriots 24-23 at JCHS Friday night, Oct. 18.

The kicking and punting of junior Ryan McCue — still perfect on the season in extra points and field goals after nailing a 31-yard three-pointer in the second quarter — also included one punt for 48 net yards along with a handful of others pinning the Patriots (4-

4-4) inside their own 15-yard line.

Back for his second game after missing three games due to injury, sophomore Ethan Farhat returned a kickoff for a touchdown for a second straight game, this time answering a Jefferson County TD with an 80-yard return to put the Ads back ahead, with McCue's conversion, 17-16 at the 10:58 mark of the third quarter.

Two blocked kicks by the visitors further punctuated the FHS edge in special teams: an extra point blocked by senior defensive back Henry Dee after a JCHS field goal was swatted away by senior defensive back Kent Carbaugh.

"Special teams was the difference. ... Ryan did a great job punting the ball, kicking the ball all night," Admirals skipper Geoff Courtney said. "We were able to flip the field and keep them pinned back, or at least starting most of their drives backed up, which gave our defense a chance to settle in and get a couple of stops."

Though giving up the lead late in the third quarter on an ill-advised pass that was picked off and returned for a touchdown, Farragut sophomore quarterback Corbin Hobson shook off the mistake and made a huge play.

His 69-yard touchdown strike to senior wideout Robbie Jacobs, with McCue's conversion, gave the Ads a lead they wouldn't relinquish, 24-23, with 4:01 to play in the third frame.

Despite bending severely thanks to Thomas' running success, the Ads' defense pitched a shutout during the game's final 16 minutes.

An interception late in the game by Zain Kureshi-Smith, an FHS junior defensive back, helped secure the big victory.

Jefferson County reached midfield in the game's final



See 3 IN A ROW on Page 6B



Photos courtesy of Carlos Reveiz/crfoto.com

(Top) Zain Kureshi-Smith, Farragut junior defensive back (12), leaps for a game-clinching interception late in the fourth quarter at Jefferson County Friday night, Oct. 18. (Above) Connor Paris, FHS junior linebacker, takes a Patriots runner off the ground as he makes the stop.



Double crown



(Above) Holding their TSSAA Division II-A state championship trophy are the Christian Academy of Knoxville Lady Warriors, top finishers at Sevierville Golf Club after 36 holes Tuesday, Oct. 8. From left are Ava Iverson (senior), Alexis Fishel (senior), Isabella Coughlin (junior) and Grady Thomas (sophomore). (Left) Senior Bryson White gives the CAK boys a taste of state championship gold, winning the Division II-A individual championship by one stroke ending Oct. 8.

Photos submitted

Coughlin, Fishel lead CAK golf girls to Div II-A state title; White is boys TN #1

STAFF REPORTS

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STAFF REPORTS

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SEVIERVILLE — Going from two strokes down entering No. 14, to two strokes ahead after completing No. 15 on the final day of the state competition, Bryson White learned from a sour experience one year earlier and made clutch putts down the stretch before hanging on to win the boys Division II-A golf crown by a nose.

The Christian Academy of Knoxville senior shot 4-under par (69-71—140) to edge Brady Ray of Battle Ground Academy by one stroke after 36 holes at Sevierville Golf Club ending Tuesday afternoon, Oct. 8.

That's despite a double bogie on No. 18 Tuesday after his tee shot found water.

"Bryson's story really starts last year in the final round of the state tournament," CAK head coach

SEVIERVILLE — Junior Isabella Coughlin and senior Alexis Fishel were in command almost from the start, leading the TSSAA Division II-A Golf Tournament at Sevierville Golf Club by 10 strokes after 18 holes.

It turned out to be a seven-stroke CAK victory (7 over par 287 versus runner-up Boyd-Buchanan's 294), marking the program's fourth state crown all-time and first since 2016, after 36 holes Tuesday afternoon, Oct. 8.

Led by Coughlin, top scorer who placed third individually with a 140 (even par, 67-73), and Fishel, who finished seventh individually (147), "They're very skilled, they controlled their golf ball really well and they have a lot of experience," CAK head coach Donnie Cooper said. "We played really well the first day. And the sec-

See WHITE NO. 1 on Page 6B

See GIRLS CHAMPS on Page 6B

Pouring it on the 'Cats, Dawgs sharpening playoff claws

BILL HOWARD
Correspondent

BEARDEN — It wasn't real pretty, but as the sports cliché goes: a win's a win.

On Homecoming Night at Bill Young Field, Bearden High School's football team convincingly defeated Oak Ridge 35-6 in a non-region game.

To do so, however, the Bulldogs had to overcome 12 penalties and a very sluggish start. Once the 'Dawgs got rolling,

however, they never looked back in this Friday night clash Oct. 18

"We gotta get that cleaned up, way too many," BHS head coach Josh Jones said of all the yellow flags. "Cannot do that in big ballgames."

Down 6-0, the Bulldogs took over on their own 44 with 8:12 left in the second period. On the eighth play of the drive, running back Torian Riggins ran it in from the ORHS 9 to give Bearden a 7-6 lead with 5:37 left in the half.

Two holding calls — one negating a

long punt return, another nullifying a touchdown pass — each cost BHS roughly 30 yards on its next possession.

Not to worry. With 17 seconds left in the half, quarterback Drew Parrott hit wide receiver Tory Beaufort deep in the end zone for the score and a 14-6 half-time lead.

Within a span of 17 seconds midway through the third, the Bulldogs scored twice and put the game long out of reach.

Parrott's 34-yard scoring pass to Dea-

meion Leavell with 6:42 left — finishing a nine-play, 54-yard drive — made it 21-6. Then a fumble on the 'Cats' first play of the ensuing possession put the 'Dawgs back in business on ORHS's 27.

After Parrott — now playing receiver to enable first-string quarterback DJ Hunter to work his way back from injury — caught a 24-yard pass to the Wildcats' 3, Riggins took it in for a 28-6 lead. "We're getting better," Jones said.

See DAWGS on Page 6B

Blue has record; 4-peat is BHS goal

KEN LAY
Correspondent

BEARDEN — Bearden High School entered this week with a chance to win a fourth consecutive Class AAA girls soccer state championship.

This year, however, veteran head coach Ryan Radcliffe isn't quite sure his Lady Bulldogs are the favorite to win the state title in 2024.

"This year, I don't think we'll be the favorite. I think that's on Houston this year," Radcliffe said after the Lady Dawgs clinched another trip to the state tourney with a dominant 9-0 victory over Jefferson County Saturday afternoon, Oct. 19, at Turner-Allender Field in a state sectional match.

"I don't think you can say that there's a team that we're going to see, or a game that we're going to play, that will be easy for us," he added.

The 2024 state tournament field also includes the top-seeded Lady Mustangs (19-0), Murfreesboro Oakland (8-4-4), Science Hill (16-2-1), Franklin (15-1-1), Collierville (14-3-1), Page (15-5-2) and Siegel (15-2-1), the opening foe of Bearden (18-1-1), the No. 2 seed, starting at 6:30 p.m., Wednesday, Oct. 25, at Girls Preparatory School.

The state title match at Boyd-Buchanan High School is set for opening kicks at 11 a.m., Saturday, Oct. 26.

Meanwhile, junior star forward Jayla Blue's four goals against Jefferson County helped her shatter the school's single-season goal scoring record, having 42 markers heading into the state tournament.

Blue also is second on the school's all-time scoring list with 99 goals and trails only Brinley Murphy (now playing in the SEC at South Carolina), who scored 110 goals in her stellar varsity career.

"She's the epitome of a goal scorer," Radcliffe said of Blue.

The Lady Dawgs wasted no time putting away JCHS (10-9-2), opening a 7-0 advantage by halftime. Bearden ended the match early, as the TSSAA mercy rule was invoked, when Claire Jenkinson made the score 9-0 late.



Photo courtesy of Jack Tate/FHS sports information director

Having earned a trip to this week's TSSAA Division I-AAA state tourney, Farragut volleyball celebrates with head coach Andre Alves.

Among state's top 8, Lady Ads volleyball message heading to Murfreesboro is, 'I like my chances' to win it all: Alves

BILL HOWARD
Correspondent

Ordinarily, when a team makes the postseason, the competition gets tougher the deeper into the postseason the team goes.

Not so for Farragut High School's volleyball team last Thursday night, Oct. 17, in FHS's Lynn E. Sexton Gymnasium.

Before hundreds of fans in the Sectional Round of the TSSAA Division I-AAA State Volleyball Tournament, the Lady Admirals made quick work of Tennessee High.

Dominating in every phase of the game, FHS swept the match 3-0 to earn a berth in the state tournament in Murfreesboro this week. The set scores were 25-7, 25-15 and 25-10.

"Our six seniors, they really really bonded in a way that they wanted this way more than any other team," FHS head coach Andre Alves said. "Don't give them one point. Go hard every ball."

In the first set, the Lady Vikings won the first point. Farragut then won 16 of the next 17 and cruised to the end of the set. After that first point,

FHS won 11 in a row, all served by senior setter Bella Ekeler.

"We were on fire, wanted it so bad," Ekeler said. "We were working toward this all season. It's just amazing; we're finally gonna get there (state tournament)."

In the second set, Tennessee led 4-2 until nine in a row by the Lady Admirals made it 11-4. The Lady Vikings hung around, trailing 17-11, but Farragut then won six of the next seven. An errant serve by Tennessee at 24-15 closed out the set.

Yet another long scoring run blew the final set open. Leading 12-8, FHS won 10 of the next 11 points to zoom ahead

22-9. Three of the final four sealed the Lady Admirals' invitation to Murfreesboro.

Although FHS was superior in all aspects of the game, serving was paramount. Hard, deep, low-landing serves made it difficult for the Lady Vikings to get setups at the net. Farragut had no such trouble.

Senior outside hitters Elsa Morrison and Trinity Rye led the team — as usual — in kills with 21 and 15, respectively. Ekeler led — as usual — with 41 assists. Loryn Neeley had 11 digs.

"I think after the first set we were all playing confident and all knew we were gonna have a good time," Rye said. "Super

happy with everyone; proud of everyone."

The Lady Admirals played Houston (30-9) in the first round of the state tournament yesterday. State is a double-elimination event, with the championship match Friday, Oct. 25.

The Sectional win was Farragut's 29th against just five losses. Alves was asked if anything less than a state title would be a disappointment.

"It will be," said the second-year coach, adding he thought it would take at least three years to make the program state-level relevant again. "I like my chances. If we play like this, we're state champs."

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35 North Bar & Grill's 2nd Annual Farragut Fall Festival

Lots of Farragut residents relaxed at 35 North Bar & Grill's 2nd Annual Farragut Fall Festival, 11321 Kingston Pike, Sunday, Oct. 20, where people could browse booths, enjoy live bands — such as Knoxville Boombox — dine at 35 North, enjoy a cup of coffee from Summer Moon Coffee or shop at Park + Alley.

Photos by Tammy Cheek



35 North crew, from left, Brady White, Mak Whitcomb, Nick Sabellico and Matt Carter



From left, Beth and Ed Fendley and Dori Caron



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'GO Deck' is dad promoting daughter in urban tourism

TAMMY CHEEK
tcheek@farragutpress.com

Farragut resident Gary Hensley is lauding the recently patented products made by his daughter, Dianna Hensley Ratnikova, to encourage urban nature tourism.

She created The GO Deck, which "is 52 cards — one for every week of the year — featuring outdoor locations within an urban environment," Ratnikova said. "On one side you've got a color photo showcasing the location; and on the other, there are details, such as what's unique about that spot, how to get active there and nearby attractions also worthwhile.

"I focus on urban environments because it's more easily accessible, and thus, affordable for everyone," the East Tennessee native added. "Whether you want to be selective with which location to visit or just pick a card, any card, and leave your outing to luck, The GO Deck makes getting out and about fun and easy."

Ratnikova also created and patented a children's card game, GO Deck, in which children can play while traveling.

It was inspired by her daughter.

"It thrills me," Hensley said about his daughter's creation. "She's got the drive to do it."

However, he recalled when Ratnikova first started talking about The Go Deck cards. "I didn't understand it" but "I was impressed she was able to do it," Hensley said.

"Starting a small business and bringing a product to life has been quite the journey," Ratnikova said. "I'm pleased with what I've been able to accomplish so far and hope to continue improving the products so I can reach more people in more cities."

The GO Deck is \$20 and the children's GO Deck is \$12. Both are available online at thegodeck.com

Raised in Roane County, she graduated from Midway High School and later Austin-Peay State University, earning an undergraduate degree in organic chemistry. From there, she graduated from University of Pittsburgh, where she majored in International Fair with hopes of going into government.

However, after a one-year internship at Oak Ridge National Laboratories, Ratnikova was hired there — but she now works for Velia and lives in San Diego with husband, Khristian Cainday, and daughter, Lea Ratnikova, 8.

With a love for the outdoors, Hensley said his daughter did a lot of bike racing and cycling; but when COVID-19 first hit the nation, many events were cancelled, so she took walks instead.

"With many places off limits in those early months of the pandemic, I started walking around various San Diego neighborhoods as an excuse to get out of my small apartment and also

See The GO DECK on Page 5B



Photo submitted

Dianna Hensley Ratnikova has created a challenge for people who like adventures. She created and patented The GO Deck, a set of cards that offers ideas for visiting an area. Her first Go Deck was in San Diego, California, but she also recently created one for Knoxville.

FHS Sparkle Squad



Photo submitted

Farragut High School Sparkle Squad cheerleaders and sponsors for 2024-25, front row from left, are Caroline Craft, Raney Lamons, Madison Reid, Katie Bradley, Haley Phillips and Mindy Clark (teacher sponsor). Back row, from left, are Anna Denton, Ryan Keeney, Camden Kraemer, Lincoln Hobbs, Emily Carpenter, Owen Davis, Ava Kincaid, Harper King, Cameran Simmons and parent Colleen Pressley. Not pictured are Alejandro Hernandez and Bryce Hudson.

Four more FHS Pink Out senior shave guys speak

Stephanie Thompson, a volunteer for the American Cancer Society and a Farragut High School booster, started Pink Out at FHS as part of Making Strides Against Breast Cancer, in memory of her late sister, Ashley Slagle Roback (FHS Class of 2000) in 2018.

One year later, Thompson started the tradition where a handful of FHS senior boys annually volunteer to collectively raise money, this year at least \$10,000, for the American Cancer Society. If they succeed, they all agree to have their heads shaved during the third quarter of an October FHS football game.

What follows are various quotes from four of the 13 male seniors who will have their heads shaved during the third quarter of FHS Pink Out Night in Eddie Courtney Stadium, as the Admirals varsity team hosts rival Hardin Valley Academy Friday, Oct. 25. (Five of the other eight were quoted on page 6B in last week's Oct. 16 issue). Simply put, why are you doing this?

- Trey Slagle is Ashley's son: "I wanted to spread awareness; cancer affects everybody. Everybody showing support and making it a big thing really means a lot to me. I thank all my friends."

- William Dodson: dating back to the eighth-grade, "back then I always knew I was going to do this for Trey — and that's kind of my plan."

- Zach Locke: "I'm really doing this because one of my friends, his mom also has been through it, so that gave me a good reason to do this. Ever since my freshman year I've wanted to do this."

- Parker Akins: "I thought, 'since so many people are impacted by this, I thought it would be a great and fun way to get the community involved in it.'"

Yet another part of this October effort, Thompson makes and sells T-shirts for \$10 each — from which \$4.50 goes to American Cancer Society. "Over the last seven years, there have been more than 4,000 pink shirts sold," she said.

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• **St. Elizabeth's Episcopal Church, 110 Sugarwood Drive in Farragut, is requesting help from the community with its October Gift of the Month.** On Christmas Day, Mobile Meals volunteer drivers will deliver gift bags to more than 1,000 senior citizens.

"Keep in mind that most, but not all, of those served are low-income, and they have no one to share Christmas with," a SEEC press release stated.

Drive by and drop off the following items between 1 and 2 p.m., Sunday, Oct. 27: footie socks with tread, small lotion, a box of tissue, nightlight or small flashlight and magnifying glass or print magnifiers. Visit stelizchurch.org for more information.

• **MEDIC Regional Blood Center's Support for Flood Victims marks the current period through Saturday, Nov. 30, as "Skip the Gift" time** for donors to support recent hurricane flood victims.

This month donors can "Skip the Gift," which is an item or coupon given for blood donation incentives, as MEDIC will donate \$5 per blood donor to the Neighbors-to-Neighbors fund via East Tennessee Foundation.

"Donors should let MEDIC staff know

they want to skip receiving either a T-shirt or cup, and staff will take care of the rest," a center press release stated.

MEDIC offers special incentives for platelet donors, including daily e-gift cards, the MEDIC platelet punch card program and a daily MEDIC gift. Platelet donors must make an appointment by calling 865-521-2684. Other MEDIC appointments can be made online at www.medicblood.org, via the MEDIC app, or by calling 865-524-3074.

• **St. John Neumann Catholic Church and School's annual fall festival weekend** with Mustang Miler 5K and Fun Run and Harvesting for Him Festival takes place at SJNCS, 633 St. John Court, Saturday and Sunday, Oct. 26-27.

The fun begins with the Mustang Miler, a fundraiser that includes a 5K and a Fun Run, with the Fun Run starting at 8:30 a.m., Saturday, and the 5K starting at 9 a.m. in front of the church, then travels along Grigsby Chapel Greenway, through Woodchase and to Campbell Station Road before ending back at the church.

Proceeds from the weekend "helps offset the expenses of everything we're putting on for the weekend, including

the race," said Patrick Wade, SJN director of development. "There are a number of expenses for the race itself because it's officially timed, and everyone gets a medal and other miscellaneous things. Proceeds left over will be used to support the school.

"It's just like any other official 5K; everyone gets a bib, which has a microchip," he added. "The company manages that whole process. There are award categories for the 5K."

Cost is \$30 per person for the Fun Run and the 5K. Registration is required.

"Technically, you can register (for the Saturday runs) all the way up until the morning of" the event, Wade said.

To participate in the Mustang Miler, register at sjnknox.org/run

Saturday evening, the church will host a Chili Supper & Pie (baking) Contest, featuring chili, hot dogs and fixings starting at 5:30 p.m. in the school gymnasium. The supper is free to attend. People can RSVP at sjncwomensclub@gmail.com

The fun continues from 1:30 to 4 p.m., Sunday on church grounds with SJN's annual Harvesting For Him festival, which is free and open to the public. Presented by Water Into Wine bistro

& lounge and Nerds to Go, Wade said the festival was not intended to be a big fundraiser.

It will feature inflatables for children, Kona Ice truck and a couple other food trucks, beer and wine for sale for adults, a cake walk, corn hole, a bake sale with proceeds benefiting the school band and a splash tower, which works similar to a dunk tank but there is a large bucket of water that dumps on a person sitting beneath it instead of the person being totally submerged in a "cold bath of dirty water," Wade said.

For more information, contact Wade at 865-777-3410.

• **Jubilee Community Arts at Laurel Theater, 1538 Laurel Ave., presents A Benefit for Communities Affected by Hurricane Helene** in Laurel Theater, starting at 3 p.m., Sunday, Nov. 3. This fundraising benefit supports East Tennessee Foundation's Neighbor to Neighbor fund in its work to help communities recover from the effects of Hurricane Helene.

Entry is \$15 at the door and additional donations encouraged. Donations of instruments also accepted for distribution through Woodsongs to musicians and students in flood affected regions.

The GO Deck

From page 4B

to help burn off my daughter Lea's energy (she was 3 years old at the time)," Ratnikova recalled.

"Prior to this, I often thought of nature being in 'The Great Outdoors' — i.e., national parks, wild and remote places — but these urban outings shifted my perception," she added. "I realized that even within city limits, we have an abundance of natural attractions. I only needed to adjust the lens through which I was viewing my surroundings to see the flora, fauna and wildlife in my backyard.

"I shared stories of my urban nature outings with anyone who would listen, and many suggested I find a way to share them more broadly, like through a blog, Instagram account, etc. Since I'm not particularly tech savvy, that didn't appeal to me; but after being gifted an informational card deck, the inspiration struck to capture my outings in a physical product."

Having to break a bad habit, "I'm guilty of often staying in the bubble around my home or work office and not getting out to see more of my city," she conceded. "I'm also a creature of habit — once I find a trail I like, I'll keep visiting it instead of trying something new.

"The GO Deck is a great tool for helping folks like me — comfortable in their bubbles or stuck in a routine — to see new places not that far from

home," Ratnikova added. "Though pocket-sized, the cards pack quite a bit of detail and can be read within just a few minutes — perfect for short attention spans or parents who are constantly interrupted by their children.

"The cards are also a great tool if you've ever been stumped when a friend or family member asks you, 'What do you want to do today/this weekend?' It's a screen-free way to choose an outing with friends and family. As a parent, I especially love handing it over to my child and letting her decide what we should do, and she loves being in charge.

It's also quite useful "for when out-of-towners are visiting and seeking places to visit and things to do," Ratnikova said.

"I consider a life of abundance one spent with friends and family, so when I create a product, my goal is to bring people together," she added. "I also cherish my time outdoors and in the natural world. Spending time outside helps me live a happier, healthier life, so I hope my products help others do the same."

While not in retail shops yet, she does offer her cards wholesale and "would like to give customers an opportunity to buy the deck in-person and support another local business," Ratnikova said.

"I encourage any local shops to reach out and discuss how we can get The GO Deck in their store!"



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Girls champs

From page 1B

ond day, it was a little tougher, a little colder. Then we had a little bit of wind, and it played a little tough. Honestly, I was pretty relieved to get through that final hole because it was a pretty stressful hole the second day — but relative to the scores, we played really good the second day, too.”

Coughlin said one of her main goals was “to try and take advantage of the pretty easy par 5’s. And there are a couple of short par 4’s where I just had to wedge in, so just trying to get it close and seeing if I could make a put, which really helped.”

The junior said she and Fishel used “our mental game” to “stay focused, even after the first day (and a big lead) and not losing sight that we still have tomorrow and anything can happen — not losing focus. I think that really helped us, encouraging each other.”

About the joy of being a state champ, “It meant a lot being able to end up winning with her on her senior year, because it’s been a great journey with her through our years of high school,” Coughlin said of Fishel, “And it was nice to top it all off with the state championship win.”

3 in a row

From page 1B

seconds, but time ran out for the home team.

“... We gave up some explosive plays, but our defense made stops when they had to,” Courtney said. “I think they were only four-of-12 on third down (conversions for the game), and I know they went 0-for-1 on fourth down.”

About his team’s three-game winning streak, “Things tend to go a little bit better for you when you’ve got a confident football team,” Courtney said. “At least one thing is, the last three weeks we’ve been able to grow in that area.”

Hobson found senior receiver Landon Collins on a 32-yard scoring pass less than three minutes into the game to put the Ads up 7-0 quickly.

Touchdown runs of 31 and 63 yards by Thomas put the Patriots up 16-10 less than one minute into the third quarter, with his longer TD jaunt erasing a 10-9 Ads halftime lead.

Dawgs

From page 2B

“We’re on the right track. Our defense has played well. After that (Oak Ridge scoring drive), our defense adjusted

White No. 1

From page 1B

Donnie Cooper said. “He didn’t play well at all. And I think that motivated him for an entire year. He’s one of the hardest working kids I’ve ever had and the most self-disciplined of any kid I’ve ever coached — and has a quiet confidence about him.”

“I was in contention last year after the first day, but didn’t really have a great second day,” White said about a still solid individual finish in 2023. “I didn’t get it done.”

But in 2024, “I was feeling pretty good about my game,” added the CAK senior, a Tennessee Tech commitment. “I knew I was hitting it good. I just needed to get the putter rolling a little bit. So I knew I could compete with them. I could compete with anybody out there.”

“He really played well on the back nine,” Cooper said. “I was really proud of Bryson.”

About the sudden turn- and played really well.”

For the game, Parrott completed 12 passes on 15 attempts for 194 yards and two scores.

“We definitely support each other,” Parrott said of his relationship with Hunter. “I want

around on 14 and 15 on the final day, “I birdied 14 (a par four); I hit a pitching wedge to within about 4 feet and made birdie, and he bogeyed 14, which changed the momentum of just the whole tournament,” White said. “I birdied 15 right after that, and he bogeyed 15, which gave me a two-shot lead.

“... I think he led most of the day, actually, because I didn’t really make much birdies. I shot even on the front nine,” he added.

“No. 14 was a par 4 (about 400 yards). It’s a shorter one but it’s tight, so you’re going to lay up off the tee. I want to say I hit a 2 iron, maybe, in the fairway. It just left me about, maybe 130 something (yards).”

The clutch putt on 15 “was either 12 or 15 feet, somewhere around there,” White said. “And then on 15 (about 310 yards), it was in the wind. The first day it was drivable. The second day it wasn’t,” he added. “So I hit it to about 20 yards short of the pin, maybe 30 yards short. The pin was in the

back. I was like 10 yards short of the green and chipped it up. It did a great chip, actually.”

Playing alongside Ray and maintaining a two-shot lead heading to 18, “He bogeyed 18,” White said. “He actually teed off before me, and he hit it right in the road.”

Despite his own “water” tee shot at 18, White’s double bogie was still good enough for a state crown. “I knew on the green I had a good lead, and I knew if I three-putted it, I’d still win,” he said.

When first realizing he was a state champ, “I was just relieved to get through that final hole because it was a pretty stressful hole,” White said.

About the Sevierville course as a whole, “It’s tricky, actually, but I think it’s a great course for the state tournament,” White said.

The senior helped lead CAK to a third-place team finish. Warrior Tanner Varney, a sophomore, shot 144 (even par). Freshman Tyler Stafford finished 149 (5-over).

him to succeed and he wants me to succeed.”

“Drew Parrott’s a football player, he’s an athlete,” Jones said. “He’s gonna play wherever his team needs him.”

Demarcus Jones, a sopho-

more, added the game’s final points with a 4-run scoring run in the game’s final seconds.

Senior kicker William Pendergrass nailed all five of his extra point tries for Bearden, 5-3 overall and 3-1 in Region 2-6A.

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 Farragut Community Center • 239 Jamestowne Blvd
AGENDA October 24, 2024
WORKSHOP • PICKELBALL COMPLEX DESIGN
AT MAYOR BOB LEONARD PARK • 5:15 PM
BMA MEETING • 6:00 PM

I. Roll Call, Silent Prayer, Pledge of Allegiance
 II. Approval of Agenda
 III. Approval of Minutes
 A. October 10, 2024
 IV. Mayor's Report
 V. Ordinances & Resolutions
A. Ordinances
 1. **Second Reading**
 a) **Ordinance 24-18**, an Ordinance of the Town of Farragut, Tennessee amending the Fiscal Year 2024-2025 Capital Investment Program and ARPA Fund budgets, passed by Ordinance 24-07
B. Resolution
 1. Approval of Resolution R-2024-10, authorizing the Town to participate in the Public Entity Partners Property Conservation Matching Grant Program.
 2. Approval of Resolution R-2024-15, authorizing the Town to Participate in the Public Entity Partners "James L. Richardson Driver Safety" Matching Grant Program
 3. Approval of Resolution R-2024-16 Authorizing the Town to Participate in The Public Entity Partners "Cyber Security Partners" Matching Grant Program
VI. Business Items
 A. Approval of Jamestowne Blvd Road closure for the Farragut Christmas Parade and Santas Village
VII. Citizens Forum
VIII. Town Administrator's Report
IX. Town Attorney's Report

The Board of Mayor and Aldermen welcomes and invites Farragut residents to participate in public meetings.

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farragutpress HOW THE WEST WAS WON

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Bearden	5-3	245-191	+54
Webb	4-3	201-158	+43
Knox Catholic	3-5	203-241	-38
Farragut	3-5	131-226	-95
CAK	2-6	161-190	-29
HVA	1-7	116-247	-131

Scoreboard top is now Maroon; Ads tie KCHS

This latest switch at the top of PureMagic's How the West Won Scoreboard Contest for best regular season record may have taken a final "Maroon/Go Dawgs" turn.

Despite getting off to a slow start offensively on Homecoming Night at Bearden's Bill Young Field, BHS exploded for 35 unanswered points in the last two-and-a-half quarters for an easy 35-6 win versus Oak Ridge (4-4) Friday, Oct. 18 (see story starting on page 1B).

Taking over the Scoreboard top spot after Week 9 action, Bearden (5-3 overall) now has a half-game lead against the Dawgs' current top challenger, Webb School of Knoxville, which gave up the top spot after a tough 24-19 Division II-AA East Region setback to still unbeaten Grace Christian Academy at GCA last Friday. The Spartans drop to 4-3 overall, 3-2 in region.

"We had some mistakes and some untimely penalties and those cost us," Webb head coach Don Mahoney said. "... I'm not one to sugarcoat things. We had nine possessions and on five of those nine possessions we had penalties that stopped drives."

Webb, which trailed 21-7 in the third quarter, edged closer when quarterback Cruise Cunningham connected with Greyson Webb on a 35-yard scoring pass, cutting the lead to 21-13, the extra point missed, with 3:19 left in the frame.

On Grace Christian's next possession, Greg Tate III blocked a field goal attempt, but a 29-yard Grace field goal made the score 24-13, seemingly putting things out of reach with 3:36 left in the fourth quarter.

But the Spartans weren't done. Cunningham threw a 33-yard scoring strike to Tate that made it 24-19 with

just under three minutes remaining.

Webb then successfully executed an onside kick and appeared poised to earn an unlikely victory. Instead, the Rams (8-0, 3-0) turned away the Spartans on fourth down and remained undefeated.

The visitors rapidly answered an early Rams score on its first play from scrimmage, as Baxter Johnson rumbled 55 yards for a touchdown with 7:05 to play in the opening frame.

Scoreboard-wise, given that Webb plays only nine games this season, Bearden controls its own destiny toward winning the PureMagic championship, which would be program's first dating back to 2008.

Moreover, the powerful and explosive Bulldogs will be heavy favorites to win its next two games and secure the Scoreboard crown.

Farragut, KCHS going in opposite directions

While the Spartans do have a solid grip on the runner-up spot, the next two PureMagic teams are going in opposite directions in terms of streaks.

Farragut started 0-5 and was mired in last place, yet the Admirals hit the road three weeks ago and have a three-game winning streak to show for their trips throughout East Tennessee.

Wins at Bradley Central (28-20) and at Oak Ridge (28-13) came before new skipper Geoff Courtney's boys traveled to Jefferson County (4-4) last Friday night.

Proving clutch on both sides of the ball, and with superior special teams play, the Admirals edged the Patriots 24-23, improving to 3-5 (read story and see photos starting on page 1B).

Meanwhile, Knoxville Catholic — still clinging to

third place on the Scoreboard due to point differential — had a hard time in Nashville last Friday, falling 47-23 to Division II-AAA East Region foe Lipscomb Academy (3-5, 2-1), marking the fifth straight Irish loss (3-5, 0-3).

KCHS touchdowns came on a 27-yard Matthew Rogers run, a 1-yard carry from quarterback Mack Bartholomew and a 72-yard pass from back-up quarterback Garrett King to Jhamari Champion. Gavin Menard, Catholic senior kicker, booted a 44-yard field goal and nailed both of his extra point attempts.

Christian Academy of Knoxville (2-6) and Hardin Valley Academy (1-7) had last week off.

Week 10

Going down the home stretch of the 2024 regular season, Farragut looks to make it four in a row and take over third place in the PureMagic standings when it finally comes home to celebrate Homecoming Night and Pink Out Night — aiding the fight to beat breast cancer. Rival Hardin Valley visits Eddie Courtney Stadium/Bill Clabo Field. (All games begin at 7 p.m., unless otherwise noted, Friday, Oct. 25).

Bearden will be a heavy favorite to win in Hamblen County against Morristown West (3-4).

Webb and Catholic have daunting tasks this Friday. The Spartans host No. 2 state-ranked and unbeaten Boyd-Buchanan (8-0, 5-0) in region action.

Meanwhile, the Irish travel to Chattanooga to face Division II-AAA powerhouse McCallie (6-2, 2-1), with opening kickoff at 7:30 p.m.

Christian Academy will hit the road each of its last two regular season games, first traveling to Chattanooga to battle struggling Notre Dame (1-7, 1-4).



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A New Perspective on Senior Living

FARRAGUTPRESS WEDNESDAY, OCTOBER 23, 2024 • 1C

Importance of Snowflake Ball in the SCP fundraising march



Photo submitted
The 2024 Snowflake Ball, held Feb. 17 in Rothchild Catering & Conference Center, featured, from left, Carlos Lopez, Dr. Dasha Lundy, Snowflake Queen Crystal Palmer, Snowflake King Marcos Garza, Prince Jeff Pell, Princess Leila Beyer, Cana Johnson and Jesse Moss.

On top of being a fun event early each year, Snowflake Ball has a vital fundraising purpose.

This annual event in February, presented by Knoxville-Knox County Community Action Committee Office on Aging, features four queen and four king candidates whose success toward wearing the crown is all about fundraising.

To be held from 6 to 9:30 p.m., Saturday, Feb. 8, in Rothchild Catering & Conference Center (8807 Kingston Pike), 2025 Snowflake Ball will be a "significant fundraiser" for Knoxville-Knox County CAC Office on Aging's Senior Companion Program, the CAC website stated.

The Ball will include a live band, dancing, silent auction and crowning of the 2025 King and Queen.

"The Snowflake Ball is a social event for individuals in the Knoxville community, specifically in the senior community," said Michelle Peckham, AmeriCorps

Seniors Program manager. "Each ticket is \$75 (going on sale starting Dec. 2), though there are sponsors. And when I mean sponsors, is that someone — or an organization — will sponsor a table. So, for example, Franklin & Kyle (Elder Law) are Snowflake Ball sponsors, and they will have a table of eight."

Visit knoxseniors.org for more information about purchasing tickets.

"We do the Snowflake Ball to supplement the grant that is currently provided for the Senior Companion Program," she added.

For example, Ball fundraising supports "several people who volunteer their time as senior companions," Peckham said.

Snowflake Ball proceeds also provide funds to allow senior companions to "get mileage to and from their client's" location, she added.

Among those seeking to be Snowflake Ball queen and king, it is always a field of eight (four queen candidates and four king candidates). "These eight are considered senior companion ambassadors," Peckham said.

"The Senior Companion Program is the only free service in our area to provide in-home care and support to isolated seniors living in our community. It has been so much fun to be involved in the Senior Companion Program and to help raise money and awareness for such a great cause."

~ **Courtney Cox**, CAC Ambassador
Associate Attorney
at Franklin & Kyle Elder Law, LLC

Queen candidate ambassadors for 2025 are Courtney Cox (from Franklin & Kyle Elder Law), Kindle Petteway (from Senior Financial Group), Rebekah McCulloch (from Grow Wellness) and Hannah Hood

See **SNOWFLAKE** on Page 9C

Lots to consider

When choosing among senior living options

What's a proper plan of action for senior citizens and their family when it comes to planning for one of five residence options in dealing with the aging process: in-home care, moving to an independent living, assisted living or memory care community residence — or for constant medical attention a nursing home?

Helping answer those questions is Dottie Lyvers, direc-

tor of Knoxville-Knox County Community Action Committee Office on Aging.

Plan before it's needed

To avoid making bad decisions when it comes to planning for in-home care, independent living, assisted living, memory care or a nursing home, "I think what we always recommend to reduce any of those mistakes is to prepare before you need whatever it is," Lyvers said. "So, doing research when you're not in a crisis. A lot of times, I will say — if we're talking about common things — we get calls a lot from individuals who are in,

I'm going to say, more of a crisis mode."

For example, "Oh, gosh, something has drastically changed with mom; I've got to move her quickly, she really needs help," Lyvers said. "That's the human nature of just not preparing. We always advocate for people to try to prepare and plan for things that might be needed in the future.

"And that means maybe even writing down what's available or writing down what desires are," she added. "For example,

See **OPTIONS** on Page 4C

Profiles: Local Senior Living facilities

American House West Knoxville
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"Located in the bustling city of West Knoxville, Tennessee, near great dining, shopping and cultural attractions, our beautiful community offers a family atmosphere and comfortable, well-appointed apartments," the company website stated. "Read or relax in our cozy common areas or enjoy beautiful views from our garden courtyard or deck. Our devoted team and a maintenance-free lifestyle let you focus on what's important...you. Take a fitness class or meet up with friends for happy hour and enjoy exciting live entertainment.

"In our vibrant community, your days will be filled with activities and friends," their website further stated. "For those times when you need a helping hand, we're here for what

See **PROFILES** on Page 8C


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Life Experiences & Big Hearts

This is about Knox County seniors whose volunteer community service uses life experiences, and a big heart, to help fellow seniors who have difficulty with daily living tasks.

Knoxville-Knox County Community Action Committee's Senior Companion Program "invites adults age 55 and over to utilize their skills and life experiences to work toward a healthy community through direct service and collaboration with established non-profit, government, proprietary home health and public organizations," said Michelle Peckham, AmeriCorps Seniors Program manager, which is part of CAC's Office on Aging.

"The Senior Companion Program, part of AmeriCorps Seniors, is a network of national service programs that provide older Americans the opportunity to put their life experiences to work for local communities," she added.

"The ultimate goal is the creation of a personal relationship between the Senior Companion volunteers and the clients," an ASP press release stated. "This takes patience, warmth, understanding and sheer determination.

"The most exciting experience anyone can have is touching the life of another human being and making that life better," the release further stated. "The program is successful because of the many meaningful relationships that have been formed between the Companions and clients."

Senior Companions "are going to be there so that person is not by themselves, so that they make sure that person eats," Peckham said about two important examples of their service.

"And I can tell you stories on how my senior companions have knocked on the door of their client, and the client hasn't answered the door, and they know they're in there or they'll hear the dog barking, and they go and they give us a call," she added. "We call the police.

"Police go in and do a well person check and find that the person has fallen or collapsed or something like that — and they would have died if the Senior Companion wasn't part of their lives."

The following are two real life examples of the vital role Senior Companions play in lives:

- Ms. W lives alone and has a very limited support system. She suffers with Parkinson's and cognitive issues. During one visit, her (Senior) Companion arrived and was not able to get her to the door. The Senior Companion could hear Ms. W's beloved dog barking away inside, so she knew something must be amiss. The volunteer did not have a cell phone, but she was able to flag down a city worker, who then assisted her in alerting EMS for assistance. EMS was able to make entry to the home and discovered Ms. W unconscious on the floor.
- Ms. S and her Senior Companion developed a very loving relationship over the two years they visited together. Ms. S was an entertainer and would often talk about the splendid days of singing and playing the piano. Ms. S longed to get out for one last jamboree. Ms. S was 91 and depended on her daughter who worked full time so she did not see this ever happening. Ms. S's Senior Companion surprised her one day by scheduling CAC transportation to pick them up and take them to the Senior Center for a day of music and dancing. She talked about that day up to the day she passed a couple of months later.

IN SHORT

Senior Companions help:

- Isolated older adults
 - Older adults with unmet physical, emotional and/or social needs
 - Individuals suffering memory loss
 - Older adults battling chronic conditions
 - Individuals recovering from surgery, cancer treatment, dialysis and other health conditions
 - Family caregivers suffering exhaustion and burnout.
- Senior Companions provide**
- Companionship
 - In-home support activities
 - Positive social interaction
 - and encouragement
 - Information and referral support to community resources
 - Promote development of healthy physical and emotional habits
 - Respite for family caregivers.
- Senior Companions receive**
- Tax-free hourly stipend for income-eligible individuals
 - Transportation mileage reimbursement or public transportation provided
 - Meal allowance
 - Liability insurance while on assignment
 - Recognition events
 - Socialization. Lifesavers, dream-makers

Limited incomes, work detail

Clients are not charged for these services, given that many clients are "going to be of limited income," Peckham said.

In fact, many senior companions themselves are "going to be of limited income," she said, qualifying these SCP members for the above-mentioned tax-free stipend.

"Most of our folks work at least 15 hours a week, but they can work up to 40 hours a week, usually with multiple individuals or multiple clients in the community.

"They do light cleaning," Peckham added. "They may do some light preparation of meals. And when I mean light, I mean they're not going to do a turkey dinner, but they may do sandwiches or they may do breakfast or depending on what time they're there. They may warm up dinner for them."

When defining light cleaning, "beat a rug, maybe some straightening up, maybe running a little vacuum," the manager said.

Concerning work of a totally different nature, "They're there to read," Peckham said. "I mean, I know folks that they read together. I know they will talk together."

For example, "the client or the person that they're visiting might have a book and they might read the book together and form a little book club together and discuss the book," she said.

"They could be sight-impaired ... they could have a disability, but most of them are 55 plus also," Peckham added. "... The program is mostly in Knox County. And it's (for) those folks who want to stay in their homes but just need a little help in order to stay in their homes. Most of them receive mobile meals.

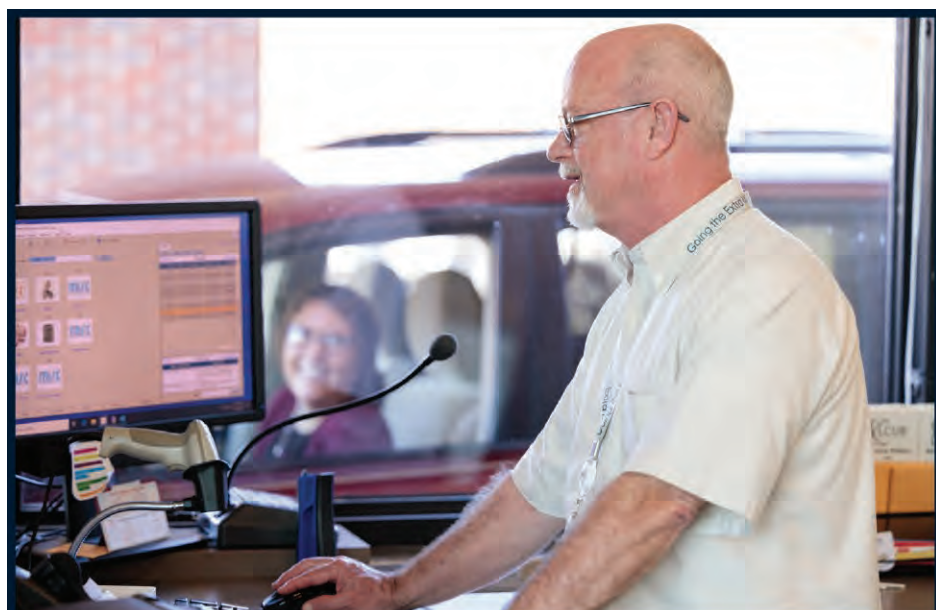
"Actually sitting and talking and being with someone for four hours."

If someone needs to run out and do an errand, for example, "our Senior Companions cannot put anyone in their car unless they've gone through additional

Senior Companions also can be lifesavers.

"Senior Companions become part of a team of caregivers," Peckham said. "They alert doctors and family members to potential health problems and provide short periods of relief to primary caregivers such as family members.

See SENIOR COMPANION on Page 6C



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Options

From page 1C

somebody may not think that they're going to need an assisted living facility or need a certain level of care, somebody to come in the home, but they might at some point.

And so, looking at that — taking into consideration budget and finances of what people have — and then getting to know some other resources.”

However, the director admitted, “It's hard to (plan) when you're not sure what those scenarios might be.”

Visit www.knoxseniors.org/housing/Ways to keep informed

As for options told by phone or from literature, “We have a Senior Information and Referral line that we connect people to,” Lyvers said. “And we have trained staff that work with individuals to find out what their needs are and then help direct them and educate them along those areas that they need help in. So if they're calling and they're not sure what they're calling about, we'll ask questions and then try to get at some different things, sharing the different options that are available for their living situations or what have you.”

That number is 865-546-6262.

“And we also publish a Senior Service Directory, which is free to the community and to anyone, really,” she added. “And in there it has descriptions of different, I'm going to say, levels of care. It's got a number of resources in the community broken down by category. So if somebody needs assisted living, for example, there's a section on that and a whole section really on housing where somebody can peruse and then give people a call and start doing their research.

This directory is “at many locations, (including) libraries, here in Knox County, at senior centers (including the Farragut-based center along Jamestowne Boulevard) and at our main office at 2247 Western Ave.,” which is open from 8 a.m. to 4:45 p.m., Monday through Friday, Lyvers said.

“We also can mail copies to people if they need us to mail them a copy,” she added. “And it's also, there's a searchable version on our website for those who are interested in searching that online. It's on our website, which is knoxseniors.org.”

Or call 865-546-6262. “And if they needed to leave a voicemail after-hours, they can, and then we'll return their call as soon as we can,” Lyvers said.

“Through our Senior Service Directory, there's a lot of information that people can just educate themselves on of just what things are, like Medicare, what that pays for,” Lyvers said. “A lot of times people don't even know this: they think Medicare pays for everything when it unfortunately doesn't.

“So, just different scenarios like that and helping people to understand what really is available to them,” she added.

“There is on a website at medicare.gov where people can go and look at nursing nursing homes, specifically, and look at their data,” Lyvers said. “Everybody who is in a skilled nursing facility has someone who comes to oversee and monitor them. And so that data will be on their website. And sometimes the data is a little bit older, so they put on the most recent information.”

For more information, visit www.tn.gov/behavioral-health/licensing/find-a-licensed-facility-or-service.html (this is to find licensed personal support service agencies).

Conference Nov. 14

Lyvers will be involved in a special Office on Aging-sponsored conference that will include a panel discussion on senior care.

The 40th Annual “Aging: a Family Affair” is scheduled to run from 8 a.m. to 3:45 p.m., Thursday, Nov. 14, in Rothchild Catering & Conference Center, 8807 Kingston Pike.

“We will be having a panel discussion looking at this very topic we have

some great experts from each industry,” Lyvers said. “... We will be looking at different living options and talking about independent living, assisted living, nursing facility level of care and memory care.

“So, if anybody would like to join us, we can get them registered, too,” she added. Those interested may register by calling 865-546-6262 or by visiting knoxseniors.org/afa24 to fill out an online form and pay by either credit or debit card.

Cost is \$25 (no later than Friday, Oct. 25) or \$30 (after Oct. 25, including at the door). Make checks payable to Knoxville-Knox County Office on Aging and mail to: Office on Aging, P.O. Box 51650, Knoxville, TN, 37950-1650.

“That's for a whole day of education and getting some resources,” Lyvers said. “We call it a Senior Expo. So we've got about 50 or 60 different local resources that people can come and start getting information about and talking to professionals here who can answer their questions about how much they charge, what would be an eligibility for them to get in to see, or an eligibility for them to come live there or get services or what have you.

“We have breakfast, lunch and we have three different breakout sessions that people can choose from — there are basically nine different workshops to choose from — as well as the keynote speaker (begins at 9 a.m.),” she added. “So there's a lot that people can come and learn. It's really intended for people who are aging — and we all are — as well as their families, to come and really get some information.”

About those nine workshops, which will include handouts, the first three to choose from will be Budget/Taxes, Medicare or Memory/Dementia (from 10:15 to 11:30 a.m.). Next is a choice between Elder Law, Medication Safety or Pre-Diabetes/Diabetes (from 12:30 to 1:45 p.m.). The final session of workshop choices is between Mental Health, Power of Pets ore Caregiving (from 2 to 3:15 p.m.).

Limited income options

“There are services that will help people who have limited income,” Lyvers said. “Now, these services are limited, but there are some programs that will help to pay for services and to help to pay for different levels of care. So I guess preparation and a roundabout way to answer your question is preparation and just doing some research and getting to know.”

One vital program to join is “a Medicaid program for long-term care services,” the director said.

Free ombudsman option

“There's also a program known as the Regional Long-Term Care Ombudsman Program,” Lyvers said, emphasizing “it is a free service” for everyone, not just those with limited income. “The ombudsmen are basically advocates for those who are in a long-term care facility like a nursing home or assisted living. They can go and help individuals.

“... They're not overseeing the nursing home, but they can help to make sure that the residents' rights are being met,” she added, stressing ombudsmen keep personal information confidential. “And oftentimes they may be able to share some information, as well about things to look for.

“... They have long-term care ombudsmen all around the country.”

When looking to gather information about a given community's performance — government grading scores for care and facility management, for example — “that would be where possibly the Ombudsman program could come in and also help provide some information,” Lyvers said.

If you are interested in obtaining an ombudsman, call East Tennessee Human Resource Agency at 866-836-6678 and simply ask for the Ombudsman Program, or visit www.ethra.org/programs/19/long-term-care-ombudsman-program/



Visiting a future residence is key

While gathering information on a given independent living or assisted living community and/or a nursing home, “We always say that a lot of times you really have to visit a facility to make sure it's right for you or for your loved one,” Lyvers said, “because there may be one person that it wasn't a good fit for, but maybe it's a really good fit for you or your loved one.

“Certainly, the financial situation is a consideration for a lot of individuals,” she added. “There are services that will help people to navigate and walk along with them to find an assisted living, independent living or something like that. “There are services that can help. And if people call our office, we can direct them to that. ... Some that (charge) a fee and some that are free. So it's just a matter of what people are looking for and needing.”

For more information, call 865-546-6262 or visit www.medicare.gov/ (to compare nursing homes and get scores and data)

Lyvers defines independent living communities as being “basically for those who require the least amount of care. ... Where it's a group setting that you're living in” that provides meals and various forms of entertainment.

“It might be those who are still active and healthy, but they want a place that they don't have to do maintenance on their home and that offers different services or amenities,” she added.

With assisted living communities, “It's basically that they're going to need more than the independent living, but less than a nursing home,” Lyvers said. “So it could be that maybe they're still ambulatory. Maybe they use a cane or a walker or a wheelchair, but they

can still transfer themselves from a bed to a chair or vice versa.

“But assisted living (communities) may provide a call button if there's an issue or helping them to get out in an emergency (and) may help with things like medication management and other non-medical services,” she added.

Don't assume new is great

“I always say, ‘it's not always about what the facility looks like exactly,’” Lyvers said. “Some of the newer ones may look shiny, but you also want to look at the care. And if it's especially like assisted living or nursing home, they could be a shiny new place, and that's great. But so could an older-looking location that's been around longer.

“You just want to look at the care and see what's possible and what's the best fit for an individual,” she added. “But there's a lot of factors. When somebody's needing nursing home care, they may not have options based on a bed that's available or depending on how they're going to be able to pay for it.”

Careful with ‘friend’ referrals

“A lot of times people will hear from a friend, ‘Oh, I had a great experience’ at a given community, ‘or, ‘mom loved it.’ But there again, I know people where one person has not liked a facility and another other person has absolutely loved it and thrived there.

“Sometimes it's also about that person and looking at their situation,” she added. “Sometimes people are looking at a location close to them. Maybe they want to be able to visit their loved one every day, so they want somewhere close to their house or somewhere just in Knox County, at least. So there's a lot of different scenarios that way, too.”

By Alan Sloan

Hannah Hood for Queen Ryan Ritter for King

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Independent Living communities with modern amenities have become an integral part of society, enabling seniors to spend their days in a supportive, purpose filled environment.

Autumn Reserve is taking the concept of Independent Living to the next level by providing its residents with support, care, and enhanced services such as 3 Executive Chef-prepared meals per day, compared to the typical 2 meals a day served in Independent Living facilities. Their luxurious dining room also boasts restaurant-style service with seasonal menus, including an Always Available menu of residents' favorites—all approved by a registered dietician.

Autumn Reserve's Independent Living communities, located within a licensed Assisted Living community, allows seniors to truly 'age in place,' without having to move loved ones twice. For anyone who knows how disruptive a single move is for our Seniors, this is a noteworthy benefit for this IL community.

The company, which originally opened its doors with their Karns ALF building in 2009, helps seniors enjoy an independent life with not only a luxurious resort-style feel, but Top-Tier services focused on providing convenience, along with assistance when needed. Autumn Reserve offers meaningful community engagement, which effectively minimizes the risk of individual isolation. It boasts a positive atmosphere for an interactive, fulfilling life and a wonderful sense of community. Long-time Autumn Reserve resident, Julia, happily remarked, "Everyone is so nice and friendly here. It truly feels like one big happy family!"

Autumn Reserve, which opened in 2019, is conveniently nestled within the heart of beautiful upscale Farragut Township in West Knoxville. Situated close to the popular Turkey Creek shopping center; gorgeous Campbell Station Park; The Township Library; many local Churches; preferred medical facilities; a stunning meandering paved walking path of the TN Green Belt; and many wonderful restaurants.

Being privately owned and operated, Autumn Reserve was strategically designed by the owners to be unlike many Independent Living apartments that require residents to walk great distances to avail basic services. Autumn Reserve leverages a two-story building design for its facility, providing ease of access and alleviating the burden of navigating long hallways and multiple floors. It also promotes a vibrant atmosphere where Seniors can thrive and build meaningful connections through social engagement. Every individual is offered a variety of amenities and activities to choose from according to their preferences, from arts and crafts sessions; happy hour; a movie theater; library; billiards table; putt-putt golf; and various fun games, plus group outings to stores, parks, and restaurants. Also note-worthy, they are Pet-Friendly! Cats and/or small dogs are welcome!

Autumn Reserve's in-house Nurses and Nurse Practitioners offer extra

support for full-time residents as well as offering temporary respite care and Hospice, providing peace of mind to their families. A Physical Therapy gym within the premises is supervised by licensed Physical, Occupational, and Speech Therapists assists clients in improving their mental and physical health. They can indulge in a range of activities guided by trained instructors.

The company offers unwavering commitment to personalized care. The moment a resident submits a move-in application, the Director of Nursing conducts an assessment to understand their needs. A complete medical history is then procured from by their present care provider to determine the level of care they require. Addon services are provided for independent individuals who might be capable of managing their day-to-day activities, but may require assistance in certain areas like daily medication management. Appropriate attention to the resident's requirements is key to enabling a healthy life. A detailed personalized plan of care is developed in order to identify where residents require additional assistance.

As for excellence in staffing, Autumn Reserve's emphasis on nurturing talent from within underscores a culture of growth and employee retention. The majority of its senior staff members have been working at the company for years, if not decades, and have been promoted through the ranks due to their deep understanding of resident care. The regional VP of Marketing is a testament to this culture, having worked her way up from the role of Life Enrichment Director. She has been a trusted associate of the company for many years and has experienced the quality of its services first-hand.

The company's strategic decision was made to offer an independent living segment without diminishing its ability to provide round-the-clock support. Autumn Reserve stands as the Go-To partner for fostering a sense of community and companionship among residents, while empowering them to thrive independently in a supportive and enriching environment.

As a result, this location is currently full with a wait list. However, Autumn Reserve requires no money down to get on the list for those who desire to be future residents of Autumn Care's flagship location. Tours are still offered 7 days a week, and the company website provides a newly posted Virtual Tour as well!

~ Elder Care Review

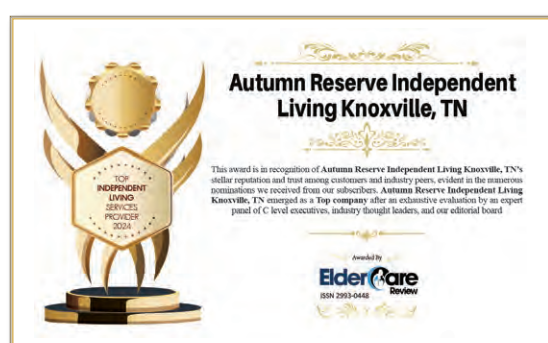
"Everyone is so nice and friendly here. It truly feels like one big happy family"



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Pam Estes,
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Farragut site becoming a favorite Knox Senior Center attraction

Farragut residents don't have to travel far to find activities and resources and make new friends.

West Knox Senior Center, 239 Jamestowne Blvd., serves about 3,000 to 4,000 seniors a month and has fitness, health and educational activities.

"We have a senior craft fair coming up," senior center coordinator Darrell Gooding said.

That will take place from noon to 3:30 p.m., Friday, Nov. 15, at the center.

"Several of our seniors that come here do a lot of crafting," he said. "So, this is an opportunity for them to meet with the public, and the public to see what they do and even purchase their items if they want."

The event is free to attend and open to the public.

"Also, Friday, Nov. 1, we're kicking off the Senior Angel Tree," Gooding said. The items collected go to seniors who are served through the Office on Aging.

"We'll have a list of items that we can make available to individuals, and they can go out and purchase items on that list, bring them in and drop

them off," Gooding said.

People are asked not to wrap items.

"They must meet certain income guidelines, so these are individuals who are in need," Gooding added.

"We always have a drop-off box here at the senior center, and I've heard the Office on Aging say so many times that the people of this center go above and beyond what's required," he said.

"We also have a variety of health education classes that are coming up," Gooding said. "I've just scheduled our November and December (programs)."

For instance, there will be a class 1 p.m., Wednesday, Nov. 13, on tips to help to help reduce sodium.

Also, at 10 a.m., Wednesday, Dec. 11, the center will hold a cancer-fighting super foods program provided by Humana Neighborhood Center. There is no fee to participate.

"We try our best to get these classes, and we offer them free of service (to seniors)," he said.

"Sometimes we'll ask individuals to call and sign up ahead of time for a program," Gooding

said. "That way, the instructors can plan accordingly."

There also are senior walks, presented by Knox County Senior Services, with the next one at 10 a.m., Tuesday, Nov. 19, at High Ground Park, 1000 Cherokee Trail with lunch at The Round Up. The walks are free. To sign up, visit seniorservices@knoxcounty.

Additionally, the center currently hosts a 1:30 p.m. music jam program the first Monday of each month.

"We have some seniors who come in and play musical instruments and play a variety of music," Gooding said. "They always invite seniors to drop in and attend," he said. "If they play a musical instrument, bring it, too, and join them. It's a good way to socialize and enjoy some music for a while."

"We also have a variety of tech classes," such as for iPhone, iPad and Android, he said. "We have three scheduled for the remainder of the year. Hopefully, kicking off 2025, we're going to offer more."

To register for programs, call the center at 865-288-7805.

"We do so many things here," said April Tomlin, Knox County Senior Centers

services manager, who oversees the county's six senior centers: West (in Farragut), Carter, Corryton, Halls, Karns and South. "It's important for seniors to be active and not be isolated."

The center is "a good place to socialize, to make friends" Gooding said. "One of the things I've always been concerned about is seniors being isolated, especially my grandmother's generation."

"It's shown isolation is a big contributing factor to depression and anxiety," Tomlin said.

To help with senior needs, seniors are welcome to meet Lily Tomlin, the center's approved therapy dog, who has completed the Human-Animal Bond in Tennessee training.

"We also provide resources for seniors here for whatever the seniors' needs are," Tomlin said.

"All the information we provide, all the resources we provide, all the activities we provide, grief support are just a really important contribution to our communities throughout Knox County," Tomlin said. "We have a physical therapist come here to meet with people.

"We have driver safety classes, craft classes, art classes, all the exercises classes we have, pickleball, fitness room and more," she said.

There also is a public health fitness coordinator who helps with personalized exercise and nutrition plans, as well as personal training.

"There is no charge for consulting with that person," Gooding said.

"He's part of our staff," Tomlin added.

To enjoy the center's amenities and be considered a senior, one must be 50 or older.

"I spoke at a church the other day, at a senior group, and they called (seniors) 'keenagers,'" Tomlin said.

"We have a newsletter that's online," Gooding said. "Usually when a senior comes here (for the first time), we ask them to fill out a membership participant form with just some basic information. If they want to receive the e-newsletter, we e-mail that out every two months."

Seniors generally do not have to live in Knox County to participate in a senior center, according to Gooding.

By Tammy Cheek

Senior Companion

From page 3C

training, but they can do errands," Peckham said. "... They could do light pickup. We're not talking about stocking the house with groceries. But if they needed to run to the grocery store, run here, run there, and pick up something, they can do that."

Program size, training

Just how big is this program? With training required to be a Senior Companion, "I have a class going on right now, but I can tell you that it would be somewhere in the neighborhood of 60," Peckham said.

panion goes through is two weeks, six hours a day (Monday through Friday), she said. "They spend about 12 hours with a nurse ... but they do not pass meds."

"But if you're spending time with a senior who might be in their 80s, there are some things that you should look for," Peckham added. "And so, they're being trained and made aware of some of the things to look for. They're given information about all the programs that the (CAC) Office on Aging has, about all the programs that the CAC has, about what is available in the community to help this person."

For example, "when you go

into somebody's home and let's say they're in their 80s, and all of a sudden they've always needed X, Y, Z, but they've not known where to get it, we provide that type of information so that they will have it," the manager said.

Senior Companion trainees "have been exposed to all sorts of things, including how to recognize abuse, how to recognize beginning stages of dementia," Peckham said.

Training is held in the CAC Office on Aging's Ross Building, 2247 Western Ave.

For more information about becoming a Senior Companion, call 865-524-2786 or e-mail: michelle.peckham@

knoxseniors.org

However, practicing Senior Companions are required to attend a refresher/update four-hour session, from 9 a.m. to 1 p.m., "once a month," Peckham said. "We have speakers that come in. So, you may have someone from the Alzheimer's Association that comes in to speak."

"The more information we can provide for them, the better (Senior Companions) feel and the more comfortable they are," she added. "And the more comfortable you are, the more you're apt to enjoy what you're doing."

History

In March 1973, then President Richard M. Nixon asked

Congress to authorize ACTION — now known as AmeriCorps Seniors — to expand the role of low-income older volunteers to provide person-to-person service "helping more older Americans... work with older persons," the ASP press release stated. "Eighteen model Senior Companion projects were funded by August 1974."

"The Knoxville-Knox County Community Action Committee Office on Aging's Senior Companion Program began its first training and orientation session in November 1988 with 20 volunteers," the release further stated.

By Alan Sloan



Parkview Independent Senior Living
YOU'LL NEVER LOOK BACK!

Facebook.com/RetireAtParkview

Ditch the high heating bills and burdens of home ownership. Come home to Parkview Senior Living where you can enjoy an affordable retirement in luxurious surroundings! Beautiful apartments, chef-prepared food, plenty of new friends and lots to do. Live freely on your own terms. We're pet-friendly too!

Call (865) 357-2288 to schedule a tour today!

Parkview North Knoxville: 975 E. Emory Rd
Parkview Maryville: 1413 W. Broadway



Parkview West Knoxville: 770 Broome Rd, NW
Parkview Tullahoma: 1601 Cedar Lane

ParkviewSeniorLivingTN.com



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Since 1854, the Knoxville Y has been a cornerstone of our community.

We are a community leader who supports children, adults, and families in their quests for physical, emotional, and social wellness.



We are committed to building strong and healthy-minded children, individuals, families, adults, and communities through our programs and services that promote youth development, healthy living, and social responsibility.

As one of the area's leading non profits, your membership will help bring about meaningful change in our community, as well as your own life. In addition to the wide range of classes and programs available to each member, we also have financial assistance for those that can't afford a membership.

Benefits of Membership

At the Knoxville area Y we provide:

- Exceptional fitness, personal training, sports, and aquatic programs.
- Extensive early childhood education and school-age programs
- A safe, family fun environment

Joining the Y gives you unlimited access to 5 East Tennessee locations, free group classes and child watch, member discounts, and more – all with no contract!

Programs include:

- Swim
- Group Exercise
- Sports
- Social Connection
- Childcare
- Wellness
- Fitness
- Martial Arts

Offering memberships for individuals, families, students, military and much more.

Come tour one of our locations to see what the Y has to offer for you.

LINDSAY YOUNG DOWNTOWN YMCA

Downtown
865.522.9622

DAVIS FAMILY YMCA

Farragut
865.777.9622

PILOT FAMILY YMCA

West Knoxville
865.690.9622

C.W. CANSLER FAMILY YMCA

East Knoxville
865.637.9622

TENNOVA FAMILY YMCA, POWELL

North Knoxville
865.922.9622

YMCAKnoxville.org

Profiles

From page 1C

you need. Live comfortably in your private apartment and enjoy added assistance with meals, laundry, medication reminders, physical therapy, the activities of daily living and more.”

For more information, call 865-978-6737.

Arbor Terrace Knoxville

9051 Cross Park Drive

Arbor Terrace Knoxville offers two types of senior living in its community: assisted living and memory care.

“Our staff forms deep connections with those we serve,” ATK engagement director Erin Parten said. “We want to know everything about our residents, from their interests and preferences to their personal history, so we can build a meaningful relationship.

“Our residents leave behind household chores and embrace a lifestyle centered on wellness, relationships and activities with our services and participate in programs to help them thrive,” she added.

For assisted living, Arbor Terrace has studio and one-bed/one-bathroom apartments. In memory care, it offers both of those options, as well as two-bed/1 bath apartments for companion living.

Assisted living apartments start at \$3,295, and Memory Care apartments start at \$5,495.

The community is managed by The Arbor Company, with more than 30 years of luxury senior living management experience. It was recognized among the Best Assisted Living by U.S. News in the Best Senior Living category in 2023 and 2022.

Visit Arbor Terrace’s Facebook page at www.facebook.com/at-knoxville to see all of its activities and events.

For more information about residency, call 865-264-3211.

Autumn Reserve Farragut

400 Herron Road

Autumn Care West Knoxville

136 Canton Hollow Road

Autumn Care Karns

Byington Beaver Ridge Road

“We at Autumn Care are greatly interested in offering you excellence in all phases of your residency with us,” a company website stated. “In seeking to provide our residents with that same excellence in the medical care provided on site, we have entered into a partnership with Mission Mobile Medical Care (M3C) to provide in house medical care. On site MD services include Primary Care, Podiatry Care, Wound Care and Behavioral Healthcare.

“We’ll take care of your residence with regularly scheduled maintenance, along with any repairs you may need. Weekly housekeeping and laundering of your linens, towels and personal items is also included.”

Among special services, ‘the salon offers a full menu of beauty services, all available at an additional charge,’ the website release stated. “The Day Spa offers hydro therapy and massage therapy for a competitive fee.

“Enjoy a cocktail at happy hour. Dine on a gourmet meal. Visit the library. Watch a movie in our Movie Theater,” release further stated. “Enjoy a musical performance. Attend a Bible Study or worship service. Do it all with a community of new and old friends without ever leaving the property.

“Residents can have up to two pets at their residence (i.e., cats, dogs, gerbils, hamsters, or birds). Pets should be 20 pounds and under, please. An outdoor Dog Park on the property is available to allow Fido plenty of exercise while you sit in the shade.”

For more information, call 865-392-1300.

Concord Place Memory Care

901 Concord Road

Concord Place Memory Care specializes in care for seniors suffering from Alzheimer’s disease and other dementia-related conditions.

“Our approach is to protect, love and engage our residents at all stages in their journey and to provide resources and education to their loved ones through the transition into memory care and ongoing,” said Laurah Shreve, Concord Place Memory Care executive director. “Our care staff is

trained on approaches to mitigate behaviors not only to give our residents the care they need, but (also) to create a purposeful day every day by keeping them stimulated with activities and conversation.

“Our entire community is designed for individuals with cognitive decline, including the wide hallways, secure environment — including the beautiful courtyard, lighting and color scheme— and suite design,” Shreve said.

The community, which has vacancies, offers private suites with prices starting at \$6,950 per month, which includes the suite and care.

“We can care for individuals in advanced stages and, in most cases, can keep our residents with us in the comfort of their suites and provide support to families throughout the final chapter,” Shreve added.

For more information about Concord Place Memory Care, contact Lmarkin@anthemmemorycare.com or call 865-721-6169.

Deane Hill Place Assisted Living & Memory Care

401 Catherine McAuley Way

“Deane Hill Place presents itself as a pet-welcoming assisted living and memory care enclave in Knoxville, fostering an environment that embraces furry companions,” the company website stated. “Achieving and preserving independence is made seamless, with the added advantage of having a plethora of shopping, dining, and entertainment choices right at your doorstep. Within our community, residents have the chance to flourish mentally and physically through the creation of personalized care plans tailored to each individual’s requirements. This encompasses Alzheimer’s care alongside our Assisted Living provisions.

“Benefiting from this extra tier of support, coupled with the presence of a licensed nurse on a full-time basis overseeing and coordinating clinical care, instills a sense of assurance and tranquility crucial for you or your loved one,” the website further stated. “Meticulous thought went into the layout of the living spaces, ensuring that individuals facing mobility challenges, Alzheimer’s, and dementia can experience comfort and a homely atmosphere.

Our welcoming communal spaces provide an excellent setting for relaxation or hosting gatherings with friends and family. When the desire for social engagement arises, a plethora of activities await, including live entertainment, bible study, Deane Hill walkers, Putt-Putt and organized social outings.”

For more information, call 865-450-8040.

Heritage Assisted Living West Knoxville

273 S. Peters Road

Residents, families speak:

“Heritage Assisted Living feels more like a family environment. The lady [name removed] who initially took us on the tour did a really good job and was very informative. The staff members are very involved with the residents and the care services are excellent. When we do come to visit it seems like they have a lot of different activities going on. Based on the experience we have had so far we would recommend the to other families.

“I have enjoyed my experience here. The staff and the caregivers do their best to see that we are taken care of by giving the best care possible in a home-like atmosphere. I believe they love their jobs and would not work so hard to have our days filled with activities and caring for our needs.

“This community is working out well for my mother since her move here. They have a good staff, and I do feel she is in good hands. They are very helpful, and have been friendly whenever I visit. The community, and her room are well-maintained. There are nice activities offered, and good meals provided for the residents. All is good for my mother here in this community, and I would recommend it.”

For more information, call 865-531-1999.

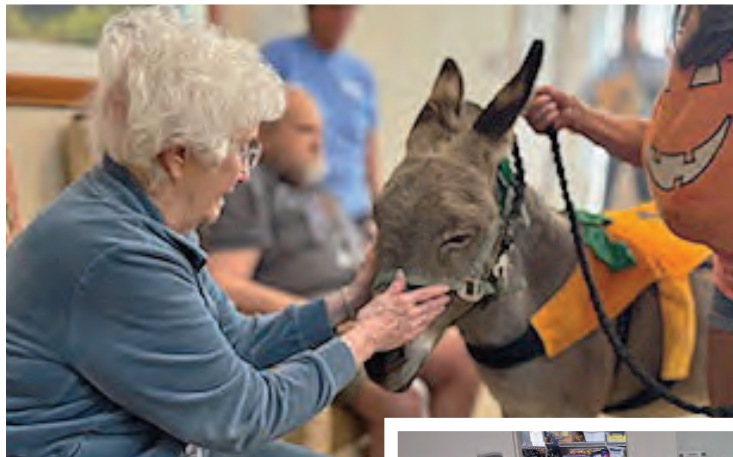
Holiday Echo Ridge

8458 Gleason Drive

“Holiday Senior Living offers services and amenities designed to simplify your life and enhance

Villages of Farragut

residents play one of the games at the community’s annual Fall Festival at the Villages, 230 Village Commons Blvd. in Farragut.



Concord Place

Memory Care resident Helen James visits with a miniature donkey visiting from Shangri-La Therapeutic Academy of Riding. CPMC is located at 901 Concord Road, Farragut.

Park Place of West Knoxville

residents enjoy an art class at Park Place, 10914 Kingston Pike, near Farragut.



Sherrill Hills

Retirement Resort

residents enjoy luxury dining in the dining room of the community, 271 Moss Grove Blvd. in West Knoxville’s Cedar Bluff area.

your well-being,” a company press release stated. “Best of all, every aspect of our all-inclusive lifestyle is backed by industry-leading quality standards and more than 50 years of experience.

“From warm, inviting spaces to housekeeping service, Holiday gives residents everything they need to enjoy a carefree retirement,” the website further stated. “Healthy is also delicious at Holiday. Freshly prepared, flavorful meals are served three times daily, always with a side of warm conversation.

“Residents who need support now – or in the future – can receive care services in the comfort of their community through Holiday’s preferred third-party care providers. Or, they can stick with caregivers they know and trust.”

For more information, call 865-940-9288.

Morning Pointe Assisted Living Residence

Morning Pointe Senior Living Lenoir City
198 Morning Pointe Drive
865-988-7373

Morning Pointe Hardin Valley

2449 Reagan Road
865-343-0081.

Morning Pointe of Knoxville

9649 Westland Drive
865-223-6422

The Lantern at Morning Pointe Alzheimer’s Center of Excellence

Lenoir City,
155 Morning Pointe Drive
865-271-9966
Knoxville, 9647 Westland Drive
865-343-0757
Hardin Valley Phase II,
2433 Reagan Road
865-343-0081

Morning Pointe Senior Living in Tennessee offers a vibrant assisted living, as well as The Lantern for memory care needs.

“Morning Pointe Senior Living stands out as an exceptional choice for seniors seeking comfort, care and community,” said Amy Clarke, vice president of branding and strategy for Morning Pointe. “Our thoughtfully designed, single-level community ensures ease of navigation while the open floor plan promotes both safety and social interaction.

“When considering all the expenses of maintaining a home, Morning Pointe offers a surprisingly cost-effective solution,” she

said. “What sets us apart is the convenience of having comprehensive medical services right at your fingertips, providing peace of mind to both residents and their families.”

The community provides regularly planned activities and specialized programming, along with many amenities, including walking trails and restaurant-style dining in a central dining room and specially prepared meals by a culinary team.

Regarding pricing, Clarke said, “We talk through pricing with residents and families in person as it is based on care needs.

“Vacancy may vary, but it is always best to plan ahead especially when it comes to memory care as often times there is a waiting list,” she added.

NHC Place Farragut

122 Cavette Hill Lane

“NHC Place Farragut’s private and spacious campus is home to a 100-bed post-acute Health Care Center, an 84-apartment Assisted Living Center and the 60-bed Cavette Hill Assisted Living & Memory Care Center,” the NHC website stated. Our campus has a walking trail, courtyards with gazebos and recreational amenities like a putting green.

“We strive to make every moment count for our residents and patients at NHC Place Farragut because we believe in celebrating life at all stages,” the website information further stated.

Whether its short-term or home care, “Our residents and patients come to us for a variety of reasons,” the website stated. “Many are short-term, having left a hospital needing skilled nursing and/or rehabilitative care to get them back home. Others have chosen us as their home with assisted living care or memory care.

“We are dedicated to offering our residents and patients the independence they want with the support they need,” it was further stated. “In fact, all of NHC partners prepare for their work day by reciting one of our 20 promises each morning. We want to provide the best rehabilitative and clinical services based on the activity and care needs of each of our residents.”

For more information, call 865-777-9000.

Park Place of West Knoxville

10914 Kingston Pike

Park Place of West Knoxville offers an independent style of living.

“Park Place offers our seniors many services that help keep them independent, such as meals, housekeeping with flat linen service, transportation, activities and socialization,” said Beatrice Corum, Park Place of West Knoxville sales and marketing director.

“We have restaurant-style dining,” Corum said. “Our menu is varied and our food delicious.

“We offer medical transport two days a week and a dedicated shopping day as well,” she said. Additionally, “We have someone here 24 hours a day for emergencies so our seniors never have to worry about help if or when they need it.”

The community has apartments ranging from studios to two bedrooms.

“We include, cable TV, private secure Wi-Fi, land-line phone line, safety pendant and all utilities in the monthly rental cost,” Corum said. “Our prices start at \$2,395 a month with no extra fees over the rental amount.

“Here at Park Place West Knoxville, we have an environment that fosters family, both with our staff and the families and friends of our residents,” she added. “Please reach us at 865-675-7050 or drop in at 10914 Kingston Pike. We look forward to meeting you.”

Parkview West Knoxville

770 Broome Road, NW
865-357-2288

Parkview North Knoxville

975 E. Emory Road
865-339-4422

Parkview Maryville

1413 W. Broadway
865-980-8810

“Parkview Senior Living is a luxurious retirement community designed for active seniors who want independent living without any burdens. When you live at Parkview you are sure to have fun with friends, pursue your own interests, and enjoy an active and healthy lifestyle designed just for seniors.

“Choose from one of our spacious and luxurious floor plans that is suited specifically for your needs. We are a pet-friendly facil-

See **PROFILES** on Page 9C



Photos submitted

Left/above: 2024 Bollywood Bash held Friday, Oct. 18.



Senior Companion Program

Volunteers Empowering Seniors

The Senior Companion Program engages those age 55 years and older in volunteer service to provide companionship and support to older adults who are experiencing loneliness, isolation, and barriers of aging. This volunteer program allows seniors to build meaningful relationships with one another in adult day facilities and in-home settings.



2025 Snowflake Ball King Ambassador

Ryan Ritter



2025 Snowflake Ball Queen Ambassador

Courtney Cox

“As a local Medicare advisor, I see firsthand how many seniors in our community can benefit from the Senior Companion Program. Every day, I meet individuals who need not only assistance but also companionship and support to stay active and engaged. That’s why I’m so excited to be raising money for such an important cause. The Senior Companion Program makes a real difference in the lives of seniors, and I’m honored to be a part of this effort to ensure it continues to thrive. Please come to our fundraisers or consider donating to help us make an even bigger impact!”

~ Ryan Ritter, Ambassador

Snowflake

From page 1C

(from Synergy Home Care). King candidate ambassadors are Brian Hornback (from Knox County), Dr. Colin Booth (from TN Orthopaedic Alliance), Ryan Ritter (from Wisdom Insurance Network) and Tim Wheeler (from

Mynatt Funeral Home).

“Each one of the Snowflake Senior Companion ambassadors, they volunteer their time and they’re raising money” until the night of the Ball, Peckham said. “Their job is to raise money for the program.

And so they provide information to people about the program, and

then they’re raising money for the program.”

To contribute on behalf of a queen or king candidate, visit secure.qgiv.com/event/snowflakeball2025/leaderboard/

The top fundraising queen and king candidate ambassador is crowned queen and king at the Ball (at 8 p.m.). Runner-up fundraisers for each crown

are named “prince and princess of the Ball,” Peckham said.

For more information about the Ball and fundraising events for Queen and King Ambassadors, visit: www.facebook.com/events/4016977285251442/?active_tab=discussion

By Alan Sloan

Profiles

From page 8C

ity so bring your favorite pet.

“Our facilities are located in convenient locations, surrounded by everything you could possibly need to live an active life to the fullest. Leave everything to us! Parkview offers a superior lifestyle, comfortable and gracious homes, and incredible amenities.”

Pinnacle Assisted Living

10520 Waterville Lane

“Pinnacle Assisted Living is a senior living community that is located in West Knoxville, Tennessee,” a company website stated. “Our building is a one-level, 64 unit assisted living community that has 64 beautifully designed senior apartments.

“The community boasts several safety features, amenities and services that residents love such as housekeeping, beauty shop services and delicious Southern-style cooking all at affordable and all-inclusive rates (no hidden fees or long-term commitments),” the website further stated. “Join us for a complimentary lunch and tour and experience the love and compassion that flows through Pinnacle.”

For more information, call 865-444-1451.

Rain Forest Landings

555 Rain Forest Road

“At Rain Forest Landings in Knoxville, Tennessee, receive the services you need while enjoying the amenities you want,” the company website stated. “Here, residents have the opportunity to form new relationships with their neighbors, receive 24-hour nursing care and enjoy their retirement the way they want.

“An active life at Rain Forest Landings encourages companionship, socialization and a healthy lifestyle,” the website further stated. “With upscale amenities like private dining rooms, a clubhouse secured walking paths, activity and game rooms, a library and more all on-site, residents have no problem filling their schedules. There are also plenty

of social events, activities and special outings for residents to enjoy.

“In addition to the many on-site amenities, seniors at Rain Forest Landings receive personalized care from attentive staff, including: medication management, memory care, nightly room checks, housekeeping and laundry, physical therapy and rehabilitation services, nutritious home-cooked meals and snacks, transportation — and more.”

For more information, call 865-200-8238

River Oaks Place

Lenoir City

100 W. 5th Ave., Lenoir City

“River Oaks Place Lenoir City is a unique, spacious and welcoming senior living community for seniors in Lenoir City, Tennessee,” the company website stated. “The community sits high atop the ‘old town’ and enjoys beautiful views of the Tellico Lake and Smoky Mountains, yet is just minutes from the bustling Highway 321 corridor, new Ft. Sanders Loudon County Medical Center, doctors offices, banking, shopping and dining locations.

“Our senior living community offers one- and two-bedroom apartments, private balconies, large studios and efficiencies that provide floor plans for all lifestyles.

“River Oaks Place Lenoir City provides several care levels including independent living, assisted living and memory care,” the website further stated. “Our residents have the flexibility to live their preferred lifestyle based on their individual care needs..

“Spacious and beautifully furnished, River Oaks Place Lenoir City is elegantly cozy, comfortable and affordable. We want our senior living community to feel like a place you’ll want to stay and enjoy. Contact us today to learn more!

“Although our independent living community is for seniors who are active, there are still many services and amenities that provide them with convenience. Housekeeping services allow residents to focus on the important

things in life rather than wasting time doing laundry. Along with convenient services, our community also offers health-focused amenities, such as wellness programs and customizable personal care assistance.

For more information, call 865-988-9321.

Sherrill Hills

Retirement Resort

271 Moss Grove Blvd.

At Sherrill Hills, “you’re not just finding a place to live, you’re joining a community,” said Robin Doyle, Sherrill Hills director of marketing for Resort Lifestyle Community, parent company of Sherrill Hills.

“What sets us apart is our live-in managers and dedicated team who are always here to provide comfort and peace of mind,” Doyle said. “With everything taken care of with one simple monthly payment, no buy-in fee and the flexibility of a month-to-month lease, you can enjoy worry-free living from the moment you move in.”

Overseen by live-in community managers Holly and Nick Johnson, the community in West Knoxville’s Cedar Bluff “offers resort-style independent retirement living for seniors 55 and better,” Doyle said.

“We offer studio, one-, two- and three-bedroom apartment homes,” Doyle said. “We are presently at full capacity and welcoming names for our waitlist.

“For one monthly price, our residents can enjoy flexible dining, round-the-clock concierge service, weekly housekeeping, scheduled transportation, valet parking, a 24/7 emergency alert system, live-in managers, regular fitness classes, monthly social events and more,” Doyle said.

For more information about Sherrill Hills, call 865-622-4059 or visit online at rlcommunities.com/communities/tennessee/sherrill-hills-retirement/

Story Point Knoxville West

8501 S. Northshore Drive

“From assistance with daily

tasks to the handling of household maintenance and more, our dedicated team knows that care isn’t one-size-fits-all,” a company website stated. “We take the time to get to know each resident to ensure they receive the absolute best care for their unique wants and needs.

“Along with care, our community offers an array of daily activities and amenities to enjoy, including an on-site library, beauty salon and barbershop and fitness center. At StoryPoint Knoxville West, we make sure that our residents feel right at home.

“We’re honored to have the most senior living communities to receive both the A Place for Mom 2024 Best of Senior Living Award and the Caring.com 2024 Caring Stars Award,” the release further stated.

“These awards are special because they come directly from reviews by the people who matter most — residents and their families. Take advantage of our top-rated gourmet dining options, expert care and activities designed to let you shine every day. Schedule a tour to see why StoryPoint Group communities are No. 1.”

For more information, call 865-269-6026.

Trustwell Living

of West Knoxville

1932 Falling Waters Road

“At Trustwell Living, our mission is to enhance the lives of residents and their families by treating them with trust, compassion, integrity and respect,” the company’s website stated.

Also featured includes a “beneficial low ratio of residents to caregivers and a welcoming, family-like atmosphere,” the website further stated. “We provide a range of care services, including independent living, assisted living and memory care, allowing our residents to enjoy a seamless continuum of care.

“The Trustwell Living executive team brings a long history of industry experience and a passion for caring. With over 160 years of combined experience, we are well-versed in the latest

care techniques, and we provide spaces and services that promote a high quality of life. We strive to create a corporate culture that is inclusive and supportive, and much of our staff have been dedicated employees for over 20 years.”

For more information, call 865-272-8292.

The Villages

of Farragut

230 Village Commons Blvd

The Villages of Farragut is an independent senior living community with a catered and maintenance-free lifestyle.

“When you move in, all of the residents go out of their way to make you feel welcome and to include you in the activities and events,” resident Ellen Tisdale said. “The food is great, and the staff goes out of the way to make everyone happy.”

“We are a family-owned LLC based out of Franklin, Tennessee,” Villages executive director Melody Matney said. “Owners Gary Keckley and his wife, Rikki, have been in the senior living industry their entire careers, and their company, Goodworks Unlimited, includes 26 ... communities in Tennessee and Kentucky.”

The Villages, which is 110,000 square feet, provides 81 “spacious apartments for our independent living, which include various floor plans with up to 1,470 square feet, 10-foot ceilings, fully accommodated kitchens and optional porches or balconies and sunrooms,” Matney said.

“We offer one- or two-bedroom apartments, and many style apartments include a heated and cooled sunroom or patio or screened porch,” she said. “Rent includes all amenities, utilities, social events, activities and restaurant-dining. Starting rates are \$4,135.00 monthly.”

To schedule a visit, call Sandi Simpson, community relations director, or Matney at 865-671-2500.



Life doesn't stop after retirement, why should your lifestyle?

Your next chapter is just beginning at
The Villages of Farragut. The home you need
for the lifestyle you deserve.

YOUR LIFE. YOUR WAY.



THE
VILLAGES

OF FARRAGUT

230 Village Commons Blvd
Knoxville, TN 37934

865.671.2500

TheVillagesFarragut.com