

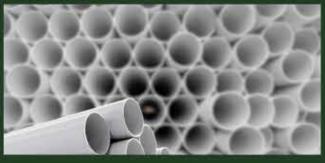




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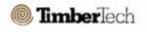












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On the cover: Windy Hill Farm and Preserve • windyhillfarmtn.com

Photo submitted by Mary Ann Geoffrey

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Happy Holidays

from the staff at Tellico Village Pulse magazine

This holiday season, we are grateful for the opportunity to bring you some of the highlights of the beautiful Tellico Village community! We are thankful for all of our readers and contributors.

In this issue, you will find features on Women on Point, Windy Hill Farm & Preserve, the Kiwanis Club of Tellico Village, and much more! There is also a listing of some area Holiday events to assist with your seasonal planning.

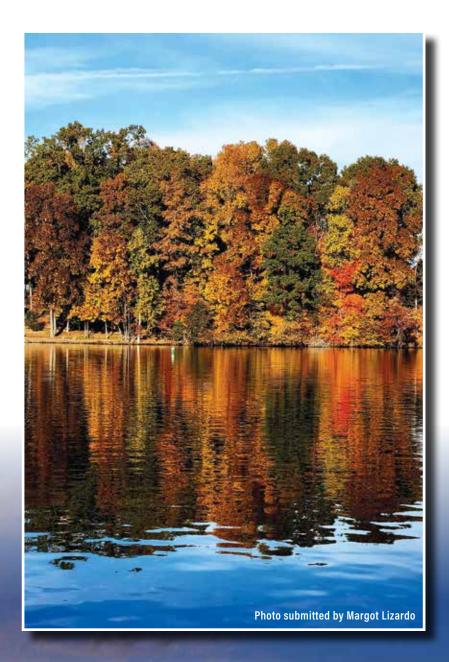
To keep the beat going, we encourage you to send story ideas, press releases, event news, photographs, or even just a line to let us know how you feel.

We wish you a wonderful winter!

Keep the pulse going,

Kathy Hartman

Kathy Hartman General Manager



Send us your Winter pictures taken in the Tellico area to be published in the next issue of Tellico Village Pulse!

Email photos to khartman@farragutpress.com

Empowering WOMEN

Women helping women be their best is what Women on Point is all about.

The 2025 event is no exception. Organizers are hosting a day-long conference starting at 8 a.m. Tuesday, Jan. 28, in The Venue in Lenoir City.

Emcee will be Nancy Berger of WBIR's Joey and Nancy Show, who also emceed the 2024 event. Opening speaker is Rosa Mar and Keynote speaker is Carol Evans, executive director of Legacy Parks Foundation. (*Please see sidebar for more information.*)

In between will be a panel discussion consisting of Jennifer Leverghetta, Erin Gill, LeeAnn Foster, Teresa Duncan and Rosemary Kitts; a "Dress for Success" fashion show; and a lunch catered by Aubrey's.

The third annual event is a combined effort between the Loudon County Education Foundation, Leadership Loudon County, Leadership Loudon County Alumni Association and Leadership East Tennessee.

Uniting together was initiated by Michele Lewis, executive director for Loudon County Education Foundation, who saw a similar effort long-distance during Covid.

"I was able to attend zoom women's conferences, and I realized it was something we could certainly repeat here in Loudon County," she recalled.

She reached out to Leadership East Tennessee executive director Monty Ross, Leadership Loudon County Alumni president Melissa Browder, incoming LLCA president Stephanie Hodnett and LLC coordinator Klair Kimmey to create a core team of women who have overseen Women on Point since its inception in 2023.

"Everyone has both the leadership and education connection," Lewis said.

They have only grown closer over the last three years through Women on Point, working to "unite and empower women, enabling them to better impact their communities," Lewis added.

The results have far exceeded initial expectations.

"When we started with this idea of having a conference specifically for women, I had no idea the positive reception it would have across our region," said Ross. "The outstanding line of speakers we have been grateful to invite over the past two years has touched so many women. So you can see the breadth of expertise we have drawn from, here is a list of the presenters from the past couple of years."

They include: Booth Andrews - attorney and career coach specializing in well-being, burnout, mental health, trauma informed principles; 2023 emcee Tearsa Smith - news anchor WATE TV; Vallie Collins - 2024 keynote speaker and survivor of "Miracle on the Hudson;" Brenda Sellers - entrepreneur and author; Joan Cronan - University of Tennessee Women's Athletic Director Emeritus, Women's Basketball Hall



Speaker bios:

Rosa Mar is a transplant to Knoxville from Northern California. She grew up in Healdsburg, California, the eldest of four children of immigrant Mexican parents. Rosa retired in 2012 after a 27-year career with Levi Strauss & Co where she held various executive management positions. Along with serving on the Urban League board for which she is the treasurer, also serves on the Facilitation Committee for Leadership Knoxville, is on the board of non-profit radio station WDVX, HoLa Hora Latina Cultural Organization, and Knox Heritage. She is a 1994 graduate of Leadership San Francisco, 2001 graduate of Leadership Knoxville, a 2001 winner of the Levi Mentor Award, a 2013 YWCA Tribute to Women Finalist, and a graduate of the East Tennessee Regional Leadership Association Class of 2014.

Carol Evans has been the driving force for three decades as executive director for Legacy Parks. She works hand in hand with a variety of entities to raise money and create parks, walking trails, parks and green spaces throughout East Tennessee.

Since 2007, Legacy Parks has raised more than \$11 million for parks and open space, helped conserve 1,000 acres of forest and farmland and added over 700 acres of parkland to Knox County.



Participants from the first Women on Point event included, from left, Kathy Price, Amanda Howerton, Booth Andrews, Tearsa Smith (that year's emcee), Brenda Sellers, and LeeAnn Foster and Teresa Duncan, both of whom are panelists this year as well.

of Fame; Leeann Foster - Team Foster consulting; Teresa Chasteen-Dunn - Founder Win learning; Teresa Duncan - VP of Workforce and Community Development at Roane State Community College; Susie Aguilar - Reinvention Warrior Coaching Podcast; Amanda Howerton - senior advisor, Rather and Kittrell Wealth Management; Kim Sprague - mental health therapist, Lenoir City High School; and Abbie Wheeler - pastor from Faith Promise Church.

"We have had fun and learned so much from their experiences juggling family, career, and community involvement," Ross added. "When we asked if we should do it again, there has always been a resounding, 'YES!""

"It has been such a pleasure working with Michele, Melissa, Stephanie, and Klair on this very rewarding project."

Lewis concurs.

"It has been amazing," she said. "Women have loved what we have had in the past, and everyone comes away looking forward to next year.

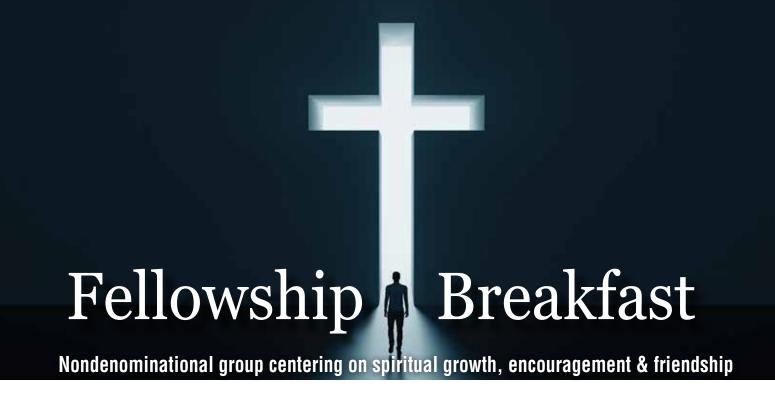
"The enthusiasm has been tremendous."

Early bird ticket prices are \$40 through January 15, when tickets increase to \$45 per person.

For more information or to reserve tickets, call 865-458-8749.

By Michelle Hollenhead





4 ... we thought

how neat it would

be to get some

men together to just

have fellowship over

breakfast and pray,"

~Bob Ericson

In 2005, Tellico Village residents Bob Ericson and Larry Denney recognized a need in the community for a regularly held men's gathering that focused on Christian principles.

"We were talking about men not ever getting together – other than talking golf and pickleball and tennis and fishing – and we thought how neat it would be to get some men together to just have fellowship over breakfast and pray," said Ericson.

With this idea in mind, Ericson and Denney recruited two other men and officially started the Christian Men's Fellowship Breakfast – a nondenominational group that centers on Christian distinctives, spiritual growth, encouragement and friendship.

The group, which meets at 8:30 a.m. on Thursdays at Little Italy Restaurant, 316 Lakeside Plaza, has grown exponentially over the years, currently consisting of about 25 to 35 members that show up every

week. However, Denney said that over 100 men have signed up to receive weekly prayer request emails, signifying the group's massive impact.

"We pass around a 'Prayer, Praise and Request' form that each person will fill out, and then we email that out to each individual that's on our mailing list," he explained. "Therefore, we know that many men are praying for those concerns that are listed."

The group isn't restricted to only Tellico Village residents either. In fact, men come from as far as Farragut to have true Christian fellowship with other like-minded believers.

"It's open to any men that want to come," said Denney, noting that many members bring friends who end up returning each week. "Just this past week, we had one fellow who brought two of his neighbors, and they put their names on the list and want to come every Thursday."

"It's a fluid organization, but that doesn't concern us," added Ericson. "God brings the guys together that he wants to be together."

Along with breakfast and fellowship, Ericson said that the hour-long gatherings also feature a devotional

message, presentation on a local ministry or personal testimony from a guest speaker. The only requirement, as per the group's policy, is to avoid discussing denominations, church affiliations and political issues.

"We believe that one of the strengths of this fellowship is that we do not question or judge one's denominational affiliation," he said. "Our focus is not on what church a man belongs to but whether he has placed his faith in the Lord Jesus Christ and has accepted Jesus as his Lord and Savior."

This ultimately enables members to form deep bonds – not just with each other but also between their families.

"Tons of relationships have been made over the years because we're all believers, and it's nice to be able to talk about our personal relationship with the Lord," Ericson said. "It's been a wonderful way of connecting."

To learn more about the Christian Men's Fellowship Breakfast, contact Bob Ericson at 865-247-9602 or Larry Denney at 865-250-9692.

By Rachel Totten

Breakthrough Laser Neuropathy Treatment

If You're Suffering With Peripheral Neuropathy There Are Exciting New Solutions

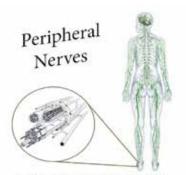


Figure 1: Notice the very small blood vessels surrounding each nerve.

Maryville Tn-The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta, and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects. Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling, and the most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

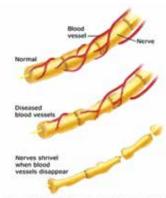


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

As you can see in Figure 2, as the blood vessels that surround the nerves become diseased they shrivel up which causes the nerves to not

get the nutrients to continue to survive. When these nerves begin to "die" they cause you to have balance problems, pain, numbness, tingling, burning, and many additional symptoms.

The main problem is that your doctor has told you to just live with the problem or try the drugs which you don't like taking because they make you feel uncomfortable. There is now a facility right here in Maryville that offers you hope without taking those endless drugs with serious side effects. (see the special neuropathy severity examination at the end of this article)



Figure 3: Class 4 laser therapy that helps fight neuropathy pain

In order to effectively treat your neuropathy three factors must be determined.

- 1) What is the underlying cause?
- 2) How Much Nerve Damage Has Been Sustained.

NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.

3) How much treatment will your condition require?

The treatment that is provided at Maryville Spine and Laser has three main goals:

- 1) Increase blood flow
- 2) Stimulate small fiber nerves
- 3) Increase balance and coordination.

The treatment to increase blood flow utilizes a specialized infrared light therapy using light emitting diode technology. This technology was originally developed by NASA to assist in increasing blood flow. The low level light therapy is like watering a plant. The light therapy

will allow the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair. It's like adding water to a plant and seeing the roots grow deeper and deeper.



Figure 4: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.

We combine this when medically necessary with Class 4 laser therapy to decrease pain and accelerate nerve healing.

The amount of treatment needed to allow the nerves to fully recover varies from person to person and can only be determined after a detailed neurological and Sensory Evaluation. As long as you have not sustained at least 85% nerve damage there is hope!

Dr. Douglas Sanford DC at Maryville Spine and Laser will do a neuropathy severity examination to determine the extent of the nerve damage for only \$57. This neuropathy severity examination will consist of a detailed sensory evaluation, Treatment if you are a candidate for this type of therapy, and a detailed analysis of the findings of your neuropathy.

Call 865-466-6500, option 1 to make an appointment with Dr. Sanford to determine if your peripheral neuropathy can be treated.

When turning into the Blount Medical Complex, we are in the building on the right. Pull around back and park in the lower parking lot.

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865-466-6500 Option 1

Childhood to Meadow View

Although she didn't realize it at the time, Lisa Grugin's childhood literally laid the groundwork for Meadow View Greenhouses and Garden Center — which she co-owns with her siblings and her husband, Rodney.

As Lisa Pile, she grew up on a Pall Mall dairy farm. "I'm a farm girl," she said. "I grew up in the country like a stereotypical farm kid, [learning] how to drive a straight shift at age 12, and riding my bicycle all over the countryside."

However, when her older brother, Bob, started PWP Greenhouses, nearly 40 years ago, Grugin was on a very different path, recalling, "I had no interest in it!"

Instead, she attended the University of Tennessee in Knoxville and followed her family into military service by joining the Army ROTC program, where she met her husband.

"My father, father-in-law, brother, brother-in-law, daughter and son-in-law served," Lisa said, also mentioning a link to another well-known military dignitary from Pall Mall, Sgt. Alvin York. "My grandfather [RC Pile] was the pastor portrayed by Walter Brennan in the movie 'Sgt. York," she said. "The York farm is across the river from ours."

At U.T., Lisa majored in tourism, food and lodging and graduated No. 1 in her class under the home economics college umbrella. After graduating, she was commissioned in the Army and served as a personnel officer.

The Grugins married in 1986, and as both were on active duty, they were assigned to Fort Bragg, North Carolina, where they welcomed their oldest child, Stuart.

Lisa left active duty when Stuart was a year old, but Rodney was deployed to fight in Desert Storm in 1991. The couple remained at Fort Bragg until 1992, when Rodney also left active duty service, and they returned to Lisa's family home to help out as her father had been diagnosed with terminal lung cancer.



In Pall Mall, the couple welcomed twins, Katie and Caroline, and, after her father died, they moved to South Knoxville, where Rodney had grown up, and he took a job with a local company. After their youngest child, Megan was born, Lisa's siblings, who had previously joined Bob in the family greenhouse business, asked if the couple might consider opening a garden center in East Tennessee.

"The rest is history," she said.

The Grugins decided to build in Loudon County, locating it at 9885 Highway 11 E in Lenoir City, where it remains today, near the intersection of Highway 11 and Muddy Creek/Ford Road.

Meadow View opened in 1997, and offers a variety of products alongside its seasonal plants, flowers and shrubs.





"I think we are unique it the variety of what we offer, along with our knowledge base," Lisa said, noting both her college degree and Army service has served her well as a business

"I genuinely love helping customers with their plants and landscaping questions," she added. "Whether it is making good decisions about what to plant where or diagnosing problems, I try to give them the best possible advice.'

Her own feelings about the business evolved from the early days.

"At first, it was just for my family," Lisa recalls. "I had four small children and the job gave me flexibility."

Then, "over time, I grew to love plants and helping people make good decisions about their plant choices. I see my job as that of educator. Landscapes need to look good, but they also need to be smart. We need to care for our Earth and be good stewards of our environment."

Rodney worked alongside her until 2019, when he left to become president of the Loudon County Chamber of Commerce, although he still helps out when necessary, Lisa said.

Lisa herself says she is hoping to "slow down a bit" in the year ahead, as she hopes to spend more time with her children and two grandchildren, and continue serving as board members for both Iva's Place Domestic Violence Shelter and the Child Advocacy Center of the 9th Judicial District.

Regardless, she said she will always be part of the business he has grown to love.

"I think that a love of what you do and caring for the customers are the keys to a successful business," she said. "Many of our customers have become friends over the years, and I can't imagine working so hard if that wasn't the case.

"It hasn't been just a job, it has been a passion."

By Michelle Hollenhead

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WINDY HILL

Farm & Preserve

indy Hill Farm and Preserve's rich history dates back to 2000, when "Big George" Sampson acquired 650 acres of rolling pasture along a bend in the Tennessee River. Named for the wind that whips through the trees around Loudon's water tower hill, the property has since grown from a family cattle farm into a luxury resort and hunting getaway, operated by three generations of Big George's descendents.

"Big George's grandson and now Windy Hill general manager, Steven Brewington, took over as farm manager and developed the property into a quail habitat," explained Monty Howard, Windy Hill's director of lodging. "In 2018, we began welcoming upland hunters from all over the country but Steven envisioned a more sustainable use of the farm that would open our doors to a new generation of hunters and agriculturalists."

So, to accommodate this influx of new visitors, Windy Hill expanded its operations in July 2022, officially opening an all-inclusive resort and upland preserve aimed at helping guests reconnect with nature.

"Big George used to say, 'When

you're here, our farm is your farm,' and our team still echoes that same belief today," Howard said.

Windy Hill offers three types of lodging options - private cabins with 180-degree views of the property, cozy king or queen rooms with sunset views in the Guest Lodge and even a five-bedroom farmhouse built by Big George himself. All stays include access to a variety of complimentary activities like yard games, puzzles and numerous hiking and biking trails, as well as three meals each day at Wilder, the property's onsite restaurant.

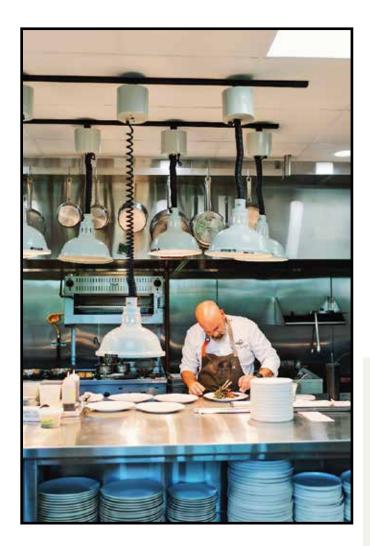
However, unlike many all-inclusive resorts, Windy Hill's food offerings aren't lacking or restricted in the least. In fact, Howard said that many guests name the farm-to-table Appalachian-inspired cuisine as one of the best parts of their stay.

"When some people hear all-inclusive they think of places where food was merely a necessity because you were in a remote area where choices were limited," he said. "But Executive Chef Ben Warwick and the culinary team at Wilder see food as an opportunity to introduce guests to the culture and tradition of our region."













Dinner at Wilder, for example, is a four-course chef's tasting consisting of options like smoked pork belly and buttermilk quail, optional wine pairings or spirits, and breathtaking views of the Farm. All meals, Howard said, can also be tailored to any special dietary preference upon request.

"Dining during your stay at Windy Hill is definitely a highlight of the experience," he said.

Windy Hill guests can also choose to enhance their stay with various add-ons, such as a six-pack of regional or local craft beer, bottle of champagne, and house-made charcuteries, cheeses, and spreads, delivered directly to their room.

Howard said that many guided experiences are available for an additional fee as well, including beekeeping. bourbon tastings, a wine hike and multiple quail hunting options for both novice and experienced hunters.

"The opportunity to pursue Eastern Bobwhite Quail in its natural habitat lures avid upland hunters from all over for a half-day or an all-day hunt," he said, noting that guests can choose to come just for the day or add a stay in any of the resort's accommodations. "All hunts include a highly trained guide and bird dogs, along with around three hours adventure through warm season grasses. After, you can unwind with a hearty lunch for morning hunters or appetizers for afternoon hunts."

On top of all these guest amenities, Windy Hill also allows the public to experience the property's immense beauty with various special events. The Wine Club, for instance, takes place once a month and features four threeounce pours and small bites from the Wilder kitchen.

Howard said the next event - a German Christmas Market – will take place Wednesday, Dec. 11, highlighting "Glühwein," a German mulled wine that's known for its warming properties, sweet aroma and rich, flavorful taste.

"It's perfect for the chillier months," he said. In addition to the Wine Club, Windy Hill regularly hosts musical performances, ranging from country and bluegrass to rock and Americana, as well as garden exhibitions and special dining experiences throughout the year. A pre-New Year celebration is already planned for Saturday, Dec. 28, with more details to be announced at a later date.

"Whether you come for dinner, a show or a weekend stay, we believe you will find we're close to home but a world away," he said.

For more information about Windy Hill Farm and Preserve, visit windyhillfarmtn.com.

By Rachel Totten

Kiwanis Club of Tellico Village

Caring for & Serving its Community

or 25 years, the Kiwanis Club of Tellico Village has exponentially cared for and served its community.

With the distinction of being the very first service organization in the area, the club raises thousands of dollars each year and donates countless volunteer hours to a variety of causes.

"Our primary focus has always been children, but we also work with seniors, veterans and others in need in our community." said Ken Austin, past club president and current media representative.

Among more than 40 projects overall, the organization has 26 that are child-specific, including Amtryke therapeutic tricycles. Since 2010, KCTV has presented 86 tricycles, valued at

about \$42,000, to children aged 18 and younger who are disabled.

Another large project is "A Bench for Caps Program," also known as the "Buddy Bench Project," led by club member Kevin Meyer, who is affectionately nicknamed "Benchman." Members collect and donate non-recyclable plastic lids and bottle caps, sending them to Greentree Plastics in Evansville, Indiana, which transforms every 200 pounds of collected plastic into a single bench.

always been children, but we also work with seniors, veterans and others in need in our community."

> ~ **Ken Austin**, past club president and current media representative

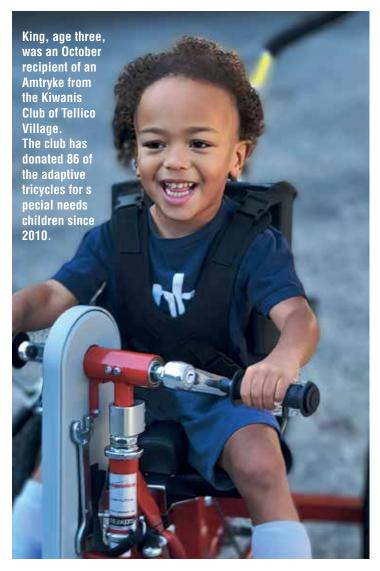
Started in the summer of 2019, it was designed to "reduce social isolation among children, according to the KCTV web site, and by December 2021, "every elementary school in Loudon County had received a Buddy Bench."

The program has produced 62 benches and four Ozark Hex Tables from an estimated 14,600 pounds of plastic, and has also expanded into Anderson, Blount, Knox, Monroe and Roane counties.

On Oct. 30, Meyer delivered three buddy benches and two picnic table to Tony Gibbons, executive director for Loudon County Habitat for Humanity.

Other projects the club helps with or supports include Kids First (through the Child Advocacy Center), the Disadvantaged

Right: Simon Bradbury, left, Director of Tellico Village POA Park and Recreation Department, receives a Buddy Bench from Kiwanis club of tellico village member Kevin Meyer., who leads this club project. The bench was presented to the Tugaloo Playground in Tellico Village.





Children Cold Weather clothing fund, Special Olympics, Loudon County High School Key Club, Back to School gift cards, Trout in the Classroom, playground equipment for Iva's Place, Shagri-La Therapeutic Academy of Riding, the Good Neighbor Shop, teacher supplies, tutoring and school Robotics Programs.

Helping finances these initiatives are club fundraisers, including its recent annual Fall Pancake Breakfast, held this year Nov. 9, again in the Community Church.

Last year alone, Kiwanis Club members served about 800 an all-you-can eat pancake, sausage, egg and beverage feast in the Community Church.

This year's event was organized by co-chairs Ginger Swintosky and Mary Prosyk.

"We are so thankful to have the neighbors we have, who by joining us for breakfast help make possible our work with children" stated Swintosky.

The Fall Pancake breakfast is the club's second-largest fundraiser, raising \$9,206 last year. It is just behind its annual summer golf tournament, which this year raised \$20.355...

KCTV is always seeking new members. At its peak before Covid, the organization had 106 members, and Austin said it lost about 40 percent of its membership due to the pandemic. Since then, it has increased to a healthy roster of 79.

The club mets the first and third Tuesday every month at 11 a.m. in Little Italy of Tellico, 316 Lakeside Plaza.

For more information, visit https://k15626.site.kiwanis.org/, send an email to kiwanistv4us@gmail.com, or visit the club's Facebook page (https://www.facebook.com/KiwanisTV).

By Michelle Hollenhead



Beth Mouse serving Pancakes







Last Call Theatre Group

Volunteer-led nonprofit performance company provides a diverse range of productions

Combining a passion for performance with a love for the community, Last Call Theatre Group has proudly served the local area since 2017. In fact, according to Marketing and Communications Chair Kelley Gray, the whole point of the company's inception was to bring the community theater experience to downtown Lenoir City.

"The founders, Lucinda Jobe and Cindy Tipton, love theater and wanted a chance to perform without having to drive to Knoxville," she said.

Made up of more than 20 active members, the volunteer-led nonprofit performance company provides a diverse range of productions, from musicals to mysteries, typically held at the War Memorial Building, 101 North B. St., in Lenoir City.

"Our audience seems to prefer comedies and, of course, our murder mystery dinner shows," said Gray, noting past mystery productions like "Crab Cakes and Murder" in 2021 and "Wine, Cheese and Murder" in 2023.

Due to these shows' overwhelming popularity, Last Call Theatre Group is planning yet another murder mystery performance, dubbed "You Have the Right to Remain Dead." The two-day show will be held at 7:30 p.m. Friday, Dec. 6, and Saturday, Dec. 7, at the War Memorial Building, giving the audience an opportunity to search for clues and ultimately help solve a murder.

However, there is a bit of a twist. Along with questioning an array of interesting characters, such as a vindictive Southern gentleman, his pandering wife and their daughter who's taken up a hobby of cleaning the family's firearms, the audience will also be viewed as suspects.

"It's interactive, funny and surprising," said Gray, adding that tickets are on sale now for \$45, which includes both the show and dinner. "We really transform the space into an inviting and wonderful place to experience a show."

In addition to "You Have the Right to Remain Dead," Gray said that Last Call also is planning a special dinner performance for Valentine's Day at Southern Belle, 103 E. Depot St., Lenoir City.

"It will be a romantic three-course dinner for two with wine," she said.

While more details regarding the show will be announced at a later date, anyone is welcome to get involved in the performance — whether it be acting, directing, designing sets or coordinating props.

"Backstage, front-of-house and other volunteers are always needed," said Gray. "Just send us an email or Facebook message!"

For more information about Last Call Theatre Group, visit lastcalltheatre.org or facebook.com/lastcalltheatregroup.

Moving Forward

Anticipated opening in early 2026 for new Tanasi Clubhouse

Tellico Village leaders have officially contracted RTC General Contractors to rebuild the Tanasi Clubhouse, with an anticipated opening in early 2026. The original clubhouse was damaged by fire in August 2022, believed to have started in the kitchen. Thankfully, there were no injuries, and impressively, golf operations were only suspended for a day.

Since that incident, the Tellico Village Property Owners Association has been hard at work. They hired an architect and entered the planning phases for a new clubhouse. Signing this contract with RTC General Contractors is a significant step forward in bringing this vision to life.

Originally opened in 1996, the Tanasi Golf Course was the second of three courses established in Tellico Village. It is known for its spacious layout and the largest greens in the community.



RTC General Contractors, the same builder behind the Toqua Clubhouse, will oversee the project. The total cost for the new clubhouse is projected at \$11.5 million. This budget covers construction, site work, insurance, and parking, as well as expenses for landscaping, design, furniture and fixtures, and kitchen equipment. The Tanasi Clubhouse will have a restaurant, private dining, golf flex space and a pro shop.

"We are eager to see the next steps of this project unfold so our Villagers and the public can once more use the amenities at Tanasi Clubhouse," Chet Pillsbury, CEO of Tellico Village said, "We've worked diligently for more than two years to ensure this rebuild is perfectly tailored for Tellico Village and anyone else who enjoys spending time at Tanasi."

The construction timeline is estimated to be between 12 to 14 months, putting the grand opening on track for early 2026.



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Celebrate Christmas with the **Loudon County Concert Band**

Thursday, 12/12/24, 7pm

The Venue at Lenoir City,

7690 Creekwood Park Boulevard, Lenoir City, TN, 37772 Special Guests: The Tellico Voices directed by Dennis Loy

www.visitloudoncounty.com/happenings/celebrate-christmaswith-the-loudon-county-concert-band

Christmas In Olde Town Loudon -Celebration Of Trees

Friday, 12/6/24, 6:30-8 PM

300 Wharf Street, Loudon, TN 37774

Join us in Historic Downtown Loudon for a Christmas in Olde Loudon with the City's official Christmas Tree Lighting and Celebration of Trees.

Christmas Weekend at Citico's

'Tis the Season! Continue celebrating the holidays with your family and friends at Citico's!

Citico's will be open for Lunch and Dinner on Christmas weekend. Enjoy Citico's Menu or a special Prix Fixe Menu (dinner service only). Make your reservations today! Call 865-986-0009 2698 Oakum Ct, Lenoir City, TN 37772-5048

The City of Sweetwater Tennessee

A Small Town Christmas

11/30/24, 5-9pm

Historic Downtown Sweetwater

Downtown shops will be open late and serving treats!

Christmas Market

12/6-12/8/24, Friday-Saturday 12-7pm, Sunday 12-5pm Enjoy shopping with our many fabulous vendors for all your gift-giving needs!'

203 East Walnut Street, Historic Downtown Sweetwater www.sweetwatertn.gov/festivals_vendor_info.html

Cornstalk Heights Historical **Community Organization**

Historic Harriman Christmas Tour of Homes

Saturday 12/14/24 from noon-6pm

Sunday 12/15/24 from 1-6pm

Purchase tickets at The Carnegie Library 601 Walden Ave, Harriman, TN 37748

Places on tour this year:

401 Morgan Ave - Harriman Hall

418 N Roane St - Donna Marie's (Hospitality House).

cornstalkheights.org/christmas-tour

Cumberland County Playhouse Ken Ludwig's 'Twas The Night Before Christmas 11/19/24 - 12/22/24

https://ccplayhouse.com/twas-the-night-before-christmas/

Downtown Lenoir City Ladies Night Out

12/12/24, 4-7pm

Great sales, refreshments and drawings! Grab your best friend and come join us! Contact Angie Gordy, (865) 317-3652

East Tn Axe Throwing

Looking for a unique way to celebrate the holidays? East Tennessee Axe Throwing is the perfect place to host your party's! Whether it's a company event, a friends' get-together, or a family outing, our axe-throwing lanes guarantee an unforgettable experience filled with fun, laughter, and some friendly competition.

Book now to secure your spot and give your group a holiday party that's sure to hit the bullseye!!!

www.facebook.com/etnaxe

865-230-7345 • www.etnaxethrowing.com

Holiday Book Sale

Public Library at Tellico Village, 300 Irene Lane, Loudon, Tennessee 37774

Saturday, 12/7/24, 9am-12pm

865-458-5199

www.tvlibrary.org/fotvl-events/holiday-book-sale

2nd Annual

Last Chance Christmas Market

Saturday 12/21/24, 10am-4pm

Location: Highland Park Ruritan Club, 860 U.S. 321, Lenoir City, TN

Don't miss out on the 2nd Annual Last Chance Christmas Market, your final shot to snag unique gifts and soak up the festive spirit!

Lenoir City Christmas Tree Lights and Parade and Evening with Santa

• Christmas Tree Lighting

Lenoir City Central Park

Monday, 12/2/24, 6:00-7:30pm, Event is free

Kick off the holiday season with the Annual Lenoir City Tree Lighting. This event includes: Lighting of the Lenoir City Christmas Tree, Live Christmas Music, and light refreshments!

Christmas Parade

Thursday, 12/5/24, Parade starts at 6:30pm,

Line-up at South C Street beginning at 5:00pm

Each year, thousands of families come together on a magical December night to watch the excitement of our Annual Christmas Parade. Historic downtown Lenoir City provides beautiful lights and sounds that will please parade fans everywhere! Get your float and parade entry ideas ready and help us bring Christmas to Broadway!

All parade participants must pre-register.

Limit first 100 participants.

Evening with Santa

Thursday, 12/12/24, 6:00-7:30pm, Event is free This event includes: Letters to Santa, 1-1 time with Santa, light refreshments, and a keepsake photo of your child with Santa. Lenoir City War Memorial Building

https://www.lenoircitytn.gov/special-events/

Loudon Christmas Parade

12/14/24, 6pm

Theme: "A Beary Merry Christmas" View the parade on Mulberry St. between Carter and Grove St.

(865) 458-7525 • www.loudonparks.com

Loudon County Lights AND Christmas in the Park

Loudon Lights

Drive or Walk through Christmas Light Display all through December at Loudon Municipal Park.

- Kindergarten Tree Decorating Downtown Loudon, 12/6/24
- · Christmas in the Park

12/13/24, 5-9pm

https://www.loudonparks.com/eventcalendar.php

Madisonville Christmas Festival on the Square

"A MAGICAL MADISONVILLE CHRISTMAS" 12/14/24 • 2-8pm

Come explore a wonderland adorned with twinkling lights, festive flavors, activities and more all wrapped with small-

Madisonville Christmas Festival on the Square is the perfect venue for holiday shoppers! On this special day you will be able to shop for unique Christmas gifts with several artisans and businesses in the region. Savor the flavors of the season with popular food trucks and so much more!

www.visitmadisonvilletn.com/madisonville-christmasfestival-on-the-square/

Run Loco Half Marathon Elf On The Run 5k

12/7/24, 8am-noon

2024 Run LoCo Half Marathon and 5K to benefit the Loudon County Education Foundation. Start line at Tellico Dam Day Use Area. Swag Bags for all runners & Finisher Medals. Featuring Sterl the Pearl as DJ! Presented by Kimberly-Clark. www.runloco.net

Smokin' F Bells, Boots and BBQ

Sunday, 12/8/24, 1-5 PM

Smokin' F BBQ & Feedlot,

1821 Lynn Road, Philadelphia, TN, 37846

It's a great opportunity to shop for Christmas, support local and of course, tell Santa what you'd like for Christmas! www.visitloudoncounty.com/happenings/smokin-f-bellsboots-and-bbq

Whistlestop Manor

Wreath Making Workshops

Join us in our 1859 pre-Civil War estate for a magical holiday experience you'll surely never forget.

Friday 11/29/24 11am- 2pm • 3-6 pm

Saturday 11/30/24 11am- 2pm • 3-6 pm

Sunday 12/1/24, is open for groups of four our more.

Book a private wreath party anytime with ten or more guests. \$100.00 per person (tax included)

Your ticket includes:

All materials and decorations for your wreath or door hanging, an hour of appetizers, holiday beverages, small gourmet plates created by our in-house chef, photo ops with props and costumes and your personalized, hand-crafted wreath. Call or message to book today: (423) 271-6380

• "Death at the Speakeasy", murder mystery soiree. New Year's Eve 12/31/24

Tickets include: a variety of gourmet appetizers, beverages, dessert, COSTUMES and 2 hours of non-stop interactive entertainment.

Three seatings available: 6pm, 8pm, 10 pm (includes bonfire at midnight!!)

\$65.00 PER GUEST

Call or message to book today: (423) 271-6380





January 2025

Make new friends and join us for

Bunco

- Supplies provided
- · Snacks provided
 - Prizes

\$5.00 per person • Max 40 Members

January 22, 2025 • 2-4 pm YACHT CLUB



All HOA activity events require registration* through www.TellicoLife.org.

*In order to register, you must be a member of the HOA.

Not currently a Member?

You can sign up to become a member on

www.TellicoLife.org as well.

Email bjfortune@hotmail.com if you have any questions

Be Engaged, Be Informed, Be Heard,



Your Voice in the Village

To learn more about the benefits of HOA membership and the role the HOA plays in life here in the Village, please scan the QR code below or visit our website at www.hoaTellicoVillage.com.

To join or renew your HOA membership today, please scan below or visit our website listed above.

SCAN ME







Start where you are. Use what you have. Do what you can.

Arthur Ashe

If you would like more information about volunteer opportunities in the following areas, please visit our website at hoaTV@gmail.com.

SOCIAL GREETERS
SOCIAL DECORATORS
LITTER ANGELS
TELLICO LIFE

LOUDON COUNTY CHAMBER OF COMMERCE

October Business after Hours and Annual Membership Meeting at Calhoun's at the Marina









The Loudon County Chamber of Commerce held its Annual Membership Meeting along with their monthly Business after Hours on Tuesday, October 8th at Calhoun's at the Marina, 4550 City Park Drive, Lenoir City. Every October, the Loudon County Chamber of Commerce membership gathers to learn about The State of the Chamber from Chamber President Rodney Grugin. and to vote on new incoming Chamber Board Members any ByLaw changes. President Grugin reported that the Chamber currently has 563 members, compared to 518 at this time last year, and are working toward our goal of reaching 600 members. New incoming Board members were approved by the quorum of members present, and Calhoun's treated everyone to delicious food. Makayla Hicks, Calhoun's at the Marina General Manager, welcomed the crowd and informed them of new seasonal specialties, and encouraged everyone to make their reservations soon for upcoming holiday parties. It was a great time for networking and getting to know other Chamber members. For more information on upcoming Chamber and Community events, visit www.loudoncountychamberofcommerce.com, and click on the Events tab.

November Chamber **Business after Hours**

The November Chamber Business after Hours was planned for Tuesday, November 12th, 5:00 - 6:30 pm, hosted by East TN Axe Throwing, 113 East Depot St., Lenoir City. Check the Chamber's facebook page for highlights from this and other Chamber events.

www.facebook.com/loudoncountychamber



Tellico Village Contacts

T. III AGU AB -b. Moondoon	Davidson Davidson
Tellico Village Main Numbers	Boater Rescue
TV Property Owners Association (POA)(865) 458-540	·
TV Homeowners Association (HOA)(865) 657-140	·
TV Townhouse Association(865) 657-304	
TV Network(865) 657-62	
TV Public Library(865) 458-519	
TV Welcome Center(865) 458-70	
TV Phone Directoryamanda.kimbrell@news-herald.n	
(send email for update	
Public Works Department(865) 458-45	
STAYInTV Requests(865) 458-708	
The Neighborhood Assisted Living(865) 408-02	
Premier Residences(865) 408-456	
Our Place Adult Day Center (865) 657-722	
Yacht Club(865) 458-430	
	Parkwest Medical Center(865) 373-1000
Tellico Village Recreation Centers	9352 Park West Blvd., Knoxville, TN 37923
Chelsea Golf Reservationstellico.chelseareservations.co	Turkey Creek Medical Center(865) 218-7011
Chota Recreation Center(865) 458-67	9 10820 Parkside Drive, Knoxville, TN 37934
Kahite Activity Center(423) 884-63	Fort Sanders Regional Medical Center(865) 541-1111
Kahite Pro Shop(423) 884-610	8 1901 Clinch Avenue, Knoxville, TN 37919
Tanasi Pro Shop(865) 458-47	Physicans Regional Medical Center(865) 545-8000
Toqua Pro Shop(865) 458-654	6 900 E. Oak Hill Avenue, Knoxville, TN 37917
Wellness Center(865) 458-70	0 Tennova Riverside(865) 632-5011
	137 Blount Avenue, Knoxville, TN 37920
Tellico Village Area Restaurants	The University of Tennessee Medical Center(865) 305-9000
Blue Heron at the Yacht Club(865) 458-430	
Kahite Pub and Grill(423) 884-21	9 Sweetwater Hospital(865) 213-8200
Little Italy(865) 657-62	4 304 Wright Street, Sweetwater, TN
Lorenzo's Mexican Grill(865) 458-469	5 Blount Memorial Hospital(865) 983-7211
Tanasi Bar and Grill(865) 458-939	907 East Lamar Alexander Parkway, Maryville, TN
Thai Bistro(865) 657-644	
Toqua Cafe(865) 458-133	
Subway at Marathon(865) 458-80	
EMERGENCY INFORMATION	<u>Churches</u>
Law Enforcement - Dial 911 for an Emergency	Community Church at Tellico Village(865) 458-1516
Loudon County Sheriff's Office(865) 986-482	•
Monroe County Sheriff's Office(423) 442-35	
Loudon Local security, non-emergency	First Baptist Church of Tellico Village(865) 408-0110
(solicitors, hunting on common property, etc.)(865) 458-90	•
Citizens Observer Patrol (COPs)	
Monroe County Sheriff's Office(423) 442-43	
Monroe Local security, non-emergency	143 Chota Center, Loudon, TN 37774
(solicitors, hunting on common property, etc.)(423) 442-35	
22 November 2024 Tellico Village Pulse	,



She deserves your food bank.



Serving Tellico Village, Loudon County, and 17 other counties in East Tennessee.

You can help.

DONATE FOOD . VOLUNTEER . DONATE FUNDS . HOST A FOOD DRIVE

This season, Second Harvest is helping those missing their holiday trimmings to go from surviving to thriving.

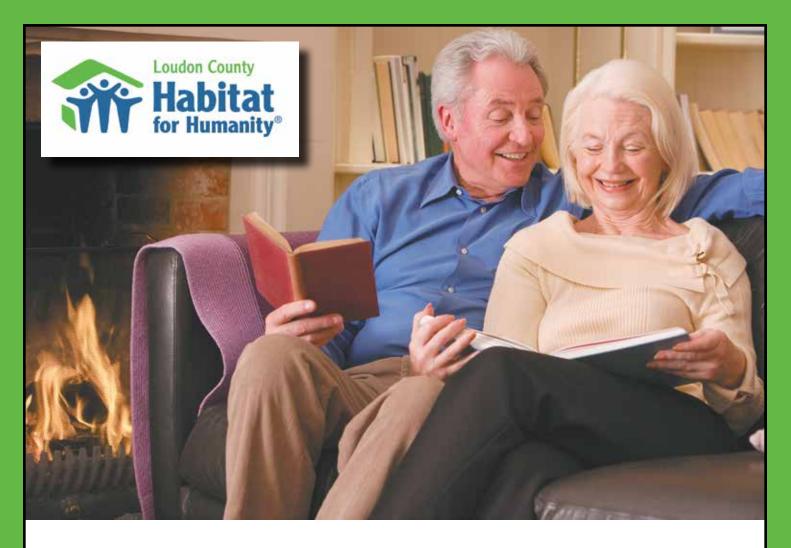
- Did you know 1 in 6 children in East Tennessee are experiencing food insecurity this holiday season?
- With an efficiency rate of 95.2%, \$0.95
 of each dollar you donate goes towards
 providing meals for our neighbors that are
 food insecure.
- Join us December 5th, 2024, for our Double Your Donation match, where YOUR \$ = DOUBLE the IMPACT!

To learn more about our Double Your Donation match, scan:



- Open the camera app or QR code reader
- 2. Hover over the code
- 3. Tap the link that appears on the screen

Learn more at www.SecondHarvestETN.org or call (865) 521-0000



AGING IN PLACE

As we age, maintaining the dream of homeownership can become difficult. If you can't afford to add grab bars to make your bathroom safe or replace a leaking roof, how can you continue to live safely in the place you've called home for so long?

Loudon County Habitat's Critical Repair Aging In Place (AIP) Program makes critical home repairs that enable senior citizens to move around safely inside their homes, and continue to maintain their independence.

Applications are now being taken for our Critical Repair Program.

Call for more information.

