



20th Sudanese American Soccer Federation tourney at MBL Park Nov. 26-28

MICHELLE HOLLENHEAD
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Farragut is welcoming a unique group of soccer players to Town this week.

The Sudanese American Soccer Federation is hosting its 20th Annual Championship at Mayor Bob Leonard Park starting today (Nov. 26) and running through Saturday, Nov. 28.

The group is a non-profit North American-based organization, which operates as an amateur soccer league for young adults, according to a Town press release.

Officials with the Town Park & Recreation Department estimate as many as 500 visitors could be expected, as teams from at least 16 states will be participating.

Additionally, Sudanese cuisine will be available for all those attending, and merchandise also will be for sale, the press release further stated.

The unique opportunity to host the group has been in the works for some time, Parks & Recreation director Sue Stuhl said.

“We believe someone that is part of that community lives in the area, and when their tournament officials were looking for a home for this year’s tournament, they contacted our Parks and Athletics coordinator,” she said. “The three synthetic fields and the location of Farragut is a big draw for tournaments of a certain size, and we already have quite a few tournaments scheduled for 2021.

Those attending are asked to wear masks and practice social distancing during the event. Temperature screenings will take place on site as a precaution, the press release added.

Hobie Bass Open

The Soccer tournament comes on the heels of Farragut Community Center hosting the Second Annual Hobie Bass Open Series Tournament of Champions Kayak Fishing Tournament Nov. 12-15, which was booked through Visit Knoxville.

Chad Culver, senior director of Visit Knoxville’s sports commission, said the event “was great. Saturday and Sunday we had 50 anglers from 16 states, including six from Tennessee. First- and second-place went to Tennesseans — Hobie gave out over \$60,000 in prize money.”

As far as having activities during the time of COVID-19, Stuhl said she and Town staff have been overjoyed.

“The Parks and Recreation Department is thrilled that there are still safe outdoor events for the community to enjoy, and that we have visitors coming to Town,” she said. “We are so fortunate to have Town leadership that has placed a high priority on our parks and greenways — which is really paying off in a big way during the pandemic.”

Bridal, Corner

From page 1A

Louise Povlin, a board member. “Most people have to go downtown (Knoxville) to have a bridal fair.

“... I don’t know that many people are aware of our ability to host outdoor weddings

in some of our parks,” she added.

Admirals Corner update

David Smoak, Town administrator, said Admirals Corner, at the corner of North Campbell Station Road and Kingston Pike, is “probably looking at a December opening date. They don’t have a definitive date.”

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KCSO policereports

- At 10:09 a.m., Saturday, Nov. 14, a Knox County Sheriff’s Office unit responded to **Quality Inn and Suites** along Campbell Station for reports of a suicide attempt of a guest in a room. Victim said he was depressed and relapsed on Monday, Nov. 9, and he woke up Saturday morning and no longer wanted to be alive. He then proceeded to take five or six Propanenol and six Trazadone in an attempt to end his life. Victim was transported, by ambulance, to Parkwest Medical Center for further evaluation.
- At 2:26 a.m., Nov. 14, a KCSO unit responded to **Oak Ridge Highway** address due to a disturbance. Upon arrival, officer observed the victim banging on the front door of a trailer. When officer approached victim, she appeared to be lost and unsure of common knowledge information such as name, date of birth and address. Officer was finally able to get enough information to figure out her full name and a possible address. Officer was able to locate the victim’s daughter’s address and advised her in person of the situation. Victim was transported by AMR to Parkwest Medical Center.
- On Friday, Nov. 13, officers were made aware of the presence of a male suspect/eventual arrestee at Pilot, 10361 Kingston Pike, who had several outstanding warrants out of Knox County. At 7:25 a.m. officers made contact with the suspect in front of the business. A records check revealed the suspect to have three outstanding warrants. Arrestee was transported to Knox County Detention Facility.

Ingles tenant

From page 1A

quartered. “I started talking to them, and asked, ‘What was going on with Ingles?’

“I told (the individual who turned out to be an Ingles employee) we had had several interested tenants, but the realtor (in charge of the property) wouldn’t call anyone back.’

“The man told me who to get in touch with, but I remembered I had the contact information of Preston Kendall, who had come to one of our

Closer

From page 1A

ful,” Cullom said

FMPC chair Rita Holladay asked why Cullom chose apartments to complete the project.

“I feel the need and the market is there for it,” Cullom said. “(It) will be the highest-end multi-family in Knox County. Rent will range from \$1,200 to \$2,500 per month.

“We are considering possibly adding town homes or attached dwellings for a potential second phase; but we will not, on any of the rest of the land, do more rental.”

Commissioner Michael Belamy was the lone “no” vote on the PCD vote, and said his reason was “the traffic study” but didn’t elaborate.

The Farragut Town Center at Biddle Farms project has been discussed publicly since March, and a concept plan was approved by the FMPC in July.

According to recently pro-

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letter to the editor

Town Center: what is best for Farragut?

On Nov. 19, the Farragut Municipal Planning Commission (FMPC) approved the Biddle Farms property rezoning to the Planned Commercial Development (PCD) zoning district. This rezoning vote was in support of the proposed commercial and high-density residential (apartments) development in the Mixed-Use Town Center (MUTC) area.

This request directly contradicts the “Application for rezoning to Planned Commercial Development District (PCD)” requirements. Specifically, the ordinance states, “This statement shall indicate ... how the PCD district would be consistent with the Farragut Comprehensive Land Use Plan Update, Pedestrian and Bicycle Plan and all other adopted plans and ordinances of the Town of Farragut and any subsequent amendments.”

The Town’s comment that the applicant will be requesting changes to the text of the PCD Zoning District at the December FMPC meeting is a clear indication that this application was not consistent with the current PCD zoning district.

As well, the concept master plan section of the PCD zoning district states that the master plan “shall demonstrate compliance with the objectives of this district. ... PCD objective number 6 requires that the master plan be consistent with all adopted plans and ordinances of the Town.

The PCD District permits residential use in the MUTC provided it complies with Chapter 3, Section XII, Paragraph F of the Town’s zoning ordinance. Sub-paragraph m allows for “Residential, provided located in the upper stories.”

The developer provided renderings and building footprints showing apartments on the first floor. This is inconsistent with sub-paragraph m of Chapter 3, Section XII, Paragraph F of the zoning ordinance.

The FMPCs approval of a non-compliant

rezoning request while knowing subsequent changes to the ordinance are required is analogous to shooting a deer and then going to get your hunting license.

While the above comments were provided during the Citizen Comments for Item 11, the FMPC failed to consider them as part of their discussion. The bottom line, the FMPC should not have recommended a rezoning request that is not consistent with current zoning requirements.

When modifying any zoning ordinance, the FMPC has a duty to consider the impacts on all vacant parcels. Specifically, the required PCD text changes will impact the entire MUTC area, which could end up resulting in multiple high-density residential developments within a mile of each other.

Last month, the Board of Mayor and Aldermen (BOMA) passed amendments targeted to limit other high-density development in the MUTC area, particularly the (Eddy) Ford property. The amendment language “as intended” left open the possibility for two apartment complexes in the center of Farragut, one on the Biddle Farm and another on the Ford property.

This reality is highly probable as the Town cannot treat these two developers and landowners differently without the real concern of possible litigation. The BOMA should not approve the Biddle Farms rezoning request until such time that the developer brings their concept plan into compliance with one of the current multi-family residential zoning districts (i.e., C-1, PCD, TCD, R-6 or R-6 OSMFR).

As well the FMPC and BOMA need to carefully consider any proposed changes to the PCD Zoning Ordinance ensuring they are the best thing for the Town, not a specific developer.

Michael Wilson, Farragut

Brazil-Farragut

From page 1A

There were enough of a lure to get the ball rolling,” he added. Trevor Hobbs, assistant to the Town administrator, “was able to put together a web-X where we could talk with them.”

His plan “is to use his contacts and the Office of Tourism down there to help funnel

business and clients to this area, and to spend four days to a week doing business and also traveling,” Krempasky said.

However, “A lot of things have to be fleshed out” to make this happen, he added, noting Town officials are hoping to set up a face-to-face meeting in Farragut “at the end of this year or early next year, depending on COVID, to visit.”

Starting point

As for how this started, Henrique had a connection “with one of our local businesses. ... Wanda Malholtro has a business, Root Journey, and she does specialty oils and facial creams and products from Brazil, and she has Brazilian roots,” Krempasky said.

Henrique “reached out to her, used her as a contact to get

to me and to Trevor” he added.

“I looked at his proposal, and some of the things he’s asking for, frankly, are something we are in a position to do,” Hobbs said.

“... Certainly, I think we are in a great position to help him; figure out how to spend his time when he wants to come to Farragut to see the area,” he added.

However, “I think a lot of the things he needs as a partner are sort of beyond the reach and the connection that Farragut may have,” Hobbs said. “... Of course you can figure he’s sort of wanting us to be an advocate for his projects and help him basically gain enough investors into a pool ... that would pay his projected costs.”

2 Corinthians 9:11 (NIV)

“You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.”

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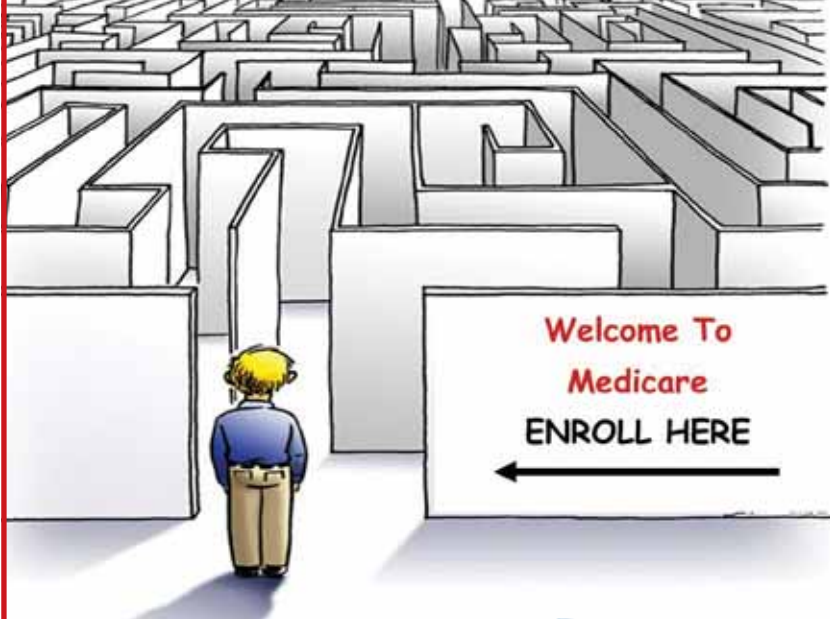
• **Concord Road traffic has gotten so heavy and so loud over the past few years,** it seems like a good time to gather a collective voice and take it down to the Town Meeting Hall to ask for a sound-barrier wall. For those of us who live near the Turkey Creek Road intersection, it is no longer possible to have a conversation with our neighbors over the increasingly intolerable noise pollution. Dump trucks, semis, speeding Mustangs, honking horns, loud mufflers and all that exhaust are making my ears bleed and my lungs hurt. Suggestions on how to start this process would be much appreciated.

• **To our elected officials: the overwhelming majority of residents appreciate all you do** to help shape and protect the look, feel and image of Farragut, but a majority of those same residents now realize you have missed the boat on what is really desired in a Town Center. We do not want a “Town Center” designed and built based primarily on “opportunity,” which is what seems to be happening here. Just because we have an anchor tenant in hand and a developer willing to invest in an apartment complex, does not mean we should go forward with those. Residents do not want a second grocery store and an apartment complex with a sidewalk around it to comprise 75 percent of a new “Town Center.” Residents want a welcoming, open, natural park-like destination that offers smaller, casual indoor/outdoor social spaces that will serve as a place folks can walk or bike or drive to in order to enjoy some relaxed time in/around those specialty shops, restaurants and bistros. Please hit the reset button on your current Town Center plans. Your residents deserve to be involved in a second pass at this.

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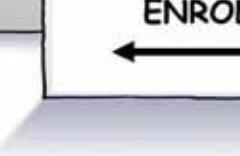
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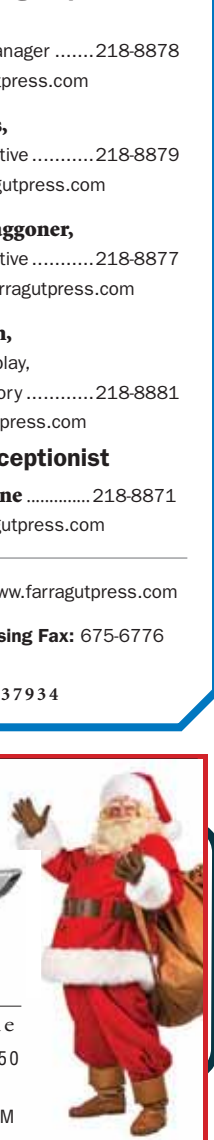
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‘Drop-In, Drop-Off’ is FWKCC holiday open house evolution



File photo

Julie Blaylock, Farragut West Knox Chamber of Commerce president/CEO, welcomed Mrs. Claus (Susan Bentley) and Santa (Donnie Bentley) to last year’s FWKCC Holiday Open House. This year’s event, renamed Holiday Drop-In and Drop-Off, is set from 10 a.m. to 6:30 p.m., Tuesday, Dec. 15, at the Chamber office, 11826 Kingston Pike. It will be a smaller version of previous open houses.

TAMMY CHEEK

tcheek@farragutpress.com

Farragut West Knox Chamber of Commerce has a new game plan for its holiday open house, this year renamed “Holiday Drop-In and Drop-Off” to thank its members for their support.

“We changed the name a little bit to reflect what we’re actually doing,” said Julie Blaylock, FWKCC president/CEO. “We didn’t want to call it Holiday Open House and disappoint anybody by it being different from what they have come to know and love.”

For many years, FWKCC has held the Christmas open house as a way of thanking its members for supporting the Chamber throughout the year. In 2004, it grew to include a large, enclosed tent and sam-

ples from restaurants in and around Town.

However, in light of the COVID pandemic, the event has evolved.

“The house is still technically open; it’s just not open in the same way,” Blaylock said. “We are going to dedicate (Tuesday,) Dec. 15, from 10 a.m. until 6:30 p.m.

“The Chamber office, (11826 Kingston Pike,) will be open, kind of like our open house event, just to members dropping in, whatever time is convenient to them, and visiting with us a little bit,” she added.

“We are still going to decorate the office like we always do, so we’ll have the big tree. We will have some refreshments; obviously more limited than we have at the traditional open house, when we featured 25 restaurants. We can network,

almost in a one-to-one setting, before everyone breaks for the holidays.”

Additionally, she said between 3:30 and 6:30 p.m., Pat-Dome Promotions of Knoxville will be on hand with a laser engraver, as there will be “goody items giveaways” that might be engraved on site, and FWKCC West Under 40 will provide a hot chocolate bar.

Regarding the “drop-off” portion, Blaylock said, “We are still doing our holiday give-back for charity, which we do every year.

“It usually culminates with the open house because that is the night people will drop off their donations — toys or clothes or whatever it is we’re collecting,” she added.

“They’ll still be able to that

See DROP IN-DROP OFF, Page 6A

Free ‘first responder’ services Dec. 1-2 at Belleza locations

STAFF REPORTS

editor@farragutpress.com

Showing its appreciation to local first responders with complimentary services will be Belleza Salon, Spa & Men, 11467 Parkside Drive in Turkey Creek, and Belleza Salon and Spa, 6209 Kingston Pike in Bearden.

“First responders do so much for our community, especially this year,” Belleza marketing director Holly Rainey said in

explaining her company’s motivation for this service.

“It’s the season of giving and Belleza wanted to do something special to say ‘thank you’ to the first responders in our community,” she added.

To show their appreciation, Belleza invites all firefighters, police officers, paramedics, nurses and doctors to come in and receive complimentary haircuts or facial waxing services on “Giving Tuesday,” Dec. 1, or “Giving Wednesday,”

Dec. 2, at either location.

Services will be by appointment only and a valid ID badge will be required the day of the appointment date.

“This will be Belleza’s first time offering these complimentary services for first responders,” Rainey said.

She noted, however, that Belleza hosted a Teacher Appreciation Day for Knox County teachers in September.

Appointments can be made by calling 865-558-8424.



Photo submitted

Logan Myers blow-dries a teacher’s hair during the Knox County Teacher Appreciation Day in September at Belleza Salon, Spa & Men in Turkey Creek. To continue serving the community, Belleza will host First Responders Appreciation Days Tuesday and Wednesday, Dec. 1-2.

businessbriefs

• **NAI Koella/RM Moore** recently appointed veteran

real estate executive **Mary Ellen Kilburn** as senior advisor. Kilburn is focusing on retail, hospitality and entertainment projects in the Sevierville, Pigeon Forge and Gatlinburg markets.

• **Pete Pearson**, chief operating officer of OrthoTennessee, has been selected to be a member of a senior executive peer advisory board in Knoxville by Vistage Worldwide Inc. He joins more than 250 senior executives, business owners and CEOs across the state of Tennessee as Vistage members. With 17 years of fiscal expertise and eight years of service in the U.S. Army, Pearson earned his bachelor’s degree from Mercer University and holds a Master’s of Business Administration degree from the University of Tennessee.



Moore



Pearson

• **The Mortgage Bankers Association** recently recognized **FirstBank Forward**, an initiative of FirstBank, as a 2020 Diversity and Inclusion Residential Leadership Award recipient. The annual awards recognize MBA members for their leadership efforts in diversity and inclusion in two categories: Inclusion and Market Outreach Strategies and Organizational Diversity. FirstBank Forward received the Market Outreach Strategies Award for its initiative focused on product development and partnerships.

• **Melissa “Missy” Wilson**, family nurse practitioner, recently joined **Summit Medical Group’s** Emory Family Practice at 201 E. Emory Road, Knoxville. She specializes in family medicine and is certified by the American Association of Nurse Practitioners. Before joining Summit, Wilson was an FNP with Perry & West Family Practice in Whitley City, Kentucky.

• **Spectrum** recently awarded the **Boys & Girls Club in Tennessee** a \$25,000 Spectrum Digital Education Grant for the



Wilson

See BRIEFS on Page 6A

FWKCC hosts ribbon cutting, networking



Michelle Hollenhead/

(Above) Angel Ogden, Brain Balance franchise owner/executive director, third from left, cuts the ribbon Friday, Nov. 6, for the company’s new location at 10341 Kingston Pike. Also pictured, from left, are Rebeca Gonzalez, coach; Lyn Foster, program director; Ana Garcia, admissions director; Brooke Buchanan, coach; and Sonya Armiger, assistant program director. Farragut West Knox Chamber of Commerce hosted the event.

(Left) Scott Brockamp, left, His Security & Technology, LLC., co-owner, chatted with Shop Farragut executive director Steve Krempasky during a FWKCC networking hosted by His Security, 11426 Kingston Pike, earlier this fall.



Tammy Cheek

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Drop In-Drop Off

From page 5A

on Dec. 15.”

For the past two years, the Chamber has adopted families through different member partners.

“This year, we again are adopting several families,” Blaylock said. “We are going to adopt them through the local office of the American Cancer Society in Knoxville and Faith Promise Church in Farragut.”

Blaylock said the American Cancer Society is finding families of someone undergoing cancer treatments.

“We know that cancer is incredibly stressful and expensive, even in normal times; but in times like the year so many families have had, it’s an additional burden that nobody wants or needs.”

At the same time, Blaylock said Faith Promise Church is finding local families “who are struggling, whether through job loss or the death of an income provider, and need help to have a happy holiday.”

She said the Chamber will be getting wish lists from each of the families being adopted.

Once FWKCC receives the wish lists, it will send them to members, who also can get a copy of the lists by e-mail or phone.

“Any member can pick one item, two items off any of the lists and just bring them on

Dec. 15,” Blaylock said. “We will make sure it goes to that family.”

Or, she said Chamber members who are able might adopt a whole family, which means the member is committed to fulfilling every single item on that wish list.

In return, “We will give (that member) advertising as one of our 2020 Great Givers,” Blaylock said.

Non-members can help

Non-members also may help with the donations.

“If anyone is looking to help a local family, we are more than happy for him or her to bring a new toy, a new piece of clothing or whatever,” Blaylock said.

She added, however, donations do need to be new and unwrapped.

And “even if a family has already been adopted — we get duplicates of items on Dec. 15 — people don’t need to worry because there’s so much more need out there than just even the families we’re adopting,” Blaylock added.

“For example, the first time we did family adoptions in 2018, we adopted six families, and we ended up collecting so many items that the duplicates were redistributed to help an additional seven families. ... We ended up helping 13 families.

“We’re hoping to do something similar this year.”

space offers a new playground, bike skills area and 2 miles of multi-use trails, including the region’s first adaptive trail to accommodate users with disabilities. Legacy Parks will donate the property on which the trails are located to the City of Knoxville to expand the city park to the north side of the ridge.

• **Independent analysts at Great Place to Work recently certified Barge Design Solutions Inc.** as a “great workplace” for the fourth time. Over each of five years participating in this process, Barge has seen an increase in the percentage of employees who agree the firm is a great place to work. According to this year’s anonymous survey, 94 percent of employees affirm this to be the case.

Ionogen ribbon cut, Postal Annex networking



Tammy Cheek

Josh Wright, center with scissors, Ionogen part owner, is alongside part owner Houston Sanders, also Ionogen’s East Tennessee market manager, as they cut the ribbon for a second Ionogen retail store, 812 Herron Drive in Farragut, during a Farragut West Knox Chamber of Commerce event Friday, Nov. 13. Also on hand were Chris Carter, with sign, Sanders’ business strategist; Amber Walters, store manager, beside Wright; and a host of Chamber members. Ionogen, based at Baum Drive in Bearden, is a national manufacturer of Ionopure non-toxic sanitizing and disinfectant products.



Postal Annex owner Marcelle Hazari, left, and her husband, Al Hazari, welcome Julie Blaylock, Farragut West Knox Chamber of Commerce president/CEO, and FWKCC members to their Thursday, Nov. 12, networking, which the couple hosted at the business’ new location, 9234 Kingston Pike in Cedar Springs Shopping Center.

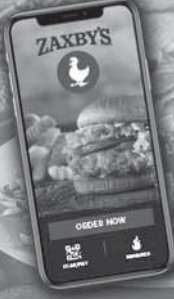
Tammy Cheek

Briefs

From page 5A

Digital Connect Program as part of Spectrum’s multi-year, \$6 million cash and in-kind national commitment to digital education in its nationwide communities. Spectrum doubled its original 2020 commitment, awarding \$1 million to 47 organizations to provide broadband education, technology and training.

• **Legacy Parks Foundation held a ribbon cutting for Sharp’s Ridge Playspace** Thursday, Nov. 19, at the Playspace, located off Tiberius Road, Knoxville. The Playspace and adaptive trails are part of a project of Legacy Parks Foundation, funded by a grant from Trinity Health Foundation. The Play-



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First title taste

Webb Spartans defy '1-Point Curse' to claim 1981 football state crown

TOM HECK

Special to farragutpress

The TSSAA football playoffs had been running full steam for 12 years by 1981. Two Knoxville teams had reached the state finals during that span: the 1974 Fulton Falcons had fallen 1 point short of the state championship, and in 1980 the Golden Bears of Rule also lost the Gold Ball by 1 point.

There seemed to be a "1-Point Curse" hanging over Knoxville championship football. In 1981 the question facing Knoxville teams was simple: was there a team that could break the curse?

Preseason predictions said District IV-A would be a battle between Webb School of Knoxville and Knoxville Catholic, with possibly Gatlinburg-Pittman as a challenger. Could the Spartans break the curse? Could they even get that far to find out?

Webb began the season with Wartburg and dominated the game, but blew a 12-to-0 lead and lost in double overtime 18-to-12. The Spartans recovered and ran off three consecutive shutouts. A 28-to-0 victory of arch-rival Catholic made the supporters happy.



Before Dave Meske

"We needed this one to win the district," Webb head coach coach Ron Gratz said,

Midway went down

20-to-0 and Gatlinburg Pittman fell 21-to-0. Greenback battled the Spartans before falling 35-to-12. Gratz's Spartans now had a record of 4-and-1.

The Spartans now prepared to face the Tornados of Alcoa. Alcoa proved too much for Gratz's men that night and won 17-to-0. The next week was a step up to Class AA and Seymour. In a statistical dead heat, the Eagles managed to score 17 points and the Spartans could not find a way to score. Webb now had a record of 4-and-3.

Powell Valley was 2-and-0 in the district — so was Webb. It was time for the two to meet and decide the District IV championship. The Spartans would travel to Powell Valley and pitch a shutout, winning 13-to-0. "Winning a district championship is always a big win, and when you win a district championship you take it with a smile," Gratz said.

The regular season would end with two victories. The Spartans traveled to Oliver Springs and battled to a 14-to-7 win. In week 10 Webb hosted Happy Valley and coasted to a 27-to-7 victory, ending the regular season with a 7-and-3 record.

It was now playoff time, and the Spartans would open against Sweetwater, which eliminated Alcoa from the playoffs and was everyone's favorite to win the Class A state championship.

See **FIRST FOOTBALL CROWN** on Page 6B



Hawkins latest FHS CAREacter Star



Photos courtesy of Carlos Reveiz/crfoto.com

(Below left) David Hawkins, left, Farragut High School varsity football defensive coordinator, is presented the East Tennessee CAREacter Star Assistant Coach of the Year Award, which was presented by Dave Moore, former Knox County high school football coach, right — who annually honors area football coaches with the award he created. The award is voted upon by fellow coaches, officials, athletic directors and sportswriters. Hawkins received this honor in a midfield ceremony prior to the Admirals' TSSAA Class 1-6A playoff game against Bradley Central at FHS's Bill Clabo Field Friday night, Nov. 6. (Above) Giving a big hug to Hawkins is his wife, Rhonda Hawkins, as the pair is alongside their daughter, Lauren, and FHS senior safety Grant Rice. Having just finished his eighth season on the Farragut staff, Hawkins "has a long time of service doing things the right way," said Eddie Courtney, Admirals varsity football head coach who is a previous CAREacter Star ETSA honoree. "He's a person of high integrity, a person who is a very positive influence on his players. And he's been consistent with these qualities all these years in coaching."

Two-time state champ Simpson to UT; Britt picks APSU



Photo courtesy of Cathy Dowhos O'Gorman

Reece Britt, Webb School of Knoxville All-State golfer, signed scholarship papers with Austin Peay State University during an outdoor ceremony on campus Tuesday, Nov. 17. Britt is pictured with his parents, from left, Liz and Rob Britt, and his sister, Rachel Britt, at the signing celebration.

STAFF REPORTS

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Two Farragut area high school golf stars have made their college choices: Farragut High School's Lance Simpson has chosen an SEC school, while Webb School of Knoxville's Reece Britt is staying in-state.

Simpson to Tennessee

The No. 21 ranked golfer in the Class of 2021, Simpson has left his mark on high school golf in the state of Tennessee.

The FHS Admiral product claimed the 2018 and 2020 TSSAA Class AAA individual state titles, while also helping lead the Admirals to the team title earlier this fall.

Simpson's 13-under performance during two rounds at the 2020 TSSAA state cham-

pionship was the second-best tourney score in state history.

He also claimed the 2020 Tennessee Junior PGA Championship by eight strokes in June after shooting 10-under in two rounds at Nashville's Old Hickory Country Club.

"One of our priorities in recruiting is to recruit the in-state players who have proven they can compete at an elite level nationally," UT head coach Brennan Webb



Simpson

See **GOLFERS SIGN** on Page 6B



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RCF Little Library set

MICHELLE HOLLENHEAD
mhollenhead@farragutpress.com

The Rotary Club of Farragut has provided an outdoor reading opportunity with its “Little Library” at McFee Park. Service Project co-chair Brian Elton installed the library, with help from RCF members Bill Rice, David Smoak (Town of Farragut administrator), Jim O’Brien, RCF president Ed Jones and president-elect David Bluford Saturday, Nov. 7.

“Another Club member had lined up the Little Library — it was in a box,” Elton said. “All I had to do was finish it.

“It was very rewarding to get this project up,” he added.

Club members helped place the Little Library at Farragut’s largest park, and Smoak’s daughter, Olivia, was the first to follow the library’s directive to “Take a Book, Share a Book.”

“Before the work was even finished, it had its first patron in Olivia Smoak,” Club publicity chair Tom King said.

“This is a ‘little’ project, but is actually a big project when it comes to reading, literacy and providing books for kids and others,” King added.

The RCF’s Little Library is located at the entrance of McFee Park, next to one of the greenway benches, so it is accessible to park and greenway users, said Sue Stuhl, Town Park & Recreation director.

“We are thankful for Farragut Rotary providing and installing this — we are sure many of our park and greenway users will take advantage of it.”

It is just one of several freestanding libraries in the area, along greenways and in schools.

“I think parents and people who frequent the greenways are familiar with the process,” Elton said, adding he is “excited about the Little Library’s location.

See RCF LITTLE LIBRARY on Page 5B

Cole state champ as a CAK freshman

TAMMY CHEEK
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Amelia Cole, 14, a Christian Academy of Knoxville home-schooled ninth-grader, recently won first place in the state’s 2020 Tristar Reads high school division.

The summer reading program took place between May 1 and Sept. 7. According to a press release, Cole read 40,800 minutes this summer, the most of anyone in the program, and earned a \$1,000 scholarship, which was placed into her 529 savings account for post-secondary purposes.

“I feel like it is such an incredible accomplishment and an honor to have been given a college scholarship for something that I have always loved to do,” said Cole, daughter of Ed and Becky Cole of Knoxville.

“We were notified Amelia was not only the winner of the ninth- through 12th-grade high school group, but she also read the most in the 2020 contest,” Becky said.

“We’re very proud of Amelia,” her mother added. “We’re happy that she won the scholarship for something she loves to do.”

“By winning, I hope that I can help spread the word that it is never too soon to begin to read to a child,” Amelia said.

“I also hope that it will encourage more parents to not only read with their children, but also create memories and a culture surrounded by books,” she added.

“By taking an active role, parents can influence the lives and education of their children.”

Contest background

Tennesseans for Student Success, which sponsors the Tristar Reads scholarship program, holds the competition for students in elementary



Photo submitted

Christian Academy of Knoxville home-schooled ninth-grader Amelia Cole recently received a \$1,000 scholarship for being the high school division winner of the Tristar Reads statewide summer reading program.

through high school levels.

“With 460 students logging 453,894 total minutes reading books this summer, we’re encouraged, during these times, by the momentum Tristar Reads fostered among Tennessee students,” stated Adam Lister, Tennesseans for Student Success president/CEO

“With only one-third of Tennessee students reading on grade-level, Tennessee’s fu-



Photo submitted

Bill Rice, right, Rotary Club of Farragut member, is holding the selfie camera while also picturing others who helped install the Club’s Little Library in McFee Park. From left are service project co-chair Brian Elton, RCF president Ed Jones, RCF president-elect David Bluford and club members David Smoak, Town of Farragut administrator, and Jim O’Brien. The girl holding the shovel is Smoak’s daughter, Olivia.

Holiday push under way for Mission of Hope goals

MICHELLE HOLLENHEAD
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Just as every other philanthropic organization currently is experiencing due to COVID-19 concerns, Mission of Hope is serving the needy from an entirely new landscape.

Volunteers are fewer, organizers won’t be able to deliver in-person this Christmas to the 30 schools Mission of Hope serves and the vibrant blue Christmas Drive barrels, typically located throughout the area this time of year, have gone viral.

“We’ve had to do things differently since March,” said Emmette Thompson, MOH executive director of the 24-year-old organization that also provides food, clothing and school supplies year-round to students and their families throughout rural Appalachia.

“We had to close our doors earlier this year and opened back up with a smaller staff and fewer volunteers,” he added. “We had to cancel the golf tournament; we had to do the Back to School (event) differently.

However, “We have been very blessed and have been able to keep helping everywhere we had already been helping,” Thompson said.

He said promotions direct donors to the group’s website, missionofhope.org, which provides information about the organization, along with its current Christmas collection, which runs through Saturday, Dec. 5.

Links are provided to donate through already established registries on Walmart, Target and Amazon websites. Donors will chose the items, which are then delivered directly to the Mission of Hope’s Knoxville warehouse.

Non-specific monetary donations may also be made online.

Those wishing to contribute more personally, can purchase any of the following items, and drop off at the MOH warehouse during business hours: food – new and unopened non-perishable food items, but no glass containers; clothing – new, with tags, coats, jeans, shirts, underwear in adult and children’s sizes; toys/gifts – new, unopened and unwrapped toys/gifts for students in grades from Pre-K to eighth grade with a suggested \$15 value for each item; and hygiene – full-size shampoo with conditioner, toothbrush, toothpaste, and soap bars.



Thompson

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• **Though Dr. Keven Bowdle's dental team in Farragut** missed the national sock drive known as Socktober. They are creating their own — which they are calling SOCKember. From **Monday, Nov. 30, to Friday, Dec. 18**, they are collecting socks to donate to homeless neighbors at Knox Area Rescue Ministries. "Socks are always needed by our guests. Foot health is critically important, and having no socks or dirty socks can lead to foot-related health issues such as sores, ulcers and worse," Tony Harris, director of Rescue at KARM, stated in a press release earlier this month.

Because many of the people KARM serves have no access to laundry, having an ample supply of socks at KARM is crucial. "Socks are especially needed during the winter months as a way to protect our homeless neighbors from the bitter cold," Harris said.

If you would like to donate socks to this SOCKember drive, drop off your donation at Bowdle's office, 11232 West Point Drive in Farragut.

"You don't even have to come inside — we will have a basket on our porch by the front door," Bowdle stated in the press release.

• **Town of Farragut will celebrate the completion of the Mayor Ralph McGill Plaza at Campbell Station Inn** from **4:30 to 6:30 p.m., Thursday, Dec. 3**. The public is invited to enjoy music, cookies and holiday lights as part of the expansion of Light the Park and a visit from the Man in Red, a.k.a. Santa Claus, at this socially-distant event.

Only ADA parking will be available onsite — other attendees are asked to park at Farragut Community Center, 239 Jamestowne Boulevard.

The new lighted plaza, which features a restroom, park-like open areas, new landscaping, benches, interpretive signage and parking, is the third phase of improvements to the historic Campbell Station Inn property. Phase 1 was a master site plan and asbestos abatement, while Phase 2 was restoration and stabilization of the inn's exterior.

Phase 4 is scheduled to begin in next fiscal year when the determination is made regarding the inn's future use. This phase features restoration of the interior.

• **MEDIC Regional Blood Center Has Immediate Critical Need for blood.** Visiting MEDIC's Farragut location, 11000 Kingston Pike, or downtown Knoxville location, 1601 Ailor Ave, there is a critical need for A Negative — there were no units on the shelf as of early November — A Positive, O Negative, O Positive and COVID Convalescent Plasma.

MEDIC is requiring all donors to wear a mask or face covering. If a donor does not have a mask or face covering, MEDIC will provide one. MEDIC also is accepting walk-in donors.

Additionally, MEDIC is offering a limited number of appointments. Those can be made online at www.medicblood.org using the donate link. Appointments also can be made by calling 865-524-3074. CCP donors will need to complete a pre-screening process and make an appointment. As a reminder, blood on the shelves now is what would be used in a trauma event, and it takes at least three days for donated blood to be processed and ready for distribution.

• **Coats for the Cold drive and distribution by Knox Area Rescue Ministries** is under way. You can drop off gently used and/or new coats at any KARM Stores or Prestige Cleaners location. While all sizes are needed, of special need are children's coats and adult XL and XXL coats.

If you would like to organize a coat drive, you can find posters, helpful info, etc., at <http://karm.org/coats>. Those who need a coat also can find helpful information at this link.

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'Santa' for schools, seniors

Giving Tree takes different school shape

MICHELLE HOLLENHEAD
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The COVID-19 restrictions may have changed Farragut Schools' Giving Tree model this year, but the result should be even easier on donors.

Instead of offering Giving trees at each school with gift tags that supporters would select then shop for gifts — which volunteers would wrap — organizers this year are focusing on gift cards or monetary donations.

"We've made significant changes to our model due to COVID protocols at the schools, but we are so grateful to still offer Giving Tree this year," said LeighAnna Colgrove, Project Giving Tree co-chair. "We are focusing our efforts on a gift-card drive instead of a traditional shopping tag distributor and gift collections."

The group set a goal of collecting 500 gift cards, with a suggested value of \$25 each,

See **GIVING TREE** on Page 6B



Photo submitted

Getting ready to distribute gifts to senior citizens as part of Home Instead and The Pinnacle at Turkey Creek's Be a Santa to Seniors program last year were, from left, Rachel Ferrie, Karen Cooper — both from Mercedes-Benz of Knoxville — Pinnacle security director Ashley Lynch; Mili Puljiz; Peyton Jones; Pinnacle general manager Darryl Whitehead; Ashley Slimp; and (in back) Daniel Lineberger.

'Be a Santa to Seniors' is Pinnacle Turkey Creek goal

TAMMY CHEEK
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The Farragut community is invited to participate in The Pinnacle at Turkey Creek's Be a Santa to Seniors this holiday season.

"This is our third year," said Darryl Whitehead, general manager of The Pinnacle at Turkey Creek, managed by Bayer Properties.

Pinnacle shoppers will see Christmas trees around the complex that have paper ornament bulbs on them. Each bulb will have wish lists of items for a senior citizen, Whitehead explained.

Now through Friday, Dec. 18, a shopper can pick one of

the bulbs, shop for a senior then bring the gifts back, unwrapped, to The Pinnacle's office at 11251 Parkside Drive.

"We then, as a team, wrap all the presents," Whitehead said.

The wrapping paper has been donated by Costco, and the distribution to seniors' homes has been provided by Mercedes-Benz of Knoxville, escorted by a representative of Knox County Sheriff's Office who is dressed as Santa Claus, he said.

This year, The Pinnacle will be working with Town of Farragut, which has offered space in its Community Center to wrap and the distribute gifts,

See **SANTA-SENIORS** on Page 6B

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Wounds of oppression; hope for vaccine

Surgeon Wang barely avoids Chinese ‘Cultural Revolution’ life-long labor camp

TAMMY CHEEK

tcheek@farragutpress.com

Having lived both in China, a communist country, and the United States, Dr. Ming Wang, a cataract and LASIK eye surgeon, philanthropist and community activist, said there is a need to find common ground between the two countries during Rotary Club of Farragut’s Wednesday, Nov. 18, virtual meeting.

Wang said he thinks the people of the two countries should look for a relationship because of the shared economies.

From a business perspective, “We need to keep an open door and exchange, communicate,” he said. “As (former U.S. President) Ronald Reagan said to me when I met him in 1985, he said, ‘We have shared humanity on this spaceship Earth. We will have no choice but to find a way to work together (and find) common ground.’”

However, Wang warned Americans should “be careful and really resist any influence” from the Chinese Com-



Wang

munist party. “I have suffered (from) that (regime),” he said. “I don’t want to see America going there.

“We have to step up and defend that (American) freedom.”

Wang grew up in China during the country’s Cultural Revolution, “Where the Communist dictator (Chairman Mao Zedong) decided in 1966 to shut down all universities and colleges (in) China ... and forcefully deport all high school graduates of the entire country to the poorest part of the country and condemn each one of us (to) a life sentence in hard labor.”

That “Cultural Revolution,” what Wang described as a “cultural holocaust,” lasted for 10 years as 20 million high school graduates were sent to the labor camps.

He remembered in 1974, he was 14 years old with a bright future. He finished the ninth grade as a straight A student in a family of meager means.

“My mom and dad always said, ‘Study hard. Study hard, Ming. It’s the only way to get out of poverty.’”

When Wang was going to be sent away for life, in 1976, Mao died.

“So all of a sudden, China woke up, realizing it was a tragic mistake it had made,” he recalled. “They stopped the revolution and reopened the colleges.”

Talk of vaccines to combat COVID-19 told around Rowe’s ‘Priority’ discussion

TAMMY CHEEK

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“There is great hope” coming from COVID-19 pandemic research, as Rotary Club of Farragut heard from Dennis Rowe, director of Government and Industry Relations for Knoxville-based Priority Ambulance, during RCF’s virtual meeting Wednesday, Oct. 21.

Rowe, who has more than 35 years of experience in the EMS field in East Tennessee, said Priority took a stand to be proactive when the pandemic threatened to appear.

“I have been involved in five plans for pandemics, but we’ve never planned for anything like this,” he said.

But to get ahead of the virus, Rowe said he talked with 257 doctors online, from China and other parts of the world, and has been to Italy and Germany to see first-hand their COVID responses and work.

“I actually sat in with the federal



Rowe

folks from the very, very beginning of this,” he added. “We immediately called a meeting — our corporate personnel across the country.”

“We spent millions of dollars up front to achieve that.”

Also regarding COVID-19, Rotarian Megan Belcher, who earlier was part of a trial for the COVID-19 vaccine, said she recently received an update from AMR-NOCCR, which conducted the Pfizer trial tests in which she participated, about the Pfizer vaccine being tested.

“They noted they were having a lot of success with the antibodies,” she said. “It should be effective, and ... they have expanded the study to include kids, so ages 12 to 85 can participate now.”

Getting the vaccine to the public “is really close,” Belcher added. “They are still being conservative with what they are putting out in the news, but it sounds really good to me.”

As of late October, she was told the submitted results from 15,000 participants.

“They also already produced 100 million doses of the vaccine, so that’s ready to roll,” she said. “They’re getting the chain mapped out of how it’s going to be distributed and delivered, hopefully, to all of us.

RCF Little Library

From page 2B

“It is by the road, and perfect along the greenway. And it is

great it is right beside a park bench, so you can just ‘Take a Book’ and sit down and read.”

Elton has taken on the responsibility of re-filling the

Little Library since its installation, with some help from Town groundskeepers. Already last week, it was about 50 percent full when he stopped by “so I

stocked it back up” with a mix of adult and children’s literary options.

“It is good feedback for us, too, as it shows it is certainly

being utilized,” he added.

Elton said RCF plans to install at least one more Little Library at a location to be determined.

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Santa for seniors

From page 4B

Whitehead added.

"Ashley (Lynch, Pinnacle's security director) came to me three years ago with another employee and recommended that we get involved with this program," Whitehead said. "As it started to unfold, we realized how much it's actually really needed. There are so many seniors — the anchors of our community — that are sometimes without family, sometimes alone, and this is that one time of year that we all got to get together and remember everyone."

The Pinnacle has partnered with Home Instead, a senior citizens service provider, which does the Be a Santa program nationally, to get the gifts to seniors.

After hearing about Home Instead's program, Lynch contacted the agency and arranged the partnership.

"(Home Instead) had coordinated these locations throughout Town and done quite well over the years," Whitehead said. "But we're a shopping center and have a little more push, a little more excitement, and that excitement was what pushed us over the edge."

"When you see the requests" seniors make for Christmas, "You realize, 'what can I do to help?'"

Whitehead said one senior's list included soap, a manicure set, a magnifying glass, hand towels and an "easy jar opener."

New location of 'Faith'



Tammy Cheek

Faith Promise Church's Farragut campus, previously meeting in Farragut High School, celebrated moving into its new location, 144 West End Center, with a ribbon cutting hosted by Farragut West Knox Chamber of Commerce Friday, Oct. 30. On hand for the event were Josh Webb, student pastor, front row third from left; Bobi Batho, fourth from left, campus administrator; Daniel Warren, with scissors, campus pastor who is beside his wife, Sarah Warren; state Rep. Jason Zachary (R-District 14, which includes Farragut), third from right; Carrie Wrinn, second from right, children's pastor; Jeff Cochran, far right, the group's pastor; along with other church members and FWKCC members.

Giving Tree

From page 4B

to local stores including Marshall's, Kohl's and Old Navy, "but gift cards of any denomination and to other local stores

are all appreciated," Project Giving Tree's flyer stated.

Donations currently are being accepted through Friday, Dec. 4. "We currently have more than 80 families and 200-plus children enrolled this year, and expect a few more

families may be added in the coming weeks," Colgrove said.

Donation process

Parents or others wishing to donate may send purchased gift cards with their students attending any of the Farragut schools, which will be turned

in to the homeroom teachers.

Those wishing to donate online may do so via Venmo@FISPTA or at givebutter.com/FarragutGivingTree.

For more information, e-mail farragutgivingtree@gmail.com.

Finding positives despite one-sided losses, Galloway reflects on Lady Hawks' 0-2 start

STAFF REPORTS

editor@farragutpress.com

HARDIN VALLEY — With five new starters, and beginning the season with a pair of especially tough opponents, the Hardin Valley Academy Lady Hawks

basketball team is off to an 0-2 start after one-sided losses to Campbell County at HVA, and on the road at perennial Class AAA power Oak Ridge last week.

However, while hosting the CCHS Lady Cougars Tuesday night, Jan. 17, "Gracie Waite, our freshman point guard, had a good game," HVA head coach Jen-

nifer Galloway said about Wade scoring 15 points in her first varsity high school game.

Two nights later at Oak Ridge, junior guard Evelyn Hess led the Lady Hawks in scoring with 12 points.

"In neither game did we quit. We played hard until the end," Galloway said.

First football crown

From page 1B

The Spartans traveled down the road to Sweetwater and engaged in an old-fashioned slugfest.

At the end of regulation the score was even at 7-to-7. The Wildcats had the ball first in overtime and decided to kick a field goal on fourth down, though they were just inches away from a touchdown.

It was now Webb's turn to answer, and on fourth down the ball was handed to Steve Fry — who sealed the victory.

"We were highly the underdogs, except to our boys," Gratz said. "We believed we could win, and you come out and play tough and things happen sometimes. We got lucky, we got some breaks, but we took advantage of them. It's just amazing."

The second round was a trip to Coalfield. The Yellow Jackets were ready for the Knoxville visitors, though Webb struggled to a 20-to-16 mistake-filled victory. Gratz described the victory best: "we were not crisp, not ready — but there are only four teams left in Class A and we are one of them."

"Now we have one week to get it back together."

State semifinal dominance

The Class A state semifinals was played in front of 2,000 fans at Bearden High School. Webb hosted Meigs County and dominated the Tigers 32-to-2. The Spartans played an outstanding game. "This one was a lot sweeter than the other wins," Gratz said.

Reverse of '1-Point Curse'

The Spartans would now play unbeaten Memphis Prep, 13-0, for the state championship. Gratz said it best: "I now believe we are in the big time."

The state championship game was in Knoxville and the Spartans were ready. Memphis Prep held a 6-to-0 lead until the middle of the third quarter, when Mark Clark broke loose on a 41-yard touchdown gallop. Ned Babb kicked through the point-after and the Spartans now held a 7-to-6 lead.

The defense then took over and dominated the game, holding the Memphis bunch scoreless.

It was over: Webb 7 Memphis Prep 6. The 1-point Curse was broken by 1 point.

Gratz and the Webb Spartans had brought the first TSSAA football state championship home to Knoxville.

Coach explained the feeling: "What can I say? It's sweeter than I ever thought it would be. This is the smallest, guttiest and fightingest team I've ever had."

"They're an incredible bunch."

Golfers sign

From page 1B

said. "Lance is a perfect example of someone who fits that criteria. His physical skill set will translate very well to the highest levels of college golf."

Britt to Austin-Peay

Choosing Austin Peay State University in Clarksville, Britt is a five-year let-

terman for the Spartans varsity boys' golf team with an impressive career résumé that includes three top-10 finishes at the TSSAA Division II-A State Golf Championships.

He finished eighth at the 2016 state contest as an eighth-grader, and most recently took third at this year's tournament, posting a 2-over-par 146 — just four strokes short of first place — to

lead his Spartans team to a third-place state finish.

A Tennessee Sports Writers Association All-State selection, Britt won the region crown his junior year. He also was picked as a Knox News Golfer to Watch for 2020-21.

The talented senior also is a recipient of Webb's Spartan Award, which recognizes leadership, character and

achievement in a varsity sport.

Britt was named 2019 Sneds Tour Player of the Year (Masters), and later earned a 2020 Sneds Tour Spirit of Golf Award.

He finished third as an individual at the 2020 Tennessee Junior PGA Tour Championship and was a two-time member of Team East in the Tennessee Junior Cup (2018, 2019).



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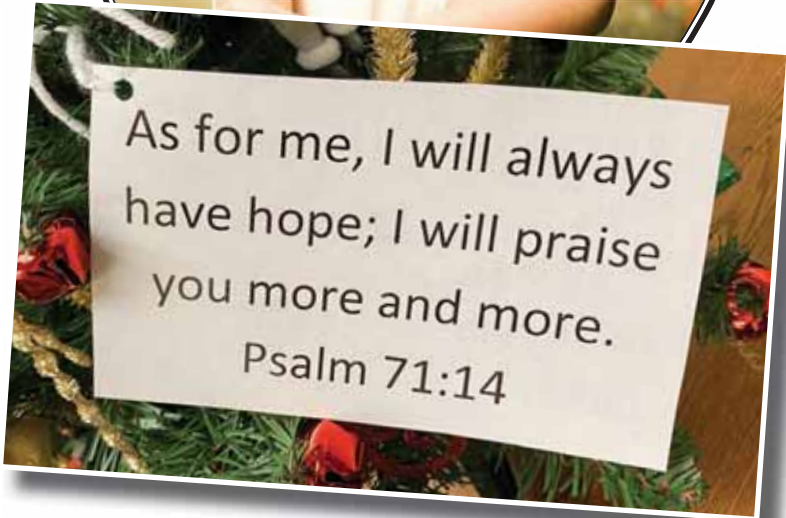
Concord Christian School Middle School students were proud to decorate 20 Tiny Trees last week to benefit patients at East Tennessee Children’s Hospital in loving memory of former classmate, Olivia Kate Newsome, who passed away Sept. 8, 2019, after bravely battling cancer.

The service project also ties into CCS’s Mission Statement: “Inspire students to follow Jesus by equipping them to serve, lead and transform their world,” said Lorna Keeton, CCS’s director of development and marketing.

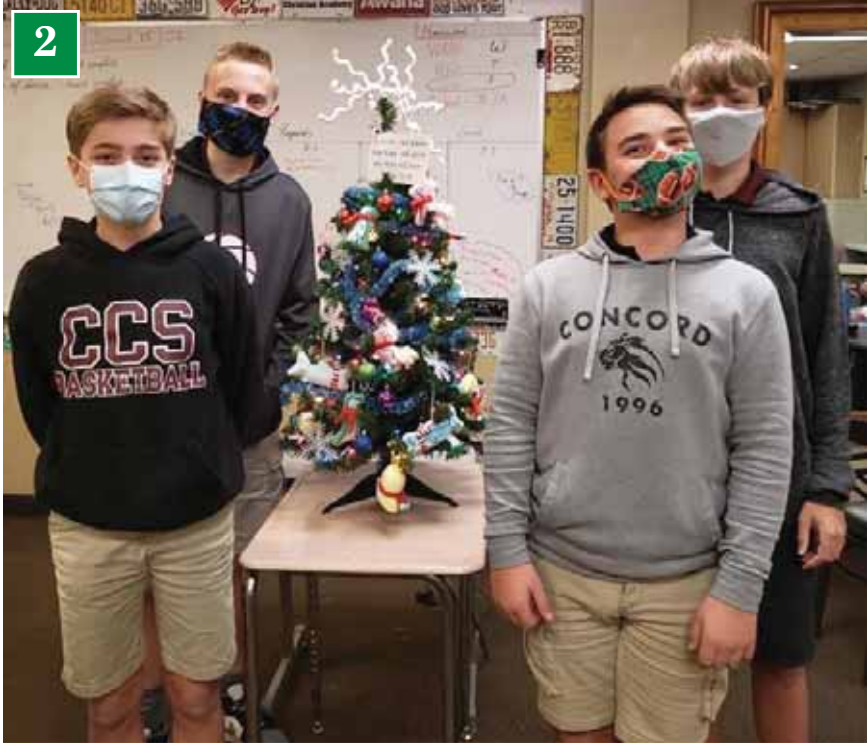
Each decorated tree further honored Olivia by displaying her life verse, Psalm 71:14. “She remains forever in our hearts,” Keeton added.

All photos submitted

(Top right) Former CCS student Olivia Kate Newsome, who passed away Sept. 8, 2019, after a brave battle with cancer, was honored this year when fellow classmates decorated Christmas trees in her memory.
(Right) Further honoring Olivia was the inclusion of her life verse, Psalms 71:14, prominently displayed on every tree.



1. From left are Emma Rucker, Lexi VanDyk, Annika Fletcher and Lilyana Helton.
2. From left are Chris Underwood, Cade Keeton, Lane Lintner and Aiden Holt.
3. From left are Connor Hutton, James Reyes, Keelyn Chamberlin and Sarah Gilder.
4. A close-up view of two of the decorated trees that will be on display at East Tennessee Children’s Hospital during the holidays.
5. From left are John Davis Roberts, Liam Knudsen, Brenon Bodie, John Harvey Scott, Manny Maurer and Luke Robinson.



farragutpress

GIVING BACK

A supplement to farragutpress

NOV.
26
2020



A time to give

Readers asked to step up, show thankfulness, help Knox charities

It's hard enough for an ice cream shop or furniture store to shut down during the COVID-19 pandemic. Employees lose their jobs temporarily — some permanently.

However, Knox County's charitable organizations can't afford to shut down. Wives beaten senseless by their husbands need a safe haven. Meeting a family's physical needs, in close proximity to a hospital, allows them to concentrate on emotional support for their child facing a life-threatening illness.

Yet funding for almost all local charitable organizations has fallen significantly in the COVID-19 period, which dates back to March.

The resulting hardships are, perhaps, obvious: though a loving atmosphere remains, services often can't be implemented with the efficiency and reliability as compared to better-funded times.

As a result, farragutpress has attempted to shine a Thanksgiving-week spotlight on 21 of these charitable organizations.

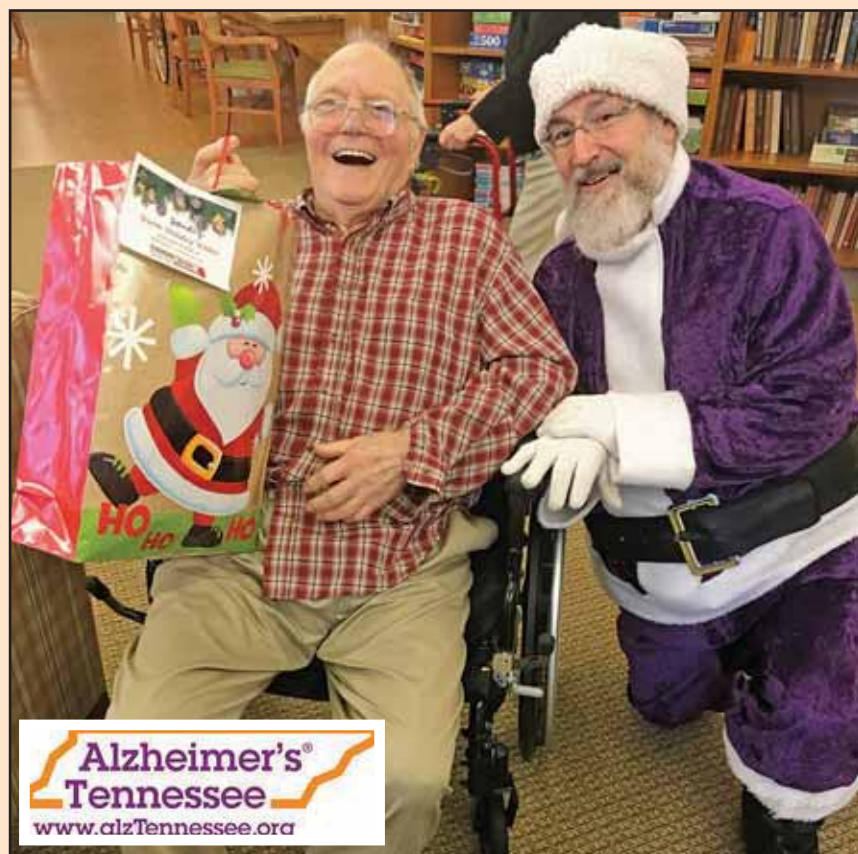
Our prayers and hopes are that readers of this newspaper will take the time to absorb the various profiles of these organizations and really reflect on their needs — and respond to one or more, either with a monetary donation and/or volunteering their services in some capacity.

After all, it's the Thanksgiving season — such giving would be a demonstration of thankfulness: "I have been given so much, I feel a need to give something back. Especially given the hardships caused by the pandemic."

The charitable organizations are: Alzheimer's Tennessee; American Cancer Society Knoxville; Big Brothers Big Sisters of East Tennessee; Court Appointed Special Advocates of East Tennessee; Childhelp Children's Center of East Tennessee; Emerald Youth Foundation; East Tennessee Kidney Foundation; Girls Inc. of Knox County; Interfaith Health Clinic; Iva's Place Lenoir City; Knoxville Habitat for Humanity; The McNabb Center (formerly known as Helen Ross McNabb Center); Random Acts of Flowers Knoxville; Ronald McDonald House Charities of Knoxville; Senior Citizens Home Assistance Service; Second Harvest Food Bank of East Tennessee; Shangri-La Therapeutic Academy of Riding; The Arc Knox County; United Way of Greater Knoxville; and Volunteer Ministry Center.

Each organization's profile includes various ways to contact: in most cases by phone, website or e-mail.

Please step up during this time of great need.



Alzheimer's Tennessee

Mission : "To serve those facing Alzheimer's disease and related dementias, to promote brain health through education and to champion global research, prevention and treatment efforts.

"Alzheimer's Tennessee, Inc. provides financial assistance to individuals living with Alzheimer's disease and their care partners based on financial need. With the support of generous donors, we offer 'scholarships' to help cover basic needs for recipients including personal care items, respite care, baths provided by in-home care, and more."

Outreach : Among its outreach efforts are Caring & Coping caregiver workshops, which are "designed by Alzheimer's Tennessee, Inc. to help the community better care for those with Alzheimer's disease." Plus, participants learn skills and strategies to cope with the challenges of caregiving for dementia. Sessions feature various keynote speakers who

are nationally-renowned and/or local experts in the field.

"The public is reminded that more than 5 million United States citizens are living with Alzheimer's; it is the sixth leading cause of death in the United States; one-third of seniors die with Alzheimer's or another dementia."

Donate : On the website page, www.alztennessee.org, scroll down to How Can You Help? heading, then click the Donate button.

Volunteer: Call 865-544-6288 or visit web page, www.alztennessee.org, and click on Get Involved heading near the top of the page, then click the Become a Volunteer heading. Volunteers help with community outreach, assist with support groups, and serve on committees essential to our mission.

Contacts: Main phone line is 865-544-6288; 24/7 helpline is 1-800-259-4283; visit www.alztennessee.org; Knoxville office, 5801 Kingston Pike

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Mission: “The American Cancer Society is a nationwide voluntary health organization dedicated to eliminating cancer. Established in 1913, the society is organized into six geographical regions of both medical and lay volunteers operating in more than 250 Regional offices throughout the United States.

Basic help: “Whether you or someone you love has cancer, knowing what to expect can help you cope. From basic information about cancer and its causes to in-depth information on specific cancer types – including risk factors, early detection, diagnosis, and treatment options – you’ll find it at ACS. That includes, but is not limited to, breast cancer, colon and rectal cancer, lung cancer, prostate cancer and skin cancer. Basic cancer information, such as “cancer basics,” “what causes

cancer?” “Cancer glossary” and “cancer information videos” also are available on the website. Contacts include a live chat line at 800-227-2345.

Stories of Hope: At its website, <https://www.cancer.org>, ACS also offers what it labels “stories of hope” about survivors, the latest news and literature about cancer treatments, and advice from professionals.

Donate: Go to www.cancer.org and read the various ways to donate, then click the Donate Now button to make an online contribution.

Volunteer: Go to www.cancer.org, scroll down to Volunteer and Fundraise heading, then look for the Volunteer Opportunities subhead and click.

Contacts: Visit www.cancer.org; Knoxville office, 865-584-1668; Live chat, 1-800-227-2345; Knoxville County office, 871 N. Weisgarber Road, Knoxville

Big Brothers Big Sisters of East Tennessee

Mission: “To create and professionally support one-to-one mentoring relationships that ignite the power and promise of East Tennessee youth.

“Our vision is that all children achieve their full potential.

“Big Brothers Big Sisters of East Tennessee has been transforming the lives of children since 1970. We are a member agency of the oldest and largest youth mentoring organization in the United States, consisting of more than 350 agencies nationwide.

“... Mentoring works — and the statistics back it up. (Youth) involved in our program are more likely to: achieve the avoidance of risky behavior by 97 percent; achieve socio-emotional competencies by 94 percent; and achieves educational success by 88 percent.”

Mentoring is important because, ac-



cording to a Big Sister, “Not only would you be helping a young adult better prepare for the future and help him/her increase their chance of future success, you get the opportunity to show them they are valued and important. “

Donate: To donate, go to the website and scroll down until you find the Donate box.

Volunteer: Go to the website and scroll down until you find the Become a Volunteer box.

Contact: Visit www.tennesseebig.org or call 865-523-2179; 318 N. Gay St., Suite 100, Knoxville

CASA of East Tennessee

CASA stands for Court Appointed Special Advocates, who are trained to represent the best interests of children in juvenile abuse and neglect court cases.

CASA is a local, nonprofit organization in communities all across the nation. Since CASA's national inception, volunteers have helped more than two million children find safe, permanent homes.

CASA envisions a community where every abused or neglected child is given the opportunity to thrive in a safe and loving home.

Mission: “To improve the lives of abused and neglected children through trained volunteers who advocate for safe, permanent, loving homes.”

Empowerment: We empower children to express their concerns and fears, as well as share their hopes and dreams, and for them to all be heard by their families and the Court.

Transparency: “We are transparent in our governance and fundraising practices; every dollar goes to put a child in the best home possible.

Accountability: “We are accountable for placing each child in a safe and loving




environment. All our volunteers undergo a strict and rigorous vetting and training process.”

Donate/volunteer: Online at www.casaofeasttn.org, a one-time contribution or monthly donation through PayPal. Checks made out to: CASA of East Tennessee and mailed to PO Box 10752 Knoxville, TN 37939.

For more information regarding volunteering, corporate matching gifts, planned giving or stock or asset donation, contact executive director Ada Hernandez-Bell by phone at 865-329-3377 or by e-mail at ada@casaofeasttn.org.



Contact: Call 865-329-3399 or 865-329-3311 (fax) or visit www.casaofeasttn.org or e-mail at ada@casaofeasttn.org; 5410 Homberg Drive Suite 29A, Knoxville, TN 37919



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Mission:

"Since 1995, the fully accredited Childhelp Children's Center of East Tennessee has served victims of child abuse and neglect through advocacy, treatment and investigation services.

"Walls adorned with bright colored murals, a playroom filled with toys, and a dress-up closet develops a sense of safety and happiness in victims.

"There were more than 8,000 substantiated cases of child abuse in Tennessee in 2014, illustrating an indisputable need for the advocacy center.

"The center supports all services to treat and investigate abuse under one roof: medical personnel, law enforcement, child protection investigators and mental health professionals."

Road to Recovery:

"The child's first stop is to meet a forensic interviewer trained to work with children and victims of abuse. After the

interview, children may also receive a medical exam to gather evidence, decide what kind of medical attention is needed or assure parents that their children do not require additional treatment.

"Victims and their families also receive mental health treatment to help them understand what they are going through and give them the strength to move on."

Donate: Email Lawren Ramos, ChildHelp executive director, at lramos@childhelp.org or call 865-637-1753. Nationally, call 480-922-8212.

Volunteer:

Contact Lawren Ramos, ChildHelp executive director, at lramos@childhelp.org or call 865-637-1753

Contact:

Nationally, call 480-922-8212, 1-800-4-A-CHILD (1-800-422-4453) or visit www.childhelp hotline.org or

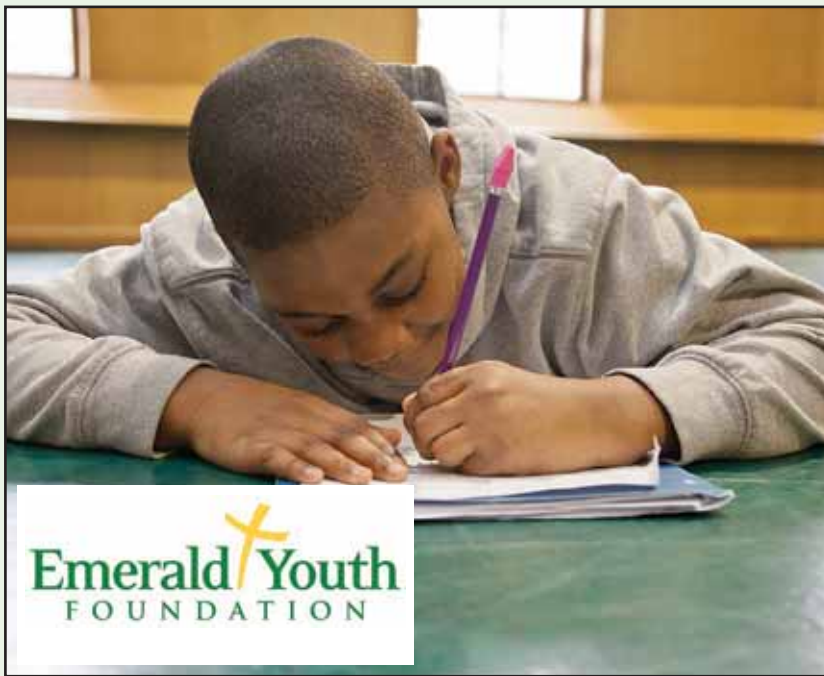


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Emerald Youth Foundation

“Emerald Youth Foundation is a Christian, urban youth and community ministry in Knoxville serving more than 2,300 young people annually. The Foundation serves through satellite churches and recreational centers throughout Knox County.”

Mission: “Our mission is to raise up a large number of urban youth to love Jesus Christ and become effective leaders who help renew their communities. We’ve been working closely with the community since the late 1980s, when we began a summer outreach ministry designed to support urban youth.”

- Areas of concentration are Faith, Relationships, Learning and Health.

Donate: Click on the green DONATE button in the upper right corner of the web page.

Volunteer:

To volunteer coaching a team, being a mentor or helping students prepare for college, there are many ways in which you can help make a meaningful difference. E-mail volunteer@emeraldyouth.org for more details. Also click the Get Involved and/or Key Endeavors choices at the top right of the web page

Contacts:

Visit www.emeraldyouth.org or call 865-637-3227 or e-mail volunteer@emeraldyouth.org

East Tennessee Kidney Foundation

East Tennessee Kidney Foundation supports local resident “100 percent.”

Mission:

“ETKF is run by volunteers and contributions of the community. You can help us by volunteering and becoming an advocate for the health and well-being of East Tennesseans affected by kidney disease.”

Programs:

Programs feature Dianne Hagey Dialysis Transportation Program, which “provides financial assistance to help patients reach their life-saving dialysis treatments;” Dental Assistance Program, which “provides low-cost dental work for dialysis patients whose last barrier to placement on the kidney transplant waiting list is dental work;” and Nutritional Supplement Program, which “provides free nutritional supplements to dialysis patients in 16 East Tennessee counties.”



Donate:

To donate monetarily, click on the red Donate button at the top left of the front web page.

Volunteer:

Volunteers are needed throughout the year (see contact information above) for activities including: Lucky Kidney Run™ every March in downtown Knoxville; Healthy Living Expo in April at Knoxville Convention Center downtown; and various health fairs and events.

Contacts:

<https://www.etkidney.org> or call 865-288-7351 or e-mail admin@etkidney.org; P.O. Box 22072, Knoxville 37933

Family Promise Knoxville

Mission:

To help families experiencing homelessness and housing-insecurity achieve sustainable independence. ... a non-profit serving families experiencing homelessness and housing-insecurity in our community.

“In our 14-plus years of service we have sheltered over 250 families with an 80 percent success rate placing families in safe, secure and sustainable housing. FPK fills a need in the community that is unmet by many traditional shelter programs by allowing families to stay together in a time of extreme crisis.

In July of this year we started a prevention and diversion program called Safe-Keeping to help families stay in their home.”

Success story:

“After tragedy befell her family and a family member betrayed her trust, Emma did the most courageous thing: she called Family Promise of Knoxville without knowing anything



about our program” in February.

With two children, “Emma regained her confidence, found a job, kept her children safe, and located affordable housing at the end of June. She grew to see herself as an independent mother capable of leading her family to their bright future just in time for the holidays.”

Donations: Donations can be made on our website: <https://familypromiseknoxville.org/>

Volunteer: If you and/or your congregation want to learn more about how you can volunteer, contact FPK at 865-584-2822.

Contact: Call 865-584-2822 or visit <https://familypromiseknoxville.org/>

Thank You for Serving our Community
Merry Christmas Everyone!

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Girls Inc. of Knox County

Mission:

"To inspire all girls to be strong, smart and bold. ... Our vision (is) to be recognized as the premier organization that helps all girls realize their potential and exercise their rights."

Programs:

Girls Inc. now offers Community Based Outreach programs within Knox County: "... Outreach staff present intentional programs and hands-on activities within the after-school hours where girls live and go to school."

Girls Inc. National Programs offered in Knox County include Girls Inc. Operation Smart, "a program designed to provide hands-on experiences with math, science and technology;" Magic Within, where "girls learn to set goals for themselves and their futures, make action plans in achieving those goals and build overall self esteem;" and Girls Inc. Economic Literacy, which "provides girls with the skills and confidence they



need to contribute to the economy."

Donate:

To donate, click on the red Donate button at the top left of the front web page.

Volunteer:

Volunteer with reading, homework assistance, math tutoring and classroom aid, call 865-482-4475.

Contacts:

Call 865-482-4475 or visit <https://www.girlsinctn.org>

Iva's Place, Lenoir City

Mission: "To provide services and support to anyone suffering from the trauma of domestic violence, including women, men and children."

Iva's Place is a 501(c)(3) nonprofit that provides "support, advocacy and accompaniment for all victims of domestic violence being served through our Safe Haven Shelter, Transitional Apartments and Transitional Housing Programs. Our mission statement "To provide a comprehensive system of support to victims of domestic violence" is accomplished through our multi-levels of care and the services provided at each level of care."

What to do if you have just experienced domestic violence:

- "Get to a safe place."
- "Contact someone who can help you: a friend, the police (911), 24-Hour Crisis Hotline for Domestic Violence," 1-866-239-0871, Child Abuse Hotline, 1-877-237-0004, Loudon County Sheriff's Office: 865-986-4823 or Knox County Sheriff's Office: 865-215-2243



• "Get medical attention. You or possibly your children may have hidden injuries that are in need of medical treatment."

• "Write down everything that you remember happening, with as much detail as possible. This can help with your own healing process and in any legal action, you might decide to take."

Donate: Visit the website and click the Donate button at the top of the page.

Volunteer: Call 865-816-3481 or e-mail to cevans@cac9jd.org

Other Contact: Call 911 if in danger; main office, 688-239-0871; 24-Hour Crisis Hotline for Domestic Violence, 1-866-239-0871, Child Abuse Hotline, 1-877-237-0004, visit ivasplace.org or e-mail info@ivasplace.org

Interfaith Health Clinic

Interfaith Health Clinic is part of The National Association of Free & Charitable Clinics.

Mission: "NAFC works toward granting access to affordable health care, which it says should be a right and not a privilege. Free and Charitable Clinics and Charitable Pharmacies focus on the overall needs of patients by providing medical, dental, pharmaceutical, behavioral health, vision, and health education services and ensuring that uninsured and underinsured people throughout the country have a medical home."

NAFC supports funding for all critical Federal safety-net programs at appropriate levels to allow for affordable health care access, including: Breast and Cervical Cancer Screening Program under Title X; Children's Health Insurance Program; Medicaid; and Medicare."

Locations information:

The Good Samaritan Center of Loudon County, Lenoir City, 119 A Street, Lenoir City, Tennessee 37771, Phone: (865) 986-1777



Free Medical Clinic of Oak Ridge, 116 East Division Road, Oak Ridge, Tennessee 37830, Phone: 865-483-3904, Website: <http://www.fmc.org>, Services: medical, scripts, mental health

Peoples Clinic of Volunteer Ministry Center, 103 South Gay Street, Knoxville, Tennessee 37902, Phone: 865-546-5579

Donate/Volunteer: To donate money, volunteer, become an NAFC member or find out about upcoming charitable events, click the Get Involved green box at the top of the page and follow the choices just below the Get Involved heading.

Contact: (See above). Also call 703-647-7427, fax 866-875-3827, e-mail Info@nafclinics.org or visit www.nafclinics.org. Other information can be found within the Education Corner heading at the top of the website.

Community Comes 1st

Josh Hemphill, Agent
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Knoxville Habitat for Humanity

Mission

"Seeking to put God's love into action, Habitat for Humanity brings people together to build homes, communities and hope" for those in need.

It's principles are to "demonstrate the love of Jesus Christ; focus on shelter; advocate for affordable housing; promote dignity and hope and support sustainable transformative development."

Process

"... People in your community and all over the world partner with Habitat to build or improve a place they can call home. Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage.

"Each local Habitat's family selection committee selects homeowners based on three criteria: the applicant's level of need; their willingness to partner with Habitat; their ability to repay a mortgage through an afford-

able payment plan.

"With your support, Habitat homeowners achieve the strength, stability and independence they need to build a better life for themselves and for their families. Through our 2020 Strategic Plan, Habitat for Humanity will serve more people than ever before through decent and affordable housing."

Donate

Go to the web page, www.knoxville-habitatforhumanity.com, and scroll down to the Donate box and click

Volunteer

Go to the web page, www.knoxville-habitatforhumanity.com, and scroll down to the Volunteer box and click

Contacts

Visit www.knoxvillehabitatforhumanity.com, e-mail kshultz@khfh.com or call 865-523-3539; 1501 Washington Ave.

The McNabb Center

(formerly known as Helen Ross McNabb Center)

Mission

"Services offered, which are found at the website, mcnabbecenter.org include Mental Health Care; Substance Use Treatment; Social Services; and Victim Services.

Health Crisis Hotline/

Mobile Crisis Unit

Find a Health Crisis Hotline/Mobile Crisis Unit (all ages) at the far top right of the front website page or call 865-539-2409.

Other Hotline services

Adult Crisis Stabilization Unit, call 865-541-6958; Domestic Violence Hotline, call 865-637-8000; Sexual Assault Hotline, call 865-522-7273; or Runaway/Homeless Youth Hotline, 865-523-2689.

Other services

Other services found on the website include COVID-19 Helpline (855-661-9191); Therapeutic Foster Care & Adoption, 865-544-5000 and Military Services Program, 865-444-2333.



Donate

At the bottom pages of the website are areas to Donate Now, and find out FAQs and upcoming McNabb Center Events.

Just below this is an area to sign up for the McNabb Center newsletter.

Volunteer

Call main number, 865-539-2409

Contacts

Main number, 865-539-2409; COVID-19 Helpline (855-661-9191); Therapeutic Foster Care & Adoption, 865-544-5000 and Military Services Program, 865-444-2333.

Random Acts of Flowers

Mission:

"Random Acts of Flowers "improves the emotional health and well-being of individuals in healthcare facilities by delivering recycled flowers, encouragement and personal moments of kindness...We all benefit when we're kind and compassionate. The community becomes stronger and people thrive. That's why we deliver thousands of beautiful bouquets of recycled flowers to those struggling with injury, illness, and the aging process every week in neighborhoods all over the country.

Core Values: "Our vision as a flower charity is to inspire and nurture a culture of care and compassion. We do that through our core values:" Fun, passion, accountability, excellence. Fun means "smiles are contagious. We find a little fun in everything we do." Passion "drives purpose. We know the impact of our mission is determined by the enthusiasm of our people." Accountability is "the meeting of responsibilities, relationships, and results. We honor our commitments and



take ownership of our actions." Excellence means "exceeding expectations is the expectation. We take pride in our high standards and strive for continuous improvement."

Donate: To donate monetarily, scroll to the bottom of the webpage and click the Donate Now button. To donate flowers or vases, find the Donate Now button, then click either the Donate Flowers or Donate Vases selection underneath.

Volunteer: To volunteer, scroll to the bottom of the webpage, find the Volunteer heading and click either Groups or Individuals underneath.

Contact: Call 865-633-9082, visit www.rafknoxville.org or e-mail info@rafknoxville.org; 2936 Middlebrook Pike

Ronald McDonald House Charities of Knoxville

Mission

"To serve and sustain families when catastrophe strikes the most cherished part of their lives – their children.

"The House is a not-for-profit organization that provides a temporary 'home-away-from-home' for families whose children are receiving treatment for serious illnesses at area hospitals. In an effort to reduce stress, keep the family intact, and enhance the quality of life for families, the Ronald McDonald House of Knoxville provides affordable services in a caring, home-like atmosphere.

"The services are provided regardless of race, sex, color, creed, nation of origin or a family's ability to pay."

Donate

To donate money, click the Donate button at the top of the webpage.



Volunteer

To volunteer, click the Volunteer selection at the top of the webpage, then complete a Volunteer Application as you learn more details. In-house volunteers are used from 9 a.m. to 9 p.m., seven days a week (three hour shifts are recommended).

Preparing food for families, room inventory, cleaning, yard work and fundraising are key volunteer functions.

Contacts

Visit <https://knoxrmhc.org> or call 865-637-7475; 1705 W. Clinch Ave., Knoxville

Second Harvest Food Bank of East Tennessee

Mission

"Second Harvest's programs are arranged to reach every demographic in every corner of East Tennessee.

"These programs are specifically designed to ensure no matter how young or old, no one goes hungry in Second Harvest's 18-county service area.

"Because of the COVID-19 pandemic, Second Harvest is serving more people than ever before."

Specific events include: Legends Towel Fundraiser: 28th annual Legends Towel (previously known as the Tim Kerin Memorial Towel). Donate and receive the orange and white Legends Towel, featuring the late Tennessee Vols Football head coach Johnny Majors, online at secondharvestetn.org/legends.

With a \$7 donation, one towel ships to your home. With a \$7 donation made on-



line, each UT Legends Towel provides 21 meals to East Tennesseans facing food insecurity. Towels are available online through Saturday, Dec. 5.

Donate/Volunteer

To donate time, money or food, go to the website and scroll to Donate Time, Donate Food or Donate Money logo and click.

Contact

For more information, call SHFB at 865-521-0000 or visit www.secondharvestetn.org or e-mail infor@secondharvestetn.org

Senior Citizens Home Assistance Service

"The oldest in-home care agency in the area ... our caregivers pass extensive background checks, are bonded and insured for your peace of mind. Each SCHAS caregiver goes through intense training before they begin providing care and continue to receive additional instructional training and at monthly in-services. E-mail or call today and let us help your family with what we do best."

Mission

Mission is "improving the quality of life for the elderly, persons with disabilities, and their caregivers by providing accessible care and supportive services through compassionate personnel."

Specialized care

"SCHAS caregivers specialize in helping our clients remain in clean, familiar surroundings, with well-prepared food and free from fear, boredom and loneliness. ... They provide companionship and needed assistance with light chores and housekeeping. SCHAS caregivers provide no skilled medical care but are



skilled in making your loved one comfortable and happy in their home.

Donate

To donate, go to www.schas.org and click Get Involved selections at the top of the home page, then select Make a Donation box. Or call 865-523-2920.

Volunteer

To volunteer, go to www.schas.org and click Get Involved selections at the top of the home page, then select Volunteer Your Time box. Or call 865-523-2920.

Contacts

For more information, call the Knox County office at 865-523-2920, or visit www.schas.org and click Contact Us, then select the appropriate service box; P.O. Box 3025, Knoxville, TN 37927

The Arc Knox County

Mission

"The Arc Knox County has been serving the needs of individuals with intellectual and developmental disabilities in Knox County since 1953. Governed by a volunteer Board of Directors, services have evolved and changed over the years as the needs of this population have changed."

Services

"Currently we have early intervention services for ages newborn to 3; this program provides developmental therapy for families with children with delays who qualify through Tennessee Early Intervention Services, residential services, vocational training and sheltered employment at Sunshine Industries, supported employment through our Employment Services department, helping people find competitive employment in the community, day services providing both classroom and community activities to prepare people for employment and leisure services, providing recreational opportunities in the community."

Delays

"COVID has curtailed community ac-



tivities since March as we stop-and-start depending on levels of positive cases in the county."

Partnerships

"Over the past 67 years we have enjoyed productive partnerships including Knox County Schools, Tennessee School for the Deaf, Hyatt Regency and University of Tennessee Medical Center."

Donate

To donate, see Donate box at the very top of webpage (www.sunshinekarc.com) and see Fundraisers choice in upper right portion of webpage

Volunteer/Contact

Visit www.sunshinekarc.com, call 865-546-9431 or e-mail sunshineind-jobs@gmail.com; 3000 No. Central St., Knoxville TN 37919

United Way of Greater Knoxville

Mission

United Way of Greater Knoxville prides itself on being “a citizens action organization focused on community conditions. ... We invest donated money in programs focused on health education and financial stability” — while emphasizing, “We are local.”

The Big Give Knox

“We are holding the second annual Big Give on Dec. 1. The Big Give is a community-wide, 24-hour online fundraiser to help support our community. Participation is free and open to any and all nonprofits, and there are \$10,000 in prizes that will be awarded throughout the day.” Nonprofits, register today at www.uwgk.org (follow instructions on the front of the home webpage)

Ongoing goals: “Lasting community change means improving lives by identifying the root cause of problems and then working to alleviate or prevent them by influencing community atti-



tudes, networks, and organizations.

United Way of Greater Knoxville Prevention and Development services “improve lives by partnering with agencies whose programs provide direct services focused on preventing specific issues and includes direct services to individuals and families.”

Donate

To donate, go to the website page at www.uwgk.org and click on the Donate button at the top.

Volunteer

To volunteer, call 865-523-9131.

Contacts

Visit www.uwgk.org, call 865-523-9131 or e-mail info@unitedwayknox.org; 1301 Hannah Ave., Knoxville.



Shangri-La Therapeutic Academy of Riding

Mission: “To foster personal achievement by providing therapeutic experiences using horse-related activities for persons with disabilities or other special challenges. STAR is a 501(c)3 organization and holds premier accreditation from the Professional Association of Therapeutic Horsemanship International.”

Programs: To participate, call 865-988-4711 or e-mail star@rideatstar.org

- Therapeutic Riding: with some riders we position them so the movement of the horse can relax tight muscles, increase range of motion and improve trunk stability and balance.

- Therapeutic Riding and Equine Assisted Learning program for Veterans with disabilities or other special challenges.

- Changing STRIDES Life Skills “provides the tools for at-risk youth (ages 13-21) and adults to better manage their lives and foster positive

relationships.”

Volunteer details: “STAR is now accepting new volunteers for winter 2021. We are hosting volunteer training classes in December and only accepting a limited number of people due to COVID-19. Our volunteers help with a little bit of everything around STAR, including assisting those with disabilities groom and ride their horses. (See contacts below)

Donate: Go to www.rideatstar.org and scroll to the bottom of the home page, click the Donate box

Volunteer: Call Julia Stewart, volunteer coordinator/Instructor, at 865-988-4711 or go to www.rideatstar.org and scroll to the bottom of the home page, click the Volunteer box or Donate box.

Contacts: Visit www.rideatstar.org, call 865-988-4711 or e-mail star@rideatstar.org; 11800 Highway 11E, Lenoir City

Volunteer Ministry Center

Mission

“To facilitate permanent supportive housing for those who are homeless and to provide services to prevent homelessness.”

The Center offers “specialized services to individuals experiencing homelessness and those within our community who are in crisis. VMC’s programs support its two-fold mission of facilitating permanent supportive housing for those who are homeless and providing services to prevent homelessness.”

Programs

“VMC operates four main programs: the VMC Resource Center, the Bush Family Refuge, Minvilla Manor, and the VMC Dental Clinic. VMC assists individuals into permanent, supportive housing and provides the resources necessary to maintain housing. Once housing is achieved, the case management relationship continues until a level of self-



sufficiency is reached, thus ensuring success.”

Donate

To donate, click the red Donate button at the top middle of the web page.

Volunteer

To volunteer, click the Get Involved heading at the top of the web page. As an initial step, schedule a “Get acquainted with VMC” session by contacting Chloe Johnson at cjohnson@vmcinc.org or by calling 865-524-3926, extension 230.

Contacts

Visit <https://www.vmcinc.org> or call 865-524-3926; 511 North Broadway, Knoxville 37917.

*From our
family to yours...*



Wampler's Sausage Pinwheels

2 cups prepared biscuit mix
1/2 cup milk or water
1 pound Wampler's Farm Sausage

Have the Wampler's Farm Sausage at room temperature. Stir the prepared mix and liquid together. On a floured surface, roll the dough into a very thin rectangle. Spread with Wampler's Farm Sausage and roll into a long roll. Chill until firm. Slice and bake at 375 deg. for 15 minutes.

Wampler's Sausage Balls

1 pound Wampler's Farm Sausage
8 ounces sharp cheese (grated)
3 cups prepared biscuit mix

Mix thoroughly. Make into small marble sized balls. Bake at 325 deg. for 35 minutes. These can be frozen and used as needed. Do not thaw prior to baking.

*Happy
Holidays*



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- Choose Option 1
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